

Course Outline

COURSE: PE 21 **DIVISION:** 40 **ALSO LISTED AS:** KIN 21

TERM EFFECTIVE: Fall 2011 **Inactive Course**

SHORT TITLE: VOLLEYBALL

LONG TITLE: Volleyball

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54

COURSE DESCRIPTION:

Coeducational activity designed for beginning and intermediate volleyball students; rules, strategy and fundamentals of volleyball. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass. This course is now listed as Kinesiology 21, effective Fall 2011.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

P - Pass/No Pass

REPEATABILITY: R - Course may be repeated

Maximum of 3 times

SCHEDULE TYPES:

04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

1. The student will explain the rules governing a volleyball game.

ILO: 2, 7, 1

Measure: written exam

2. The student will demonstrate the proper techniques for passing, setting, hitting, blocking and overhand serving a volleyball.

ILO: 7, 2, 4

Measure: demonstration

3. The student will describe and execute the offensive and defensive strategies, including each individual's responsibilities.

ILO: 7, 2, 1, 4

Measure: performance, role playing

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Inactive Course: 11/08/2010

This course is now listed as Kinesiology 21, effective Fall 2011.

Curriculum Approval Date: 03/10/2008

1.5 - 3 Hours

Discussion on class procedures and grading. Proper care of equipment and net set-up will be presented.

SPO: Students will instruct each other on the correct way to set-up the nets on the volleyball courts. They will discuss the proper care of the equipment.

4.5 - 9 Hours

The techniques for passing and for setting will be presented. The overhand serve will be described and demonstrated. Hitting, including the footwork and arm swing, will be taught.

SPO: The proper techniques for a pass, a set, an overhand serve, and a hit will be demonstrated.

4.5 - 9 Hours

Review of skills learned. Drills incorporating passing and setting; passing, setting and hitting; and serving, passing, setting and hitting will be utilized. These skills may be practiced in game-like situations and/or incorporated in game play.

SPO: Students will demonstrate their serving, passing, setting and hitting skills in game-like situations. They will be able to describe the proper techniques for each skill.

3 - 6 Hours

Court positioning, the responsibilities of each position and rotation will be illustrated. Opportunities for students to execute their passing, setting, hitting and serving skills while maintaining their correct court positioning and responsibilities will be provided. This may include serve receive drills.

SPO: The responsibilities of each position will be discussed. Students will practice the correct rotation and positioning.

4.5 - 9 Hours

Blocking techniques and offensive and defensive strategies will be presented and practiced. Game-like situations will be provided for students to practice all the skills learned during earlier classes.

SPO: Students will demonstrate the proper techniques for blocking. They will execute offensive and defensive strategies.

6 - 12 Hours

Warm-up with a variety of drills in preparation for game play. Rules governing official game play will be discussed. Tournament play, incorporating all skills and knowledge learned to date. This may include 6 and/or 2 player games.

SPO: Students will demonstrate their fundamental volleyball skills during game play. Offensive and defensive strategies will be utilized.

1.5 - 3 Hours

Skill testing and semester review.

SPO: Students will participate in skill testing and discuss the rules and strategies of volleyball.

2 Hours

Final.

This is a skill building class where the students' skills or proficiencies will be enhanced by supervised repetition and practice in class.

METHODS OF INSTRUCTION:

Lecture, demonstration, video and drills.

METHODS OF EVALUATION:

The types of writing assignments required:

None

The problem-solving assignments required:

None

The types of skill demonstrations required:

Class performance

The types of objective examinations used in the course:

Multiple choice

True/false

Other: short answer

Other category:

Other: Student participation

The basis for assigning students grades in the course:

Writing assignments: 0% - 0%

Problem-solving demonstrations: 0% - 0%

Skill demonstrations: 30% - 60%

Objective examinations: 10% - 30%

Other methods of evaluation: 30% - 60%

REPRESENTATIVE TEXTBOOKS:

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

GAV E1, effective 199650

CSU GE:

CSU E1, effective 199650

IGETC:

CSU TRANSFER:

Transferable CSU, effective 199650

UC TRANSFER:

Transferable UC, effective 199650

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: A

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: PE

CSU Crosswalk Course Number: 21

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000181734

Sports/Physical Education Course: Y

Taxonomy of Program: 083500