



5055 Santa Teresa Blvd  
Gilroy, CA 95023

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## Course Outline

**COURSE:** NURS 131      **DIVISION:** 40      **ALSO LISTED AS:**

**TERM EFFECTIVE:** Summer 2026

**CURRICULUM APPROVAL DATE:** 12/12/2025

**SHORT TITLE:** MATERNAL

**LONG TITLE:** Maternity Nursing

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
3	18	Lecture:	1.5	27
		Lab:	1.5	27
		Other:	0	0
		Total:	3	54

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Out of Class Hrs: 54.00

Total Learning Hrs: 108.00

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### COURSE DESCRIPTION:

This course focuses on the care of women, newborns, and families during the childbearing experience. Emphasis is placed on physiological, psychological, and sociocultural processes of pregnancy, childbirth, postpartum recovery, and newborn adaptation. Students will apply the nursing process to promote safe, evidence-based, family-centered care while addressing health promotion, risk reduction, and common complications. **PREREQUISITES:** NURS 122, NURS 123, NURS 124. **COREQUISITES:** NURS 130, NURS 132.

### PREREQUISITES:

NURS 122

NURS 123

NURS 124

### COREQUISITES:

NURS 130

NURS 132

**CREDIT STATUS:** C - Credit - Degree Non Applicable

### GRADING MODES

L - Standard Letter Grade

REPEATABILITY: N - Course may not be repeated

**SCHEDULE TYPES:**

- 02 - Lecture and/or discussion
- 03 - Lecture/Laboratory
- 04 - Laboratory/Studio/Activity
- 05 - Hybrid
- 71 - Dist. Ed Internet Simultaneous
- 72 - Dist. Ed Internet Delayed
- 73 - Dist. Ed Internet Delayed LAB

**STUDENT LEARNING OUTCOMES:**

By the end of this course, a student should:

1. Provide culturally competent nursing care for childbearing woman, their family, and the newborn.
2. Use appropriate nursing interventions in the care of pregnant and postpartum women.
3. Provide culturally appropriate support for family adaptation during the reproductive process.

**COURSE OBJECTIVES:**

By the end of this course, a student should:

1. Describe the ethical, legal, and professional standards involved in the care of women and newborns.
2. Develop a plan of care for women and newborns, including pharmacology, pathophysiology, and nutrition.
3. Identify the elements of a comprehensive health assessment of women and newborns.
4. Analyze the impact of cultural, social, and ethical considerations on the care of women, newborns, and families.
5. Discuss common complications of pregnancy, labor, postpartum recovery, and newborn care, including appropriate nursing interventions.
6. Integrate principles of therapeutic communication when addressing the needs and concerns of women and families in the maternal/newborn setting.
7. Examine the role of the nurse in promoting health, safety, and risk reduction for diverse childbearing families.

Curriculum **COURSE CONTENT:**

Approval Date: 12/12/2025

**LECTURE CONTENT:**

Preventative care  
Health promotion  
High-risk behaviors  
Ethical/Legal practice  
Scope of Practice  
Normal/abnormal reproductive system function  
STIs  
Contraception  
Health History and Physical Assessment  
High Risk Behaviors  
Accident and Injury Prevention  
Family Dynamics  
Maternal Pharmacology  
Assessment and management of the stages of pregnancy  
Labor and Birth Process  
Fetal Assessments  
Support and comfort  
High-risk Pregnancy  
Intrauterine Resuscitation  
Hypertensive Disorders  
Care Plans  
Pharmacology  
Depression  
Family Adaptation to Childbirth  
Educational Resources  
Postpartum Complications  
Newborn post-partum complications  
Perinatal Loss  
Transition from Intrauterine to Extrauterine  
Newborn nutrition  
Newborn safety  
Newborn complications  
High-risk newborn nutrition  
Pharmacology  
Testing and Care of a Newborn  
Role of the Nurse  
Final Exam

**COURSE CONTENT(CONTINUED):****LAB CONTENT:**

Maternal assessment skills

Vital signs, fundal height, uterine tone, and lochia assessment

Leopold's maneuvers for fetal position

Fetal heart rate monitoring (intermittent auscultation, electronic fetal monitoring basics)

Cervical dilation/effacement assessment (under instructor guidance)

Newborn assessment skills

Apgar scoring

Physical assessment of newborn (head-to-toe)

Gestational age assessment

Reflex checks (Moro, rooting, grasp, etc.)

Monitoring temperature, weight, feeding

Clinical procedures

Assisting with labor and delivery (positioning, comfort measures, sterile technique)

Safe medication administration (oxytocin, magnesium sulfate, pain meds, Rh immune globulin, vaccines, etc.)

IV insertion and management

Postpartum care (perineal care, fundal massage, hemorrhage recognition)

Newborn care (bathing, cord care, feeding support, swaddling, safety checks)

Teaching breastfeeding techniques, formula feeding, and safe sleep practices

**METHODS OF INSTRUCTION:**

Lecture and discussion of weekly and course topics; Demonstrations; Clinical Experiences; Guided Practice; Readings and Videos

**OUT OF CLASS ASSIGNMENTS:**

Required Outside Hours 54

Assignment Description

Students will engage in 54 hours of out-of-class assignments, including written assignments, studying, reading assignments, projects, case-studies, and discussion preparation.

**METHODS OF EVALUATION:**

Other methods of evaluation

Evaluation Percent 20

Evaluation Description

Clinical observations will be made to ensure mastery of course content.

Objective examinations

Evaluation Percent 20

Evaluation Description

In preparation for the NCLEX, students will demonstrate knowledge acquisition through quizzes and exams covering course material.

Problem-solving assignments

Evaluation Percent 20

Evaluation Description

Case studies and critical thinking assignments will be sprinkled throughout the course to ensure transference to the clinical environment. This will be rubric-graded.

Skill demonstrations

Evaluation Percent 20

Evaluation Description

Students will demonstrate accurate and successful completion of skills through a skills checkoff with their faculty.

Writing assignments

Evaluation Percent 20

Evaluation Description

Students will reflect, complete case studies, and otherwise demonstrate mastery of content through written assignments.

**REPRESENTATIVE TEXTBOOKS:**

Calculation of Drug Dosages: A Work Text , Ogden, S. J., OgdenN, S. J., & FluhartyN, L. , Elsevier, 2022 or a comparable textbook/material.

ISBN: 9780323826228

12 Grade Verified by: Publisher

All-in-One Nursing Care Planning Resource, Julie S. Snyder and Christine A. Sump, Elsevier, 2024 or a comparable textbook/material.

ISBN: 9780323825382

12 Grade Verified by: Publisher

Core Curriculum for Maternal-Newborn Nursing, AWHONN, Janke, J., & Baker, B. J, Elsevier, 2023 or a comparable textbook/material.

ISBN: 9780323672252

12 Grade Verified by: Publisher

Mosby's Drug Guide for Nursing Students , Linda Skidmore-Roth, Elsevier, 2025 or a comparable textbook/material.

ISBN: 9780443380716

12 Grade Verified by: Publisher

Lab Manual: Perry, A. G., Potter, P. A., Ostendorf, W. R., & Laplante, N. (2025). Clinical Nursing Skills and Techniques - E-book (11th ed.). New York, NY: Elsevier Health Sciences. ISBN: 9780443116063

**ARTICULATION and CERTIFICATE INFORMATION**

GAV GE:

GAV Area 1B

GAV Area 5

CSU TRANSFER:

Transferable CSU

UC TRANSFER:

Not Transferable

**SUPPLEMENTAL DATA:**

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education: N

Program Status: 1 Program Applicable

Special Class Status: N

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: C

Course Control Number: CCC000656910

Sports/Physical Education Course: N

Taxonomy of Program: 123000

CIP: 513801