



5055 Santa Teresa Blvd  
Gilroy, CA 95023

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### Course Outline

**COURSE:** KIN 137C      **DIVISION:** 40      **ALSO LISTED AS:**

**TERM EFFECTIVE:** Summer 2025

**CURRICULUM APPROVAL DATE:** 05/13/2025

**SHORT TITLE:** SOFTBALL - ADVANCED

**LONG TITLE:** Softball - Advanced

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54

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Out of Class Hrs: 00.00

Total Learning Hrs: 27.00 OR 54.00

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### COURSE DESCRIPTION:

Coeducational activity designed for the advanced softball student. Includes game principles, techniques and strategies. This course has the option of a letter grade or pass/no pass. Courses should be taken in sequential order.

**CREDIT STATUS:** D - Credit - Degree Applicable

### GRADING MODES

L - Standard Letter Grade

P - Pass/No Pass

**REPEATABILITY:** N - Course may not be repeated

### SCHEDULE TYPES:

04 - Laboratory/Studio/Activity

04A - Laboratory - LEH 0.65

**STUDENT LEARNING OUTCOMES:**

By the end of this course, a student should:

1. Describe and apply the offensive strategies for the hit and run, bunt and run, and slap.
2. Explain and demonstrate the defensive principles for bunt defense, slap defense, and for double plays.

**COURSE OBJECTIVES:**

By the end of this course, a student should:

1. Apply advanced skills, rules, offensive and defensive principles and strategies in game play.
2. Describe the strategies utilized for picking off a base runner.
3. Explain where the defensive players would position themselves on double plays.
4. Explain the defensive principle behind shifting with each pitch call and demonstrate how to relay each pitch call.
5. Describe the defensive strategies for bunt and for slap defense.
6. Demonstrate a slap and/or a bunt based on defensive positioning.
7. Describe the offensive principles of reading the defense.
8. Explain advanced base running techniques or strategies, including situations when you would or would not want to take the extra base.
9. Demonstrate advanced offensive techniques required for the hit and run and bunt and run.
10. Describe when/why the hit and run would be utilized vs. the bunt and run.
11. Demonstrate and describe each defensive position and fundamentals for each.
12. Demonstrate 3 types of offensive hitting techniques.
13. Distinguish between sliding and diving while base running and explain when you would use each.

**COURSE CONTENT:**

Curriculum Approval Date: 05/13/2025

3 - 6 Hours

Content: Discuss class procedures, course syllabus, and grading. Review and practice the techniques for throwing, catching, fielding, hitting, base running, sliding, and diving.

3 - 6 Hours

Content: Review the individual positions and the skills required to play each position. Incorporate a variety of game drills to practice the techniques for each position.

3 - 6 Hours

Content: Presentation on offensive strategies such as the hit and run and bunt and run. Discussion on base running and

taking the extra base. Continue working on all skills.

4 - 10 Hours Content: Review the hit and run and bunt and run. Discussion on the offensive principles of recognizing where the defense is playing and placing the ball accordingly - slap or bunt. Provide a variety of drills, game-like

situations, and game play for practice purposes.

6 - 12 Hours

Content: Review the offensive principles presented in earlier classes. Presentation on various defensive strategies, such as: bunt defense - 1st and 3rd basemen in or slap defense - both middle infielders in and outfielders in or 2nd base in and 1st base back. Discussion on the defensive principle of shifting the defense with each pitch call and how to relay each pitch call.

6 - 12 Hours

Content:

Review the defensive strategies presented in earlier classes. Presentation on double play positioning.

Discuss the strategies employed for picking off a base runner. Provide a variety of situations

and game play for practice purposes.

2 Hours

Final exam.

**METHODS OF INSTRUCTION:**

guided practice, demonstration, discussion

**METHODS OF EVALUATION:**

Skill demonstrations

Evaluation Percent 30

Evaluation Description

Performance Exams

Objective examinations

Evaluation Percent 10

Evaluation Description

Multiple Choice

True/False

Matching Items

Completion

Other: short answer

Other methods of evaluation

Evaluation Percent 60

Evaluation Description

Class participation.

**REPRESENTATIVE TEXTBOOKS:**

No textbook required.

**ARTICULATION and CERTIFICATE INFORMATION**

CSU TRANSFER:

Transferable CSU

UC TRANSFER:

Transferable UC

**SUPPLEMENTAL DATA:**

Basic Skills: N

Classification: Y

Noncredit Category: Y

Program Status: 1 Program Applicable

Special Class Status: N

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Course Control Number: CCC000568858

Sports/Physical Education Course: Y

Taxonomy of Program: 127000