

**Course Outline**

**COURSE:** KIN 127B                      **DIVISION:** 40                      **ALSO LISTED AS:**

**TERM EFFECTIVE:** Spring 2016                      **CURRICULUM APPROVAL DATE:** 10/12/2015

**SHORT TITLE:** BASKETBALL - INTERMEDIATE

**LONG TITLE:** Basketball - Intermediate

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54

**COURSE DESCRIPTION:**

Coeducational activity designed for intermediate basketball students. This course provides the student with the opportunity to refine and perfect their basic basketball skills and to master the individual positions. This course has the option of a letter grade or pass/no pass. Courses should be taken in sequential order.

**PREREQUISITES:**

**COREQUISITES:**

**CREDIT STATUS:** D - Credit - Degree Applicable

**GRADING MODES**

- L - Standard Letter Grade
- P - Pass/No Pass

**REPEATABILITY:** N - Course may not be repeated

**SCHEDULE TYPES:**

- 04 - Laboratory/Studio/Activity

**STUDENT LEARNING OUTCOMES:**

1. Demonstrate the correct techniques for the following basketball skills: between the legs dribble, behind the back dribble, curl pass, cut pass and rebounding positioning.

Measure: demonstration

PLO: 4

ILO: 7,2

GE-LO: E1

Anticipated Year of Assessment: 2015-16

2. Utilize and explain the correct off-ball/help defensive stance and court positioning.

Measure: demonstration, discussion, quiz

PLO: 4,7

ILO: 7,2,1,4

GE-LO: E1,A1,A2

Anticipated Year of Assessment: 2015-16

3. Explain and demonstrate the skills for guard, forward and post play.

Measure: oral quiz, written exam, discussion, demonstration

PLO: 4,7

ILO: 7,2,1,4

GE-LO: E1,A1,A2

Anticipated Year of Assessment: 2015-16

#### PROGRAM LEARNING OUTCOMES:

After completing the Kinesiology major a student will be able to:

1. List and describe five career options available in the field of kinesiology.
2. Describe and critically analyze the role of physical activity and its impact on health, society and quality of life.
3. Discuss the history and broad content within the discipline of kinesiology and develop skills to enable the synthesis of concepts across disciplines.
4. Identify critical elements of motor skill performance, combine motor skills into appropriate sequences for the purpose of improving skill learning, and demonstrate competent motor skill performance in a variety of physical activities.
5. Identify the skeletal and muscular structures of the human body.
6. Utilize measurement concepts (qualitative and quantitative) to assess student/client performance and program effectiveness.
7. Describe and demonstrate effective verbal and nonverbal communication skills.

#### **CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS**

Curriculum Approval Date: 10/12/2015

4.5 - 9 Hours Content: Course overview, including learning outcomes, class requirements and grading. Review dribbling, including the cross-over and hesitation dribbles, using both the dominant and nondominant hand. Introduce dribbling between the legs and behind the back. Practice two ball dribbling techniques. Review the bounce pass, chest pass and two-hand overhand pass. Introduce the curl pass, cut pass and baseball pass. Review the jump stop and stride stop and the different types of pivots. Incorporate these skills using a variety of practice drills.

Student Performance Objectives (SPO): Demonstrate dribbling between the legs and behind the back. Use two basketballs to demonstrate one's dribbling skills. Demonstrate the curl pass and cut pass by accurately passing to teammates. Explain when and why these skills would be used.

Out-of-Class Assignments:

4.5 - 9 Hours Content: Review all types of dribbling and passing techniques. Review proper shooting techniques for the right and left handed lay-up, the set shot and the jump shot. Introduce the elbow shooting series focusing on the inside foot and pivot. Emphasis will be on footwork, stance, balance and active hands. Introduce proper blocking out and rebounding techniques and incorporate the numbers rebounding

drill to practice these skills. Continue to work on skill building by incorporating a variety of activities which allow the students to practice all skills learned to date.

Student Performance Objectives (SPO): Demonstrate proper blocking out and rebounding techniques. Utilize a variety of dribbles, passes, shots, stops and pivots during class drills. Participate in class activities.

Out-of-Class Assignments:

4.5 - 9 Hours Content: Practice free throw shooting. Review basic on-ball defense and present basic off-ball/help defensive principles, including the rules. Continue practicing all skills learned to date

Student Performance Objectives (SPO): Demonstrate the basic off-ball/help defensive position. Explain the rules related to guarding. Participate in class activities utilizing the correct techniques for all skills learned to date.

Out-of-Class Assignments:

6 - 12 Hours

Content: Review the basic off-ball defensive position. Presentation on the skills required for guard (ball handling and handling pressure), forward (shooting, passing and rebounding) and post (establishing position and learning angles) play. Opportunities to practice these moves against a defender will be provided.

Student Performance Objectives (SPO): Explain and demonstrate the skills required for guard, forward and post play. Employ all basketball skills learned to date, using both the dominate and nondominate hand. Participate in class activities.

Out-of-Class Assignments:

6 - 12 Hours

Content: Review the skills required for guard, forward and post play. Continue to work on skill building by practicing all skills in a variety of drill and game-like activities. Utilize multi-purpose drills such as 2 on 1 and 3 on 2 which will allow students to develop their dribbling, passing, shooting, rebounding and defending skills. Skill testing.

Student Performance Objectives (SPO): Utilize the correct techniques when performing all basketball skills. Participate in class activities, including skill testing.

#### **METHODS OF INSTRUCTION:**

guided practice, demonstration, discussion

#### **METHODS OF EVALUATION:**

Category 1 - The types of writing assignments required:

Percent range of total grade: % to %

If this is a degree applicable course, but substantial writing assignments are NOT appropriate, indicate reason

Course primarily involves skill demonstration or problem solving

Category 2 - The problem-solving assignments required:

Percent range of total grade: % to %

Category 3 - The types of skill demonstrations required:

Percent range of total grade: 35 % to 60 %

Performance Exams

Category 4 - The types of objective examinations used in the course:

Percent range of total grade: 10 % to 20 %

Multiple Choice

True/False

Matching Items

Completion

Other: short answer

Category 5 - Any other methods of evaluation:

**REPRESENTATIVE TEXTBOOKS:**

No textbook required.

**ARTICULATION and CERTIFICATE INFORMATION**

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201630

UC TRANSFER:

Not Transferable

**SUPPLEMENTAL DATA:**

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: KIN

CSU Crosswalk Course Number: 127B

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours: 1

Minimum Hours: .5

Course Control Number:

Sports/Physical Education Course: Y

Taxonomy of Program: 127000