



5055 Santa Teresa Blvd
Gilroy, CA 95023

Course Outline

COURSE: COUN 52 **DIVISION:** 60 **ALSO LISTED AS:**

TERM EFFECTIVE: Summer 2025

CURRICULUM APPROVAL DATE: 06/10/2025

SHORT TITLE: PEER MENTORING

LONG TITLE: Peer Mentoring, Education, and Leadership

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
1	18	Lecture:	1	18
		Lab:	0	0
		Other:	0	0
		Total:	1	18

Out of Class Hrs: 36.00

Total Learning Hrs: 54.00

COURSE DESCRIPTION:

This course offers an overview of the principles, skills, and methods used in peer mentoring and peer education, allowing students to refine their abilities to become effective peer educators and leaders. The course covers the role of peer education, with a focus on communication and listening skills, response and referral techniques, goal- setting, intervention strategies, and the importance of diversity and inclusivity. Upon successful completion, students will earn a nationally recognized certification as a Certified Peer Educator.

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

02 - Lecture and/or discussion

05 - Hybrid

71 - Dist. Ed Internet Simultaneous

72 - Dist. Ed Internet Delayed

STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. Demonstrate verbal and non-verbal communication skills consistent with effective mentoring.
2. Identify and effectively respond to common peer mentoring "traps": enabling, internalizing, and liability, etc. Identify high risk behaviors and self-care strategies; make appropriate referrals to campus resources.
3. Apply local, state, and federal regulations to mentor responsibilities.
4. Achieve national Certified Peer Educator certification.

COURSE OBJECTIVES:

By the end of this course, a student should:

1. Train college students in the fundamental skills required to serve in peer mentoring roles in educational and professional environments.
2. Analyze the impact that listening, problem-solving, identity, and intrapersonal applications can have on Peer Educator's leadership.
3. Examine a Peer Educator's role as a responder and how to use intervention techniques.
4. Understand the Power, Roles, and Characteristics of Peer Educators.
5. Understand change, group development, and programming strategies as a Peer Educator.

COURSE CONTENT:

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FORMERLY LISTED AS GUID 52

2 hours

Introduction to class; grading assignments, expectations, etc. Introduction to peer mentoring, education, and leadership, ;

roles and impacts of peer educators. common peer educator "traps" such as enabling, internalizing, and liability. Introduction to ethics and liability.

2 hours

Lecture and discussion re: common peer educator "traps" : enabling, internalizing, and liability. Review of all

FERPA regulations.

2 hours

Communication skills: Listening skills, non-verbal communication, reflection, paraphrasing, summarizing. "I messages." Creating response checklists. Self disclosure and establishing boundaries.

2 hours

Intervention and referral. Review of campus and community resources, including services and technology tools.

2 hours

High Risk behaviors and crisis intervention. Review of campus intervention policies. Practice of acceptance and reflection of

feeling responses. Responding and referral skills. In class role plays.

2 hours

Midterm exam: in class demonstration of skills via role play.

2 hours

Strategies for change in high risk behaviors, including the five stages of change.

1 hour

Cultural proficiency and stereotypes.

1 hours

Understanding and leading groups. Cycles of group formation and the seven habits of highly effective peer education groups and program planning.

Self care and strategies for success including stress management, time management, establishing boundaries, sleep, diet, and exercise.

2 hours

Final exam

METHODS OF INSTRUCTION:

Lecture, dyadic exercises, group exercises and role plays, group discussion, observation and critique of peer counseling and advising techniques.

OUT OF CLASS ASSIGNMENTS:

Required Outside Hours 15

Assignment Description

Assignments: Out of class readings and journal assignments.

Required Outside Hours 1

Assignment Description

Assignment: Complete online FERPA quiz.

Required Outside Hours 15

Assignment Description

Assignment: Skills practice including non-verbal messages in dyads and triads; journal writing based upon these experiences.

Required Outside Hours 5

Assignment Description

Complete campus and community resources matrix.

Writing assignments

Evaluation Percent 20

Evaluation Description

10% - 20%

Written homework;

Essay exams

Skill demonstrations

Evaluation Percent 40

Evaluation Description

30% - 50%

Class participation and performance

Objective examinations

Evaluation Percent 40

Evaluation Description

40% - 60%

NASPA peer educator certifying exam; FERPA quiz.

REPRESENTATIVE TEXTBOOKS:

Certified Peer Educator Student Workbook, NASPA Bacchus Initiative, National Association of Student Personnel Administrators, 2019 or a comparable textbook/material.

ISBN: 9781948213110

13 Grade Verified by: L. Tenney

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

GAV E

CSU TRANSFER:

Transferable CSU

UC TRANSFER:

Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education: N

Program Status: 1 Program Applicable

Special Class Status: N

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Course Control Number: CCC000653444

Sports/Physical Education Course: N

Taxonomy of Program: 493072