

Course Outline

COURSE: KIN 127C **DIVISION:** 40 **ALSO LISTED AS:**

TERM EFFECTIVE: Spring 2016 **CURRICULUM APPROVAL DATE:** 10/12/2015

SHORT TITLE: BASKETBALL - ADVANCED

LONG TITLE: Basketball - Advanced

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54

COURSE DESCRIPTION:

Coeducational activity designed for the advanced basketball student. Includes game principles, techniques and strategies. This course has the option of a letter grade or pass/no pass. Courses should be taken in sequential order.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

P - Pass/No Pass

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

1. Discuss and apply the principles behind at least three (3) offensive moves.

Measure: demonstration, discussion, oral quiz

PLO: 4,7

ILO: 7,2,1,4

GE-LO: E1,A1,A2

Anticipated Year of Assessment: 2015-16

2. Explain and demonstrate the defensive principles for a man to man and a zone defense.

Measure: demonstration, discussion, oral quiz

PLO: 4,7

ILO: 7,2,1,4

GE-LO: E1,A1,A2

Anticipated Year of Assessment: 2015-16

3. Describe and demonstrate the strategies related to offensively attacking a man to man defense, a zone defense, half court pressure defense and full court pressure defense.

Measure: demonstration, discussion, exam

PLO: 4,7

ILO: 7,2,4,1

GE-LO: E1,A1,A2

Anticipated Year of Assessment: 2015-16

PROGRAM LEARNING OUTCOMES:

After completing the Kinesiology major a student will be able to:

1. List and describe five career options available in the field of kinesiology.
2. Describe and critically analyze the role of physical activity and its impact on health, society and quality of life.
3. Discuss the history and broad content within the discipline of kinesiology and develop skills to enable the synthesis of concepts across disciplines.
4. Identify critical elements of motor skill performance, combine motor skills into appropriate sequences for the purpose of improving skill learning, and demonstrate competent motor skill performance in a variety of physical activities.
5. Identify the skeletal and muscular structures of the human body.
6. Utilize measurement concepts (qualitative and quantitative) to assess student/client performance and program effectiveness.
7. Describe and demonstrate effective verbal and nonverbal communication skills.

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 10/12/2015

4.5 - 9 Hours Content: Course overview, including learning outcomes, class requirements and grading. Review and practice the techniques for a variety of different dribbling, passing, shooting, stopping, pivoting, rebounding and defending skills.

Student Performance Objectives (SPO): Utilize a variety of basketball skills in class activities. Discuss why/when one would use a particular type of dribble, pass and shot. Demonstrate and describe on-ball and off-ball defensive principles.

Out-of-Class Assignments:

4.5 - 9 Hours Content: Review the skills required for guard, forward and post play. Presentation on creating a shot or space off of the dribble and utilizing a screen. Introduce and practice the offensive game principles of give and go, pick and roll and pass and cut. Discuss the rules related to these moves.

Student Performance Objectives (SPO): Demonstrate the offensive game principles of give and go, pick and roll and pass and cut. Explain when/why they would be used and discuss the rules related to properly executing these skills. Perform a variety of basketball skills during class activities. Participate in class drills.

Out-of-Class Assignments:

4.5 - 9 Hours Content: Presentation on man to man and zone defensive principles including when and why they would be used. Teach defenders the concepts of sliding through and fighting over the top of screens and switching offensive players.

Student Performance Objectives (SPO): Discuss and apply the defensive principles of man to man and zone. Explain and demonstrate how to defend against a screen and/or a cut. Participate in various drills and demonstrate all the skills learned to date.

Out-of-Class Assignments:

6 - 12 Hours

Content: Presentation on the offensive strategies of understanding the areas to attack when an opponent is using man to man or zone defense. Introduce the offensive principles that should be applied for half court and full court pressure.

Student Performance Objectives (SPO): Discuss and demonstrate the offensive strategies one should apply when attacking a man to man vs. a zone defense. Explain and demonstrate how to play against a half court and a full court pressure defense. Participate in class activities.

Out-of-Class Assignments:

6 - 12 Hours

Content: Introduce the concepts and theories for the fastbreak. Incorporate 3 on 1, 3 on 2 and 2 on 1 fastbreak drills into the lesson. Continue working on all skills, principles and strategies learned to date. Provide a variety of drills, game-like situations and game play for practice purposes.

Student Performance Objectives (SPO): Explain the concepts and theories for the fastbreak and demonstrate them in drills and game play. Apply all skills, rules, offensive and defensive principles and strategies in game play. Participate in class activities.

METHODS OF INSTRUCTION:

guided practice, demonstration, discussion

METHODS OF EVALUATION:

Category 1 - The types of writing assignments required:

Percent range of total grade: % to %

If this is a degree applicable course, but substantial writing assignments are NOT appropriate, indicate reason

Course primarily involves skill demonstration or problem solving

Category 2 - The problem-solving assignments required:

Percent range of total grade: % to %

Category 3 - The types of skill demonstrations required:

Percent range of total grade: 35 % to 60 %

Performance Exams

Category 4 - The types of objective examinations used in the course:

Percent range of total grade: 10 % to 20 %

Multiple Choice

True/False
Matching Items
Completion
Other: short answer

Category 5 - Any other methods of evaluation:

REPRESENTATIVE TEXTBOOKS:

No textbook required.

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:
CSU GE:
IGETC:
CSU TRANSFER:
Transferable CSU, effective 201630
UC TRANSFER:
Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N
Classification: Y
Noncredit Category: Y
Cooperative Education:
Program Status: 1 Program Applicable
Special Class Status: N
CAN:
CAN Sequence:
CSU Crosswalk Course Department: KIN
CSU Crosswalk Course Number: 127C
Prior to College Level: Y
Non Credit Enhanced Funding: N
Funding Agency Code: Y
In-Service: N
Occupational Course: E
Maximum Hours: 1
Minimum Hours: .5
Course Control Number:
Sports/Physical Education Course: Y
Taxonomy of Program: 127000