

# NONCREDIT PROGRAM

This program is open to all students and currently offers various classes of interest to the community. All classes are free of charge.\* There are no tests, no quizzes and no letter grades. Registration will take place in the Admissions & Records Office or on the first day of class. Students should contact Debra Casella in the Noncredit Office directly with any questions at (408) 852-2824.

Some classes may require a materials fee.

**NO QUIZZES!**  
**NO TESTS!**  
**NO LETTER GRADES!**  
**NO FEES!**

## SPRING NONCREDIT CLASSES

CRN Type Room Instructor Hrs. Units Days Begin-End

### ALLIED HEALTH

#### AH 740 Tai Chi for Arthritis and Other Related Illnesses

**Transferable:** No

This course is designed for the maintenance of the physical and mental well-being of an older adult with arthritis and other related illnesses. Instruction will focus on the postures and movements of Tai Chi, a Chinese exercise regimen that has a slow paced movement that improves balance, coordination, breathing and builds strength and stamina. Activities are included that promote self-care and health awareness.

40961 Lab WM1 Yinger K 2.0 TR 1000-1100  
Above class meets at Wheeler Manor, 651 W. 6th Street in Gilroy (408) 847-5490.

40958 Lab JDA1 Frey E 1.0 R 1115-1215  
Above class meets at Jovenes de Antano, 300 West Street in Hollister (831) 637-9275.

40962 Lab CCCEL Dunn M 1.8 W 0600-0730  
Above class meets at Morgan Hill Community & Cultural Center: El Toro Room, 17000 Monterey Road in Morgan Hill (408) 782-0008.

#### AH 741 Body Dynamics and Aging

**Transferable:** No

This course is designed for the 55+ adult student to provide awareness and knowledge of physical fitness, stress management and nutrition to personal health. Discussions will focus on nutrition, sleep disorders, depression, leisure/social activities and chronic conditions that effect the body as aging occurs.

40871 Lec CRC1 Dunn M 1.8 W 1030-1200  
Above class meets at Centennial Recreation Center, 171 W. Edmondson Avenue in Morgan Hill (408) 779-0208.

All noncredit classes are open entry/exit and free of charge.

CRN Type Room Instructor Hrs. Units Days Begin-End

#### AH 793 Personal and Career Development

**Transferable:** No

A wide variety of lectures on general themes offered to students throughout the academic year who want short-formatted content to augment their personal, academic and career development. General themes to be explored are: Communication, Interpersonal Skills, Pre-employment, Decision-Making, Financial Literacy, Career and Personal Development and Self-Management with Nutrition. This noncredit course is a combination of lecture, self-assessments, group activities and individual modules.

40956 Online class Sweeney S  
You must have an email account to take this course. Start your course by going to <http://www.gavilan.edu/disted>. Unless you have made prior arrangements with the instructor, you MUST log on by 11:59 pm on the first day of the course. Late adds must login within 24 hours of adding this course. If you miss the deadline you may be dropped. For help, contact your instructor or email [disted@gavilan.edu](mailto:disted@gavilan.edu).

### ART

#### ART 760 Arts and Crafts I for Older Adults

**Transferable:** No

A general survey of arts and crafts with an emphasis on exercises and experiments with methods and materials, including: painting, drawing, color theory, composition and rendering, batik or tie-dye, quilting or needlepoint, crocheting or knitting and block printing.

40869 Lab CRC1 Gupta R 3.0 R 0100-0400  
Above class meets at Centennial Recreation Center, 171 W. Edmondson Avenue in Morgan Hill (408) 779-0208.

#### ART 761 Arts and Crafts II for Older Adults

**Transferable:** No

A general survey of arts and crafts with an emphasis on exercises and experiments with methods and materials, including: Metal, leather, fibers, glass, wood, and paper crafts. The crafts will be for both decorative or utilitarian.

40870 Lab HVME1 Dickerson P 3.0 F 0900-1200  
Above class meets at Hacienda Valley Mobile Estates, 275 Burnett Avenue in Morgan Hill (408) 779-4301.

CRN Type Room Instructor Hrs. Units Days Begin-End

**COMPUTER SCIENCE & INFORMATION SYSTEMS**

**CSIS 728 Windows for the Older Adult**

**Transferable:** No

This course is designed as an introductory course for the older adults to learn Windows operations, file management and other Windows Fundamentals.

40965	Lab	CTC2	Payne D	2.8	T	0900-1130
Above class meets at Gavilan Computer Technology Center, Room:2, 7881 Murray Avenue in Gilroy (408) 846-7502.						
40966	Lab	HOL3	Montoya M	2.0	TR	0330-0430
Above class meets at the Hollister Briggs site.						

**CSIS 729 Word Processing-MS Word for the Older Adult**

**Transferable:** No

A course designed for older adults (55+) to develop word processing skills to write and edit simple documents, format text, use bullets, create tables, insert clipart and use other features of the toolbar.

40890	Lec	CTC2	Payne D	2.8	R	0900-1130
Above class meets at Gavilan Computer Technology Center: Room 2, 7881 Murray Avenue in Gilroy (408) 846-7502.						

**ENGLISH**

**ENGL 749 Writers' Workshop**

**Transferable:** No

Writers' Workshop is an open enrollment class that allows community members and students from all disciplines to participate in a regularly scheduled, instructor-facilitated writing response group. Activities include focused response to participants' writing, generative writing games and prompts and interaction with visiting writers and scholars.

40976	Lec	GLEN	Smith K	3.0	W	0130-0430
Above class meets at Glenview Elementary School: Family Academy Room, 600 West 8th Street in Gilroy (408) 842-8292.						

**ENGL 756 GED Preparation**

**Transferable:** No

This course is designed to prepare the student to pass the five General Education Development (GED) tests in Writing, Social Studies, Science, Literature and Mathematics. English grammar and usage, reading comprehension, writing, vocabulary and computational skills are emphasized. The course is designed for students who are 18 years of age or older and elect to take the High School Equivalency Examination. This course may be repeated three times.

40894	Lab	HOL1	Miguel B	3.0	S	0900-1200
Above class meets at the Hollister Briggs site.						
40923	Lab	HOL4	Holguin D	3.8	S	0900-1230
Above class meets at the Hollister Briggs site.						
40895	Lab	CTC1	Vargas-Padilla	2.8	M	0630-0900
Above class meets at Gavilan Computer Technology Center: Room 1, 7881 Murray Avenue in Gilroy (408) 846-7502.						
40921	Lab	CTC2	Holguin D	2.8	T	0630-0900
Above class meets at Gavilan Computer Technology Center: Room 2, 7881 Murray Avenue in Gilroy (408) 846-7502.						

CRN Type Room Instructor Hrs. Units Days Begin-End

**ENGLISH AS A SECOND LANGUAGE**

**ESL 702A ESL Citizenship**

**Transferable:** No

This course is designed for second language learners that want to prepare for the United States Citizenship test given by the Department of Immigration and U. S. Naturalization Services. The focus will be on communicative English skills and knowledge of American History and Government required for passing the test to become a citizen of the United States. Readings are at the high-beginning/low-intermediate ESL level and will focus on the historical period beginning in the 1600's on through to 1980.

40875	Lec	MHG5	Yu-Costa E	5.6	MW	0900-1130
Above class meets at Morgan Hill Community site.						
40874	Lec	STF1	Stuker D	3.6	MR	0600-0730
Above class meets at St. Frances Building, 7950 Church Street in Gilroy (408) 847-2652.						
40876	Lec	HOLLCC1	Segovia M	2.8	T	0600-0830
Above class meets at Hollister Community Center: Gabilan Room, 300 West Street in Hollister, (831) 636-4390.						

**ESL 704A ESL for the Workplace**

**Transferable:** No

This is part A of a content-based integrated skills course for ESL students who want to prepare for immediate entry into the job force. Students expand their language skills within the realm of the work world and specific vocational career of interest while also developing the soft skills needed in the workplace. This course is a combination of lecture, lab, and self-paced instruction. This course may be repeated three times.

40968	Lab	CTC1	Rivoallon L	6.0	MWF	0900-1100
01/06/10 - 05/29/10 Above class meets at Gavilan Computer Technology Center: Room 1, 7881 Murray Avenue in Gilroy (408) 846-7502.						
40969	Lab	CTC1	Vargas-Padilla	6.0	TWR	0700-0900
Above class meets at Gavilan Computer Technology Center: Room 1, 7881 Murray Avenue in Gilroy (408) 846-7502.						
40970	Lab	JS1	Vargas N	3.0	MT	0500-0800
Above class meets at Jasmine Square Apartments, 16530 Monterey Road in Morgan Hill (408) 779-0681.						

**ESL 777 ESL Lifeskills I**

**Transferable:** No

This is the first course in a series of survival English classes for students with very little oral or written English competency. It will give students basic vocabulary and familiarity in life skill areas such as the family, food, health, and occupations to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test.

40971	Lec	ELROBL	Howell J	5.4	TWR	0800-0930
Above class meets at El Roble Elementary School, Room: C-11, 930 Third Street in Gilroy (408) 842-8234.						
40877	Lec	ELIOT	Payne D	6.0	MWF	0810-1000
Above class meets at Eliot Elementary School: Library, 475 Old Gilroy Street in Gilroy, (408) 842-5618.						
40879	Lec	SBCL	Segovia-Avalos	6.0	TR	0900-1200
Above class meets at San Benito County Library, 470 5th Street in Hollister (831) 636-4107.						

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Check Out Early & Late Start Classes! Page 91.  
 Register anytime before the first day of class.  
 Check the dates printed under the class CRN number.

CRN	Type	Room	Instructor	Hrs.	Units	Days	Begin-End
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**ESL 777** *continued*

40881	Lec	CALAVR	Villicana J	5.4		MWF	0600-0730
Above class meets at Calaveras Elementary, 1151 Buena Vista Road in Hollister (831) 636-4460.							

40878	Lec	MHG13	Yu-Costa E	5.6		MW	0600-0830
02/03/10 - 05/28/10 Above class meets at Morgan Hill Community site.							

40880	Lec	ROH	Gaver J	5.6		MW	0600-0830
Above class meets at R.O. Hardin Elementary, 881 Line Street in Hollister (831) 636-4400.							

40883	Lec	BROWNL	Camacho-LightL	6.0		TR	0600-0900
Above class meets at Brownell Middle School: Room 40, 7800 Carmel Street in Gilroy (408) 847-3377.							

40882	Lec	CALAVR	Villicana J	5.4		MWF	0745-0915
Above class meets at Calaveras Elementary, 1151 Buena Vista Road in Hollister (831) 636-4460.							

**ESL 778 ESL Lifeskills 2****Transferable:** No

This is the second course in a series of classes in survival English for students with very little oral or written English competency. It will give students basic vocabulary and familiarity in life skill areas such as the family, food, health, and occupations to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 777.

40884	Lec	SUNNY	Vallejo M	5.4		TWR	0600-0730
Above class meets at Sunnyslope Elementary, 1475 Memorial Drive in Hollister (831) 636-4420.							

**ESL 779 ESL Lifeskills 3****Transferable:** No

This is the third in a series of classes in survival English for students with little oral or written English competency. It will give students expanded basic vocabulary and familiarity in life skill areas such as the weather, transportation, employment, and American holidays and customs to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 778.

40886	Lec	MHG13	Yu-Costa E	5.6		TR	0900-1130
Above class meets at Morgan Hill Community site.							

40887	Lec	CTC3	Morley S	6.0		MWF	0900-1100
01/06/10 - 05/29/10 Above class meets at Gavilan Computer Technology Center: Room 3, 7881 Murray Avenue in Gilroy (408) 846-7502.							

40885	Lec	SVALLY	Padilla D	5.4		MWF	0700-0830
Above class meets at South Valley Jr. High: Room E-7, 385 I.O.O.F. Avenue in Gilroy (408) 848-7149.							

**ESL 780 ESL Lifeskills 4****Transferable:** No

This is the fourth course in a series of survival English for students with little oral or written English competency. It will give students expanded basic vocabulary and familiarity in life skill areas such as weather, transportation, employment, and American holidays and customs to manage in the real world. The course emphasizes oral communication and integrates listening, reading, writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 779.

40888	Lec	GABILN	Howell J	8.0		MTWR	0600-0800
Above class meets at Gabilan Hills Elementary: Room F-11, 901 Santa Ana Road Suite 100 in Hollister (831) 636-4430.							

CRN	Type	Room	Instructor	Hrs.	Units	Days	Begin-End
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**ESL 781 ESL Lifeskills 5****Transferable:** No

This is the fifth course in a series of survival English for students with beginning oral or written English competency. It will reinforce basic skills learned and continue to develop vocabulary and ease of communication in life skill areas such as the family, the larger community, health, employment, and leisure activities to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 780.

40889	Lec	SVALLY	Magana J	5.4		MWF	0700-0830
Above class meets at South Valley Jr. High: Room E5, 385 I.O.O.F. in Gilroy (408) 846-7502.							

**HUMANITIES****HUM 767 Film Classics****Transferable:** No

This class is designed to study the facts, fantasy, history and trivia of classic and modern films. The background and history of each film and its performance will be compared and contrasted.

40892	Lab	JDA1	Sendejas L	3.0		F	1000-0100
Above class meets at Jovenes de Antano, 300 West Street in Hollister (831) 637-9275.							

40891	Lab	PLY	Richards G	3.0		W	0200-0500
Above class meets at Morgan Hill Playhouse, 17000 Monterey Road in Morgan Hill (408) 782-0008.							

**LIBRARY****LIB 730 Internet Literacy for Older Adults****Transferable:** No


A class for older adults to learn email techniques, how to find information on their interests, news sources, and the skill of browsing online, as well as how best to use the local public library online services, online shopping, search strategies, and interactive games.

40935	Lec	HOL3	Montoya M	2.0		TR	0230-0330
Above class meets at the Hollister Briggs site.							

**LIB 732 Introduction to Online Gavilan****Transferable:** No

Introduction to the online classes and student services at Gavilan College. This course will show students how to log into their online courses, find lectures, assignments and exams, take part in online class discussions, submit attachments, and view their grades. The course will also cover all the online student services available to the distant student, including counseling, library resources, records and grades, financial aid, tutoring and technical support.

40936	Online class		Staff				
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 You must have an email account to take this course. Start your course by going to <http://www.gavilan.edu/disted>. For help, contact your instructor or email [disted@gavilan.edu](mailto:disted@gavilan.edu). Open entry/Open Exit.


**GoPrint** You can now use the GoPrint system to print documents at all of Gavilan College's computer labs. No need to fumble around with coins! With your GoPrint or ASB card, you're good to go. See ad on page 3.


CRN Type Room Instructor Hrs. Units Days Begin-End

**LIB 740 Information Competency for Nursing Assistants**

**Transferable:** No

Online information competency modules that step through the process of finding and evaluating online health resources. These tutorials are paced with AH 180 (Fundamentals of Nursing - Convalescent).


40986 Online class Howell J  
 You must have an email account to take this course. Start your course by going to <http://www.gavilan.edu/disted>. Unless you have made prior arrangements with the instructor, you MUST log on by 11:59 pm on the first day of the course. Late adds must login within 24 hours of adding this course. If you miss the deadline you may be dropped. For help, contact your instructor or email [disted@gavilan.edu](mailto:disted@gavilan.edu).


40987 Online class Howell J  
 You must have an email account to take this course. Start your course by going to <http://www.gavilan.edu/disted>. Unless you have made prior arrangements with the instructor, you MUST log on by 11:59 pm on the first day of the course. Late adds must login within 24 hours of adding this course. If you miss the deadline you may be dropped. For help, contact your instructor or email [disted@gavilan.edu](mailto:disted@gavilan.edu).


**LIB 741 Information Competency for the Life Cycle**

**Transferable:** No

Online information competency modules that step through the process of finding and evaluating online health resources. These tutorials are paced with AH3 (The Person in the Life Cycle).

40983 Online class Howell J  
 You must have an email account to take this course. Start your course by going to <http://www.gavilan.edu/disted>. Unless you have made prior arrangements with the instructor, you MUST log on by 11:59 pm on the first day of the course. Late adds must login within 24 hours of adding this course. If you miss the deadline you may be dropped. For help, contact your instructor or email [disted@gavilan.edu](mailto:disted@gavilan.edu).


40984 Online class Howell J  
 You must have an email account to take this course. Start your course by going to <http://www.gavilan.edu/disted>. Unless you have made prior arrangements with the instructor, you MUST log on by 11:59 pm on the first day of the course. Late adds must login within 24 hours of adding this course. If you miss the deadline you may be dropped. For help, contact your instructor or email [disted@gavilan.edu](mailto:disted@gavilan.edu).

40985 Online class Howell J  
 You must have an email account to take this course. Start your course by going to <http://www.gavilan.edu/disted>. Unless you have made prior arrangements with the instructor, you MUST log on by 11:59 pm on the first day of the course. Late adds must login within 24 hours of adding this course. If you miss the deadline you may be dropped. For help, contact your instructor or email [disted@gavilan.edu](mailto:disted@gavilan.edu).

**LIB 742 Information Competency for Nutrition**

**Transferable:** No

Online information competency modules that step through the process of finding and evaluating online health resources. These tutorials are paced with AH11 (Nutrition).


40980 Online class Howell J  
 You must have an email account to take this course. Start your course by going to <http://www.gavilan.edu/disted>. Unless you have made prior arrangements with the instructor, you MUST log on by 11:59 pm on the first day of the course. Late adds must login within 24 hours of adding this course. If you miss the deadline you may be dropped. For help, contact your instructor or email [disted@gavilan.edu](mailto:disted@gavilan.edu).


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All noncredit classes are open entry/exit and free of charge.

CRN Type Room Instructor Hrs. Units Days Begin-End

**LIB 742** *continued*

40981 Online class Howell J  
 You must have an email account to take this course. Start your course by going to <http://www.gavilan.edu/disted>. Unless you have made prior arrangements with the instructor, you MUST log on by 11:59 pm on the first day of the course. Late adds must login within 24 hours of adding this course. If you miss the deadline you may be dropped. For help, contact your instructor or email [disted@gavilan.edu](mailto:disted@gavilan.edu).

40982 Online class Howell J  
 You must have an email account to take this course. Start your course by going to <http://www.gavilan.edu/disted>. Unless you have made prior arrangements with the instructor, you MUST log on by 11:59 pm on the first day of the course. Late adds must login within 24 hours of adding this course. If you miss the deadline you may be dropped. For help, contact your instructor or email [disted@gavilan.edu](mailto:disted@gavilan.edu).

**MUSIC**

**MUS 763 Music Encounters**

**Transferable:** No

A class for older adults that provides musical activities to stimulate and sustain their auditory function, discernment of sounds and manual dexterity. Students will enjoy music, new and old, by listening, singing, playing and creating music in a group setting.

40977	Lec	MU101	STAFF S	3.3	M	0600-0905
40978	Lec	SOLB7	Quartuccio A	3.3	W	0600-0905

Above class meets at Solorsano Middle School, 7121 Grenache Way, Gilroy, sroom B-7. (408) 848-4121.

**PHYSICAL EDUCATION**

**PE 701 Tai Chi for Wellness**

**Transferable:** No

This course will introduce the student to the thirty seven posture forms and movements of Tai Chi, an ancient Chinese practice that focuses on slow paced coordinated movements that improve balance, coordination, mobility and breathing. The students will also learn how to use this non-contact exercise program to reduce stress in their daily lives.

40964	Lab	SJBCC	Yinger K	1.0	W	0530-0630
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Above class meets at San Juan Community Center, 10 San Jose Street in San Juan Bautista (831) 623-4661.

**PE 716 Music/Movement and Health**

**Transferable:** No

This course is designed to assist older adults in improving overall health through movement, music and relaxation techniques. Rhythmical movement will be adjusted to suit individual students mobility needs.

40943	Lab	CRC1	Mendonca B	1.0	R	1030-1130
	Lab	CRC1	Mendonca B	4.0	TF	1000-1200
Above class meets at Centennial Recreation Center, 171 W. Edmundson Avenue in Morgan Hill (408) 779-0208.						
40944	Lab	JDA1	Host M	1.0	T	1100-1200
Above class meets at Jovenes de Antano, 300 West Street in Hollister (831) 637-9275.						
40945	Lab	GSC1	Mendonca B	1.0	W	1000-1100
	Lab	GSC1	Mendonca B	1.0	F	0130-0230
	Lab	GSC1	Mendonca B	1.0	M	1100-1200
Above class meets at Gilroy Senior Center: Cafeteria, 7371 Hanna Street in Gilroy (408) 846-6049.						