

**Course Outline**

**COURSE:** KIN 66A                      **DIVISION:** 40                      **ALSO LISTED AS:** KIN 66      PE 66

**TERM EFFECTIVE:** Spring 2018                      **CURRICULUM APPROVAL DATE:** 09/25/2017

**SHORT TITLE:** DANCE FUND - BEGINNING

**LONG TITLE:** Dance Fundamentals - Beginning

Units	Number of Weeks		Contact Hours/Week		Total Contact Hours
.5 OR 1	18	Lecture:	0	Lecture:	0
		Lab:	1.5 OR 3	Lab:	27 OR 54
		Other:	0	Other:	0
		Total:	1.5 OR 3	Total:	27 OR 54

**COURSE DESCRIPTION:**

This course is designed to develop the student's technique of Dance Fundamentals (Ballet, Modern, Jazz) at the beginning level. Emphasizes enjoyment of dance as a form of exercise and will include some conditioning. This course has the option of a letter grade or pass/no pass. Previously listed as KIN 66. Courses should be taken in sequential order.

**PREREQUISITES:**

**COREQUISITES:**

**CREDIT STATUS:** D - Credit - Degree Applicable

**GRADING MODES**

- L - Standard Letter Grade
- P - Pass/No Pass

**REPEATABILITY:** N - Course may not be repeated

**SCHEDULE TYPES:**

- 04 - Laboratory/Studio/Activity

**STUDENT LEARNING OUTCOMES:**

1. Demonstrate and apply each dance form in regard to positions, body awareness, and beginning level loco-motor patterns and spatial awareness.

Measure of assessment: performance, skill test

Year assessed, or planned year of assessment: 2016

Semester: Fall

2. Express an appreciation of their own unique body and its ability to perform dance as an expressive art form.

Measure of assessment: discussion, performance

Year assessed, or planned year of assessment: 2016

## **CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS**

Curriculum Approval Date: 09/25/2017

4.5 - 9 Hours:

Content: Orientation. Classes will emphasize conditioning through gross motor skill development utilizing movement and music.

Student Performance Objectives: Demonstrate, with the use of music, their ability to move across space.

6 - 12 Hours:

Content: Introduce beginning level ballet, as it is the foundation for the other forms of dance. This section will introduce the students to the fundamentals. The students will learn beginning positions (such as Plie', Releve' Tendu, and Degage), alignment, posture, traveling steps, isolations, and spatial orientation. Material covered will include basic vocabulary, strength, coordination, flexibility, agility, endurance, control, and grace.

Student Performance Objectives: Apply beginning level ballet vocabulary and demonstrate positions, traveling steps, poses and isolation's. Participate in class activities.

1.5 - 3 Hours:

Content: Midterm performance.

Student Performance Objectives: Demonstrate the skills learned.

6 - 12 Hours:

Content: Introduce beginning level modern dance. Students will learn basic positions, gestures, and traveling steps. Material covered will include basic vocabulary, strength, coordination, flexibility, agility, endurance, control, and grace.

Student Performance Objectives: Apply their sense of form, alignment, and technique from ballet to modern dance. Apply the fundamentals of motion and space by utilizing beginning level modern dance techniques. Participate in class activities.

3 - 6 Hours:

Content: The students will learn the fundamentals of spatial orientation and will gain an awareness and appreciation of their own unique body in relation to dance as an expressive art form.

Student Performance Objectives: Discuss their awareness and appreciation of their own unique body in relation to dance as an expressive art form. Participate in class activities.

3 - 6 Hours:

Content: Introduce beginning level jazz and/or beginning level tap if the instructor has expertise in this form of dance. For jazz, the students will learn basic positions and beginning level loco-motor movements and isolation's. This could include basic jazz dance

steps such as jazz square, chasse, jazz layout, jazz walk, and chanie turn. The students will gain an awareness and appreciation of their own unique movement styles as it relates to jazz and/or tap dance as a dynamic art form.

Student Performance Objectives: Demonstrate basic positions and beginning level loco-motor movements of jazz and/or tap dance. Participate in class activities.

1.5 - 3 Hours:

Content: Prepare for final. In small groups students will practice 1 of 3 dance performances provided by the instructor.

Student Performance Objectives: Demonstrate a dance performance utilizing the skills learned throughout the class.

2 Hours:

**METHODS OF INSTRUCTION:**

Demonstration. Small group participation. Discussion.

**OUT OF CLASS ASSIGNMENTS:**

Required Outside Hours:

Assignment Description: As this is a lab class no out of class assignments are required.

**METHODS OF EVALUATION:**

Skill demonstrations

Percent of total grade: 40.00 %

Percent range of total grade: 30% to 50% Demonstration Exams

Other methods of evaluation

Percent of total grade: 60.00 %

Percent range of total grade: 50% to 70% Requires student participation.

**REPRESENTATIVE TEXTBOOKS:**

Recommended Representative Textbooks

No textbook required. Handouts will be provided as needed.

**ARTICULATION and CERTIFICATE INFORMATION**

Associate Degree:

GAV E1, effective 201570

CSU GE:

CSU E, effective 201570

CSU E1, effective 201370

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201570

UC TRANSFER:

Transferable UC, effective 201570

**SUPPLEMENTAL DATA:**

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: KIN

CSU Crosswalk Course Number: 66A

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours: 1

Minimum Hours: .5

Course Control Number: CCC000536783

Sports/Physical Education Course: Y

Taxonomy of Program: 127000