



5055 Santa Teresa Blvd  
Gilroy, CA 95023

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## Course Outline

**COURSE:** KIN 137B      **DIVISION:** 40      **ALSO LISTED AS:**

**TERM EFFECTIVE:** Summer 2025

**CURRICULUM APPROVAL DATE:** 05/13/2025

**SHORT TITLE:** SOFTBALL - INTERMEDIATE

**LONG TITLE:** Softball - Intermediate

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54

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Out of Class Hrs: 00.00

Total Learning Hrs: 27.00 OR 54.00

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### COURSE DESCRIPTION:

Coeducational activity designed for intermediate softball students. This course provides the student with the opportunity to refine and perfect their basic softball skills and to master the individual positions. This course has the option of a letter grade or pass/no pass. Courses should be taken in sequential order.

**CREDIT STATUS:** D - Credit - Degree Applicable

### GRADING MODES

L - Standard Letter Grade

P - Pass/No Pass

**REPEATABILITY:** N - Course may not be repeated

### SCHEDULE TYPES:

04 - Laboratory/Studio/Activity

04A - Laboratory - LEH 0.65

## **STUDENT LEARNING OUTCOMES:**

By the end of this course, a student should:

1. Demonstrate the correct techniques for the following softball skills: slap, sacrifice bunt, squeeze bunt, drag bunt, sliding, and diving.
2. Describe and demonstrate the skills required for infielders, outfielders, pitchers, and catchers.
3. Explain and demonstrate how to keep a softball score book.

## **COURSE OBJECTIVES:**

By the end of this course, a student should:

1. Explain and practice intermediate skills required for infielders, outfielders, pitchers, and catchers.
2. Practice how to mark a score-book.
3. Demonstrate the techniques for sliding and diving and discuss the rules which apply to these skills.
4. Demonstrate the slap, sacrifice, squeeze, and drag bunts and explain when/why each type of offensive technique would be used.
5. Demonstrate the techniques of digging the ball from the dirt for infield play and playing the ball off the wall for outfield play.
6. Practice catching in front of the body and transferring the ball quickly from glove hand to throwing hand.
7. Demonstrate the technique of showing the knuckles to the target when throwing.

## **COURSE CONTENT:**

Curriculum Approval Date: 05/13/2025

3 - 6 Hours

Content: Discuss class procedures, course syllabus and grading. Review throwing and catching. Introduce the techniques of showing the knuckles to the target when throwing and shuffling the feet at the beginning and end of the throw; and catching in front of the body. As well as moving quickly when catching and then throwing. Incorporate the drill using no glove and moving the ball from glove hand to throwing hand to practice the above skills.

3 - 6 Hours

Content: Review fielding for both infield and outfield play. Introduce digging the ball from the dirt for infield play and playing the ball off the wall for outfield play.

3 - 6 Hours

Content: Review hitting, including the basic bunt. Introduce the slap, as well as the sacrifice, squeeze, and drag bunts. Discuss the situations where each type of hit/bunt might be used. Incorporate these skills using a variety of practice drills.

4 - 10 Hours Content: Review base running. Introduce the techniques for sliding and diving and discuss the rules related to

these skills. Continue to work on skill building by incorporating a variety of activities which allow the students to practice all skills learned to date.

6 - 12 Hours

Content: Introduce score-keeping and how to keep the score-book. Presentation on each of the individual positions and the skills required for them. Infielders and outfielders - playing the angles. Pitching - the different types of pitches for both fast-pitch and slow pitch. Catching - framing the ball, circling around the ball, and throwing to a target. Practice drills could include: the Angle to Ball Drill for infielders and outfielders and the Star Drill and Drop and Block drill for catchers.

6 - 12 Hours

Content: Review how to keep a score-book. Review the skills required for each softball position. Continue to practice all softball skills - catching, throwing, fielding, hitting, base running, and sliding/diving - in a variety of drill and game activities. Continue to develop the skills required for each position - infield, outfield, pitching, and catching. Skill testing.

2 Hours

Final exam

**METHODS OF INSTRUCTION:**

guided practice, demonstration, discussion

**METHODS OF EVALUATION:**

Skill demonstrations

Evaluation Percent 30

Evaluation Description

Performance Exams

Objective examinations

Evaluation Percent 10

Evaluation Description

Multiple Choice

True/False

Matching Items

Completion

Other: short answer

Other methods of evaluation

Evaluation Percent 60

Evaluation Description

Class participation.

**REPRESENTATIVE TEXTBOOKS:**

No textbook required.

**ARTICULATION and CERTIFICATE INFORMATION**

CSU TRANSFER:

Transferable CSU

UC TRANSFER:

Transferable UC

**SUPPLEMENTAL DATA:**

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Course Control Number: CCC000568859

Sports/Physical Education Course: Y

Taxonomy of Program: 127000