

Course Outline

COURSE: THEA 11A **DIVISION:** 10 **ALSO LISTED AS:**

TERM EFFECTIVE: Fall 2021 **CURRICULUM APPROVAL DATE:** 12/14/2021

SHORT TITLE: DANCE AND MOVEMENT-A

LONG TITLE: Dance and Movement for the Theatre, A

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
2	18	Lecture:	1	18
		Lab:	3	54
		Other:	0	0
		Total:	4	72

COURSE DESCRIPTION:

A survey and introduction to basic dance genres and movement techniques suitable for Theatre Arts, including ballet, modern, jazz, social dance, musical improvisation and yoga. Emphasis on body awareness, movement in space, focus, breathing techniques, pantomime, choreography, musicality, rhythm and timing.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

- 02 - Lecture and/or discussion
- 03 - Lecture/Laboratory
- 04 - Laboratory/Studio/Activity
- 04A - Laboratory - LEH 0.65
- 05 - Hybrid
- 71 - Dist. Ed Internet Simultaneous
- 72 - Dist. Ed Internet Delayed
- 73 - Dist. Ed Internet Delayed LAB
- 73A - Dist. Ed Internet LAB-LEH 0.65

STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. Examine the historical dimension of the dance arts.
2. Analyze and discuss how dance can be used to improve confidence, poise and nonverbal expression.
3. Demonstrate basic movement skills, concentration and physical control in performing movement for artistic expression.

COURSE OBJECTIVES:

By the end of this course, a student should:

1. Examine the historical dimension of the dance arts.
2. Analyze and discuss how dance can be used to improve confidence, poise and nonverbal expression.
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CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 12/14/2021

LECTURE CONTENT:

2 Hours

Content: Orientation. Presentation on how to increase confidence, poise and nonverbal expression for the performing arts.

Student Performance Objectives: Discuss how the performing arts can be used to increase confidence and poise. Identify nonverbal expressions used for the performing arts.

8 Hours

Content: Introduce the students to the following dance and movement genres. Material covered will include basic historical background and overall style and movement vocabulary of each genre. Quiz on vocabulary.

1. Ballet technique
2. Modern/Contemporary dance
3. Jazz/Musical Theatre (with use of a prop like hat, chair, etc.)
4. Social Dance/Ballroom
5. Improvisation
6. Pantomime
7. Character movement exploration
8. Yoga/breath work

Student Performance Objectives: Identify elementary dance and movement vocabulary of varying styles, including positions, steps, turns, jumps and poses and combinations.

4 Hours

Content: Midterm. Journaling discussion. Creation, development, discussion, and feedback on projects.

Student Performance Objectives: Review the skills learned from the various styles of dance/movement learned at the Midterm point of the semester. Discuss their journal entries. Provide feedback on projects.

2 Hours

Content: In class discussion on the Spring Semester Theatre Arts Performance, including analyzing all movement/dance that is within the production. Note: Students will attend the Spring Semester Theatre Arts Performance.

Student Performance Objectives: Analyze Dance and Movement on stage in a live Gavilan production. Participate in class discussion.

2 Hours

Final.

LAB CONTENT:

6 Hours

Content: Orientation. Develop, design and utilize physical warm-ups to increase confidence, poise and nonverbal expression for the performing arts. Emphasis will be on daily movement exercises, strength and flexibility development, gross motor skills, alignment, improvisation and breathing techniques. Class will work on conditioning through movement and music on a daily basis to increase skills in the above areas.

Student Performance Objectives: Demonstrate the ability to move in and across space; with increased strength, flexibility and coordination; with the use of music. Participate in class activities.

24 Hours

Content: Introduce the students to the following dance and movement genres. This section will introduce the student to the fundamentals and application of the following:

1. Ballet technique
2. Modern/Contemporary dance
3. Jazz/Musical Theatre (with use of a prop like hat, chair, etc.)
4. Social Dance/Ballroom
5. Improvisation
6. Pantomime
7. Character movement exploration
8. Yoga/breath work

Focus will be on coordination, flexibility, agility, strength, endurance, control, confidence, poise, creativity, performance and grace in each area. Approximately 2.5-3 hours will be covered in each area, with various exercises and in class mini-projects and activities.

Student Performance Objectives: Apply elementary dance and movement vocabulary of varying styles, including positions, steps, turns, jumps and poses and combinations. Demonstrate spatial awareness and body alignment as it relates to ones own unique body in these many styles of movement.

12 Hours

Content: Midterm performance. Projects. In class time will be allotted for creation, development, discussion, feedback and rehearsals. Each student will choose/perform a movement/theatre/dance piece. They will be responsible for development of movement as well as presentation to the class.

Student Performance Objectives: Demonstrate the skills learned from the various styles of dance/movement learned at the Midterm point of the semester. Participate in class rehearsals.

10 Hours

Content: Students will prepare and present a movement/dance related assignment as it relates to Theatre. Students may work alone or with a partner. Based upon the Semester Production, time will be allotted towards whatever the production is working on in terms of Movement/Dance. Prepare/Rehearse for final. In small groups students will present and perform a final piece including any dance form of their choice. This is a creative project based on what's been learned throughout the semester.

Student Performance Objectives: Create and prepare a Dance/Movement exercise as it relates to Theatre. Utilize the skills learned throughout the semester. Learn and perfect needed skill for current production. Compose a movement and theatre performance utilizing the skills learned throughout the semester.

2 Hours

Performance Final.

Performance and discussion of all final assignments.

METHODS OF INSTRUCTION:

Lecture, demonstration, guided practice and discussion.

OUT OF CLASS ASSIGNMENTS:

Required Outside Hours 4

Assignment Description

Out of Class Assignments: Journal. Dance/Movement Project related to the use of performing arts to increase confidence and poise.

Required Outside Hours 16

Assignment Description

Out of Class Assignments: Journaling. Dance/Movement Projects. Read information on various dance and movement genres. Study for quizzes on dance and movement vocabulary.

Required Outside Hours 8

Assignment Description

Prepare for midterm. Review journaling in preparation for class discussion. Complete mini projects.

Required Outside Hours 8

Assignment Description

Out of Class: Attend Theatre Production. Type Essay Paper on Movement/Dance analysis. Note: For those students in the production, they will type the essay paper from a performers point of view. For those students not in the performance, papers will be written from the viewers point of view. Study for final. Complete projects.

METHODS OF EVALUATION:

Writing assignments

Evaluation Percent 10

Evaluation Description

Percent range of total grade: 10% to 20%

Written Homework, Journaling.

If this is a degree applicable course, but substantial writing assignments are not appropriate, indicate reason. Course primarily involves skill demonstration or problem solving.

Skill demonstrations

Evaluation Percent 50

Evaluation Description

Percent range of total grade: 40% to 60%

Class Performance/s,

Performance Exams,

Performance Projects

Objective examinations

Evaluation Percent 10

Evaluation Description

Percent range of total grade: 10% to 20%

Other: Written or Oral Exam/Quiz

Other methods of evaluation

Evaluation Percent 30

Evaluation Description

Percent range of total grade: 20% to 40%

Requires student participation.

REPRESENTATIVE TEXTBOOKS:

Dance or Character Shoes

RECOMMENDED MATERIALS:

Learning About Dance: Dance as an Art Form and Entertainment, 8th Edition, Nora Ambrosio, Kendall Hunt, 2018.

ISBN: 9781524922122

12th Grade Verified by: MS Word

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

GAV C1, effective 201470

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201470

UC TRANSFER:

Transferable UC, effective 201470

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000555521

Sports/Physical Education Course: N

Taxonomy of Program: 100800