

Course Outline

COURSE: PE 3A **DIVISION:** 40 **ALSO LISTED AS:** KIN 3A

TERM EFFECTIVE: Fall 2011 **Inactive Course**

SHORT TITLE: ATH TRN FIELD EXPER

LONG TITLE: Athletic Training Field Experience

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
2	18	Lecture:	0	0
		Lab:	6	108
		Other:	0	0
		Total:	6	108

COURSE DESCRIPTION:

A coeducational course designed to offer the prospective athletic trainer, physical therapist, or physical educator a continuing practical experience reinforcing and applying the concepts and terminology learned in PE 3, Introduction to Athletic Training, and the field of athletic training. The purpose of PE 3A is to provide a comprehensive, progressive educational and practical foundation in preparation for transition into allied health studies. Knowledge in the recognition, assessment, and care of athletic injuries or practical experience in care and prevention of athletic injuries is recommended. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass. This course is now listed as Kinesiology 3A, effective Fall 2011. **ADVISORY:** PE 3 Introduction to Athletic Training.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

- L - Standard Letter Grade
- P - Pass/No Pass

REPEATABILITY: R - Course may be repeated
Maximum of 3 times

SCHEDULE TYPES:

- 04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

1. Students will be able to translate the material presented during lectures.

ILO: 2, 7

Measure: Notebook

2. Students will be able to apply the information and skills presented in class. This will include assessing the injury (gathering a history and performing palpation), performing general and specific testing, formulating a treatment, and then utilizing modalities.

ILO: 2, 7, 1, 4

Measure: Practical exam, Demonstration

3. They will be able to identify the skeletal system and soft tissue anatomy as it relates to athletic injuries.

ILO: 7, 2

Measure: Written exam

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Inactive Course: 11/08/2010

This course is now listed as Kinesiology 3A, effective Fall 2011.

Curriculum Approval Date: 04/10/2006

6 Hours

An overview of athletes in season, including their history, will be presented. Injuries specific to athletes will be presented as well as a skeletal review.

SPO: Students will be able to identify injuries specific to the field of athletics.

6 Hours

A review of training room operating procedures will be presented. Students will establish a schedule for coverage of training room rehabilitation programs and athletic team practices.

SPO: Training room operating procedures will be recognized and described by the students.

12 Hours

Coverage of the training room and the athletic practices will continue. A presentation on the practical application of medical terminology will be presented. A review of game situation injury recognition will take place. Handouts will be provided.

SPO: Students will be able to apply the medical terminology during training room and athletic practices. They will be able to analyze an injury and discuss the course of treatment.

6 Hours

Continue coverages. Introduce injury report writing and medical HIPPA laws.

SPO: Using a mock situation, students will be able to correctly prepare an injury report. They will be able to discuss the medical HIPPA laws and how they apply in an athletic training setting.

6 Hours

Continue coverage assignments. Collect notebooks to gauge student progress. Review for midterm.

SPO: Students will be able to explain the material contained in their notebook.

6 Hours

Midterm (both practical and written). Continue coverage of the training room and athletic practices and games.

6 Hours

Visitation to another athletic facility. Observation of another certified athletic trainer.

SPO: Students will be able to compare and contrast settings, both from a facility and personnel standpoint.

12 Hours

Begin presentation and application of therapeutic modalities.

Therapeutic exercise protocols will begin. Handouts will be provided.

Continue coverages.

SPO: Students will practice the use of therapeutic modalities. They will be able to demonstrate the correct use of the equipment.

6 Hours

Continue coverages. Begin review of semester. Prepare for written and practical mock exam. Handouts given.

SPO: Students will be able to apply the skills and knowledge learned throughout the semester on a mock exam.

12 Hours

Continue coverages, including the use of various therapeutic modalities. Review practical application of athletic training as related to general care of athletic injuries.

SPO: Students will continue to recognize, describe, and demonstrate treatment for injuries specific to athletics.

6 Hours

Review of taping skills. Continue practice of these skills as required. Coverage of athletic practices/games and the training room continues.

SPO: Students will be able to demonstrate the proper taping skills required for various athletic injuries and/or treatments.

12 Hours

Review of all information/skills presented throughout the semester in preparation for the final. Continue coverages as needed. Turn in required notebook.

SPO: Students will be able to apply the skills and knowledge learned throughout the semester in practical situations.

2 Hours

Final.

Note:

The students who repeat this class will gain an expanded educational experience in skills or proficiencies by supervised repetition and practice within the class period. By repeating this course the student will demonstrate an increasing level of skill in taping and the use of modalities. They will also improve their ability to recognize, assess, and treat sport specific injuries. For the students who repeat this

class, the opportunity will be provided to work with a variety of athletic teams and situations.

METHODS OF INSTRUCTION:

Discussion, demonstration, guided practice, small group interaction.

METHODS OF EVALUATION:

The types of writing assignments required:

Lab reports

The problem-solving assignments required:

Field work

The types of skill demonstrations required:

Field work

Other: Situational question and response

The types of objective examinations used in the course:

Multiple choice

Other: Written simulation questions and response

Other category:

None

The basis for assigning students grades in the course:

Writing assignments: 5% - 15%

Problem-solving demonstrations: 10% - 25%

Skill demonstrations: 35% - 45%

Objective examinations: 20% - 30%

Other methods of evaluation: 0% - 0%

REPRESENTATIVE TEXTBOOKS:

"Arnheim's Principles of Athletic Training", by William E. Prentice, McGraw Hill Publishers, 12th Ed., c. 2006, or other appropriate college level text.

Reading level of text: 14th grade. Verified by: Gloria Curtis

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 200730

UC TRANSFER:

Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: I

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N
CAN:
CAN Sequence:
CSU Crosswalk Course Department: PE
CSU Crosswalk Course Number: 3A
Prior to College Level: Y
Non Credit Enhanced Funding: N
Funding Agency Code: Y
In-Service: N
Occupational Course: E
Maximum Hours:
Minimum Hours:
Course Control Number: CCC000435863
Sports/Physical Education Course: Y
Taxonomy of Program: 083500