GAVILAN COLLEGE
5055 Santa Teresa Blvd
Gilroy, CA 95023

Course Outline

COURSE: PSYC C1000 DIVISION: 10 ALSO LISTED AS: PSYC 10

TERM EFFECTIVE: Fall 2025 CURRICULUM APPROVAL DATE: 11/12/2024

SHORT TITLE: INTRO TO PSYCHOLOGY

LONG TITLE: Introduction to Psychology

Units	Number of Weeks	Type	Contact Hours/Week	Total Contact Hours
3	18	Lecture:	3	54
		Lab:	0	0
		Other:	0	0
		Total:	3	54

Out of Class Hrs:	108.00
Total Learning Hrs:	162.00

COURSE DESCRIPTION:

This course is an introduction to psychology, which is the study of the mind and behavior. Students focus on theories and concepts of biological, cognitive, developmental, environmental, social, and cultural influences; their applications; and their research foundations. ADVISORY: Eligibility for college-level writing and reading (ENGL C1000 or C-ID ENGL 100) a course with an existing skill of ability to read a college level text. (Also known as PSYC 10 or C-ID PSY 110)

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

REPEATABILITY: N - Course may not be repeated

STUDENT LEARNING OUTCOMES/OBJECTIVES:

1. Demonstrate fundamental knowledge and comprehension of major concepts, theoretical perspectives, historical and cultural contexts, and empirical findings within

the broad discipline of psychology.

2. Use a scientific approach (including critical and creative thinking) to understand individuals? mind and behavior within psychological, biological, sociocultural, and

ethnocultural contexts while recognizing that biases filter experiences.

3. Apply psychological theories, concepts, and values to individual, interpersonal, group, and societal issues to demonstrate awareness of self and others.

4. Draw logical and objective conclusions about the mind and behavior from evidence to show how psychology evaluates, modifies, and supports its claims and

counters unsubstantiated statements, opinions or beliefs

COURSE CONTENT:

1. Cover at least two topics within each of the following major areas, addressing both theory and application:

- BIOLOGICAL (e.g., Neuroscience, Sensation, Consciousness);
- COGNITIVE (e.g., Cognition, Memory, Perception, Intelligence);
- DEVELOPMENT (e.g., Learning, Lifespan Development, Language);
- SOCIAL AND PERSONALITY (e.g., Motivation, Emotion, Social, Personality, Sex/Gender/Sexuality);
- MENTAL AND PHYSICAL HEALTH (e.g., Psychopathology, Health, Therapies)

2. Incorporate psychology's seven integrative themes throughout the course:

a. How psychological science relies on evidence and critical thinking, adapting as new data develop;

b. How psychology explains general principles that govern behavior while recognizing individual differences;

c. How psychological, biological, social, and cultural factors influence behavior and mental processes;

d. How psychology values diversity, promotes equity, and fosters inclusion in pursuit of a more just society;

e. How our perceptions and biases filter our experiences of the world through an imperfect personal lens;

f. How applying psychological principles can change our lives, organizations, and communities in positive ways;

g. How ethical principles guide psychology research and practice.

3. Emphasize and illustrate how scientific inquiry, research methodology, and evidence serve as the foundation for all content areas:

a. while recognizing limitations and problematic outcomes, biases, systemic injustice, and opportunities for on-going research;

and

b. to counter unsubstantiated statements, opinions, or beliefs.

4. Emphasize how sociocultural factors and diversity, not limited to historically dominant Western perspectives, influence content areas covered.

Part 2

Curriculum Approval Date: 11/12/2024

METHODS OF INSTRUCTION:

Various methods of instruction may be utilized to teach this course, potentially including lectures, large and small group discussions, group activities, demonstrations, guest speakers, critical thinking exercises, and multimedia learning resources.

OUT OF CLASS ASSIGNMENTS:

Required Outside Hours 10

Assignment Description

Written Assignments (e.g. response papers, reading reflections, and/or journals)

Required Outside Hours 20

Assignment Description

Group project, research paper, presentation, or other such work.

Required Outside Hours 20

Assignment Description

Assigned readings.

METHODS OF EVALUATION:

Evaluation Percent

100

Evaluation Description

Examples of potential methods of evaluation used to observe or measure students? achievement of course outcomes and objectives could include but are not limited to quizzes, exams, laboratory work, field journals, projects, research demonstrations, etc. Methods of evaluation are at the discretion of local faculty.

REPRESENTATIVE TEXTBOOKS:

Themes and Variations in Psychology 11e, Wayne Weiten, Cengage Learning, 2021 or a comparable textbook/material.

ISBN: 1305498208

Rationale: This book is listed as an option on the CCN template, and it is widely considered to be a comprehensive, reliable textbook.

10th Grade Verified by: Nick Fortino

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

GAV D2, effective 202550

GAV F, effective 202550

GAV Area 4 = Social & Behavior, effective 202550

CSU GE:

IGETC:

CSU TRANSFER:

Not Transferable

Transferable to CSU, effective 202550

UC TRANSFER:

Not Transferable

Transferable to UC, effective 202550

SUPPLEMENTAL DATA:

Basic Skills: N
Classification: Y
Noncredit Category: Y
Cooperative Education: N
Program Status: 1 Program Applicable
Special Class Status: N
CAN:
CAN Sequence:
CSU Crosswalk Course Department: PSYC
CSU Crosswalk Course Number: 110
Prior to College Level: Y
Non Credit Enhanced Funding: N
Funding Agency Code: Y
In-Service: N
Occupational Course: E
Maximum Hours:
Minimum Hours:
Course Control Number: CCC000101543
Sports/Physical Education Course: N
Taxonomy of Program: 200100