

**Course Outline**

**COURSE:** ATH 77                      **DIVISION:** 40                      **ALSO LISTED AS:** KIN 77 & PE 77

**TERM EFFECTIVE:** Summer 2020                      **CURRICULUM APPROVAL DATE:**06/09/2020

**SHORT TITLE:** FOOTBALL

**LONG TITLE:** Football

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54

**COURSE DESCRIPTION:**

This is a sport specific course designed for our student-athletes. Instruction is in the fundamentals of football. Includes skills, rules and strategy with emphasis on the application of skills and strategies in game play. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass.

**PREREQUISITES:**

**COREQUISITES:**

**CREDIT STATUS:** D - Credit - Degree Applicable

**GRADING MODES**

L - Standard Letter Grade

P - Pass/No Pass

**REPEATABILITY:** R - Course may be repeated

Maximum of 3 times

**SCHEDULE TYPES:**

04 - Laboratory/Studio/Activity

04A - Laboratory - LEH 0.65

05 - Hybrid

71 - Dist. Ed Internet Simultaneous

73A - Dist. Ed Internet LAB-LEH 0.65

## **STUDENT LEARNING OUTCOMES:**

1. Demonstrate the proper techniques for throwing, catching, and kicking the football.

Measure of assessment: demonstration

Year assessed, or planned year of assessment: 2016

Semester: Summer

2. Describe and execute a variety of offensive and defensive strategies.

Measure of assessment: written exam, demonstration, oral exam, discussion

Year assessed, or planned year of assessment: 2016

Semester: Summer

## **CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS**

Curriculum Approval Date:06/09/2020

3 - 6 Hours:

Content: Course introduction, including course syllabus, grading, and class requirements. Safety practices will be explained and emphasized. Presentation on the basic football skills of passing, catching, kicking, and blocking.

Student Performance Objectives: Explain the requirements of the course and how their grade is determined. List the safety rules the class will follow. Demonstrate their current football skills.

4.5 - 9 Hours:

Content: Structured opportunities for students to work on their passing, catching, kicking, and blocking skills will be provided. Offensive patterns for receivers and running backs will be introduced. Offensive formations as well as rules governing offensive play will be included.

Student Performance Objectives: Demonstrate the techniques for throwing, catching, and kicking the football. Explain the rules specific to blocking.

4.5 - 9 Hours:

Content: Information will be provided on defensive skills and defensive formations. This may include: the responsibilities of the defensive line and defensive backs, zone vs. man to man coverage, and the rules governing defensive play.

Student Performance Objectives: Discuss the benefits/detriments of playing zone defense and/or playing man to man defense. Explain the rules governing defensive play.

3 - 6 Hours:

Content: The opportunity to practice all skills learned to date will be provided through a variety of activities. Offensive and defensive strategies will be presented, discussed, and practiced.

Student Performance Objectives: Develop, explain, and demonstrate an offensive play. Discuss the defense that could be utilized against each of the offensive plays presented.

7.5 - 15 Hours:

Content: Teams will be established and opportunities will be provided for them to develop offensive and defensive schemes. Competition could be included in 5, 7, and/or 8 player teams. Tournament play may be provided. Round robin or some other type of tournament format could be used.

Student Performance Objectives: Participate in tournament play where they will demonstrate their skills, knowledge of the rules, and strategies. Perform at several positions, demonstrating the skills required at that position.

3 - 6 Hours:

Content: Skill testing.

Student Performance Objectives: Participate in skill testing. Discuss the rules governing the different positions.

2 Hours:

Final

**METHODS OF INSTRUCTION:**

demonstration, small groups, stations

**METHODS OF EVALUATION:**

Writing assignments

None - Course primarily involves skill demonstration or problem solving

Skill demonstrations

Percent of total grade: 40.00 %

30% - 50% Demonstration

Objective examinations

Percent of total grade: 10.00 %

Objective examinations: 0% - 20% Multiple Choice, True/False, Completion

Other methods of evaluation

Percent of total grade: 50.00 %

Other methods of evaluation: 40% - 60% Requires student participation.

OUT OF CLASS ASSIGNMENTS:

**REPRESENTATIVE TEXTBOOKS:**

No textbook required. Handouts will be provided as needed.

**ARTICULATION and CERTIFICATE INFORMATION**

Associate Degree:

GAV E1, effective 201570

CSU GE:

CSU E, effective 201570

CSU E1, effective 201370

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201570

UC TRANSFER:

Transferable UC, effective 201570

**SUPPLEMENTAL DATA:**

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department: ATH

CSU Crosswalk Course Number: 77

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours: 1

Minimum Hours: .5

Course Control Number: CCC000533734

Sports/Physical Education Course: Y

Taxonomy of Program: 083550