

Course Outline

COURSE: KIN 66 **DIVISION:** 40 **ALSO LISTED AS:** PE 66

TERM EFFECTIVE: Fall 2013 **Inactive Course**

SHORT TITLE: DANCE FUND

LONG TITLE: Dance Fundamentals

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54

COURSE DESCRIPTION:

Designed to introduce and develop movement principles and skills necessary to perform modern dance and ballet. May also include jazz and/or tap dance. Emphasizes enjoyment of dance as a form of exercise and will include some conditioning. Basic choreography skills will be included. This course has the option of a letter grade or pass/no pass. Previously listed as PE 66.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

1. The student will apply each dance form by demonstrating the basic skills in regard to positions and body awareness.

Measure: performance, skill test

ILO: 7, 2, 5

GE-LO: E1, A1

2. The student will demonstrate each dance forms locomotor patterns as well as the level changes and spatial awareness as it relates to each dance form.

Measure: performance, skill test

ILO: 7, 2, 4, 5

GE-LO: E1, A1

3. The student will apply each dance form by demonstrating the basic skills in regard to musicality (rhythm and timing).

Measure: demonstration

ILO: 7, 6, 4, 5

GE-LO: E1, A1

4. The student will express an appreciation of their own unique body and its ability to perform dance as an expressive art form.

Measure: discussion, performance

ILO: 1, 5, 7, 4

GE-LO: E1, A1

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Inactive Course: 02/25/2013

4.5 - 9 Hours

CONTENT: Orientation. Emphasis will be on gross motor skill development. Class will work on conditioning through movement and music.

STUDENT PERFORMANCE OBJECTIVES (SPO): Students will demonstrate, with the use of music, their ability to move across space.

OUT-OF-CLASS ASSIGNMENTS:

6 - 12 Hours

CONTENT: Introduce ballet, as it is the foundation for the other forms of dance. This section will introduce the student to the fundamentals and application of ballet theory and technique through barre and center work. Material covered: basic vocabulary, strength, coordination, flexibility, agility, endurance, control, and grace.

SPO: The student will be able to apply elementary ballet vocabulary, including positions, steps, turns, jumps and poses, in both classical French terminology and in movement.

OUT-OF-CLASS ASSIGNMENTS:

1.5 - 3 Hours

CONTENT: Midterm performance.

SPO: Students will be able to demonstrate the skills learned.

OUT-OF-CLASS ASSIGNMENTS:

6 - 12 Hours

CONTENT: Introduce modern dance. Students will learn basic positions, gestures, traveling and jumping steps, turns, and level changes. The student will learn the fundamentals of spatial orientation and will gain an awareness and appreciation of his/her own unique body in relation to dance as an expressive art form.

SPO: Students will be able to apply their sense of form, alignment and technique from ballet. They will be able to apply fundamentals of motion and space through technical exercises and dance combinations of varying dynamic and expressive content.

OUT-OF-CLASS ASSIGNMENTS:

3 - 6 Hours

CONTENT: Discussion and presentation on choreography skills. Students will learn a variety of ways to manipulate movement material. The opportunity to utilize these skills will be provided.

SPO: The students will demonstrate their choreography skills through small group performances.

OUT-OF-CLASS ASSIGNMENTS:

3 - 6 Hours

CONTENT: Introduce jazz and/or tap if the instructor has expertise in this form of dance. For jazz, the students will learn basic positions, isolations, locomotor movements and full body actions. Exploration of movement qualities and styles will be included as well as basic rhythms, patterns, and phrasing. The student will gain an awareness and appreciation of their own unique movement styles as it relates to jazz and/or tap dance as a dynamic art form.

SPO: The student will be able to demonstrate basic positions and the locomotor movements of jazz and/or tap dance. The student will be able to apply isolations and full body actions as it relates to jazz dance.

OUT-OF-CLASS ASSIGNMENTS:

1.5 - 3 Hours

CONTENT: Prepare for final. In small groups students will choreograph a dance using the dance form of their choice.

SPO: Students will be able to compose a dance performance utilizing the skills learned throughout the class.

OUT-OF-CLASS ASSIGNMENTS:

NOTE: This is a skill building class. The students skills or proficiencies will be enhanced by supervised repetition and practice in class.

2 Hours Final

METHODS OF INSTRUCTION:

Demonstration. Small group participation. Discussion.

METHODS OF EVALUATION:

CATEGORY 1 - The types of writing assignments required:

Percent range of total grade: 0 % to %

If this is a degree applicable course, but substantial writing assignments are not appropriate, indicate reason:

Course primarily involves skill demonstration or problem solving

CATEGORY 2 -The problem-solving assignments required:

Percent range of total grade: 0 % to %

CATEGORY 3 -The types of skill demonstrations required:

Percent range of total grade: 30 % to 50

Performance Exams

CATEGORY 4 - The types of objective examinations used in the course:

Percent range of total grade: 0 % to %

CATEGORY 5 - Any other methods of evaluation:

Percent range of total grade: 50 % to 70 %

Requires student participation.

JUSTIFICATION:

The department is requesting a name change, from the Physical Education and Athletics Department to the Department of Kinesiology and Athletics.

The reasons for this action include:

- 1) A desire to follow suit with the 4-year colleges and universities.
- 2) A trend in the field. Community colleges are moving in this direction with Cabrillo College already taking this action. Others such as Sacramento City College, Mission College, and Diablo Valley College are also in the process of changing their name as well. Gavilan College can be a leader in this trend.
- 3) This more closely describes what our profession is about.
"Kinesiology is the academic discipline concerned with the art and science of human movement."
- 4) The state academic senate has proposed that Kinesiology and Exercise Science majors be added to the Disciplines List so they have recognized the move in this direction.
- 5) Over recent years, there have been discussions within the State regarding the need to streamline Physical Education as a discipline. This would help with the negative connotation that is often identified with this discipline. Gavilan College has worked hard to modify our programs to meet State requirements for our major. The name change would be another step in the right direction.

REPRESENTATIVE TEXTBOOKS:

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

GAV E1, effective 201170

CSU GE:

CSU E1, effective 201170

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201170

UC TRANSFER:

Transferable UC, effective 201170

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: A

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: KIN

CSU Crosswalk Course Number: 66

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours: 1

Minimum Hours: .5

Course Control Number: CCC000528390

Sports/Physical Education Course: Y

Taxonomy of Program: 083500