

Course Outline

COURSE: ATH 35 **DIVISION:** 40 **ALSO LISTED AS:**

TERM EFFECTIVE: Spring 2022 **CURRICULUM APPROVAL DATE:** 3/8/2022

SHORT TITLE: INTERCOLLEGIATE BASKETBALL

LONG TITLE: Intercollegiate Basketball

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
2.5 OR 3	18	Lecture:	0	0
		Lab:	7.5 OR 10	135 OR 180
		Other:	0	0
		Total:	7.5 OR 10	135 OR 180

COURSE DESCRIPTION:

This course provides practice and competition in intercollegiate basketball. Before participating, students must have completed a physical exam and their athletic eligibility paperwork. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

- L - Standard Letter Grade
- P - Pass/No Pass

REPEATABILITY: R - Course may be repeated
Maximum of 3 times

SCHEDULE TYPES:

- 04 - Laboratory/Studio/Activity
- 046 - Laboratory - LEH 0.6
- 04A - Laboratory - LEH 0.65
- 05 - Hybrid
- 71 - Dist. Ed Internet Simultaneous
- 73 - Dist. Ed Internet Delayed LAB
- 73A - Dist. Ed Internet LAB-LEH 0.65

STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. The student will access the defensive system employed and produce offensive skills to attack this system.
2. The student will execute the appropriate defense by utilizing fundamentally sound defensive principles.
3. The student will execute the game plan for each contest, which will then support the game and season goals.

COURSE OBJECTIVES:

By the end of this course, a student should:

1. Execute each game plan.
2. Execute the offenses and defenses in a scrimmage situation.
3. Demonstrate one and two player offensive positioning/skills and execute fundamentally sound defensive skills. Explain and demonstrate man and zone defenses.
4. Identify and execute the various types of drills and skills to be performed specific to warm up and conditioning.
5. Demonstrate proper stretching and warm-up techniques.

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 3/8/2022

10 Hours

Discussion of course requirements and expectations of the class.

Stretching and conditioning drills will be introduced. Students who repeat the class will be provided with a leadership opportunity by the instructor.

30 Hours

Presentation of conditioning activities specific to the sport of basketball and designed for improving skills. This may include such

drills as: weave, 2 on 1, 3 on 2 and the individual skills of ball-handling, passing, shooting and rebounding. Students who repeat this course will become more proficient in these skills through repetition of the drills.

30 Hours

Class will continue to work on conditioning and skills required to compete. Development of individual and team skills required of basketball. This may include working on the offensive skills of screens, pick and roll, give and go, and the defensive skills of blocking out, rebounding, and sound guarding fundamentals. Work on post moves, guard play and wing play will also be included. Discussion and practice of man to man principles and zone responsibilities. Students who repeat this class will have their skills or proficiencies enhanced by supervised repetition and practice.

20 Hours

Implement offenses and defenses, such as: man, flex, scramble, motion, triange, passing game, half court and full court offenses and man to man, 2-3, match-up zone, half court press and full court press defenses. Students who repeat this class will gain an increasing knowledge of the strategies involved in the offenses and defenses.

45 -90 Hours

Formulate and execute a game plan specific to that week's opponent(s). Students who repeat the course will improve on consistency and increase their success rates.

NOTE: The daily class schedule will generally be:

- warm-up (stretching and conditioning)
- skill work (examples being ball handling, shooting, and rebounding)
- 'Chalk Talk' (viewing film and scouting reports)
- breakdown drills - 2 on 2 and 3 on 3
- work on team situations (such as attacking the zone press, half court man to man, and half court zone)
- scrimmage
- game-like situations (such as free throw offense and last second shots)
- conditioning

NOTE: A typical week's schedule is:

- Monday - conditioning, skill work, introduce game plan
- Tuesday - review scouting report and game plan in preparation for upcoming opponent
- Wednesday - intercollegiate contest
- Thursday -work on techniques and situations specific to the last game and the next game, introduce scouting report for upcoming opponent, discuss game plan
- Friday - intercollegiate contest

Final.

NOTE: Intercollegiate basketball at Gavilan College is conducted according to the regulations of the California Community College Athletics Association and under the supervision of the Coast Conference.

METHODS OF INSTRUCTION:

Demonstration, Video, Discussion, Small group Activities, 'Chalk Talks'.

METHODS OF EVALUATION:

Skill demonstrations

Evaluation Percent 60

Evaluation Description

Skill demonstrations: 40% - 60% Class performance

Other methods of evaluation

Evaluation Percent 40

Evaluation Description

Other methods of evaluation: 40% - 60% Participation required.

REPRESENTATIVE TEXTBOOKS:

N/A

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

GAV E1, effective 201570

CSU GE:

CSU E, effective 201570

CSU E1, effective 200830

IGETC:

CSU TRANSFER:

Transferable CSU, effective 201570

UC TRANSFER:

Transferable UC, effective 201570

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: E

Maximum Hours:

Minimum Hours:

Course Control Number: CCC000562972

Sports/Physical Education Course: Y

Taxonomy of Program: 083550