

**Course Outline**

**COURSE:** KIN 37                      **DIVISION:** 40                      **ALSO LISTED AS:** PE 37

**TERM EFFECTIVE:** Fall 2013                      **Inactive Course**

**SHORT TITLE:** SOFTBALL

**LONG TITLE:** Softball

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54

**COURSE DESCRIPTION:**

Coeducational activity designed for all skill levels. Rules, fundamentals, and strategy and game play will be included. This course has the option of a letter grade or pass/no pass. Previously listed as PE 37. Course will be listed as ATH 37 effective Fall 2013.

**PREREQUISITES:**

**COREQUISITES:**

**CREDIT STATUS:** D - Credit - Degree Applicable

**GRADING MODES**

- L - Standard Letter Grade
- P - Pass/No Pass

**REPEATABILITY:** N - Course may not be repeated

**SCHEDULE TYPES:**

- 04 - Laboratory/Studio/Activity

**STUDENT LEARNING OUTCOMES:**

1. The students will perform the following skills: throwing, catching, pitching, hitting, bunting, fielding, base running, and sliding.

ILO: 7, 2

Measure: demonstration

2. The students will apply the rules of softball, including scorekeeping techniques.

ILO: 2, 7, 4, 1

Measure: written exam, role playing

3. The students will describe and execute the strategies of softball, specifically slap defenses, 1st and 3rd defensive and offensive strategies, and pickoffs.

ILO: 7, 2, 1, 4

Measure: demonstration, role playing, exam

## **CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS**

Inactive Course: 10/22/2012

3 - 6 Hours

Discuss class procedures, course syllabus and grading. Introduce stretching and conditioning. Demonstrate throwing and catching fundamentals. Practice the mechanics of these skills in group and individual settings.

SPO: The students will demonstrate the correct mechanics for throwing and catching a softball. They will participate in warm up stretching and conditioning drills.

3 - 6 Hours

Demonstrate and practice the fundamentals of fielding for both infield and outfield play. Incorporate throwing and catching skills with infield and outfield play in game-like practice situations.

SPO: The students will demonstrate the correct footwork required for infielders and outfielders. They will demonstrate the proper throwing and catching fundamentals while playing the infield and the outfield.

3 - 6 Hours

Introduction to the fundamentals of hitting. Specific drills that will lead to the correct mechanics of hitting will be practiced. The techniques of bunting will be included.

SPO: The students will discuss the importance of not allowing their weight to shift forward during the swing. They will demonstrate the proper technique for hitting.

4.5 - 9 Hours

The skills learned to date will be incorporated into modified game situations. Introduce pitching, including the techniques for both slow pitch and fast pitch softball. The proper techniques of base running and sliding will be described and demonstrated.

SPO: The students will discuss the mechanics of pitching, noting the differences in technique between slow pitch and fast pitch. They will explain and demonstrate the proper techniques of base running and sliding. The students will perform the skills learned to date in game-like situations.

6 - 12 Hours

Discuss the strategies involved in softball. Introduction to defensive strategies for fielding slaps, 1st and 3rd situations, and pickoffs. Explain how the various skills learned are applied to these strategies. The rules of softball, both slow pitch and fast pitch, will be explained. Officiating and scorekeeping will be discussed. Practice will continue on the skills learned through modified games.

SPO: The students will incorporate various softball strategies into game play. They will demonstrate the proper offensive and defensive strategies in 1st and 3rd situations. They will explain how a hit, an error and an out is recorded in a scorebook. The skills learned will be applied during game play.

6 - 12 Hours

Game play, including a variety of modified games. May include a class tournament. Review for final.  
SPO: The students will demonstrate their skills during game play. They will execute the appropriate offensive and defensive strategies based on the situation.

2 Hours

Final.

The students skills or proficiencies will be enhanced by supervised repetition and practice as this is a skill building class.

**METHODS OF INSTRUCTION:**

demonstration, lecture, guided practice

**METHODS OF EVALUATION:**

The types of writing assignments required:

None

The problem-solving assignments required:

None

The types of skill demonstrations required:

Performance exams

The types of objective examinations used in the course:

Multiple choice

True/false

Matching items

Completion

Other category:

Requires student participation

The basis for assigning students grades in the course:

Writing assignments: 0% - 0%

Problem-solving demonstrations: 0% - 0%

Skill demonstrations: 40% - 70%

Objective examinations: 10% - 30%

Other methods of evaluation: 30% - 60%

**JUSTIFICATION:**

The department is requesting a name change, from the Physical Education and Athletics Department to the Department of Kinesiology and Athletics.

The reasons for this action include:

- 1) A desire to follow suit with the 4-year colleges and universities.
- 2) A trend in the field. Community colleges are moving in this direction with Cabrillo College already taking this action. Others such as Sacramento City College, Mission College, and Diablo Valley College are also in the process of changing their name as well. Gavilan College can be a leader in this trend.

3) This more closely describes what our profession is about.

"Kinesiology is the academic discipline concerned with the art and science of human movement."

4) The state academic senate has proposed that Kinesiology and Exercise Science majors be added to the Disciplines List so they have recognized the move in this direction.

5) Over recent years, there have been discussions within the State regarding the need to streamline Physical Education as a discipline. This would help with the negative connotation that is often identified with this discipline. Gavilan College has worked hard to modify our programs to meet State requirements for our major. The name change would be another step in the right direction.

#### **REPRESENTATIVE TEXTBOOKS:**

#### **ARTICULATION and CERTIFICATE INFORMATION**

Associate Degree:

GAV E1, effective 201170

CSU GE:

CSU E1, effective 201170

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201170

UC TRANSFER:

Transferable UC, effective 201170

#### **SUPPLEMENTAL DATA:**

Basic Skills: N

Classification: A

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: KIN

CSU Crosswalk Course Number: 37

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours: 1

Minimum Hours: .5

Course Control Number: CCC000528378

Sports/Physical Education Course: Y

Taxonomy of Program: 083500

