

Course Outline

COURSE: PE 5 **DIVISION:** 40 **ALSO LISTED AS:** KIN 5

TERM EFFECTIVE: Fall 2011 **Inactive Course**

SHORT TITLE: INDIV/DUAL SPORTS

LONG TITLE: Individual and Dual Sports

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
3	18	Lecture:	2	36
		Lab:	3	54
		Other:	0	0
		Total:	5	90

COURSE DESCRIPTION:

Designed for those planning to work with children in the field of physical education or recreation. Activities such as badminton, bowling, golf, tennis, and archery may be covered. This course has the option of a letter grade or pass/no pass. This course is now listed as Kinesiology 5, effective Fall 2011. **ADVISORY:** Eligible for English 250 and English 260.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

- L - Standard Letter Grade
- P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

- 02 - Lecture and/or discussion
- 03 - Lecture/Laboratory
- 04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

1. The student will develop and implement a simple lesson plan for one of the sports presented in class.
 Measure: class project

ILO: 2, 1, 7, 4

2. The student will recognize and identify a variety of tournament formats.

Measure: written test

ILO: 2, 7

3. The student will discuss the history of the sports presented.

Measure: oral quiz

ILO: 1, 2, 4, 7

4. The student will develop the basic skills necessary to perform each of the activities.

Measure: skills test

ILO: 2, 7

5. The student will explain the rules of play for each of the sports presented.

Measure: written test

ILO: 2, 7, 1

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Inactive Course: 11/08/2010

This course is now listed as Kinesiology 5, effective Fall 2011.

Curriculum Approval Date: 04/27/2009

6 Lecture

9 Lab Hours

Lecture: Course introduction and orientation. Students will complete an in class 'get to know you' exercise. The class will participate in an active discussion on what is meant by the term "individual and dual sports". Presentation on the components of a simple lesson plan. Students will begin to formulate groups for their teaching activity and select the sport that they will be teaching. Instructor will present a simple lesson plan for one of the individual and dual sports. Lecture on various tournament formats.

SPO: The student will be able to describe the parts of a simple lesson plan. They will recognize these components during a lesson presented by the instructor. The student will identify at least four tournament formats.

HW: Students will describe the types of tournaments they may have participated in. Meet with their teaching group to work on developing the type of tournament they will include in the written part of their presentation.

Lab: Introduction to the lab portion of the class. The instructor will present a simple lesson plan for one of the individual and dual sports, including several tournament formats.

SPO: Students will be able to discuss the factors that determine their grade. They will be able to recognize the components of the lesson. They will identify the name of the tournament format that was utilized by the instructor.

7 Lecture

10.5 Lab Hours

Lecture: Lectures, discussions, and presentations on the sport of bowling, including history, etiquette, equipment, game scoring, and the skills required.

SPO: Students will be able to discuss the history, list the sports' etiquette, score a game, and describe the skills necessary for bowling.

HW: Read handouts provided by the instructor and complete worksheets. Work on group projects.

Lab: Lessons will be provided by the instructor on the skills required for bowling as well as organizing a tournament. Students who selected this activity for their group project will present a lesson which will include a written lesson plan for the teaching of a specific bowling skill, skill test, and handouts.

SPO: Students will demonstrate the skills required for bowling by participating in a class tournament.

7 Lecture

10.5 Lab Hours

Lecture: Through lecture, discussion, and presentations the instructor will provide information on the sport of badminton. This will include the history, equipment, scoring, singles and doubles positioning and strategy, and the basic skills.

SPO: Students will be able to discuss the history, keep score, explain singles and doubles positioning, describe strategies involved in game plan, and demonstrate the basic skills necessary to play the game.

HW: Read handouts provided and complete worksheets. Continue working on group projects.

Lab: Lessons will be provided on the basic skills necessary to participate in badminton. Opportunities to practice the information presented during the lectures will also be provided. Students who selected this activity for their group project will present a lesson on a specific badminton skill. The information provided will include a written lesson plan, skill test, and handouts.

SPO: Students will demonstrate their ability to perform the skills as well as their knowledge of the sports' strategies through participation in a class tournament.

7 Lecture

10.5 Lab Hours

Lecture: Lectures, video, discussions, presentations on golf; including history, etiquette, equipment, scoring, and the skills necessary to play.

SPO: Students will be able to discuss the history, list golfs' etiquettes, explain scoring, and describe the basic skills necessary to play.

HW: Read handouts provided by instructor and complete the worksheets. As needed, work on group projects.

Lab: Instructor will provide lessons on the basic skills needed for golf. Students who selected this sport as their group project will present a lesson which will include a written lesson plan, the teaching of a specific skill, skill test, and handouts.

SPO: Students will demonstrate these skills, their knowledge of etiquette, and their ability to score a match by playing a round of golf.

7 Lecture

10.5 Lab Hours

Lecture: With the use of lectures, videos, discussions, and presentations the instructor will provide information on tennis. History, etiquette, equipment, scoring, singles and doubles positioning and strategy, and the basic skill will be included.

SPO: Students will be able to discuss the history, describe etiquettes, keep score, explain singles and doubles positioning, describe the strategies involved in game play, and demonstrate the basic skills of tennis.

HW: Read handouts and complete worksheets. If needed, work on group projects.

Lab: Lessons will be given on the basic skills required to participate in tennis. Opportunities to practice will be provided. Students who selected tennis for their group project will present a lesson on a specific skill. The information provided will include a written lesson plan, skill test, and handouts.

SPO: Students will demonstrate their ability to perform these skills as well as their knowledge of the sports' strategies through participation in a class tournament.

2 Hours

Comprehensive Written Final.

NOTE: If equipment, facilities, and instructional expertise is available archery could be added as a fifth unit. Other units would be shortened to accommodate this unit.

METHODS OF INSTRUCTION:

Lecture, Discussion, Video, Demonstration

METHODS OF EVALUATION:

CATEGORY 1 - The types of writing assignments required:

Percent range of total grade: 25 % to 40 %

Other: Lesson plan for activity being taught.

If this is a degree applicable course, but substantial writing assignments are not appropriate, indicate reason:

CATEGORY 2 -The problem-solving assignments required:

Percent range of total grade: 0 %

CATEGORY 3 -The types of skill demonstrations required:

Percent range of total grade: 25 % to 40 %

Performance Exams

CATEGORY 4 - The types of objective examinations used in the course:

Percent range of total grade: 25 % to 40 %

Multiple Choice

True/False

Matching Items

Completion

CATEGORY 5 - Any other methods of evaluation:

Percent range of total grade: 5 % to 15 %

Participation in lab activities.

REPRESENTATIVE TEXTBOOKS:

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

GAV E1, effective 200470

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 200470

UC TRANSFER:

Transferable UC, effective 200470

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: A

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: PE

CSU Crosswalk Course Number: 5

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000323285

Sports/Physical Education Course: Y

Taxonomy of Program: 083500