



5055 Santa Teresa Blvd  
Gilroy, CA 95023

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## Course Outline

**COURSE:** NURS 111      **DIVISION:** 40      **ALSO LISTED AS:**

**TERM EFFECTIVE:** Summer 2026      **CURRICULUM APPROVAL DATE:** 12/12/2025

**SHORT TITLE:** FOUNDATIONS OF NURSING

**LONG TITLE:** Foundations of Nursing

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
3.5	18	Lecture:	2	36
		Lab:	1.5	27
		Other:	0	0
		Total:	3.5	63

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Out of Class Hrs: 72.00  
Total Learning Hrs: 135.00

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### COURSE DESCRIPTION:

In this course, students are introduced to the foundational principles of nursing, including adult health assessment, the RN scope of practice, and essential care of clients across the health continuum. Emphasis is placed on the nursing process, basic clinical skills, communication, safety, and evidence-informed practice. PREREQUISITE: Admission to the ADN Program. COREQUISITES: NURS 110 and NURS 112.

### PREREQUISITES:

Admission to the ADN Program

### COREQUISITES:

NURS 110  
NURS 112

CREDIT STATUS: D - Credit - Degree Applicable

### GRADING MODES

L - Standard Letter Grade

REPEATABILITY: N - Course may not be repeated

**SCHEDULE TYPES:**

- 02 - Lecture and/or discussion
- 03 - Lecture/Laboratory
- 04 - Laboratory/Studio/Activity
- 05 - Hybrid
- 71 - Dist. Ed Internet Simultaneous
- 72 - Dist. Ed Internet Delayed
- 73 - Dist. Ed Internet Delayed LAB

**STUDENT LEARNING OUTCOMES:**

By the end of this course, a student should:

1. Demonstrate fundamental nursing skills safely and accurately.
2. Describe the ethical, legal, and professional responsibilities of the nurse in the care of diverse patients.
3. Apply the nursing process in promoting the physical, emotional, and cultural well-being of diverse patients.

**COURSE OBJECTIVES:**

By the end of this course, a student should:

1. Create an appropriate client care plan, incorporating evidence-informed practices.
2. Identify how the steps in the nursing process apply to a variety of client scenarios.
3. Describe how to prioritize the care of clients in a variety of healthcare settings.
4. Describe the roles of healthcare team members.
5. Identify the steps in the nursing process, leading to sound clinical judgment.
6. Identify the role of the nurse in promoting positive health outcomes for clients of various backgrounds.

**COURSE CONTENT:**

Curriculum Approval Date: 12/12/2025

**LECTURE CONTENT:**

Introduction to Nursing  
Nursing Theory  
Professional Practice  
Clinical Judgment  
Analysis and Nursing Diagnosis  
Implementing Nursing Care  
Communication  
Nursing Process  
Population Health  
Evidence Informed Practice  
Informatics/Technology  
Intro to Assessment  
Data Analysis and Nursing Diagnosis  
Implementation of Evaluation  
Documentation  
Ethics/Cultural Nursing Practice/Client Education  
Ethical and Legal Considerations  
Cultural Care  
Family Dynamics  
HIPAA  
Patient Advocacy  
Patient Education  
CPOE  
Vital Signs/ Safety/Infection Control  
Vital Signs  
PPE  
Infection Control  
Safety  
Pain Management  
Hygiene  
Health Assessment and Physical Examination  
Complementary, Alternative, and Integrative Therapies  
Human Development and Sexuality/Mobility and Sleep  
Mobility  
Activity and Exercise  
Immobility  
Sleep  
Human Sexuality  
Health Promotion and Skin Integrity  
Health and Wellness  
Physical Assessment  
Skin Integrity and Wound Care  
Airway Management/Perioperative Care  
Oxygenation  
Perioperative Care

**COURSE CONTENT (CONTINUED):**

**LECTURE CONTENT (CONTINUED):**

Fluid & Electrolyte Balance /Nutrition

Fluid, Electrolyte, Acid-Base Balance

Nutrition

Elimination/Death and Loss

Bowel Elimination

Urinary Elimination

Death and Loss

Stress and Coping

Final Exam

**COURSE CONTENT (CONTINUED):****LAB CONTENT:**

Body mechanics  
Environmental safety  
Patient positioning/transfers  
Hand hygiene  
Health assessment and physical examination  
Vital signs  
Pulse oximetry  
Coughing and deep breathing techniques/Incentive Spirometry (IS)  
Patient hygiene, bathing, oral care and peri-care  
Skin assessment  
Personal Protective Equipment (PPE)  
Standard and transmission-based precautions  
Sterile technique  
Donning and doffing sterile gloves  
Restraint therapy  
Anti-embolism Stockings and Sequential Compression Devices (SCDs)  
Specimen collection

**METHODS OF INSTRUCTION:**

Lecture and discussion of weekly and course topics; Demonstrations; Clinical Experiences; Guided Practice; Readings and Videos

**OUT OF CLASS ASSIGNMENTS:**

Required Outside Hours 72

**Assignment Description**

Students will engage in 72 hours of out-of-class assignments, including written assignments, studying, reading assignments, projects, case-studies, and discussion preparation.

**METHODS OF EVALUATION:**

Skill demonstrations

Evaluation Percent 20

Evaluation Description

Students will demonstrate accurate and successful completion of skills through a skills checkoff with their faculty.

Other methods of evaluation

Evaluation Percent 20

Evaluation Description

Clinical observations will be made to ensure mastery of course content.

Objective examinations

Evaluation Percent 20

Evaluation Description

In preparation for the NCLEX, students will demonstrate knowledge acquisition through quizzes and exams covering course material.

Problem-solving assignments

Evaluation Percent 20

Evaluation Description

Case studies and critical thinking assignments will be sprinkled throughout the course to ensure transference to the clinical environment. This will be rubric-graded.

Writing assignments

Evaluation Percent 20

Evaluation Description

Students will reflect, complete case studies, and otherwise demonstrate mastery of content through written assignments.

**REPRESENTATIVE TEXTBOOKS:**

Mosby's Drug Guide for Nursing Students, Linda Skidmore-Roth, Elsevier, 2025 or a comparable textbook/material.

ISBN: 9780443269646

12 Grade Verified by: Publisher

Calculation of Drug Dosages: A Work Text , Ogden, S. J., OgdenN, S. J., & FluhartyN, L. , Elsevier, 2021 or a comparable textbook/material.

ISBN: 9780323826228

12 Grade Verified by: Publisher

All-in-One Nursing Care Planning Resource, Julie S. Snyder and Christine A. Sump, Elsevier, 2024 or a comparable textbook/material.

ISBN: 9780323825382

Grade Verified by:

Fundamentals of Nursing, Potter, Perry, Stocker, & Ostendorf, Elsevier, 2025 or a comparable textbook/material.

ISBN: 9780443124068

12 Grade Verified by: Publisher

**ARTICULATION and CERTIFICATE INFORMATION**

CSU TRANSFER:

Transferable CSU

UC TRANSFER:

Not Transferable

**SUPPLEMENTAL DATA:**

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education: N

Program Status: 1 Program Applicable

Special Class Status: N

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: C

Course Control Number: CCC000656830

Sports/Physical Education Course: N

Taxonomy of Program: 123000

CIP: 513801