



5055 Santa Teresa Blvd  
Gilroy, CA 95023

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### Course Outline

**COURSE:** ATH 38                      **DIVISION:** 40                      **ALSO LISTED AS:**

**TERM EFFECTIVE:** Summer 2024                      **CURRICULUM APPROVAL DATE:** 04/09/2024

**SHORT TITLE:** INTERCOLLEGIATE BASEBALL

**LONG TITLE:** Intercollegiate Baseball

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
2.5 OR 3	18	Lecture:	0	0
		Lab:	7.5 OR 10	135 OR 180
		Other:	0	0
		Total:	7.5 OR 10	135 OR 180

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Out of Class Hrs:            000.00  
Total Learning Hrs:        135.00 OR 180.00

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#### **COURSE DESCRIPTION:**

This course provides practice and competition in intercollegiate baseball for men. Before participating, students must have completed a physical exam and their athletic eligibility paperwork. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass.

**PREREQUISITES:**

**COREQUISITES:**

**CREDIT STATUS:** D - Credit - Degree Applicable

#### **GRADING MODES**

- L - Standard Letter Grade
- P - Pass/No Pass

**REPEATABILITY:** R - Course may be repeated  
Maximum of 3 times

## SCHEDULE TYPES:

- 04 - Laboratory/Studio/Activity
- 047 - Laboratory - LEH 0.7
- 05 - Hybrid
- 71 - Dist. Ed Internet Simultaneous
- 73 - Dist. Ed Internet Delayed LAB
- 737 - Dist. Ed Internet LAB-LEH 0.7

## STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. The student will demonstrate the skills required of their position.
2. The student will execute game strategies specific to an opponent.
3. The student will implement game and season goals.

## COURSE OBJECTIVES:

By the end of this course, a student should:

1. The student will be able to discuss and execute the game plan specific to that week's opponent(s).
2. Execute offensive and defensive strategies in scrimmage and game situations.
3. Demonstrate the hand signals and explain what they mean
4. Demonstrate skill techniques specific to the individual players position will be by the player Utilizing the information provided and the skills developed, the students will be able to execute these strategies in scrimmage and game situations.
5. Demonstrate proper stretching techniques. Participate in the various drills and execute the skills required.

## COURSE CONTENT:

Curriculum Approval Date: 04/09/2024

15-20 Hours

Discussion of course requirements and objectives of the class. Stretching and conditioning activities specific to baseball. Conditioning drills designed for improving baseball skills. This may include such drills as: form running, "pickle's", sliding, and base-running. Students who repeat the class will be provided with a leadership opportunity by the instructor. They will have their skills or proficiencies enhanced by supervised repetition and practice.

18-28 Hours

Development of individual and team skills required for baseball. This may include working on bunting, pick-off plays,

blocking balls, fielding grounders, catching fly balls, batting practice, infield and outfield situations, and hitting the cut-off. Discussion and demonstration of the signs to be used during a game.

Introduce or review the offensive (bunt, hit and run, steal) and defensive (rundowns, pick-off plays, bunt coverage, first and third defense) strategies that will be used throughout the season.

Students who repeat this course will become more proficient in these skills through repetition of the drills. They will gain an increased knowledge of the strategies involved in the sport as well as the opportunity to improve on their consistency.

**COURSE CONTENT (CONTINUED):**

80-110 Hours

Implementation of game plan specific to that week's opponent(s). Students who repeat the class will improve on consistency and increase their success rate.

NOTE: The daily class schedule will generally utilize the following format:

---warm up (conditioning and stretching)

---form running

---catching and throwing

---individual work on skills and techniques broken down into small groups by position

---team work - reviewing and implementing offensive and defensive situations, which may include scrimmage

---conditioning

NOTE: A week is typically broken into:

---Monday - warm up, emphasis on fundamentals, review game situations

---Tuesday - intercollegiate competition

---Wednesday - warm-up, fundamentals work, review situations

---Thursday - intercollegiate competition

---Friday - warm up, work on fundamentals, situational review

20 Hours

Individual meetings/evaluations of each player with the coach/instructor.

2 Hours

Final Exam.

NOTE: Intercollegiate athletics at Gavilan College is conducted according to the regulations of the California Community College Athletics Association and under the supervision of the Coast Conference.

**METHODS OF INSTRUCTION:**

Demonstration, Discussion, Small Group Activities

**METHODS OF EVALUATION:**

Skill demonstrations

Evaluation Percent 60

Evaluation Description

Percent range of total grade: 40 % to 60 %

Performance Exams

Other methods of evaluation

Evaluation Percent 40

Evaluation Description

Percent range of total grade: 40 % to 60 %

Class participation required.

## **ARTICULATION and CERTIFICATE INFORMATION**

Associate Degree:

GAV E1, effective 201570

CSU GE:

CSU E, effective 201570

CSU E1, effective 200470

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201570

Not Transferable

UC TRANSFER:

Transferable UC, effective 201570

Not Transferable

## **SUPPLEMENTAL DATA:**

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000562614

Sports/Physical Education Course: Y

Taxonomy of Program: 083550