

Course: AH 46

Also Listed As:

Term Effective: 200970, INACTIVE COURSE

Short Title: RN HOME HEALTH CERT

Full Title: Graduate RN Home Health Certification

<u>Contact Hours/Week</u>	<u>Units</u>	<u>Number of Weeks</u>	<u>Total Contact Hours</u>
Lecture: 2	6	17.34	Lecture: 34.68
Lab: 32			Lab: 554.88
Other: 0			Other: 0
Total: 34			Total: 589.56

Credit Status: D - Credit - Degree Applicable

Grading Modes: P - Pass/No Pass

Repeatability: N

Schedule Types: 02 Lecture and/or discussion  
 03 Lecture/Laboratory  
 04 Laboratory/Studio/Activity

Course Description:

This course is designed to prepare graduate RN's and licensed RN's for entry level home health positions. Opportunities and challenges in the home care setting will be addressed through classroom and clinical experiences. Students are assigned a RN preceptor selected from a home health agency. This is a pass/no pass course.  
 PREREQUISITE: Eligible for national licensing exam (NCLEX-RN).

## ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Transferable CSU, effective 199830

UC TRANSFER:

Not Transferable

PREREQUISITES:

COREQUISITES:

STUDENT LEARNING OUTCOMES:

Overall:

1. Identify the effects of health care changes and managed care in home health.
2. Identify skills required for a successful transition into home health.
3. Distinguish roles of the multi-disciplinary home care team as it relates to the home care delivery system.
4. Describe standards and guidelines for documentation, regulations, reimbursement and quality assurance consideration in home care.
5. Implement the nursing process as it relates to home care.
6. Demonstrate clinical skills required in home care when working with all age groups.
7. Discuss ethical and legal aspects relevant to home health nursing practice.
8. Provide care for a group of clients in the home setting in a safe, timely and cost effective manner.
9. Implement critical thinking skills to problem solve, make appropriate decisions, and set priorities in the home care environment.

Theory: Upon completion of this course, the learner will be able to:

1. Delineate the roles of the registered nurse in home health care.
2. Discuss the role of the home health nurse as manager of client care including continuity, advocacy, and accountability.
3. Recognize the influence of culture in home health nursing.

Clinical: Upon completion of this course, the learner will be able to:

1. Complete an assessment of the client, family, and environment in home care.
2. Diagnose home care needs and establish a plan of care in collaboration with the client in the health care team.
3. Implement planned nursing interventions and teaching strategies to assist the client in goal attainment.
4. Evaluate client progress toward defined goals, effectiveness of nursing interventions and revise plan of care as needed.
5. Participate in self-evaluation and peer review.
6. Practice within the ethical and legal framework of home health nursing.

COURSE OBJECTIVES:

Week 1 Upon completion of this unit, the student will be able to:

1. Identify the progress and current status of home health

nursing; and

2. Distinguish between the hospital and home health care nursing role.

Week 2 Upon completion of this unit, the student will be able to:

1. Discuss individual, family, and community assessments in home health nursing; and

2. Describe the implementation of the nursing process in the home setting.

Week 3 Upon completion of this unit, the student will be able to:

1. Discuss standards and guidelines for documentation related to reimbursement issues, and

2. Identify common documentation form and when to use.

Week 4 Upon completion of this unit, the student will be able to:

1. Discuss roles and functions of the home health care team; and

2. Identify the effect of reimbursement and health care reform on home care nursing practice.

Week 7 Upon completion of this unit, the student will be able to:

1. Discuss legal and ethical issues relevant to home health nursing practice, and

2. Identify issues pertaining to confidentiality and access to home care records.

Week 8 Upon completion of this module, the student will be able to:

1. Demonstrate inserting a peripheral IV and drawing blood with emphasis on safety;

2. Demonstrate proper use of various infusion pumps, and

3. Identify different types of IV solutions and when they are used.

#### TOPICS AND SCOPE:

Inactive Date: 05/11/2009

Inactive Term: Fall 2009

1 2 Lec Introduction to Home Health Course

32 Lab Overview of Home Health Nursing

I. Historical perspective of home care

II. Transition from hospital based to home care

1) Access to support, 2) Critical Thinking,

3) Autonomous decision making/prioritizing, 4)

Time management--visits, charting, duplications

III. Adapting to the transition

1) Client vs. Hospital turf, 2) Orientation

toward reimbursement, 3) Isolation-Independence,

4) professional accountability

IV. Home visiting Step

1) Pre-visit - telephone screening/mapping

2) Visit, 3) Post visit

V. ANA Home Care Nursing Standards (handout)

VI. Home Care Bill of Rights (handout)

VII. Safety Considerations

1) Universal precautions, 2) infection

control, 3) Biohazardous waste management,

4) Client/nurse safety issues, 5) Neighbor-

hood safety

2 2 Lec Assessment

32 Lab Individual - Cultural Diversity, Physical (chief

complaint, past medical history, general

appearance, skin, HEENT, respiratory, CV,

GI, musculoskeletal, neurological, endocrine, head-to-toe assessment, focus assessment), Personal Hygiene/ADLs (shopping, cleaning, cooking, transportation), Medical List/OTC, Nutrition, Social (Health maintenance-exercise, diet, stress management, lifestyles, habits, occupation, recreations), Economic, psychological--support systems, spiritual, Home Environment - neighborhood, accessibility, lighting (inside and out), sturdy handrails, non-skid stair treads, telephone and emergency telephone numbers, electrical cords and appliances, furniture arranged for unobstructed passage, comfortable temperature, smoke detectors, fireplaces/heaters, throw rugs tacked down or removed, alternative exits, basements & attics well lit and ventilated, slippers & shoes (non-skid, fit properly) medication storage, cleanliness, plumbing in good condition, shelves easy to reach, poisons clearly marked and stored separately, high toilet seats, grab bars, first aid kit. Family - demographics/locations, dynamics (support, relationships, roles, functions), self-care, coping index

Community - geographical features, climate, housing/zoning, transportation, health services, data gathering, resources

Problem Identification - nursing diagnosis

Goals - short/long term, setting priorities

Formulation of a plan for treatment

Implementing Plan of Care/Treatment - family/client teaching, outcome criteria, evaluating/planning for discharge

3 2 Lec Reimbursement Issues - Medicare, Medical, managed

32 Lab care, private insurance, capitated

Roles/Functions of the Home Health Nurse professional accountability, job descriptions, clinical ladders, pay, pagers, travel time

Role of Home Care Providers--RN, LVN, HHA, Homemaker

Interdiscipline aspects, Delegating, Case Management Role, Performance Improvement

Orders - criteria for physician's orders, initial orders/referrals, skilled nursing one-time-only visits, billable/nonbillable, supplemental orders

Home visits - admission criteria, interviewing techniques, communication skills, rapport/trust, written documentation

4 2 Lec Home Health Guidelines - regulatory issues (Title 22,

32 Lab JCAHO, CHAP, Medicare - B12, flu shots, Epogen, Calcimar

I. Financial Issues

A) Conditions to be met for coverage of home health services 1) Medicare initial criteria

for coverage, 2) Service coverage criteria  
B) Reimbursement Guidelines 1) Cost caps,  
2) Cost report, 3) Audit Process

## II. MediCal Reimbursement Guidelines

A) Schedule of Maximum Allowances, B) The  
Treatment Authorization Process C) MediCal  
Case Management, D) MediCal Managed Care

## III. Health Maintenance Organizations (HMOs)

A) Risk pools, B) Contracts, C) Utilization  
proces/the nurse's responsibility, D) Visit  
authorization/the nurse's responsibility

## IV. Miscellaneous Cost Factors

A) Supplies, B) Mileage, C) Car Stock

## V. Documentation (differences based on payer--

Medicare (negative) vs. Managed Care (progress)

--Home Health Certification/POT, advance

directives, client's rights/responsibilities,

intake process, visits-frequency, monthly

visit documentation requirements, daily visit

-field chart requirements, clinical pathways-

charting by exception, discharge,

Resuscitation/DNR, common abbreviations,

daily activity sheets, communication sheet,

homebound status.

## 5 2 Lec Delivery of Nursing Care Across the Lifespan--

32 Lab special populations needs, pulse oximeter/blood

glucose, specimen collection/handling, wound care--

clean vs sterile, enterostomal therapy

Emergencies - anaphylaxis kit (for IV nurses),

heparin, benadryl, epinephrine

Nurse's Bag -- supplies, car stock, enteral feeding

Car Stock Home Visit - essential equipment and

supplies (sphygmomanometer, stethoscope,

thermometers, instrument set, syringe/needles/

venipuncture devices, soap/paper towels/

antiseptic wipes, tape measure, penlight,

gloves/mask/goggles, wound care supplies,

catheter/suction/enema equipment, irrigation

set-up, glucose monitoring device, CPR mask,

other.

## Bag technique

## 6 2 Lec Client/Family Education

32 Lab Overview of Patient Education - special

circumstances, types of learners, adult learning

principles, guidelines for effective education,

determining the readiness of the learner, selecting

patient education materials, documentation

considerations for client teaching, challenges in

client/family education

Pain Assessment/Management - PCA/Narcotics (Pharmacy

to deliver)

Hospice Care, Death of Client in Home, Special

needs of the dying person, community resources,

attitudes about death: their effect of behavior,

crisis intervention: technique and practice,

when an older person dies, how an older person view death, death of a child, grief/bereavement  
7 2 Lec Ethical dilemmas in home health nursing  
32 Lab Confidentiality, ethical considerations  
Legal concepts in home health nursing  
Negligence vs malpractice, examples of negligence, standards of care  
legal considerations in home health nursing  
client's access to health care records, agency has ownership rights, client has legal right to information  
witnessing documents, admission criteria, assessment of safe environment, transfer criteria, discharge criteria, providing the appropriate disciplines, emergencies  
8 2 Lec Home infusion therapy - peripheral IVs, Central catheters, Infusion pumps/CADD pumps, hyperalimentation--TPN, lipids, blood drawing, chemotherapy-administration & safety precautions

**METHODS OF INSTRUCTION:**

Lecture/discussion, small group work, demonstration/return demonstration, case study presentations, films/videos, transparencies/slides/handouts, role playing.

**METHODS OF EVALUATION:**

**REPRESENTATIVE TEXTBOOKS:**

Humphrey, C: *Orientation to Home Care Nursing*<sup>s</sup>  
Aspen Publishing Co., current edition

**SUPPLEMENTAL DATA:**

Basic Skills: N  
Classification: I  
Noncredit Category: Y  
Cooperative Education:  
Program Status: 1 Program Applicable  
Special Class Status: N  
CAN:  
CAN Sequence:  
CSU Crosswalk Course Department: AH  
CSU Crosswalk Course Number: 46  
Prior to College Level: Y  
Non Credit Enhanced Funding: N  
Funding Agency Code: Y  
In-Service: N  
Occupational Course: B  
Maximum Hours:  
Minimum Hours:  
Course Control Number: CCC000456056  
Sports/Physical Education Course: N  
Taxonomy of Program: 123010