

## Kinesiology - Curriculum Division 40 - Kinesiology - Kinesiology

### Main

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#### Overview

**Academic Year** 2024 - 2025

**Originator** Dequin, Nikki

**Division** Office of VP Academic Affairs

**Department** Kinesiology

**Programs**

### Co-Contributors

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Questions? Find answers in CurricUNET User Manual. ([http://www.Gavilan.edu/en/employee-services/office-of-instruction/curricunet/program\\_reviews/create\\_pr.html](http://www.Gavilan.edu/en/employee-services/office-of-instruction/curricunet/program_reviews/create_pr.html))

#### Contributor

- Adams, Jamie
- Del Carmen, Darlene
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### Annual Update

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#### 1. **Academic Year** 2024 - 2025

##### **New Goal**

Increase certificates offered through the Kinesiology/Athletics/Public Health Department.

**End of Year Status** In Progress

##### **Please describe your status (No more than 200 words)**

The department has explored curricular needs based on Vision 2030, advice from our advisory board, labor market data and student needs. Kinesiology is working to develop new certificate programs for our students to help achieve career goals. Three specific programs we are working on are a Yoga Instructor Certificate, a Wellness coaching certificate and a Lifeguard Certificate. All of these will allow our students to enter the workforce directly from the programs.

##### **Planning**

We are researching successful certificate programs at other colleges to help in the planning stages of new certificates.

**Proposed Activity to Achieve Goal** Develop curriculum for a health and wellness coaching certificate and make the national board contacts.

**Responsible Party** Department Chairs/Dean

**Total Three Year Resource Allocation Request** 5000

**Timeline to Completion Month / Year** 12/2026

**How Will You Evaluate Whether You Achieved Your Goal** If we are able to get new programs approved

**Additional Comments**

The Yoga Instructor Certificate and Wellness Coaching certificates align with the growing wellness and fitness industry, providing students with credentials to work in studios, gyms, and private practice.

The Lifeguard Certificate meets critical safety needs in aquatic facilities, pools, and waterfronts, addressing employment opportunities in both public and private sectors and will help fill a need in the community.

In addition to providing immediate workforce entry, these certificates could serve as stepping stones to further studies in kinesiology, physical therapy, or sports medicine. They also function as stackable credentials that complement an Associate's Degree in Kinesiology, allowing students to customize their educational and career pathways.

We have met with our Advisory Board to brainstorm these ideas and have started work to create the programs.

Two faculty are taking the courses to become certified coaches. We have partnered with Am Council on Exercise to offer the curriculum and discounts for our students to take their certification exam.

2. **Academic Year** 2024 - 2025

**New Goal**

Develop and update athletic and academic programs to fit the needs of our student populations.

**End of Year Status** In Progress

**Please describe your status (No more than 200 words)**

We are in the development of a Wellness program, exploring lifeguarding and Yoga and would like to continue to explore adding wrestling for men and women and update current offerings. We have moved Public Health under the KIN umbrella. Expansion of Athletics to include Wrestling will align with the needs of local athletic programs. We have highly successful Men's and Women's wrestling programs at the local high schools we serve, and they do not have a CCC to attend. We would gain FTES and increase transfer and success rates.

**Planning**

We are in the process of implementing our new Rams Athletic Academic Mentorship Program (RAMP) to help first year and transfer student athletes become accustomed to the rigors of college work and life. Anticipated increase in retention, persistence, and success rates of our student athletes.

Explore the costs of program development for Wrestling.

**Proposed Activity to Achieve Goal** We have already developed our student success and equity integrated project: the Rams Academic Mentor Program (RAMP) proposal and will be implementing the program in the Fall of 2025. We will also explore the costs of developing our Wrestling program.

**Responsible Party** Director/Dean

**Total Three Year Resource Allocation Request** 10000

**Timeline to Completion Month / Year** May 2026

**How Will You Evaluate Whether You Achieved Your Goal** If we have students enrolled in the program for mentorship and search for a coach

**Additional Comments****3. Academic Year 2023 - 2024**

**Previous Goals** Increase our productivity and efficiency rates by 5% for our majors and student-athletes.

**Proposed Activity to Achieve Goal:**

Inventory and evaluate current equipment and facilities with updated safety guidelines to identify issues that must be rectified in order to ensure student safety and well being.

**Responsible Party:**

Athletics and Kinesiology Department, Facilities, and Administration

**Total Three Year Resource Allocation Request:**

300000

**Timeline to Completion Month / Year:**

Ongoing

**How Will You Evaluate Whether You Achieved Your Goal:**

Equipment and facilities are up to industry standards.

**End of Year Goal Status** In Progress**Please describe your status (No more than 200 words)**

The department has not reviewed data with institutional researchers, but we have used Precision Campus to review data. Major maps do need to be updated by the department, and the plan is to review over the course of the spring. In terms of student success, the department has talked about student athletes and adding study hall and a mentor to each program. The department recognizes that some athletes are falling through the cracks when we allow them to play while struggling academically. We are discussing limiting online courses in the first year, specifically in Math and English.

We have created RAAMP (Ram Academic Mentor Program), dedicated to improving the academic success, retention, and transfer rates of our student-athletes.

The department has paired with the English department to increase success rates for our student athletes through the PASS program (See goal: Increase student-athlete participation in PASS).

**Did you request the same resources the previous year? If so, what was the result? Has there been a significant change since your request?)**

Resources should be allocated to student success to support mentorship and study hall. Using faculty or staff to proctor study hall will be most beneficial for our students.

The hire of a full-time faculty to help support our students within the department is needed. With the retirement of a full-time faculty and potentially a long time PT faculty in the near future, we will lose a program lead, and be down to 3 FT faculty from 6 just a few short years ago. A few of these were very recent losses which were in the budget so there would not have been new additions to the budget.

**Planning**

The department has collaborated with student services to facilitate this. We also need faculty to make this happen. We will be down to 3 FT faculty in the department. Collaboration and innovation are difficult with few full time faculty.

**Additional Comments**

Efficiencies and productivities, along with student success are tied to the number of FT faculty we have on staff. We have added programs to the department and FT faculty. This goal is tied closely to the RAMP program. It is a mentoring program that provides support services for our

Student Athletes.

We are partnering with AEC to apply for a split full time position.

4. **Academic Year 2023 - 2024**

**Previous Goals** Increase student-athlete participation in the PASS Program.

**Proposed Activity to Achieve Goal:**

Inventory and evaluate current equipment and facilities with updated safety guidelines to identify issues that must be rectified in order to ensure student safety and well being.

**Responsible Party:**

Athletics and Kinesiology Department, Facilities, and Administration

**Total Three Year Resource Allocation Request:**

300000

**Timeline to Completion Month / Year:**

Ongoing

**How Will You Evaluate Whether You Achieved Your Goal:**

Equipment and facilities are up to industry standards.

**End of Year Goal Status** In Progress

**Please describe your status (No more than 200 words)**

We rolled out another section of the PASS program for our Men's soccer program in the spring. We did find that there was a lack of engagement from our Student-Athletes (SA). The department has discussed opening the program up to all men and women athletes moving forward. The PASS program would also like to connect with the Math department to bring in a transfer math course as part of the cohort progression. We have progressed over the last few years but still find our student athletes need more engaging support. Participation in the program is not enough.

**Did you request the same resources the previous year? If so, what was the result? Has there been a significant change since your request?)**

Yes, we requested similar resources in the previous year to support the expansion of the program for student-athletes. While we have made progress in terms of engaging faculty and partnering with other departments, the outcome was mixed due to challenges in student engagement last fall and spring. The lack of engagement was not fully understood, and we plan to collaborate with the English department to investigate potential causes.

Since the previous request, there has been a significant change in that we have developed and are now implementing the RAMP program, which will provide a more direct and comprehensive approach to supporting our student-athletes. This program, in collaboration with student services, is a key addition that we believe will address some of the challenges we faced last year and further enhance the support system for our students.

**Planning**

We will continue to collaborate with the English department to fine tune the sections we are offering this upcoming academic year. Revamping some offerings of English to garner more support services through coaches, mentors and other support staff will be examined with a more invasive approach.

**Additional Comments**

5. **Academic Year 2023 - 2024**

**Previous Goals** Increase enrollment and visibility of our Athletics and Kinesiology Programs.

**Proposed Activity to Achieve Goal:**

Utilize marketing techniques to increase community awareness and encourage enrollment in our Athletics and Kinesiology Programs.

**Responsible Party:**

Administration, Public Information Office, Sports Information Director (SID), and Department.

**Total Three Year Resource Allocation Request:**

100000

**Timeline to Completion Month / Year:**

December 2023

**How Will You Evaluate Whether You Achieved Your Goal:**

Hiring of SID

**End of Year Goal Status** In Progress

**Please describe your status (No more than 200 words)**

The department has been clear that the faculty are not Sports information directors or public information officers. These individuals help market our programs which increase enrollment and visibility. The department has discussed various activities that need to be done to help with this activity, including updating web page presence for both KIN and Athletics.

The department would like to coordinate a PT assistant coach to help with managing and coordinating bringing club programs on campus.

We have also created a Captain's Council to develop and utilize student-athlete leadership to bridge the gap between community involvement, reinforce youth participation in athletic events, camps and other college-related activities, as well as combine resources with other leadership areas on our campus (ie, ASGC student government). Promoting our athletic department and teams will be of significance to this Council.

**Did you request the same resources the previous year? If so, what was the result? Has there been a significant change since your request?)**

The college at one time had its own Sports Information Director on staff, which helped to promote our programs through website updates, social media posts, and engagement with local journalists. The funds for this have been eliminated and we have seen a decline in visibility.

This is a new request: Organizing an equipment manager to manage facility usage and actively pursue programs to utilize our facilities is needed.

**Planning**

Explore funding sources.

**Additional Comments**

Because we do not have a PIO this is also a challenge. Can we better coordinate with their office on athletics related items?

We have also discussed working with students to update web pages and social media. This could be work study or possibly independent study.

Can we coordinate with local schools to be more visible through GP or the Athletics department? Reading days, running clinics or helping with other programs on their campus can increase visibility and knowledge of college.

**6. Academic Year 2023 - 2024**

**Previous Goals** To increase the safety and modernization of equipment and facilities.

**Proposed Activity to Achieve Goal:**

Inventory and evaluate current equipment and facilities with updated safety guidelines to identify issues that must be rectified in order to ensure student safety and well being.

**Responsible Party:**

Athletics and Kinesiology Department, Facilities, and Administration

**Total Three Year Resource Allocation Request:**

300000

**Timeline to Completion Month / Year:**

Ongoing

**How Will You Evaluate Whether You Achieved Your Goal:**

Equipment and facilities are up to industry standards.

**End of Year Goal Status** In Progress

**Please describe your status (No more than 200 words)**

We have been told there is a plan to increase space in the athletic training room and the fitness center which are both safety issues. We have also been told we will be getting some updates (roof, AC) to the facilities in our area. Updates to fitness equipment and athletic equipment are ongoing. The volume or use of these items cause wear and tear and the need to be updated or replaced. Ex: football helmets are a safety issue. Treadmills do have an expiration date. A full time equipment manager is also needed to help manage all the spaces and equipment for both KIN and ATH courses.

In order to run a successful RAMP and Student-Athlete Academic Success program, we will need to create a space within our area to use for studying, collaborating with mentors, and a "safe zone" for mental health. We have identified limited space that can be converted into a Work Space for Student-Athlete use.

**Did you request the same resources the previous year? If so, what was the result? Has there been a significant change since your request?)**

Yes, we did request resources the previous year, but did not receive any. We are still requesting resources, especially with the implementation of the RAMP. This will greatly aid our efforts to increase student success.

**Planning**

The Director/Dean needs to coordinate with administration regarding safety and facilities.

**Additional Comments**

The department has discussed how to better serve our students within the facilities we have.

## Resource Requests

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**Click Add Item to Enter a Resource Request**

1. **1. Request Name (short title)** Equipment
- 2. Request amount** 100000
- 3. Type of Request** Non Personnel
- 4. Alignment to Goal(s)** To increase the safety and modernization of equipment and facilities.
- 5. Is this a one-time or ongoing expense.** Ongoing
- 6. Category of Request (Select all that apply).**
  - Instructional Equipment
  - Instructional Supplies, Materials and Textbooks
  - Professional or Contracted Services
  - Repairs and Maintenance

**7. The committee will separate goals with resource requests. Requests will be categorized into two groups: those to be ranked and those not ranked. The requests not ranked include Safety, Compliance, Personnel, and Position. Which of the following best describes your requests?**

- Safety: Requests that ensure a safe learning and working environment for students and employees, such as emergency preparedness, campus security, health and wellness, and risk management.

**8. Provide a complete description, justification, or rationale for the requested amount. Describe how it aligns to the selected goal(s) and your responses to the above questions. (300 words)**

Equipment and facilities need to be maintained regularly. Exercise equipment has a service life of ~5-10 years. The equipment in the fitness center is reaching the end of its serviceable life and needs to be replaced for the safety of students and staff using it. It is imperative that we also factor in proper maintenance and yearly calibration of the equipment to ensure it stays in good working condition.

2. **1. Request Name (short title)** Student Support

**2. Request amount** 19000

**3. Type of Request** Personnel

**4. Alignment to Goal(s)** Increase student-athlete participation in the PASS Program.

**5. Is this a one-time or ongoing expense.** Ongoing

**6. Category of Request (Select all that apply).**

- Full-Time Faculty
- Part-Time Faculty
- Professional Experts

**7. The committee will separate goals with resource requests. Requests will be categorized into two groups: those to be ranked and those not ranked. The requests not ranked include Safety, Compliance, Personnel, and Position. Which of the following best describes your requests?**

- Personnel and Position: Requests that involve hiring, staffing, or reclassifying full-time or part-time faculty or staff. These requests are reviewed and approved through a separate process by the Faculty Staffing Committee or the Executive and Leadership Council.

**8. Provide a complete description, justification, or rationale for the requested amount. Describe how it aligns to the selected goal(s) and your responses to the above questions. (300 words)**

Based on our observations from the PASS program, it is clear that structured academic mentorship can significantly impact student outcomes. In response, we have developed the Rams Academic Athletic Mentor Program (RAAMP) to provide comprehensive academic support tailored to our student needs. This program directly aligns with our institutional goals by fostering a supportive educational environment that bridges academic and athletic success. The requested funding will support both the human and physical resources essential for RAMP's implementation. Specifically, it will cover compensation for one Program Director and seven Academic Mentors who will deliver personalized, one-on-one mentoring sessions, facilitate team-based study groups, and coordinate academic workshops. These sessions will address time management, study habits, and overall academic engagement, thereby enhancing course completion and overall GPA.

Additionally, funding will secure a designated space for mentoring and study sessions. This area

is crucial for creating a focused learning environment where our student-athletes can collaborate, access tutoring, and receive supervised academic support. In collaboration with Student Services, we will utilize our new manager position and other coaches to supervise this space, ensuring that it remains structured and productive while offering additional academic guidance and monitoring student progress.

Personnel Cost: \$14,000 (\$1000 stipend per semester per team mentor x 7)

Program Cost: \$5,000.00

3. **1. Request Name (short title)** CAP funds

**2. Request amount** 1000

**3. Type of Request** Non Personnel

**4. Alignment to Goal(s)** Increase our productivity and efficiency rates by 5% for our majors and student-athletes.

**5. Is this a one-time or ongoing expense.** Ongoing

**6. Category of Request (Select all that apply).**

- Other

**7. The committee will separate goals with resource requests. Requests will be categorized into two groups: those to be ranked and those not ranked. The requests not ranked include Safety, Compliance, Personnel, and Position.**

**Which of the following best describes your requests?**

- Compliance: Requests that meet necessary regulatory and legal standards, such as Section 508, FERPA, and OSHA. These requests may or may not be related to safety or security issues, but they are required by law or regulation.

**8. Provide a complete description, justification, or rationale for the requested amount.**

**Describe how it aligns to the selected goal(s) and your responses to the above questions. (300 words)**

The requested funding is essential to sustain the success team model in the Health and Wellness CAP following the expiration of the Guided Pathways grant. This model is critical for providing holistic support to all our students, ensuring they succeed academically, personally, and professionally. As we strive to maintain our commitment to student success and retention, allocating resources to support this initiative will allow us to continue fostering an environment that helps students navigate the challenges of both their athletic and academic careers.

4. **1. Request Name (short title)** Faculty

**2. Request amount** 100000

**3. Type of Request** Personnel

**4. Alignment to Goal(s)** Increase our productivity and efficiency rates by 5% for our majors and student-athletes.

**5. Is this a one-time or ongoing expense.** Ongoing

**6. Category of Request (Select all that apply).**

- Full-Time Faculty

**7. The committee will separate goals with resource requests. Requests will be categorized into two groups: those to be ranked and those not ranked. The requests not ranked include Safety, Compliance, Personnel, and Position.**

**Which of the following best describes your requests?**

- Personnel and Position: Requests that involve hiring, staffing, or reclassifying full-time or part-time faculty or staff. These requests are reviewed and approved through a separate



process by the Faculty Staffing Committee or the Executive and Leadership Council.

**8. Provide a complete description, justification, or rationale for the requested amount.**

**Describe how it aligns to the selected goal(s) and your responses to the above questions. (300 words)**

The department is down FT faculty from the last 5 years. It extends back to a retirement in 2013 that was never filled. There were two other FT positions that were vacated in 2018 and 22, which were never filled. We have a retirement coming up in the spring. In order to meet our goals of increasing productivity and efficiency as well as increase enrollment and visibility AND develop academic and athletic programs we need the faculty to support this.

## Executive Summary

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**Please provide a brief executive summary regarding program trends and highlights that surfaced in the writing of this report. Summarize, using narrative, your program goals for this year. Your audience will be your Peer Review Team, the program review Committee, President's Cabinet, Dean's Council, ASGC, Academic Senate, Budget Committee and Board of Trustees (300 words or less).**

The department has identified new goals, as well as support needs for our students which stem from previous goals. Based on the current needs of our students, the support models and the changes in the department (retiring faculty, lack of replacement of full-time vacancies), we have identified areas where we can improve. We have made great strides in working with other departments (English) to develop and pilot our PASS program, but we see the need for expanding this to all athletes. We also have identified the need for more support services for our students and athletes within and outside this program. Creating a mentorship program and creating space for students and success initiatives like tutoring can be beneficial to meet the goals of our plans. Increasing faculty will help us meet the curricular needs of our students, the aging population and the call of Vision 2030. We support dual enrollment and continue to develop programs to generate FTES and ultimately provide opportunities for future employment. We are partnering with ACE to offer discounted certifications for students and creating a certificate program for health and wellness coaching which is an upcoming and in demand career opportunity for students. The lifeguarding certificate will fill an on-campus need in addition to employment opportunities locally. Our community has a need for the development of a new athletics program to support men's and women's wrestling. Not only are there equipment needs, but also the current safety needs of our facilities and programs that need to be addressed. In order to increase awareness of our Kinesiology and Athletics programs within the community, we need to address the marketing, media and promotion of the department.

The department has also looked at more innovative ways to address the FT faculty requests. We have partnered with the AEC for a split position, where the departments will share a FT faculty.

## Attach Files

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If there is any additional information regarding your program that you will like to have uploaded, please attach it here.

**Attached File**

The PASS Program Mission.docx (/Form/Module/\_DownloadFile/442/45138?fileId=349)

Headcount & Enrollment-ATH\_ModalityDE.pdf (/Form/Module/\_DownloadFile/442/45138?fileId=350)

Headcount & Enrollment-KIN-ModalityDE.pdf (/Form/Module/\_DownloadFile/442/45138?fileId=351)

Degrees and Certificates-KIN.png (/Form/Module/\_DownloadFile/442/45138?fileId=352)

Degrees and Certificates\_KIN-Trainer.png (/Form/Module/\_DownloadFile/442/45138?fileId=353)

