



5055 Santa Teresa Blvd
Gilroy, CA 95023

Course Outline

COURSE: NURS 111 **DIVISION:** 40 **ALSO LISTED AS:**

TERM EFFECTIVE: Summer 2026

CURRICULUM APPROVAL DATE: 12/12/2025

SHORT TITLE: FOUNDATIONS OF NURSING

LONG TITLE: Foundations of Nursing

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
3.5	18	Lecture:	2	36
		Lab:	1.5	27
		Other:	0	0
		Total:	3.5	63

Out of Class Hrs: 72.00

Total Learning Hrs: 135.00

COURSE DESCRIPTION:

In this course, students are introduced to the foundational principles of nursing, including adult health assessment, the RN scope of practice, and essential care of clients across the health continuum. Emphasis is placed on the nursing process, basic clinical skills, communication, safety, and evidence-informed practice. **PREREQUISITE:** Admission to the ADN Program. **COREQUISITES:** NURS 110 and NURS 112.

PREREQUISITES:

Admission to the ADN Program

COREQUISITES:

NURS 110

NURS 112

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

- 02 - Lecture and/or discussion
- 03 - Lecture/Laboratory
- 04 - Laboratory/Studio/Activity
- 05 - Hybrid
- 71 - Dist. Ed Internet Simultaneous
- 72 - Dist. Ed Internet Delayed
- 73 - Dist. Ed Internet Delayed LAB

STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. Demonstrate fundamental nursing skills safely and accurately.
2. Describe the ethical, legal, and professional responsibilities of the nurse in the care of diverse patients.
3. Apply the nursing process in promoting the physical, emotional, and cultural well-being of diverse patients.

COURSE OBJECTIVES:

By the end of this course, a student should:

1. Create an appropriate client care plan, incorporating evidence-informed practices.
2. Identify how the steps in the nursing process apply to a variety of client scenarios.
3. Describe how to prioritize the care of clients in a variety of healthcare settings.
4. Describe the roles of healthcare team members.
5. Identify the steps in the nursing process, leading to sound clinical judgment.
6. Identify the role of the nurse in promoting positive health outcomes for clients of various backgrounds.

COURSE CONTENT:

Curriculum Approval Date: 12/12/2025

LECTURE CONTENT:

Introduction to Nursing
Nursing Theory
Professional Practice
Clinical Judgment
Analysis and Nursing Diagnosis
Implementing Nursing Care
Communication
Nursing Process
Population Health
Evidence Informed Practice
Informatics/Technology
Intro to Assessment
Data Analysis and Nursing Diagnosis
Implementation of Evaluation
Documentation
Ethics/Cultural Nursing Practice/Client Education
Ethical and Legal Considerations
Cultural Care
Family Dynamics
HIPAA
Patient Advocacy
Patient Education
CPOE
Vital Signs/ Safety/Infection Control
Vital Signs
PPE
Infection Control
Safety
Pain Management
Hygiene
Health Assessment and Physical Examination
Complementary, Alternative, and Integrative Therapies
Human Development and Sexuality/Mobility and Sleep
Mobility
Activity and Exercise
Immobility
Sleep
Human Sexuality
Health Promotion and Skin Integrity
Health and Wellness
Physical Assessment
Skin Integrity and Wound Care
Airway Management/Perioperative Care
Oxygenation
Perioperative Care

COURSE CONTENT (CONTINUED):

LECTURE CONTENT (CONTINUED):

Fluid & Electrolyte Balance /Nutrition

Fluid, Electrolyte, Acid-Base Balance

Nutrition

Elimination/Death and Loss

Bowel Elimination

Urinary Elimination

Death and Loss

Stress and Coping

Final Exam

COURSE CONTENT (CONTINUED):**LAB CONTENT:**

Body mechanics
Environmental safety
Patient positioning/transfers
Hand hygiene
Health assessment and physical examination
Vital signs
Pulse oximetry
Coughing and deep breathing techniques/Incentive Spirometry (IS)
Patient hygiene, bathing, oral care and peri-care
Skin assessment
Personal Protective Equipment (PPE)
Standard and transmission-based precautions
Sterile technique
Donning and doffing sterile gloves
Restraint therapy
Anti-embolism Stockings and Sequential Compression Devices (SCDs)
Specimen collection

METHODS OF INSTRUCTION:

Lecture and discussion of weekly and course topics; Demonstrations; Clinical Experiences; Guided Practice; Readings and Videos

OUT OF CLASS ASSIGNMENTS:

Required Outside Hours 72

Assignment Description

Students will engage in 72 hours of out-of-class assignments, including written assignments, studying, reading assignments, projects, case-studies, and discussion preparation.

METHODS OF EVALUATION:

Skill demonstrations

Evaluation Percent 20

Evaluation Description

Students will demonstrate accurate and successful completion of skills through a skills checkoff with their faculty.

Other methods of evaluation

Evaluation Percent 20

Evaluation Description

Clinical observations will be made to ensure mastery of course content.

Objective examinations

Evaluation Percent 20

Evaluation Description

In preparation for the NCLEX, students will demonstrate knowledge acquisition through quizzes and exams covering course material.

Problem-solving assignments

Evaluation Percent 20

Evaluation Description

Case studies and critical thinking assignments will be sprinkled throughout the course to ensure transference to the clinical environment. This will be rubric-graded.

Writing assignments

Evaluation Percent 20

Evaluation Description

Students will reflect, complete case studies, and otherwise demonstrate mastery of content through written assignments.

REPRESENTATIVE TEXTBOOKS:

Mosby's Drug Guide for Nursing Students, Linda Skidmore-Roth, Elsevier, 2025 or a comparable textbook/material.

ISBN: 9780443269646

12 Grade Verified by: Publisher

Calculation of Drug Dosages: A Work Text , Ogden, S. J., OgdenN, S. J., & FluhartyN, L. , Elsevier, 2021 or a comparable textbook/material.

ISBN: 9780323826228

12 Grade Verified by: Publisher

All-in-One Nursing Care Planning Resource, Julie S. Snyder and Christine A. Sump, Elsevier, 2024 or a comparable textbook/material.

ISBN: 9780323825382

Grade Verified by:

Fundamentals of Nursing, Potter, Perry, Stocker, & Ostendorf, Elsevier, 2025 or a comparable textbook/material.

ISBN: 9780443124068

12 Grade Verified by: Publisher

ARTICULATION and CERTIFICATE INFORMATION

CSU TRANSFER:

Transferable CSU

UC TRANSFER:

Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education: N

Program Status: 1 Program Applicable

Special Class Status: N

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: C

Course Control Number: CCC000656830

Sports/Physical Education Course: N

Taxonomy of Program: 123000

CIP: 513801