



5055 Santa Teresa Blvd  
Gilroy, CA 95023

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## Course Outline

**COURSE:** KIN 127B      **DIVISION:** 40      **ALSO LISTED AS:**

**TERM EFFECTIVE:** Summer 2025

**CURRICULUM APPROVAL DATE:** 05/13/2025

**SHORT TITLE:** BASKETBALL - INTERMEDIATE

**LONG TITLE:** Basketball - Intermediate

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54

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Out of Class Hrs: 00.00

Total Learning Hrs: 27.00 OR 54.00

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### COURSE DESCRIPTION:

Coeducational activity designed for intermediate basketball students. This course provides the student with the opportunity to refine and perfect their basic basketball skills and to master the individual positions. This course has the option of a letter grade or pass/no pass. Courses should be taken in sequential order.

**CREDIT STATUS:** D - Credit - Degree Applicable

### GRADING MODES

L - Standard Letter Grade

P - Pass/No Pass

**REPEATABILITY:** N - Course may not be repeated

### SCHEDULE TYPES:

04 - Laboratory/Studio/Activity

04A - Laboratory - LEH 0.65

**STUDENT LEARNING OUTCOMES:**

By the end of this course, a student should:

1. Demonstrate the correct techniques for the following basketball skills: between the legs dribble, behind the back dribble, curl pass, cut pass and rebounding positioning.
2. Utilize and explain the correct off-ball/help defensive stance and court positioning.
3. Explain and demonstrate the skills for guard, forward and post play.

**COURSE OBJECTIVES:**

By the end of this course, a student should:

1. Demonstrate the curl pass and cut pass by accurately passing to teammates and explain, when and why these would be used.
2. Explain the rules related to guarding.
3. Utilize the correct techniques when performing all basketball skills.
4. Explain and demonstrate the skills required for guard, forward and post play.
5. Employ all basketball skills learned to date, using both the dominate and non-dominate hand.
6. Demonstrate the basic off-ball/help defensive position.
7. Demonstrate proper blocking out and rebounding techniques.
8. Utilize a variety of dribbles, passes, shots, stops and pivots during class drills.
9. Use two basketballs to demonstrate one's dribbling skills.
10. Demonstrate dribbling between the legs and behind the back.

**COURSE CONTENT:**

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4 - 9 Hours Content: Course overview, including learning outcomes, class requirements and grading. Review dribbling, including the cross-over and

hesitation dribbles, using both the dominate and non dominate hand. Introduce dribbling between the legs and behind the back. Practice two ball dribbling techniques. Review the bounce pass, chest pass and two-hand overhand pass. Introduce the curl pass, cut pass and baseball pass. Review the jump stop and stride stop and the different types of pivots. Incorporate these skills using a variety of practice drills.

4 - 9 Hours Content: Review all types of dribbling and passing techniques. Review proper shooting techniques for the right and left handed lay-up, the set shot and the jump shot. Introduce the elbow shooting series focusing on the inside foot and pivot. Emphasis will be on footwork, stance, balance and active hands. Introduce proper blocking out and rebounding techniques and incorporate the numbers rebounding drill to practice these skills. Continue to work on skill building by incorporating a variety of activities which allow the students to practice all skills learned to date.

5 - 10 Hours Content:

Practice free throw shooting. Review basic on-ball defense and present basic off-ball/help defensive principles, including the rules. Continue practicing all skills learned to date.

6 - 12 Hours

Content: Review the basic off-ball defensive position. Presentation on the skills required for guard (ball handling and handling pressure), forward (shooting, passing and rebounding) and post (establishing position and learning angles) play. Opportunities to practice these moves against a defender will be provided.

6 - 12 Hours

Content: Review the skills required for guard, forward and post play. Continue to work on skill building by practicing all skills in

a variety of drill and game-like activities. Utilize multi-purpose drills such as 2 on 1 and 3 on 2 which will allow students to develop their dribbling, passing, shooting, rebounding and defending skills. Skill testing.

Final Exam 2 hours

**METHODS OF INSTRUCTION:**

guided practice, demonstration, discussion

**METHODS OF EVALUATION:**

Skill demonstrations

Evaluation Percent 30

Evaluation Description

Performance Exams

Objective examinations

Evaluation Percent 10

Evaluation Description

Multiple Choice

True/False

Matching Items

Completion

Other: short answer

Other methods of evaluation

Evaluation Percent 60

Evaluation Description

Class participation.

**REPRESENTATIVE TEXTBOOKS:**

No textbook required.

**ARTICULATION and CERTIFICATE INFORMATION**

CSU TRANSFER:

Transferable CSU

UC TRANSFER:

Not Transferable

**SUPPLEMENTAL DATA:**

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000568878

Sports/Physical Education Course: Y

Taxonomy of Program: 127000