



5055 Santa Teresa Blvd
Gilroy, CA 95023

Course Outline

COURSE: KIN 127C **DIVISION:** 40 **ALSO LISTED AS:**

TERM EFFECTIVE: Summer 2025

CURRICULUM APPROVAL DATE: 05/13/2025

SHORT TITLE: BASKETBALL - ADVANCED

LONG TITLE: Basketball - Advanced

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54

Out of Class Hrs: 00.00

Total Learning Hrs: 27.00 OR 54.00

COURSE DESCRIPTION:

Coeducational activity designed for the advanced basketball student. Includes game principles, techniques and strategies. This course has the option of a letter grade or pass/no pass. Courses should be taken in sequential order.

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

04 - Laboratory/Studio/Activity

04A - Laboratory - LEH 0.65

STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. Discuss and apply the principles behind at least three (3) offensive moves.
2. Explain and demonstrate the defensive principles for a man to man and a zone defense.
3. Describe and demonstrate the strategies related to offensively attacking a man to man defense, a zone defense, half court pressure defense and full court pressure defense.

COURSE OBJECTIVES:

By the end of this course, a student should:

1. Demonstrate and describe on-ball and off-ball defensive principles.
2. Discuss the rules related to properly executing a give and go, pick and roll and pass and cut.
3. Explain and demonstrate how to defend against a screen and/or a cut.
4. Explain and demonstrate how to play against a half court and a full court pressure defense.
5. Explain the concepts and theories for the fastbreak and demonstrate them in drills and game play.
6. Apply all skills, rules, offensive and defensive principles and strategies in game play.
7. Discuss and demonstrate the offensive strategies one should apply when attacking a man to man vs. a zone defense. .
8. Discuss and apply the defensive principles of man to man and zone.
9. Demonstrate the offensive game principles of give and go, pick and roll and pass and cut and explain when/why they would be used.
10. Discuss why/when one would use a particular type of dribble, pass and shot.

COURSE CONTENT:

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4 - 9 Hours Content: Course overview, including learning outcomes, class requirements and grading. Review and practice the techniques for a variety of different dribbling, passing, shooting, stopping, pivoting, rebounding and defending skills.

4 - 9 Hours Content:

Review the skills required for guard, forward and post play. Presentation on creating a shot or space off of the dribble and utilizing a screen. Introduce and practice the offensive game principles of give and go, pick and roll and pass and cut. Discuss the rules related to these moves.

5 - 10 Hours Content: Presentation on man to man and zone defensive principles including when and why they would be used. Teach defenders the concepts of sliding through and fighting over the top of screens and switching offensive players.

6 - 12 Hours

Content:

Presentation on the offensive strategies of understanding the areas to attack when an opponent is using man to man or zone defense. Introduce the offensive principles that should be applied for half court and full court pressure.

6 - 12 Hours

Content: Introduce the concepts and theories for the fast-break. Incorporate 3 on 1, 3 on 2 and 2 on 1 fast-break drills into the lesson. Continue working on all skills, principles and strategies learned to date. Provide a variety of drills, game-like situations and game play for practice purposes.

Final 2 hours

METHODS OF INSTRUCTION:

guided practice, demonstration, discussion

METHODS OF EVALUATION:

Skill demonstrations

Evaluation Percent 30

Evaluation Description

Performance Exams

Objective examinations

Evaluation Percent 10

Evaluation Description

Multiple Choice

True/False

Matching Items

Completion

Other: short answer

Other methods of evaluation

Evaluation Percent 60

Evaluation Description

Class participation.

REPRESENTATIVE TEXTBOOKS:

No textbook required.

ARTICULATION and CERTIFICATE INFORMATION

CSU TRANSFER:

Transferable CSU

UC TRANSFER:

Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000568861

Sports/Physical Education Course: Y

Taxonomy of Program: 127000