

Course Outline

COURSE: KIN 93A **DIVISION:** 40 **ALSO LISTED AS:**

TERM EFFECTIVE: Fall 2021 **CURRICULUM APPROVAL DATE** 05/11/2021

SHORT TITLE: PICKLEBALL - BEG

LONG TITLE: Pickleball - Beginning

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54

COURSE DESCRIPTION:

This coeducational activity class is designed to provide instruction in beginning pickleball. Fundamental skills along with an introduction to the court markings and basic rules will be provided. This course has the option of a letter grade or pass/no pass. Courses should be taken in sequential order.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

- L - Standard Letter Grade
- P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

- 04 - Laboratory/Studio/Activity
- 04A - Laboratory - LEH 0.65
- 05 - Hybrid
- 71 - Dist. Ed Internet Simultaneous
- 73 - Dist. Ed Internet Delayed LAB
- 73A - Dist. Ed Internet LAB-LEH 0.65

STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. Demonstrate the basic forehand, backhand, volley, serve and return of serve for the sport of pickleball.
2. Explain the basic rules, scoring, and court markings for pickleball.

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

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4.5 - 9 Hours

Content: Orientation: class format, procedures to be followed and methods of grading. Evaluation of the student's skills and knowledge of pickleball. Presentation on safety. Introduce equipment and demonstrate the proper grip on the paddle. Presentation and practice on the forehand stroke from the ready position.

Student Performance Objectives: Explain the course requirements and participate in an evaluation of their current pickleball skills.

Discuss the importance of safety. Demonstrate the forehand shot from the ready position.

4.5 - 9 Hours

Content: Review safety. Review the forehand shot, emphasizing the importance of stepping into the shot, shifting weight, and swinging through the shot. Opportunities to rally from midcourt will be presented.

Student Performance Objectives: Practice safety. Discuss and demonstrate the forehand pickleball stroke in drills and rallies.

4.5 - 9 Hours

Content: Introduce the backhand stroke from the ready position, emphasizing the importance of stepping into the shot, shifting weight, and swinging through the shot. Presentation on the volley.

Student Performance Objectives: Practice the backhand stroke in drill and rally opportunities. Demonstrate how to hit a forehand and backhand volley.

4.5 - 9 Hours

Content: Review and practice the backhand stroke and volley. Demonstration and practice of the serve and return of serve for pickleball. Presentation on court markings, scoring, and the basic rules involved in the game of pickleball. Opportunities for the students to practice their basic pickleball skills during serve and rally situations will be provided.

Student Performance Objectives: Demonstrate the serve and return of serve for pickleball. Explain the basic rules, scoring, and court markings for pickleball. Utilize their skills, knowledge of the court markings, scoring, and basic rules in rally game play.

7 - 16 Hours

Content: The opportunity for students to practice their basic skills and their knowledge of rules, scoring, and court markings in modified game activities will be presented.

Student Performance Objectives: Demonstrate their basic skills and their knowledge of rules, scoring, and court markings during modified game play. Utilize safety.

2 Hours

Final

METHODS OF INSTRUCTION:

Demonstration, Discussion, Guided Practice

METHODS OF EVALUATION:

Skill demonstrations

Percent of total grade: 50.00 %

40% - 60% Demonstration exams

Objective examinations

Percent of total grade: 20.00 %

Objective examinations: 10% - 30% Multiple Choice; True/False; Matching Items; Completion

Other methods of evaluation

Percent of total grade: 30.00 %

30% - 60% Student participation required.

REPRESENTATIVE TEXTBOOKS:

No textbook required for this lab class. Handouts will be provided as needed.

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 202170

UC TRANSFER:

Transferable UC, effective 202170

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education: N

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000624735

Sports/Physical Education Course: N

Taxonomy of Program: 127000