



Annual Update: Student Health Services - Division Counseling, Student Success & Equity - Student Health Services

Resources

You will find information to complete this report in the following locations

Gavilan Course Catalog (<http://www.gavilan.edu/catalog/index.php>)

Gavilan College Website

- a. **Education Master Plan**
(<http://www.gavilan.edu/administration/budget/EducationMasterPlanFlipbook.php>)
- b. **Gavilan College ILOs** (http://www.gavilan.edu/administration/ilo_map/index.php)
- c. **Mission Statement** (<http://www.gavilan.edu/about/index.php>)
- d. **Strategic Plan** ([http://www.gavilan.edu/administration/board/Gavilan_StrategicPlan_2017_2022, BOT Approved.pdf](http://www.gavilan.edu/administration/board/Gavilan_StrategicPlan_2017_2022_BOT_Approved.pdf))

PIPR Website (http://www.gavilan.edu/staff/program_planning/index.php)

- a. **Previous Planning and Review Report**
(http://www.gavilan.edu/staff/program_planning/Past_Plans.php)
- b. **Previous Annual Plans** (http://www.gavilan.edu/staff/program_planning/Past_Plans.php)

Gavilan Intranet (<https://my.gavilan.edu:8447/cas-web/login?service=https%3A%2F%2Fmy.gavilan.edu%2Fcas%2Fportal%2Flogin>)

- a. **SLO Website**
- b. **GavData**
 - **(Equity Tab) Complete Program Review Data Sheet**
 - **Other GavData (paths listed in the document)**

CCCCO ScoreCard (<https://scorecard.cccco.edu/scorecardrates.aspx?CollegeID=441>)

Main

Overview

Academic Year 2023 - 2024

Originator Shook, Ryan

Division Division Counseling, Student Success & Equity

Department Student Health Services

Programs

Co-Contributors

Questions? Find answers in CurricUNET User Manual. (http://www.Gavilan.edu/en/employee-services/office-of-instruction/curricunet/program_reviews/create_pr.html)

Contributor

Craig-Marius, Renee

Espinoza, Diego

Review Questions

Review Questions

Program Mission and Accomplishments

Gavilan College Mission Statement Through innovative practices, Gavilan College cultivates learning and personal growth and prepares students of all backgrounds and abilities for success.

Provide a brief overview of the program and how it contributes to accomplishing the mission of Gavilan College. In addition to a basic overview of your program's structure and services, be specific in connecting your program's services to elements of the mission statement.

Under Title 5, Student Health Services encompasses several areas including health education, treatment for health conditions and referrals/resources into the community. Student Health Services contributes to accomplishing the mission of Gavilan College by supporting and enhancing student wellness by providing direct health services to students or referring to community resources for support. Student wellness, much like student basic needs is crucial for students to engage in learning and have the necessary support. In recent years, greater attention and priority has been placed on student mental health services, a trend that is being observed both on our campus and nationally as awareness of mental and emotional health needs among college students increases. Student Health Services at Gavilan College provides students with short-term therapeutic mental health and wellness sessions by a part-time Gavilan faculty and through our partnership with Discovery Counseling Center. Students enrolled in credit courses also have one virtual doctor consultation through Recuro telehealth covered every semester with student health fees.

Additionally, Student Health Services makes available to students monthly Campus Well online magazine; annual health fair, annual flu clinic and collaborate with the Health and Wellness Committee to support or sponsor health education and awareness activities throughout the year. All services provided by the Student Health Services are paid for by student health fees and ongoing mental health allocations.

This page is only applicable to Instructional Reviews. For more details on this page, refer to Curriculum Currency Help (http://www.Gavilan.edu/en/employee-services/research-planning-and-grants/planning/program_review/guidelines/curriculum_currency.html)

Response and follow-up to previous program reviews

On the PIPR website, locate and review your previous program plan and review (self-study) and subsequent program plan updates. After studying, please complete the following questions

Briefly describe the activities and accomplishments of the program with respect to

- a. PIPR recommendations; and
- b. Each goal since the last program plan and review.

Have the services of your program changed over the past three years? Feel free to include additional program accomplishments/ milestones that were not a part of your previous plan.

In 2022, Gavilan hired a full-time supervisor to coordinate student health and mental health services. The supervisor, manages all elements of the department including being the advisor for the Active Minds student club and co-lead of the mental health and wellness campus committee. The supervisor has added and enriched health services events and activities.

As well in 2022, Gavilan hired a part-time counseling faculty to provide mental health and wellness services. We have been able to offer more in-person mental services at the Gilroy and the Hollister sites as a result. The counselor meets with approximately 20 students per week.

Title 5 requires departments to review all curricula (courses, certificates, degrees, sequences) in each program for currency, relevance, content, and requisites every every six years (for CTE departments, every two years). Please review the data on your currency (showing a list of all activity from last year, all courses and programs that are one year from losing currency, and all courses/programs out of currency) and comment below. Please address how well your department is meeting this requirement.

CTE Departments Only

Title 5 requires every CTE department or program to have an Advisory Committee that meets at least once per year. Please describe your advisory committee -- its membership, when it last met, and links to or locations of agendas/minutes. (provide url if located on a website) Please address how well your department is meeting this requirement.

Student and Program Outcomes

College Goal for Student Achievement

Increase Scorecard Completion Rate for Degree and Transfer The College has a primary aspirational goal of increasing the Completion rate from 46% to 53.5% on the CCCCO Scorecard Completion Rate for Degree and Transfer [view] by 2022. The completion rates in the Scorecard refers to the percentage of degree, certificate and/or transfer-seeking students tracked for six years who completed a degree, certificate, or transfer-related outcomes (60 transfer units). As you answer the questions below, please consider how your program is helping the college complete this aspirational goal of increasing the Gavilan College Degree, Certificate, and Transfer Completion rate by 7.5 percentage points on the CCCCO Scorecard by 2022.

Success

The following questions refer to data regarding student achievement. If your area does not regularly interface with or provide direct services to students, skip to question 3. Use GavData's Student Outcomes Milestone pages for overall Gavilan College rates of success. Path -from link above: Gavilan Fact Book ? Student Outcomes ? Milestone Tracking Summary. Now, explore data.

1. If your area regularly interfaces with or provides direct services to students, please answer the following question: Given the data, what is your set goal for success? If your program does not have set goals, please determine this now. Do you meet your goal?

N/A

2. What percent of students does your area serve? How did they perform in comparison to those that did not use your services, if applicable? Given this information, how has your service or area supported student success and retention over the past three years?

- **For comparison data information, supply student ID numbers to RPIE.**
- **Plan Ahead: Please allow one month for comparison analysis results.**

Student Health Services serves all Gavilan students. All services, except for Recuro telehealth, which is limited to students enrolled in credit courses only, are available to all students. Student Health Services support student success and retention by supporting student health and wellness. Over the past three years, Student Health Services, in partnership with Discovery Counseling Center and our mental health counselor have been providing mental health services to students and the services have been expanding ever since to support student needs for

emotional wellness therapy. Health Services also provides health education and awareness for health promotion through the annual Health Fair and Campus Well online magazine. Other direct services include the annual flu clinic and oversight of the lactation room for nursing parents.

3. Refer to your previous three-year plan for your stated outcomes and initiatives that were evaluated. Using your previous plan, consider and comment on the following questions.

- **What were the measured outcomes of specific initiatives over the past three years?**
- **What groups are you measuring? Is there a comparison group—for example, against the college average or students who do not participate in your activity?**
- **What indicators are you measuring?**

For more details on this page, refer to **Assessment Currency** (http://www.Gavilan.edu/en/employee-services/research-planning-and-grants/planning/program_review/guidelines/assessment_currency.html)

According to the Gavilan Assessment Plan, outcomes are assessed for services and programs and courses at least once every 3 years. Please comment on how you are currently satisfying this 3-year benchmark.

The ACHA-NCHA survey on student health will help us get the information we need to identify the best programming for Student Health Services.

Resource Requests

Resource Requests

1. **Funding Decision (Admin-Only)**
Funding Decision

Funding Decision Notes

The state continues to enact new laws that require higher education institutions to provide students health and wellness supplies, and the student health center has complied.

The most recent laws are listed below.

ED Code: 66027.7 Free Menstrual Products

AB 461 Free Fentanyl test strips along with Narcan

AB 1521 Drink Spike Test Kits

While these new laws are slated to provide services to students, student health has also been providing these items to employees, as needed. In the 23/24 AY, student health spent \$4000 on period products.

While we have been able to get Narcan and Fentanyl test strips from the state, we must supply two campuses with these supplies, and there is a limit on the number of Narcan and Fentanyl test strips we may order through the state. Therefore, we may need to purchase these supplies to adequately supply Gilroy and Hollister campuses. Student health recently spent \$1200 on drink spike test kits, and we will need to purchase more for the upcoming AY.

The proposed amount of \$10,000 ongoing funds will help to offset the costs of these free items that are provided to students and employees. Student health has been using student health fees to purchase these items. By law, student health fees are not to be used to provide services to employees. Therefore, student health is requesting the District support the purchase of these items.

Request Overview

Item Description

Check here if you have made this request before No

Request Type and Cost

Type of request

Brief Description (Admin-only legacy field)**Approximate costs: \$****Type(s) of Funding****Criteria and Rationale****This request is a high priority to ensure/meet Health and Safety requirements** No**This request is necessary to meet local, state, federal mandates, or to meet requirements for program-specific accreditation**

No

Board Priorities**Primary Board Priority****Secondary Board Priority****Approved College Plans****Primary link to Approved College Plan****Secondary link to Approved College Plan****Link to Institutional Accreditation Requirements****Link to Your Unit Planning Objectives**

Please note that the links in the "Resource Requests Linkage with Outcome Assessment Reports" section (further down) are supplementary to the information provided here.

Link to Learning, Service, and/or Program Outcomes (i.e. Outcome Statements)**Clear Plan for Evaluation after Implementation****Extent of Benefit****Operational Necessity****Resource Request Linkage with Outcome Assessment Reports****Resource Request Dependencies**

Equity

Given the preceding sections, what goals need to be set and what initiatives need to be developed to support success and retention? Address these initiatives in your Three-Year Program Plan at the end of this document.

Questions? View the handbook (http://www.Gavilan.edu/en/employee-services/research-planning-and-grants/planning/program_review/guidelines/resource_requests.html)

Equity

Gavilan College has identified the following populations as experiencing disproportionate outcomes: Males, African American, Native American, Students with Disabilities and Foster Youth.

1. Comment on the college-wide disproportionate impact report. Contact your support team for any needed assistance in interpreting these data.

N/A

2. BP 3420 (Equal Employment Opportunity) states: The Board supports the intent set forth by the California Legislature to assure that effort is made to build a community in which opportunity is equalized, and community colleges foster a climate of acceptance, with the inclusion of faculty and staff from a wide variety of backgrounds. It agrees that diversity in the academic environment fosters cultural awareness, mutual understanding and respect, harmony and respect, and suitable role models for all students. The Board therefore commits itself to promote the total realization of equal employment through a continuing equal employment opportunity program. How do you meet the District's Equal Opportunity goals?

Student Health Services facilitates a multitude of events and activities that incorporate community agencies to provide resources. The partner agencies provided resources for LGBTQ+, domestic violence survivors, and substance use disorders to name a few. The student health supervisor and a counselor provide mental health first aid certification to the campus community that incorporate culture and diversity awareness around mental health.

How do you plan on addressing issues of student and employee equity? In other words, how do you plan on closing achievement gaps across student populations? How do you plan to address EEO outcomes in your employee hires? Address this in your Three-Year Program Plan at the end of this document.

Student Health Services is committed to ensuring all services are accessible to all students enrolled in credit courses. We are consciously making efforts to produce and publish materials in English and Spanish; including the accessibility and accommodation statement as well as providing access to Discovery Counseling therapists who are bilingual and can provide services to our Spanish speaking students.

curriQunet

Have you reviewed all of your SAOs to ensure that they remain relevant for evaluating the performance of your area?

Are your SAOs mapped in curriQunet?

No

Are your SAOs up to date in curriQunet AND on the reporting website?

No

Are your SAOs been assessed in the last five years?

Yes

Have you reviewed all of your SAOs to ensure that they remain relevant for evaluating the performance of your area?

Yes

SAOs/ILOs

Services Area Outcomes (SAO)

1. What is your set goal for SAO success for each SAO?

N/A

Institutional Learning Outcomes (ILO)

1. How do your SAO support the college ILOs? Be specific.

As a result of the previous program plan, SHS has developed new SAOs.

	A. THINK CRITICALLY & CREATIVELY	B. COMMUNICATE EFFECTIVELY	C. PRACTICE SOCIAL RESPONSIBILITY	D. CULTIVATE WELL-BEING
Gavilan students will demonstrate skills in accessing and utilizing health care resources on campus and in the community.	XX	XX	XX	XX
Students' overall mental health and well-being will improve through accessible and timely mental health and wellness short-term therapy.	XX	XX	XX	XX

Gap Analysis

1. Are you meeting your SAO success goals? What patterns stand out in your results?

The SAOs are new for this program review, so they will be assessed within this new cycle.

If your LO results are lower than your goals, what are your plans to improve them? Address this in your Three-Year Program Plan at the end of this document.

Program and Resource Analysis

Please list the number of Full and Part Time faculty, staff and/ or managers/ administrator positions in this program over the past three years. Focus on your individual program.

Program and Resource Analysis

1. **2020**

Full Time Faculty

0

Part Time Faculty

2

Full Time Staff

0

Part Time Staff

2

Full Time Mgr/Admin

0.00

Part Time Mgr/Admin

0.00

2. **2021****Full Time Faculty**

0

Part Time Faculty

2

Full Time Staff

0

Part Time Staff

1

Full Time Mgr/Admin

0.00

Part Time Mgr/Admin

0.00

3. **2022****Full Time Faculty**

0

Part Time Faculty

2

Full Time Staff

0

Part Time Staff

2

Full Time Mgr/Admin

0.00

Part Time Mgr/Admin

0.00

Percentages**Percentage Full to Part Time Faculty**

Year:2020

FT = 0.00%

PT = 100.00%

Year:2021

FT = 0.00%

PT = 100.00%

Year:2022

FT = 0.00%

PT = 100.00%

Additional Comments

Evaluation of Resource Allocations

Resource Allocation

1. 0

Funding Source

Categorical

Academic Year

2020 - 2021

Purpose of Funding

None Received

Result

None Received

2. \$192,345

Funding Source

Categorical

Academic Year

2021 - 2022

Purpose of Funding

Provide Mental Health Services to Students

Result

Provided mental health services for students through a partnership with Discovery Counsleing Center

3. 147,664

Funding Source

Categorical

Academic Year

2022 - 2023

Purpose of Funding

Provide mental health services to students

Result

We hired a part-time mental health faculty member and provided mental health services for students through partnership with Discovery Counsleing Center

Integrated Planning and Initiatives

1. What other areas is your unit partnering with in new ventures to improve student success at Gavilan College? What is the focus of this collaboration?

Student Health Services (SHS) has strong collaborations with the college Health and Wellness Committee which includes many community partners like Community Solutions, Discovery Counseling Center and representation from the Hollister offsite, General Counseling, Athletics, Non-credit, Allied Health and special programs. This committee serves as an ad hoc advisory to Student Health Services. Additionally, Health services partners with El Centro coordinating the Annual Health Fair and the El Centro open house on the same day and time. Student health has partnered with Bay Area Community Health (BACH) to provide monthly on campus low-cost dental services. Student health also works with San Benito County Public Health to provide free flu vaccines at both the Gilroy and Hollister sites. Student health has an ongoing partnership with Discovery Counseling to provide bi-lingual in-person and virtual mental health services.

What are the program and your Integrated Planning/ Guided Pathways partners' plans for the next three years? Address this in your Three-Year Program Plan at the end of this document.

While many students are back in-person, students are still requesting virtual mental health appointments. We are still providing tele-health services through Recuro Health where students have access to 24/7 365 virtual health services.

Other Opportunities and Challenges

1. Provide any additional information that has not been mentioned elsewhere in this program plan and review for opportunities or challenges to your program, or an analysis of important subgroups of the college population you serve. Examples may include environmental scans from the Educational Master Plan, changes in matriculation or articulation, student population, community and/ or labor market changes, etc.

Although we are hiring a FT faculty mental health counselor, there is an opportunity to continue to our partnership with Discovery Counseling to provide bilingual and remote mental health therapy. There is potential for groups that can provide unique support to student parents, students dealing with grief, depression, relationships, anxiety, etc. We are planing to administer a campus survey of student health needs to help us determine student experiences. The data from the survey will help us align programs and services to the unique needs of our students. We are exploring options of graduate level mental health interns to help support the mental health needs of our students.

What are the program plans for the next three years? Address this in your Three-Year Program Plan at the end of this document.

While the CCCO continues to increase the max health fee rates, Gavilan's student health fee has not been increased in ten years. There has been a surplus of money since the health nurse retired in 2017, but that surplus will run out in the next two to three years if the health fee budget is not addressed. Increasing the current health fee from \$19 per semester to \$26 will help sustain the current level of services.

Appendix

Optional Questions

Please consider providing answers to the following questions. While these are optional, they provide crucial information about your equity efforts, training, classified professional support, and recruitment.

1. Does your division (or program) provide any training/mentoring for faculty and/ or classified professionals regarding professional development?

Yes, SHS and Discovery Counseling has held training sessions during PDD related to trauma informed care and working with AEC students. We are providing Mental Health First Aid Certification training. We are working with San

Benito County Department of Public Health to offer Narcan training.

2. If there is a need for more faculty and/ or classified professional support in your area, please provide data to justify request. Indicate how it would support the college mission and college goals for success and completion.

There is a need to hire a part-time staff to support the ongoing coordination efforts of student health and mental health services. With mental health disorders on the rise students need timely access to reliable resources for support. The staff member would help triage, scheduling, and appointment reminders of mental health and wellness counseling appointments. Thereby, creating ease of access to the mental health support.

3. What, if anything, is your program doing to assist the District in attracting and retaining faculty and classified professionals who are sensitive to, and knowledgeable of, the needs of our continually changing constituencies, and reflect the make-up of our student body?

SHS, as part of the cluster hire, has hired a full-time mental health counselor, who starts fall 2024. SHS is providing mental health first aid training which emphasizes cultural competency and humility when identifying an individual that would benefit from mental health services.

Review Process Feedback

Please share any recommendations for improvements in the Program Integrated Plan and Review process, analysis, and questions. Your comments will be helpful to the PIPR Committee and will become part of the permanent review record.

N/A

Additional Questions

Are there program accomplishments/ milestones that have not been mentioned that you would like to highlight?

SHS has installed 10 large period product machines in restrooms, as well as added smaller period product containers in various single use restrooms. The health fair is back in-person with over thirty community partners and over 300 students attending each of the last two-years.

Annual Update

1. Academic Year 2023 - 2024

Previous Goals 80% of students surveyed who access mental health services will indicate they were extremely satisfied with the overall usefulness of the mental health services and have noticed improved mental health and wellness.

Proposed Activity to Achieve Goal:

Utilize the ACHA-NCHA survey results to determine what types of events and activities students want and need most.

Responsible Party:

Supervisor, Student Health Services

Total Three Year Resource Allocation Request:

0

Timeline to Completion Month / Year:

August/2025

How Will You Evaluate Whether You Achieved Your Goal:

Students will be surveyed to assess usefulness of the activities.

End of Year Goal Status In Progress

Please describe your status (No more than 200 words)

In the 2023-24 AY, 74% of students that responded (n=19) to the mental health services satisfaction survey were very satisfied and 16% were somewhat satisfied. We continue to review and assess the overall usefulness of mental health and wellness services. We are planning to give the satisfaction survey mid-semester as well. We have a very low response rate, less than 15%, so we might be able to gather more responses by sending the survey in the middle of the semester as well as at the end.

We continue to work on ways to expand our services. We are planning the addition of therapy support groups this semester. Students will be able to opt in to attend a group and/or individual therapy. We currently have an addiction recovery support every Wednesday. We have 1-5 students every week.

We hired a FT faculty counselor/therapist, Josh Ramirez. With the addition of a FT therapist, we increased the number of student appointments in Gilroy and Hollister. We had 110 students request services in Fall 2024. In 23-24, we had a total of 140 students requesting services.

Did you request the same resources the previous year? If so, what was the result? Has there been a significant change since your request?)

Mental Health funds, \$183,970, are allocated from the state. We did not request additional funds from the District. However, this year our mental health counselor is a full-time faculty member, so we have been monitoring the funds and have made adjustments to accommodate the increased labor cost.

Planning

We are working with the Steve Fund's Equity in Mental Initiative to assess the level of mental health services and introduce ways to better serve students of color. This is an 18-month process that includes a needs assessment and review of our current data. We will work with Steve Fund to address the gaps and needs of our student of color.

This AY 24/25, we started a Master of Social Work student intern program. We have been able to build capacity in our in-person and Spanish-speaking appointments. This has also helped us to reduce the cost and reliance on Discovery Counseling Center's telehealth support.

Additional Comments

2. Academic Year 2023 - 2024

Previous Goals Identify service gaps in student health and implement plan to fill the gaps.

Proposed Activity to Achieve Goal:

Administer the National College Health Assessment to Gavilan student body to gather precise data about our student health habits, behaviors and perceptions.

Responsible Party:

Supervisor, Student Health Services

Total Three Year Resource Allocation Request:

0

Timeline to Completion Month / Year:

August/2025

How Will You Evaluate Whether You Achieved Your Goal:

Data gathered from the NCHA survey will be used to identify sustainable staffing and program planning that meets the needs of our students.

End of Year Goal Status In Progress

Please describe your status (No more than 200 words)

We have completed the ACHA-NCHA Survey and have identified some service area gaps. Students have identified issues with anxiety, procrastination, depression, and microaggressions. We are working to implement mental health and wellness services to assist students afflicted with these issues. We are developing therapy type groups and workshops to assist in these areas. More data collection of the usefulness of these services will need to be assessed.

We are working with the Hollister campus to provide supplies and services that mirror the Gilroy Campus.

Did you request the same resources the previous year? If so, what was the result? Has there been a significant change since your request?)

We did not request resources for this goal. However, we will be requesting funding to support to the new initiatives from the state to provide Narcan, fentanyl test strips, drink spike test kits, and period products.

Planning

We are working with the Steve Fund-Equity in Mental Health Initiative to facilitate a needs assessment, identify gaps, and develop ways to close those gaps. We have been and continue to add additional resources that follow new state and federal laws. In the last two years, we have been mandated to provide Fentanyl and drink spike test kits. We continue to work with local community agencies to provide Narcan training. Maintaining these services as new laws come into effect will be difficult with the current budget.

Additional Comments

3. **Academic Year 2023 - 2024**

Previous Goals Increase health services usage by 5%

Proposed Activity to Achieve Goal:

Utilize the ACHA-NCHA survey results to determine what types of events and activities student want and need most.

Responsible Party:

Supervisor, Student Health Services

Total Three Year Resource Allocation Request:

0

Timeline to Completion Month / Year:

August/2025

How Will You Evaluate Whether You Achieved Your Goal:

Students will be surveyed to assess usefulness of the activities.

End of Year Goal Status In Progress

Please describe your status (No more than 200 words)

Student Health has added additional events and activities. Student Health collaborated with El Centro to facilitate an additional resource fair in the spring, similar to the health fair. The fair brings local community agencies that provide direct services to our students. In spring 2024, we had approximately thirty community partners attending with more than 250 students receiving information. Student Health has partnered with Stanford Blood Center to host annual blood drives, one in the fall and one in the spring. We have partnered with San Benito County Public Health to facilitate flu clinics and Narcan distribution at both Gilroy and Hollister campuses. We are continuing to search for additional opportunities to partner with local agencies to provide services.

Last year we had 55 students use Recuro Telehealth, that is up 48 students from the previous year. There was a dramatic drop in total student engagements with the Campus Well Online Magazine from the 2022-23 year to the 2023-24 year. There were 6480 engagements in 2023-24 and 9641 engagements in 2022-23. The total engagements decreased by 3161. This is such a dramatic decrease that more information needs to be collected from the vendor.

Did you request the same resources the previous year? If so, what was the result? Has there been a significant change since your request?)

No

Planning

Student Health will continue to collect and monitor the number of students attending events and accessing services. We have added additional events and activities. Therefore, the number of students who access services has increased. Marketing and planning will continue to be refined to make sure students are aware of the activities and services available. Student Health will continue to facilitate a resource table the first three days of each semester. Providing information about what health services are available early in the semester is critical to encouraging students to access services.

Additional Comments

4. Academic Year 2024 - 2025

Previous Goals 80% of students surveyed who attend health services events will identify these activities as helpful.

Proposed Activity to Achieve Goal:

Utilize the ACHA-NCHA survey results to determine what types of events and activities student want and need most.

Responsible Party:

Supervisor, Student Health Services

Total Three Year Resource Allocation Request:

0

Timeline to Completion Month / Year:

August/2025

How Will You Evaluate Whether You Achieved Your Goal:

Students will be surveyed to assess usefulness of the activities.

End of Year Goal Status In Progress

Please describe your status (No more than 200 words)

In 2023, ten students responded to the Health Faire satisfaction survey. All respondents indicated that the event was extremely helpful. Satisfaction surveys for each event have been difficult to attain. There is a very low response rate. Students, at times, are unwilling to complete the surveys. It takes additional staffing to make sure students complete the surveys.

Did you request the same resources the previous year? If so, what was the result? Has there been a significant change since your request?)

No

Planning

The Counseling, Student Success and Equity division will be working to develop an event planning guide. With the help of the research department, we will create a satisfaction survey that all events and activities will use. This will help everyone who facilitates events understand the steps and to collect the same data points. This data can then be aggregated and assessed as a whole.

Student Health will use the collaborative survey moving forward. Student Health will need to do better at ensuring the survey is administered at each event. Student Health will create an assessment plan that includes administering the survey.

Additional Comments

Resource Requests

Click Add Item to Enter a Resource Request

1. **1. Request Name (short title)** State Mandated Free Items for Students
- 2. Request amount** 10000
- 3. Type of Request** Non Personnel
- 4. Alignment to Goal(s)** Increase health services usage by 5%

5. Is this a one-time or ongoing expense. Ongoing

6. Category of Request (Select all that apply).

Non-Instructional Supplies and Materials

7. The committee will separate goals with resource requests. Requests will be categorized into two groups: those to be ranked and those not ranked. The requests not ranked include Safety, Compliance, Personnel, and Position.

Which of the following best describes your requests?

Compliance: Requests that meet necessary regulatory and legal standards, such as Section 508, FERPA, and OSHA. These requests may or may not be related to safety or security issues, but they are required by law or regulation.

8. Provide a complete description, justification, or rationale for the requested amount. Describe how it aligns to the selected goal(s) and your responses to the above questions. (300 words)

The state continues to enact new laws that require higher education institutions to provide students health and wellness supplies, and the student health center has complied.

The most recent laws are listed below.

ED Code: 66027.7 Free Menstrual Products

AB 461 Free Fentanyl test strips along with Narcan

AB 1521 Drink Spike Test Kits

While these new laws are slated to provide services to students, student health has also been providing these items to employees, as needed. In the 23/24 AY, student health spent \$4000 on period products. While we have been able to get Narcan and Fentanyl test strips from the state, we must supply two campuses with these supplies, and there is a limit on the number of Narcan and Fentanyl test strips we may order through the state. Therefore, we may need to purchase these supplies to adequately supply Gilroy and Hollister campuses. Student health recently spent \$1200 on drink spike test kits, and we will need to purchase more for the upcoming AY.

The proposed amount of \$10,000 ongoing funds will help to offset the costs of these free items that are provided to students and employees. Student health has been using student health fees to purchase these items. By law, student health fees are not to be used to provide services to employees.

Therefore, student health is requesting the District support the purchase of these items.

Executive Summary

Please provide a brief executive summary regarding program trends and highlights that surfaced in the writing of this report. Summarize, using narrative, your program goals for this year. Your audience will be your Peer Review Team, the program review Committee, President's Cabinet, Dean's Council, ASGC, Academic Senate, Budget Committee and Board of Trustees (300 words or less).

Student Health and Wellness Services has increased the number of events, activities, and services over the last year. We have worked with other departments to facilitate an additional resource fair, and have added two annual blood drives. Student health and wellness has been keeping up with the new laws that require us to provide critical resources for students. Overtime, these new laws will strain the health and wellness budget. Therefore, we are asking that the District contribute so that we can continue to provide these resources to students and employees. These services are vital to the health and wellness of students and employees.

We have added a FT faculty counselor/therapist and a Spanish-speaking Master of Social Work student intern. With the addition of these individuals, we have been able to increase the number of in-person and Spanish-speaking appointments. We have also increased services in Hollister from one-day to two-days a week. We are continuing to assess the usefulness and impact of these positions and the additional services provided. There has been an increase in requested mental health and wellness services. Last year, there were 140 individual referrals. As of fall 2024, there have been 110 individual referrals. We expect the number of referrals to continue to rise through spring.

Student health and wellness continues to assess the needs of students through surveys and a partnership with the Steve Fund-Equity in Mental Health Initiative. We look forward to reviewing the needs assessment and program recommendations the Steve Fund will provide us in May 2025. Once we have these recommendations, the steering committee will work to implement the suggested services and activities.

Attach Files

If there is any additional information regarding your program that you will like to have uploaded, please attach it here.

Attached File

Mental Health and Wellness Satisfaction Survey Fall 2024.xlsx (/Form/Module/_DownloadFile/489/45138?fileId=461)

23_24 Mental Health and Wellness Satisfaction Survey.xlsx (/Form/Module/_DownloadFile/489/45138?fileId=462)

Gavilan College 2023 Heath Faire Satisfaction Survey - Copy.xlsx (/Form/Module/_DownloadFile/489/45138?fileId=463)

Health Services 2025 Flyer.pdf (/Form/Module/_DownloadFile/489/45138?fileId=464)

23_24 Recuro Usage Report.pdf (/Form/Module/_DownloadFile/489/45138?fileId=465)

23_24 Student Health 101 Client Portal Engagements.pdf (/Form/Module/_DownloadFile/489/45138?fileId=466)