GAVILAN COLLEGE
5055 Santa Teresa Blvd
Gilroy, CA 95023

Course Outline

COURSE: NURS 131 DIVISION: 40 ALSO LISTED AS:

TERM EFFECTIVE: Summer 2026 CURRICULUM APPROVAL DATE: 12/12/2025

SHORT TITLE: MATERNAL

LONG TITLE: Maternity Nursing

Units	Number of Weeks	Type	Contact Hours/Week	Total Contact Hours/Units
3	18	Lecture:	1.5	27 / 1.5 Units of Lecture
		Lab:	4.5	81 / 1.5 Units of Lab
		Other:	0	0
		Total:	6	108

Out of Class Hrs:	54.00
Total Learning Hrs:	162.00

COURSE DESCRIPTION:

This course focuses on the care of women, newborns, and families during the childbearing experience. Emphasis is placed on physiological, psychological, and sociocultural processes of pregnancy, childbirth, postpartum recovery, and newborn adaptation. Students will apply the nursing process to promote safe, evidence-based, family-centered care while addressing health promotion, risk reduction, and common complications. PREREQUISITES: NURS 122, NURS 123, NURS 124. COREQUISITES: NURS 130, NURS 132.

PREREQUISITES:
NURS 122, NURS 123, NURS 124

COREQUISITES:
NURS 130
NURS 132

CREDIT STATUS: C - Credit - Degree Non Applicable

GRADING MODES
L - Standard Letter Grade

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

02 - Lecture and/or discussion
03 - Lecture/Laboratory
04 - Laboratory/Studio/Activity
04B - Laboratory - LEH 0.75
05 - Hybrid
71 - Dist. Ed Internet Simultaneous
72 - Dist. Ed Internet Delayed
73 - Dist. Ed Internet Delayed LAB
73B - Dist. Ed Internet LAB-LEH 0.75

STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. Provide culturally competent nursing care for childbearing woman, their family, and the newborn.
2. Use appropriate nursing interventions in the care of pregnant and postpartum women.
3. Provide culturally appropriate support for family adaptation during the reproductive process.

COURSE OBJECTIVES:

By the end of this course, a student should:

1. Describe the ethical Legal, and professional standards involved in the care of women and newborns.
2. Develop a plan of care for women and newborns, including pharmacology, pathophysiology, and nutrition.
3. Identify the elements of a comprehensive health assessment of women and newborns
4. Analyze the impact of cultural, social, and ethical considerations on the care of women, newborns, and families.
5. Discuss common complications of pregnancy, labor, postpartum recovery, and newborn care, including appropriate nursing interventions.
6. Integrate principles of therapeutic communication when addressing the needs and concerns of women and families in the maternal/newborn setting.
7. Examine the role of the nurse in promoting health, safety, and risk reduction for diverse childbearing families.

COURSE CONTENT:
Curriculum Approval Date: 12/12/2025
LECTURE CONTENT:
Preventative care
Health promotion
High-risk behaviors
Ethical/Legal practice
Scope of Practice
Normal/abnormal reproductive system function
STIs
Contraception
Health History and Physical Assessment
High Risk Behaviors
Accident and Injury Prevention
Family Dynamics
Maternal Pharmacology
Assessment and management of the stages of pregnancy
Labor and Birth Process
Fetal Assessments
Support and comfort
High-risk Pregnancy
Intrauterine Resuscitation
Hypertensive Disorders
Care Plans
Pharmacology
Depression
Family Adaptation to Childbirth
Educational Resources
Postpartum Complications
Newborn post-partum complications
Perinatal Loss
Transition from Intrauterine to Extrauterine
Newborn nutrition
Newborn safety
Newborn complications
High-risk newborn nutrition
Pharmacology
Testing and Care of a Newborn
Role of the Nurse
Final Exam

COURSE CONTENT(CONTINUED):

LAB CONTENT:

Maternal assessment skills

Vital signs, fundal height, uterine tone, and lochia assessment

Leopold’s maneuvers for fetal position

Fetal heart rate monitoring (intermittent auscultation, electronic fetal monitoring basics)

Cervical dilation/effacement assessment (under instructor guidance)

Newborn assessment skills

Apgar scoring

Physical assessment of newborn (head-to-toe)

Gestational age assessment

Reflex checks (Moro, rooting, grasp, etc.)

Monitoring temperature, weight, feeding

Clinical procedures

Assisting with labor and delivery (positioning, comfort measures, sterile technique)

Safe medication administration (oxytocin, magnesium sulfate, pain meds, Rh immune globulin, vaccines, etc.)

IV insertion and management

Postpartum care (perineal care, fundal massage, hemorrhage recognition)

Newborn care (bathing, cord care, feeding support, swaddling, safety checks)

Teaching breastfeeding techniques, formula feeding, and safe sleep practices

METHODS OF INSTRUCTION:

Lecture and discussion of weekly and course topics; Demonstrations; Clinical Experiences; Guided Practice; Readings and Videos

OUT OF CLASS ASSIGNMENTS:

Required Outside Hours 54

Assignment Description

Students will engage in 54 hours of out-of-class assignments, including written assignments, studying, reading assignments, projects, case-studies, and discussion preparation.

METHODS OF EVALUATION:

Other methods of evaluation

Evaluation Percent 20

Evaluation Description

Clinical observations will be made to ensure mastery of course content.

Objective examinations

Evaluation Percent 20

Evaluation Description

In preparation for the NCLEX, students will demonstrate knowledge acquisition through quizzes and exams covering course material.

Problem-solving assignments

Evaluation Percent 20

Evaluation Description

Case studies and critical thinking assignments will be sprinkled throughout the course to ensure transference to the clinical environment. This will be rubric-graded.

Skill demonstrations

Evaluation Percent 20

Evaluation Description

Students will demonstrate accurate and successful completion of skills through a skills checkoff with their faculty.

Writing assignments

Evaluation Percent 20

Evaluation Description

Students will reflect, complete case studies, and otherwise demonstrate mastery of content through written assignments.

REPRESENTATIVE TEXTBOOKS:

Calculation of Drug Dosages: A Work Text , Ogden, S. J., OgdenN, S. J., & FluhartyN, L. , Elsevier, 2022 or a comparable textbook/material.

ISBN: 9780323826228

12 Grade Verified by: Publisher

All-in-One Nursing Care Planning Resource, Julie S. Snyder and Christine A. Sump, Elsevier, 2024 or a comparable textbook/material.

ISBN: 9780323825382

12 Grade Verified by: Publisher

Core Curriculum for Maternal-Newborn Nursing, AWHONN, Janke, J., & Baker, B. J, Elsevier, 2023 or a comparable textbook/material.

ISBN: 9780323672252

12 Grade Verified by: Publisher

Mosby's Drug Guide for Nursing Students , Linda Skidmore-Roth, Elsevier, 2025 or a comparable textbook/material.

ISBN: 9780443380716

12 Grade Verified by: Publisher

Lab Manual: Perry, A. G., Potter, P. A., Ostendorf, W. R., & Laplante, N. (2025). Clinical Nursing Skills and Techniques - E-book (11th ed.). New York, NY: Elsevier Health Sciences. ISBN: 9780443116063

ARTICULATION and CERTIFICATE INFORMATION

CSU TRANSFER:

Transferable CSU

UC TRANSFER:

Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N
Classification: Y
Noncredit Category: Y
Cooperative Education: N
Program Status: 1 Program Applicable
Special Class Status: N
Prior to College Level: Y
Non Credit Enhanced Funding: N
Funding Agency Code: Y
In-Service: N
Occupational Course: C
Course Control Number: CCC000656910
Sports/Physical Education Course: N
Taxonomy of Program: 123000
CIP: 513801