



5055 Santa Teresa Blvd
Gilroy, CA 95023

Course Outline

COURSE: NURS 112 **DIVISION:** 40 **ALSO LISTED AS:**

TERM EFFECTIVE: Summer 2026 **CURRICULUM APPROVAL DATE:** 12/12/2025

SHORT TITLE: LAB 1A

LONG TITLE: Skills Lab 1A

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5	18	Lecture:	0	0
		Lab:	.5	9
		Other:	0	0
		Total:	.5	9

Out of Class Hrs: 0.00
Total Learning Hrs: 9.00

COURSE DESCRIPTION:

In this introductory lab course, students are given the opportunity to practice necessary patient care skills in preparation for entering the clinical environment. Students will perform fundamental skills required for safe, ethical, and effective nursing practice. The course provides opportunities for guided practice, skill demonstration, and integration of the nursing process to prepare students for application of skills in clinical settings. **COREQUISITES:** NURS 110 and NURS 111.

COREQUISITES:

NURS 110
NURS 111

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

03 - Lecture/Laboratory
04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. Execute fundamental nursing skills safely and accurately.
2. Demonstrate clinical reasoning in the completion of fundamental patient care skills.
3. Develop strategies to enhance skill performance and build confidence in nursing practice.

COURSE OBJECTIVES:

By the end of this course, a student should:

1. Demonstrate skills relevant to fundamental nursing care.
2. Use relevant technology to document fundamental patient care.
3. Use necessary resources to provide safe basic nursing care for patients.
4. Explain how to prioritize care of clients in a variety of healthcare settings.
5. Apply steps in the nursing process to make sound clinical decisions for fundamental patient care.

COURSE CONTENT:

Curriculum Approval Date: 12/12/2025

HIPAA

Lab Intro

Concepts of Medication Administration

Personal Hygiene

Hand Hygiene

Transfer Precautions

Vital Signs

Pulse Oximetry

Mobility

Assistive Devices and Body Mechanics

Musculoskeletal Assessment

Anti-embolism Stockings and Sequential Compression Devices

Specimen collection

Infection Control

Dosage Calculation

Medication Admin:

Oral

Sublingual

NG/OG

Parenteral

Intradermal

Subcutaneous

IM

Topical Routes

Respiratory Routes of Administration

HEENT Assessment

Integumentary Assessment

Respiratory Assessment

Neurological Assessments

GI Assessments

Intro to Physical Assessment

METHODS OF INSTRUCTION:

Demonstrations and guided practice are used in the live skills lab environment.

METHODS OF EVALUATION:

Skill demonstrations

Evaluation Percent 100

Evaluation Description

This skills class will be solely evaluated based on the successful completion of skill checkoffs.

REPRESENTATIVE TEXTBOOKS:

All-in-One Nursing Care Planning Resource, Julie S. Snyder and Christine A. Sump, Elsevier, 2024 or a comparable textbook/material.

ISBN: 9780323825382

12 Grade Verified by: Publisher

Calculation of Drug Dosages: A Work Text , Ogden, S. J., OgdenN, S. J., & FluhartyN, L. , Elsevier, 2020 or a comparable textbook/material.

ISBN: 9780323826228

12 Grade Verified by: Publisher

Fundamentals of Nursing: Active Learning for Collaborative Practice, Potter, Perry, Stocker, & Ostendorf, Elsevier, 2025.

ISBN: 9780443124068

12 Grade Verified by: Publisher

Mosby's Drug Guide for Nursing Students , Skidmore-Roth, L. , Elsevier, 2025 or a comparable textbook/material.

ISBN: 9780443269646

12 Grade Verified by: Publisher

Lab Manual: Perry, A. G., Potter, P. A., Ostendorf, W. R., & Laplante, N. (2025). Clinical Nursing Skills and Techniques - E-book (11th ed.). New York, NY: Elsevier Health Sciences. ISBN: 9780443116063

ARTICULATION and CERTIFICATE INFORMATION

GAV GE:

GAV Area 1B

GAV Area 5

CSU TRANSFER:

Transferable CSU

UC TRANSFER:

Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education: N

Program Status: 1 Program Applicable

Special Class Status: N

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: C

Course Control Number: CCC000656831

Sports/Physical Education Course: N

Taxonomy of Program: 123000

CIP: 513801