

Course Outline

COURSE: KIN 25 **DIVISION:** 40 **ALSO LISTED AS:** PE 25

TERM EFFECTIVE: Fall 2013 **Inactive Course**

SHORT TITLE: SOCCER

LONG TITLE: Soccer

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54

COURSE DESCRIPTION:

Coeducational activity designed for all skill levels. Fundamentals, strategy and rules of the game are included. This course has the option of a letter grade or pass/no pass. Previously listed as PE 25. Course will be listed as ATH 25 effective Fall 2013.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

- L - Standard Letter Grade
- P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

- 04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

1. Students will demonstrate dribbling and shooting the soccer ball with the inside and outside of their feet in drills and games.

Measure: demonstration, performance

ILO: 7, 2, 4, 1

GE-LO: E1

2. Students will demonstrate passing and trapping the ball with the inside and outside of their feet, and trap the ball with their body and legs, in both drills and games.

Measure: demonstration, performance

ILO: 7, 2, 4, 1

GE-LO: E1

3. Students will demonstrate heading the ball in a desired direction in drills and games.

Measure: demonstration. performance

ILO: 7, 2, 4, 1

GE-LO: E1

4. Students will describe the general strategies and rules of the game.

Measure: written exam, oral exam

ILO: 2, 7, 1

GE-LO: A1, A2

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Inactive Course: 10/22/2012

3 - 6 Hours

Course description and methods of evaluation. An overview, including field markings and equipment required, will be provided. Introduce stretching and warm-up exercises appropriate for soccer. The fundamental skills involved in soccer will be described and demonstrated.

SPO: Students will demonstrate stretching and warm-up exercises utilized for soccer. They will identify the field markings used in class.

6 - 12 Hours

Warm-up running, stretching and ball handling drills. Introduction and/or review of trapping, passing and dribbling skills. This may include passing with the inside and outside of the foot; trapping using the sole, chest and leg; and various dribbling methods. Guided practice opportunities will be provided. Introduce heading the ball. Discussion of the positions on the field, each positions' responsibilities, and methods for advancing the ball up the field. Scrimmage opportunities involving 3 on 2 and 2 on 1 offense vs. defense will be organized. Strategies for offensive and defensive play will be included. The rules of the game of soccer will be provided.

SPO: Students will demonstrate at least two methods each for trapping, passing and dribbling the soccer ball. They will explain how to head the ball. A discussion of the rules of the game and offensive and defensive strategies will be lead by the students.

4.5 - 9 Hours

Warm-up running, stretching and ball handling drills. Review and practice skills previously introduced and teach juggling the ball, starting with juggling on one knee then letting the ball drop to a foot. Then teach juggling with the head, knee and foot. Review trapping with the chest, then allowing the ball to drop to the knees and eventually the feet. Introduce the free kick, throw-in and penalty kicks. Scrimmage opportunities can be provided to allow students to utilize their skills.

SPO: Students will participate in skill tests. They will demonstrate trapping, passing, dribbling, juggling and heading the soccer ball. Students will explain when free kicks, throw-ins and penalty kicks are used.

4.5 - 9 Hours

Warm-up running, stretching and ball handling drills. Demonstrate the techniques of tackling and blocking and set up drills to allow students to practice these skills. Discuss the role and skills necessary for the goalkeeper. Guided practice opportunities will be provided.

SPO: Students will demonstrate proper tackling and blocking techniques. Each student will play goalie at least once during game play.

7.5 - 15 Hours

Students will complete their warm-up running, stretching and line drills and then be divided into teams for game play. Emphasis will be on teamwork and execution of the fundamental skills.

SPO: Students will apply the skills learned throughout the class during game play. They will participate in all aspects of the class.

2 Hours

Final exam.

This is a skill building class where the student's skills or proficiencies will be enhanced by supervised repetition and practice in class.

METHODS OF INSTRUCTION:

Lecture, demonstration, and guided practice.

METHODS OF EVALUATION:

The types of writing assignments required:

None

The problem-solving assignments required:

None

The types of skill demonstrations required:

Performance exams

The types of objective examinations used in the course:

Multiple choice

True/False

Matching items

Completion

Other category:

Other: Requires student participation

The basis for assigning students grades in the course:

Writing assignments: 0% - 0%

Problem-solving demonstrations: 0% - 0%

Skill demonstrations: 30% - 60%

Objective examinations: 20% - 30%

Other methods of evaluation: 30% - 60%

JUSTIFICATION:

The department is requesting a name change, from the Physical Education and Athletics Department to the Department of Kinesiology and Athletics.

The reasons for this action include:

- 1) A desire to follow suit with the 4-year colleges and universities.
- 2) A trend in the field. Community colleges are moving in this direction with Cabrillo College already taking this action. Others such as Sacramento City College, Mission College, and Diablo Valley College

are also in the process of changing their name as well. Gavilan College can be a leader in this trend.

3) This more closely describes what our profession is about.

“Kinesiology is the academic discipline concerned with the art and science of human movement.”

4) The state academic senate has proposed that Kinesiology and Exercise Science majors be added to the Disciplines List so they have recognized the move in this direction.

5) Over recent years, there have been discussions within the State regarding the need to streamline Physical Education as a discipline. This would help with the negative connotation that is often identified with this discipline. Gavilan College has worked hard to modify our programs to meet State requirements for our major. The name change would be another step in the right direction.

REPRESENTATIVE TEXTBOOKS:

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

GAV E1, effective 201170

CSU GE:

CSU E1, effective 201170

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201170

UC TRANSFER:

Transferable UC, effective 201170

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: A

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: KIN

CSU Crosswalk Course Number: 25

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours: 1

Minimum Hours: .5

Course Control Number: CCC000528374

Sports/Physical Education Course: Y
Taxonomy of Program: 083500