

Course Outline

COURSE: KIN 18 **DIVISION:** 40 **ALSO LISTED AS:** PE 18

TERM EFFECTIVE: Fall 2013 **Inactive Course**

SHORT TITLE: TENNIS

LONG TITLE: Tennis

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54

COURSE DESCRIPTION:

Coeducational activity stressing fundamentals of tennis such as forehand, backhand, serve, and volley, along with the rules, etiquette and strategies of the game. This course has the option of a letter grade or pass/no pass. Previously listed as PE 18.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

- L - Standard Letter Grade
- P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

- 04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

1. The student will perform the forehand, backhand, serve, and volley in game play, class drills, and on skill tests.

ILO: 7, 2

Measure: demonstration

2. The student will demonstrate singles and doubles strategy through game play and apply the rules of scoring and court etiquette.

ILO: 7, 2, 1, 4

Measure: performance, oral quiz, written quiz

3. The student will recognize and value this physical activity which can be performed throughout life.

ILO: 6, 1, 7, 4

Measure: class discussion

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Inactive Course: 11/26/2012

4.5 - 9 Hours

Orientation and class organization will be provided. Discussion on selection and care of the equipment. The rules of etiquette will be presented and students will be encouraged to follow them throughout the class. Introduction/review of the parts of the racket and their application to proper stroke production. The forehand and backhand strokes - grip, stance, swing - will be demonstrated and practiced. Introduce the ready position and incorporate this position during stroke practice. Students who repeat the class will have the opportunity to learn additional forehand and backhand strokes, such as the slice, topspin, and drop shot.

SPO: The students will explain at least three rules of etiquette that are a part of tennis. They will list the parts of the racket. The students will demonstrate the forehand and backhand strokes.

4.5 - 9 Hours

Review and continue to practice, from the ready position, the forehand and backhand. Introduce and practice the serve, including the toss. Incorporate the practice of the serve with the forehand and backhand strokes. Presentation on court markings, court placement and singles play. Discuss regular scoring. Continue to practice the serve and ground strokes in game-like situations. Introduce and practice the volley. Students who repeat the class will have the opportunity to learn additional serves, such as the slice serve and topspin serve. They will also be able to learn different types of volley's, such as the drop volley and half volley.

SPO: The students will demonstrate the forehand and backhand strokes from the ready position. They will practice serve and volley techniques. Students will identify the tennis court markings. Scoring will be applied in game play.

3 - 6 Hours

Strategy for singles play will be explained including service return positioning, playing to an opponent's weakness, and court positioning. A discussion and demonstration of doubles will be presented. This will include the positioning for the receiving team, serving team, and the importance of net play. Students who repeat the class will have the opportunity to improve their skills and strategy for singles and doubles. In addition they will be taught the approach shot, lob, and overhead.

SPO: The students will describe the strategies involved in singles play. They will be able to discuss and demonstrate doubles positioning for the receiving team and the serving team.

13.5-27 Hours

Students will continue to work on building their skills and incorporate them in game-like situations. Strategies, rules, and court courtesies will be practiced during singles and doubles play. Class tournaments will provide the students with the opportunity to practice their skills and knowledge learned during the class. Students who repeat the class will be provided with the chance to practice their skills and compete against more advanced skill levels. No-ad scoring and tiebreakers will also be introduced.

SPO: The students will be able to utilize the skills, strategies, rules, and scoring in game situations.

2 Hours

METHODS OF INSTRUCTION:

Demonstration, small groups, discussion, mini-lecture, peer teaching/learning, video analysis

METHODS OF EVALUATION:

This is a degree-applicable course, but substantial writing assignments are NOT appropriate, because the course primarily:

Involves skill demonstrations or problem solving

The problem-solving assignments required:

None

The types of skill demonstrations required:

Performance exams

The types of objective examinations used in the course:

Multiple choice

True/false

Matching items

Completion

Other: short answer

Other category:

Requires student participation

The basis for assigning students grades in the course:

Writing assignments: 0% - 0%

Problem-solving demonstrations: 0% - 0%

Skill demonstrations: 40% - 60%

Objective examinations: 10% - 30%

Other methods of evaluation: 40% - 60%

JUSTIFICATION:

The department is requesting a name change, from the Physical Education and Athletics Department to the Department of Kinesiology and Athletics.

The reasons for this action include:

- 1) A desire to follow suit with the 4-year colleges and universities.
- 2) A trend in the field. Community colleges are moving in this direction with Cabrillo College already taking this action. Others such as Sacramento City College, Mission College, and Diablo Valley College are also in the process of changing their name as well. Gavilan College can be a leader in this trend.
- 3) This more closely describes what our profession is about.
"Kinesiology is the academic discipline concerned with the art and science of human movement."
- 4) The state academic senate has proposed that Kinesiology and Exercise Science majors be added to the Disciplines List so they have recognized the move in this direction.
- 5) Over recent years, there have been discussions within the State regarding the need to streamline Physical Education as a discipline. This would help with the negative connotation that is often identified

with this discipline. Gavilan College has worked hard to modify our programs to meet State requirements for our major. The name change would be another step in the right direction.

REPRESENTATIVE TEXTBOOKS:

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

GAV E1, effective 201170

CSU GE:

CSU E1, effective 201170

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201170

UC TRANSFER:

Transferable UC, effective 201170

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: A

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: KIN

CSU Crosswalk Course Number: 18

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours: 1

Minimum Hours: .5

Course Control Number: CCC000528367

Sports/Physical Education Course: Y

Taxonomy of Program: 083500