

### Course Outline

**COURSE:** ATH 25                      DIVISION: 40                      ALSO LISTED AS: KIN 25      PE 25

TERM EFFECTIVE: Spring 2018                      CURRICULUM APPROVAL DATE: 03/13/2017

SHORT TITLE: SOCCER

LONG TITLE: Soccer

<u>Units</u>	<u>Number of Weeks</u>	<u>Type</u>	<u>Contact Hours/Week</u>	<u>Total Contact Hours</u>
.5 OR 1	18	Lecture:	0	0
		Lab:	1.5 OR 3	27 OR 54
		Other:	0	0
		Total:	1.5 OR 3	27 OR 54

#### **COURSE DESCRIPTION:**

This is a sport specific sport designed for our student-athletes. Fundamentals, strategy and rules of the game of soccer are included. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass.

PREREQUISITES:

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

#### GRADING MODES

L - Standard Letter Grade

P - Pass/No Pass

REPEATABILITY: R - Course may be repeated

Maximum of 3 times

SCHEDULE TYPES:

04 - Laboratory/Studio/Activity

#### **STUDENT LEARNING OUTCOMES:**

1. Demonstrate dribbling, shooting, passing and trapping the soccer ball with the inside and outside of their feet; trapping the ball with their body and legs; and heading the ball in a desired direction in drills and games.

Measure of assessment: demonstration

Year assessed, or planned year of assessment: 2017

Semester: Summer

2. Describe the general strategies and rules of the game.

Measure of assessment: written exam, oral exam

Year assessed, or planned year of assessment: 2017

## **CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS**

Curriculum Approval Date: 03/13/2017

3 - 6 Hours

Content: Course description and methods of evaluation. An overview, including field markings and equipment required, will be provided. Introduce stretching and warm-up exercises appropriate for soccer. The fundamental skills involved in soccer will be described and demonstrated.

Student Performance Objectives: Demonstrate stretching and warm-up exercises utilized for soccer. Identify the field markings used in class.

6 - 12 Hours

Content: Warm-up running, stretching and ball handling drills. Introduction and/or review of trapping, passing and dribbling skills. This may include passing with the inside and outside of the foot; trapping using the sole, chest and leg; and various dribbling methods. Guided practice opportunities will be provided. Introduce heading the ball. Discussion of the positions on the field, each positions' responsibilities, and methods for advancing the ball up the field. Scrimmage opportunities involving 3 on 2 and 2 on 1 offense vs. defense will be organized. Strategies for offensive and defensive play will be included. The rules of the game of soccer will be provided.

Student Performance Objectives: Demonstrate at least two methods each for trapping, passing and dribbling the soccer ball. Explain how to head the ball. Discuss the rules of the game and offensive and defensive strategies.

4.5 - 9 Hours

Content: Warm-up running, stretching and ball handling drills. Review and practice skills previously introduced and teach juggling the ball, starting with juggling on one knee then letting the ball drop to a foot. Then teach juggling with the head, knee and foot. Review trapping with the chest, then allowing the ball to drop to the knees and eventually the feet. Introduce the free kick, throw-in and penalty kicks. Scrimmage opportunities can be provided to allow students to utilize their skills.

Student Performance Objectives: Participate in skill tests. Demonstrate trapping, passing, dribbling, juggling and heading the soccer ball. Explain when free kicks, throw-ins and penalty kicks are used.

4.5 - 9 Hours

Content: Warm-up running, stretching and ball handling drills. Demonstrate the techniques of tackling and blocking and set up drills to allow students to practice these skills. Discuss the role and skills necessary for the goalkeeper. Guided practice opportunities will be provided.

Student Performance Objectives: Demonstrate proper tackling and blocking techniques. Participate as the goalie at least once during game play.

7.5 - 15 Hours

Content: Students will complete their warm-up running, stretching and line drills and then be divided into teams for game play. Emphasis will be on teamwork and execution of the fundamental skills.

Student Performance Objectives: Apply the skills learned throughout the class during game play. Participate in all aspects of the class.

2 Hours

## **METHODS OF INSTRUCTION:**

Lecture, demonstration, and guided practice.

## **METHODS OF EVALUATION:**

Skill demonstrations

Percent of total grade: 60.00 %

Demonstration  
Objective examinations  
Percent of total grade: 10.00 %  
Multiple Choice, True/False, Matching Items, Completion  
Other methods of evaluation  
Percent of total grade: 30.00 %  
Other: Requires student participation

**OUT OF CLASS ASSIGNMENTS:**

Assignment Description: As this is a lab course it requires no out of class assignments.

**REPRESENTATIVE TEXTBOOKS:**

No textbook required.

**ARTICULATION and CERTIFICATE INFORMATION**

Associate Degree:  
    GAV E1, effective 201570  
CSU GE:  
    CSU E, effective 201570  
    CSU E1, effective 201370  
IGETC:  
CSU TRANSFER:  
    Transferable CSU, effective 201570  
UC TRANSFER:  
    Transferable UC, effective 201570

**SUPPLEMENTAL DATA:**

Basic Skills: N  
Classification: Y  
Noncredit Category: Y  
Cooperative Education:  
Program Status: 1 Program Applicable  
Special Class Status: N  
CAN:  
CAN Sequence:  
CSU Crosswalk Course Department: ATH  
CSU Crosswalk Course Number: 25  
Prior to College Level: Y  
Non Credit Enhanced Funding: N  
Funding Agency Code: Y  
In-Service: N  
Occupational Course: E  
Maximum Hours: 1  
Minimum Hours: .5  
Course Control Number: CCC000533730  
Sports/Physical Education Course: Y  
Taxonomy of Program: 083550

