

Course Outline

COURSE: KIN 4C **DIVISION:** 40 **ALSO LISTED AS:**

TERM EFFECTIVE: Spring 2021 **CURRICULUM APPROVAL DATE:** 11/10/2020

SHORT TITLE: ATH TRN PRACTICUM III

LONG TITLE: Athletic Training Practicum III

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
2	18	Lecture:	0	0
		Lab:	6	108
		Other:	0	0
		Total:	6	108

COURSE DESCRIPTION:

This course provides students with the opportunity to apply the knowledge and skills acquired in KIN 3, KIN 4A and KIN 4B. Emphasis is placed on the hands-on experience of recognition, management and evaluation of athletic injuries and assisting the Certified Athletic Trainer with daily management of an athletic training facility. Provides continued practical exposure to the athletic training profession and increases student's proficiency in athletic training competencies. This course has the option of a letter grade or pass/no pass. Successful completion (C grade) requires the students to complete 75 hours of lab work in addition to the course's academic requirements. Courses should be taken in sequential order.
PREREQUISITES: KIN 3, KIN 4A and KIN 4B.

PREREQUISITES:

- Completion of KIN 3, as UG, with a grade of C or better.
- AND Completion of KIN 4A, as UG, with a grade of C or better.
- AND Completion of KIN 4B, as UG, with a grade of C or better.

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

- L - Standard Letter Grade
- P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

- 04 - Laboratory/Studio/Activity
- 04A - Laboratory - LEH 0.65
- 05 - Hybrid
- 71 - Dist. Ed Internet Simultaneous
- 73 - Dist. Ed Internet Delayed LAB
- 73A - Dist. Ed Internet LAB-LEH 0.65

STUDENT LEARNING OUTCOMES:

1. Assist the Certified Athletic Trainer with various duties; including performing initial evaluations, maintaining medical records, and assisting with various administrative duties such as inventory review and supply bids.

Measure: Observation, Notebook

PLO: 6,5,7

ILO: 7,2,1,4

GE-LO:

Anticipated Year of Assessment: Spring 2015

2. Instruct others on the proper maintenance of an Athletic Training Facility.

Measure: Observation, Discussion, Notebook

PLO: 7,6

ILO: 7,2,1,4

GE-LO:

Anticipated Year of Assessment: Spring 2015

3. Design and apply a comprehensive rehabilitative program.

Measure: Practical Exam, Written Exam

PLO: 6,5,7

ILO: 7,2,1

GE-LO:

Anticipated Year of Assessment: Spring 2015

PROGRAM LEARNING OUTCOMES:

After completing the Kinesiology major a student will be able to:

1. List and describe five career options available in the field of kinesiology.
2. Describe and critically analyze the role of physical activity and its impact on health, society and quality of life.
3. Discuss the history and broad content within the discipline of kinesiology and develop skills to enable the synthesis of concepts across disciplines.
4. Identify critical elements of motor skill performance, combine motor skills into appropriate sequences for the purpose of improving skill learning, and demonstrate competent motor skill performance in a variety of physical activities.
5. Identify the skeletal and muscular structures of the human body.
6. Utilize measurement concepts (qualitative and quantitative) to assess student/client performance and program effectiveness.
7. Describe and demonstrate effective verbal and nonverbal communication skills.

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 11/10/2020 - **DE MODIFICATION ONLY**

6 Hours

Content: Review of athletic training room operating policies and procedures. Students will establish schedule for coverage of athletic training room rehabilitation programs and athletic team's practices and games. Overview of current rehabilitation programs, including histories and a brief musculoskeletal review of the current specific injuries.

Student Performance Objectives (SPO): Identify injuries specific to the current field of athletics. Recognize and describe athletic training room operating procedures and emergency action plans.

Out-of-Class Assignments:

6 Hours

Content: Instruction of maintenance of an athletic training facility including record keeping, initial evaluation notes, and progress notes; continued practice of these skills. Continued coverage of the athletic training room and all athletic events and practices.

Student Performance Objectives (SPO): Demonstrate record keeping skills through the maintenance of athletic medical records, note taking during initial evaluations and any change in rehabilitation protocol.

Out-of-Class Assignments:

12 Hours

Content: Continued instruction of initial evaluation skills and re-evaluation skills. Continued coverage of the athletic training room and all athletic events and practices.

Student Performance Objectives (SPO): Perform initial and re-evaluations to maintain medical records. Utilize skills at various athletic events and practices and in the training room.

Out-of-Class Assignments:

18 Hours

Content: Introduction to rehabilitation management of a lower extremity from initial injury through return to play while maintaining records. Continued coverage of the athletic training room and all athletic events and practices.

Student Performance Objectives (SPO): Build and record comprehensive rehabilitation programs for injuries specific to the lower extremity. Apply skills learned to date in the athletic training room and all athletic events and practices.

Out-of-Class Assignments:

6 Hours

Content: Review of all the information and skills presented through the semester in preparation for the Midterm. Continued coverage of athletic training room, games and practices.

Student Performance Objectives (SPO): Describe and demonstrate administrative duties and basic record keeping skills for an athletic training facility. Apply athletic training skills at various practices, games, and in the training room.

Out-of-Class Assignments:

6 Hours

Content: Midterm (written and practical). Continued coverage of the athletic training room and athletic practices and games.

Student Performance Objectives (SPO): Complete practical and written midterm. Utilize the skills learned to date at various athletic practices and games as well as in the training room.

Out-of-Class Assignments:

12 Hours

Content: Introduction to rehabilitation management of an upper extremity from initial injury through return to play while maintaining records. Continued coverage of the athletic training room and all athletic events and practices.

Student Performance Objectives (SPO): Build and record comprehensive rehabilitation programs for injuries specific to the upper extremity. Apply skills learned to date in the athletic training room and all athletic events and practices.

Out-of-Class Assignments:

12 Hours

Content: Introduction to rehabilitation management of a trunk injury from initial injury through return to play while maintaining records. Continued coverage of the athletic training room and all athletic events and practices.

Student Performance Objectives (SPO): Build and record comprehensive rehabilitation programs for injuries specific to the trunk. Apply skills learned to date in the athletic training room and all athletic events and practices.

Out-of-Class Assignments:

12 Hours

Content: Introduction to rehabilitation management of a head injury from initial injury through return to play while maintaining records. Continued coverage of the athletic training room and all athletic events and practices.

Student Performance Objectives (SPO): Build and record comprehensive rehabilitation programs for injuries specific to the head. Apply skills learned to date in the athletic training room and all athletic events and practices.

Out-of-Class Assignments:

6 Hours

Content: Introduction on the maintenance of an athletic training budget. Continued coverage. Continued coverage of the athletic training room and all athletic events and practices.

Student Performance Objectives (SPO): Assist the Certified Athletic Trainer through the inventory, supply bid and purchasing process. Apply skills learned to date in the athletic training room and all athletic events and practices.

Out-of-Class Assignments:

10 Hours

Content: Review of all the information and skills presented through the semester in preparation for the final. Lab log and lab reports will be turned in. Continued coverage of the athletic training room and all athletic events and practices.

Student Performance Objectives (SPO): Apply the skills and knowledge learned throughout the semester in practical situations.

Out-of-Class Assignments:

2 Hours

Final

METHODS OF INSTRUCTION:

Discussion, demonstration, guided practice, small group interaction.

METHODS OF EVALUATION:

Category 1 - The types of writing assignments required:

Percent range of total grade: 10 % to 20 %

Other: Notebook

Category 2 - The problem-solving assignments required:

Percent range of total grade: 5 % to 15 %

Field Work

Exams

Category 3 - The types of skill demonstrations required:

Percent range of total grade: 20 % to 45 %

Field Work

Performance Exams

Category 4 - The types of objective examinations used in the course:

Percent range of total grade: 15 % to 30 %

Multiple Choice

True/False

Matching Items

Completion

Category 5 - Any other methods of evaluation:

Class participation. Percent range of total grade: 25 % to 50 %

REPRESENTATIVE TEXTBOOKS:

Required:

Prentice, William E. Arnheim's Principles of Athletic Training: A Competency-Based Approach, 14th Edition. McGraw-Hill, 2011. Or other appropriate college level text.

ISBN: 13 9780073523736

Reading level of text, Grade: 14th Verified by: Gloria Curtis

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201530

UC TRANSFER:

Transferable UC, effective 201530

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: KIN

CSU Crosswalk Course Number: 4C

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours: 2

Minimum Hours: 2

Course Control Number: CCC000556160

Sports/Physical Education Course: Y

Taxonomy of Program: 127000