

Course Outline

COURSE: KIN 91A **DIVISION:** 40 **ALSO LISTED AS:**

TERM EFFECTIVE: Fall 2021 **CURRICULUM APPROVAL DATE:** 12/14/2021

SHORT TITLE: HIP HOP - LEVEL 1

LONG TITLE: Hip-Hop - Level 1

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54

COURSE DESCRIPTION:

Students will be introduced to the fundamental aspects of Hip-Hop dance. Students will learn various movements, positions, isolations, turns, gestures and traveling steps. Rhythm and phrasing will also be taught as it relates to Hip-Hop dance and music.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

- L - Standard Letter Grade
- P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

- 04 - Laboratory/Studio/Activity
- 04A - Laboratory - LEH 0.65
- 05 - Hybrid
- 71 - Dist. Ed Internet Simultaneous
- 73 - Dist. Ed Internet Delayed LAB
- 73A - Dist. Ed Internet LAB-LEH 0.65

STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. Identify various tempos and rhythms used in fundamental Hip-Hop dance.
2. Perform fundamental Hip-Hop dance positions, steps and sequences.
3. Choreograph basic Hip-Hop movement and put together in a phrase or sequence.

COURSE OBJECTIVE:

By the end of this course, a student should:

1. Choreograph and perform hip-hop dance routines from beginning to end.
2. Perform and present longer dances in front of an audience.
3. Connect hip-hop movement together using various musical rhythms.
4. Gain strength and flexibility as well as kinesthetic awareness to posture, alignment and movement for their own individual and unique body.

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 12/14/2021

***Please note if this class is taken for a half (.5) unit, hours will be cut in half, for a total of 27 hours.

2 hours

Class introduction, syllabus, grading and requirements. An overview of the course will be presented, along with student introductions and experience with dance, if any.

14 hours

Daily Warm-ups including strengthening and flexibility exercises including but not limited to abdominal work, push-ups, lunges and squats. Warm-ups also include posture and alignment, isolations of body parts, turns, and other various dance related steps and concepts.

14 hours

Daily locomotor patterns and movements across the floor, including but not limited to level changes, syncopated rhythms, isolation of various body parts (head, shoulders, ribs, and hips) and coordination in putting longer phrases of movement together while traveling across the floor.

14 hours

Various dances will be taught throughout the semester, incorporating all of the above skills put together in a longer sequence. There will be approximately 4 different dances taught throughout the semester. Students will also work with others in partnership or small groups, learning to choreograph and put their own unique style of Hip-hop dance together to perform.

8 Hours

Preparation and Group Work for Midterm and Final Performances.

2 Hours

Final

METHODS OF INSTRUCTION:

Demonstration, guided practice and performance.

METHODS OF EVALUATION:

Skill demonstrations

Percent of total grade: 45

Daily demonstration, Performance exams, Midterm and Final.

Other methods of evaluation

Percent of total grade: 50

Daily Participation

Writing assignments

Percent of total grade: 5.

Course primarily involves skills demonstration and problem-solving. This is an activity/lab course. However, there may be some writing in terms of viewing an outside, live performance or journaling.

REPRESENTATIVE TEXTBOOKS:

No Textbook Required

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

GAV E1, effective 201830

CSU GE:

CSU E, effective 201830

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201830

UC TRANSFER:

Transferable UC, effective 201830

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000583518

Sports/Physical Education Course: Y

Taxonomy of Program: 127000