

Course Outline

COURSE: KIN 5 **DIVISION:** 40 **ALSO LISTED AS:** PE 5

TERM EFFECTIVE: Fall 2018 **CURRICULUM APPROVAL DATE:** 11/27/2017

SHORT TITLE: INDIV/DUAL SPORTS

LONG TITLE: Individual and Dual Sports

Units	Number of Weeks		Contact Hours/Week		Total Contact Hours
3	18	Lecture:	2	Lecture:	36
		Lab:	3	Lab:	54
		Other:	0	Other:	0
		Total:	5	Total:	90

COURSE DESCRIPTION:

Designed for those planning to work with children in the field of physical education or recreation. Activities such as badminton, bowling, golf, tennis, and archery may be covered. Previously listed as PE 5.
ADVISORY: Eligible for English 250 and English 260.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

- 02 - Lecture and/or discussion
- 03 - Lecture/Laboratory
- 04 - Laboratory/Studio/Activity
- 047 - Laboratory - LEH 0.7

STUDENT LEARNING OUTCOMES:

1. Develop and implement a simple lesson plan for one of the sports presented in class, including utilizing a tournament format.

Measure of assessment: class project

Year assessed, or planned year of assessment: 2018

Semester: Spring

2. Develop the basic skills necessary to perform each of the activities and explain the rules of play for each.

Measure of assessment: skills test demonstration, written and/or oral exam

Year assessed, or planned year of assessment: 2018

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 11/27/2017

Lecture Content:

6 Hours:

Content: Course introduction and orientation. Students will complete an in class 'get to know you' exercise. The class will participate in an active discussion on what is meant by the term "individual and dual sports". Presentation on the components of a simple lesson plan. Students will begin to formulate groups for their teaching activity and select the sport that they will be teaching. Instructor will present a simple lesson plan for one of the individual and dual sports. Lecture on various tournament formats.

Student Performance Objectives: Describe the parts of a simple lesson plan. Recognize these components during a lesson presented by the instructor. Identify at least four tournament formats.

7 Hours:

Content: Lectures, discussions, and presentations on the sport of bowling, including history, etiquette, equipment, game scoring, and the skills required.

Student Performance Objectives: Discuss the history, list the sports' etiquette, score a game, and describe the skills necessary for bowling.

7 Hours:

Content: Through lecture, discussion, and presentations the instructor will provide information on the sport of badminton. This will include the history, equipment, scoring, singles and doubles positioning and strategy, and the basic skills.

Student Performance Objectives: Discuss the history, keep score, explain singles and doubles positioning, describe strategies involved in game plan, and demonstrate the basic skills necessary to play the game.

7 Hours:

Content: Lectures, video, discussions, presentations on golf; including history, etiquette, equipment, scoring, and the skills necessary to play.

Student Performance Objectives: Discuss the history, list golfs' etiquette's, explain scoring, and describe the basic skills necessary to play.

7 Hours:

Content: With the use of lectures, videos, discussions, and presentations the instructor will provide information on tennis. History, etiquette, equipment, scoring, singles and doubles positioning and strategy, and the basic skill will be included.

Student Performance Objectives: Discuss the history, describe etiquette's, keep score, explain singles and doubles positioning, describe the strategies involved in game play, and demonstrate the basic skills of tennis.

2 Hours:

Written Final.

METHODS OF INSTRUCTION:

Lecture, Discussion, Multi-Media, Demonstration

OUT OF CLASS ASSIGNMENTS:

Required Outside Hours: 12

Assignment Description: Homework: Read textbook chapter(s) related to topic(s) presented. Students will describe the types of tournaments they may have participated in. Meet with their teaching group to work on developing the type of tournament they will include in the written part of their presentation.

Required Outside Hours: 14

Assignment Description: Homework: Read handouts provided by the instructor and/or related textbook chapter(s) and complete worksheets. Work on group projects. Study for quiz.

Required Outside Hours:

Assignment Description: Homework: Read handouts provided and/or read related textbook chapter(s) and complete worksheets. Continue working on group projects. Study for quiz.

Required Outside Hours: 14

Assignment Description: Homework: Read handouts provided by the instructor and/or related textbook chapter(s) and complete the worksheets. As needed, work on group projects. Study for quiz.

Required Outside Hours: 14

Assignment Description: Homework: Read handouts and/or related textbook chapter(s) and complete worksheets. If needed, work on group projects. Study for final exam.

METHODS OF EVALUATION:

Writing assignments

Percent of total grade: 30.00 %

Percent range of total grade: 25 % to 40 % Lesson plan for activity being taught.

Skill demonstrations

Percent of total grade: 30.00 %

Percent range of total grade: 25 % to 40 % Demonstration Exams

Objective examinations

Percent of total grade: 30.00 %

Percent range of total grade: 25 % to 40 % Multiple Choice; True/False; Matching Items; Completion

Other methods of evaluation

Percent of total grade: 10.00 %

Percent range of total grade: 5 % to 15 % Participation in lab activities.

REPRESENTATIVE TEXTBOOKS:

Recommended Representative Textbooks

Stephen Mitchell and Jennifer Walton-Fisette. The Essentials of Teaching Physical Education. Champaign, IL: Human Kinetics, 2016.

ISBN: 978-1-4925-0916-5

Reading Level of Text, Grade: 12th Verified by: MS Word

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201170

UC TRANSFER:

Transferable UC, effective 201170

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable
Special Class Status: N
CAN:
CAN Sequence:
CSU Crosswalk Course Department: KIN
CSU Crosswalk Course Number: 5
Prior to College Level: Y
Non Credit Enhanced Funding: N
Funding Agency Code: Y
In-Service: N
Occupational Course: E
Maximum Hours: 3
Minimum Hours: 3
Course Control Number: CCC000548420
Sports/Physical Education Course: Y
Taxonomy of Program: 127000