

Course Outline

COURSE: AH 282 **DIVISION:** 50 **ALSO LISTED AS:** AH 182
TERM EFFECTIVE: Spring 2018 **CURRICULUM APPROVAL DATE:** 10/23/2017

SHORT TITLE: HOME HEALTH CARE

LONG TITLE: Home Health Care

Units	Number of Weeks		Contact Hours/Week		Total Contact Hours
2	18	Lecture:	1.5	Lecture:	27
		Lab:	1.5	Lab:	27
		Other:	0	Other:	0
		Total:	3	Total:	54

COURSE DESCRIPTION:

This two (2) week, eight (8) day course is designed to prepare students to provide basic health care in the home environment. This course includes interpretation of medical/social needs, personal care services, cleaning tasks, nutrition, and the scope of limitations of a home health aide. All students who achieve a grade of "C" or better will be eligible for a Home Health Aide Certificate from the State of California Department of Public Health. **PREREQUISITE:** Active California C.N.A. certification or successful completion with a minimum score of 75% or equivalent in AH 180. Also, eligible for English 250 and English 260. Clearance from the California Department of Health Services (Form HS283B), fingerprint clearance, negative drug screen, required immunizations, negative TB screen, and health clearance required to clinical placement. This course was previously listed as AH 182.

PREREQUISITES:

- (Completion of AH 180, as UG, with a grade of C or better., Concurrent OK AND Completion of ENGL 440, as UG, with a grade of C or better. AND Completion of ENGL 420, as UG, with a grade of C or better.)
- OR
- (Completion of AH 180, as UG, with a grade of C or better., Concurrent OK AND Completion of ENGL 440, as UG, with a grade of C or better. AND Completion of ESL 562, as UG, with a grade of C or better.)
- OR
- (Completion of AH 180, as UG, with a grade of C or better., Concurrent OK AND Completion of ESL 563, as UG, with a grade of C or better. AND Completion of ENGL 420, as UG, with a grade of C or better.)
- OR
- (Completion of AH 180, as UG, with a grade of C or better., Concurrent OK AND Completion of ESL 563, as UG, with a grade of C or better. AND Completion of ESL 562, as UG, with a grade of C or better.)
- OR

(Completion of AH 180, as UG, with a grade of C or better., Concurrent OK
AND Score of 15 on CTEP Writing
AND Completion of ENGL 420, as UG, with a grade of C or better.)

OR

(Completion of AH 180, as UG, with a grade of C or better., Concurrent OK
AND Score of 15 on CTEP Writing
AND Completion of ESL 562, as UG, with a grade of C or better.)

OR

(Completion of AH 180, as UG, with a grade of C or better., Concurrent OK
AND Completion of ENGL 440, as UG, with a grade of C or better.
AND Score of 18 on CTEP Reading)

OR

(Completion of AH 180, as UG, with a grade of C or better., Concurrent OK
AND Completion of ESL 563, as UG, with a grade of C or better.
AND Score of 18 on CTEP Reading)

OR

(Completion of AH 180, as UG, with a grade of C or better., Concurrent OK
AND Score of 15 on CTEP Writing
AND Score of 18 on CTEP Reading)

OR

(Completion of AH 180, as UG, with a grade of C or better., Concurrent OK
AND Completion of ENGL 250, as UG, with a grade of C or better.
AND Completion of ENGL 260, as UG, with a grade of C or better.)

OR

(Completion of AH 180, as UG, with a grade of C or better., Concurrent OK
AND Completion of ENGL 250P, as UG, with a grade of C or better.
AND Completion of ENGL 260P, as UG, with a grade of C or better.)

OR

(Completion of AH 180, as UG, with a grade of C or better., Concurrent OK
AND Completion of SSCI 270A, as UG, with a grade of C or better.
AND Completion of ENGL 250, as UG, with a grade of C or better.)

OR

(Completion of AH 180, as UG, with a grade of C or better., Concurrent OK
AND Completion of SSCI 270B, as UG, with a grade of C or better.
AND Completion of ENGL 250, as UG, with a grade of C or better.)

OR

(Completion of AH 180, as UG, with a grade of C or better., Concurrent OK
AND Completion of ENGL 1A, as UG, with a grade of C or better.)

OR

(Completion of AH 180, as UG, with a grade of C or better., Concurrent OK
AND Completion of ENGL 1B, as UG, with a grade of C or better.)

OR

(Completion of AH 180, as UG, with a grade of C or better., Concurrent OK
AND Completion of ENGL 1C, as UG, with a grade of C or better.)

OR

(Score of 1300 on Accuplacer English Writing
AND Completion of ENGL 420, as UG, with a grade of C or better.
AND Completion of AH 180, as UG, with a grade of C or better., Concurrent OK)

OR

(Score of 3300 on Accuplacer English Reading

AND Completion of ENGL 440, as UG, with a grade of C or better.

AND Completion of AH 180, as UG, with a grade of C or better., Concurrent OK)

OR

(Score of 1300 on Accuplacer English Writing

AND Completion of ESL 562, as UG, with a grade of C or better.

AND Completion of AH 180, as UG, with a grade of C or better., Concurrent OK)

OR

(Score of 3300 on Accuplacer English Reading

AND Completion of ESL 563, as UG, with a grade of C or better.

AND Completion of AH 180, as UG, with a grade of C or better., Concurrent OK)

OR

(Score of 1300 on Accuplacer English Writing

AND Score of 3300 on Accuplacer English Reading

AND Completion of AH 180, as UG, with a grade of C or better., Concurrent OK)

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

02 - Lecture and/or discussion

03 - Lecture/Laboratory

04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:

1. Students will analyze pre-written patient care plans and will implement the plan of care safely in home environment.

Measure of assessment: Written care plans, Clinical evaluations

Year assessed, or planned year of assessment: 2015

2. Student will use principles of college level mathematical concepts to correctly calculate a resident fluid intake and output, and using metric and apothecary systems to calculate height and weight in a home setting.

Measure of assessment: Clinical evaluations, Clinical calculation exams (required to pass the course)

Year assessed, or planned year of assessment: 2015

3. Students will interact effectively with people of all ages, many cultures and ethnicities demonstrating awareness of the students' own values and opinions, as well as awareness and respect of the opinions and values of others.

Measure of assessment: Clinical evaluations, Classroom participation in discussions regarding ethical dilemmas of patient care

Year assessed, or planned year of assessment: 2015

4. Student will begin using nursing process to prioritize and organize nursing care and to problem solve in home setting. Nursing process includes: a. Assessment of objective and subjective patient data b. Analyzing the data and using the information to develop patient outcomes in planning patient care c. Listening and

implementing nursing interventions which will accomplish the defined outcomes for a given patient d. Evaluating the interventions' effectiveness in meeting the outcomes e. Revising the plan of care as needed based on the information from the evaluation

Measure of assessment: Written care plans, Active care plans in clinical setting Case studies using actual patients

Year assessed, or planned year of assessment: 2015

5. Student will use therapeutic nursing interventions which reflect the standard of nursing practice. This will be exhibited by the student's ability to use psychomotor and psychosocial interventions which promote health; and prevent, minimize, or resolve problems as identified by the nurse and patient. Therapeutic interventions are independent actions grouped in theory-based research and experiences in home setting.

Measure of assessment: Clinical evaluation of skills performed on last day of class. Interpretation of Patient Care plans and documentation of care provided to assigned patients in a home setting.

Year assessed, or planned year of assessment: 2015

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 10/23/2017

Each week the students will read assigned chapters and complete assignments.

WEEK 1 2 HOURS

Orientation

Course Introduction

Clinical hours arrangement

Nutrition assignment

Grading procedures

WEEK 2 2 HOURS

Communication Skills

Basic Human Needs

WEEK 3 2 HOURS

Caring for Children

Caring for the Older Adult

Common Health Problems

Infection Control

WEEK 4 2 HOURS

Practical Home Management Skills

Basic Nutrition/Special Diets

Marketing and Meal Preparation

Assignment #1 due

WEEK 5 2 HOURS

Body Mechanics

WEEK 6 2 HOURS

Personal Care

Vital Signs

WEEK 7 2 HOURS

Caring for New Baby and Mother

WEEK 8 2 HOURS

Common Procedures and Treatment

WEEK 9 2 HOURS

Assisting with Medication

Assignment #2 due

WEEK 10 2 HOURS

Emergency Care/Discussion

Project: Research Project due

WEEK 11 2 HOURS

Final Exam

Course Description

Instructor: TBA

Subject: Home Health Aide

Text: Homemaker/Home Health Aide, 6th Edition, Spatz & Balduzzi. Delmar, 2005.

Days & Hours: Lecture: Mondays, 5:00 PM -
7:00 PM

Clinical: Saturday, November 4th - 7:30 AM to 3:00 PM
Sunday, November 5th - 7:30 AM to 3:00 PM
Saturday, November 11th - 7:30 AM to 12:30 PM

Hospital Clinical for a class

with more than 15 students: an additional clinical (20 hours) must be arranged.

Office Hours: By appointment, after class

Office Phone: TBA

Dept. Secretary: 408 848-4883 (for
messages)

Prerequisites: Each student is expected to participate in clinical settings. Each student is expected to show proof that he/she is a California State Certified Nurse Assistant, and certification to be free of active tuberculosis by TB skin test or chest x-ray. A recent health examination is also required prior to Hospital Clinical. Clearance from the Department of Health Services (Form HS 283) is required before a student can participate in a health facility. Fingerprints as required by DHS prior to clinical.

Course Description:

This course is designed to prepare

students to provide basic health care in the home. Subjects to be covered include interpretation of medical/social needs, personal care services, cleaning tasks, nutrition, and the scope and limitations of a home health aide. This course offers two college units. All students who achieve a grade of "C" or better will be issued a Home Health Aide Certificate from the State of California.

Course Objectives:

At the completion of this course, the student will be able to:

1. State the main functions of a home health aide.
2. State four chief responsibilities a home health aide has to the employing agency and four chief responsibilities the agency has to the aide.
3. Assess and interpret medical/social needs of the children, adults, and elderly who are ill or disabled.
4. State common signs and symptoms of illness.
5. Discuss the difference in providing personal care in the home vs. a health care facility.
6. Differentiate 5 kinds of diets and foods allowed and/or not allowed on each.
7. List cleaning tasks appropriate for a home health aide to perform.
8. Spend a minimum of 20 hours achieving clinical experience.

Attendance Requirements:

The

State of California has approved this course so that students can become certified. This means students must complete the minimum number of hours required to obtain State certification. Students missing more than the required number of hours may be dropped from the class with no possibility of credit or certification. Attendance in clinical is essential--theory and clinical hours are mandated by the State of California. Absences may result in failure to earn certification.

Student Responsibilities and Requirements:

1. Students are responsible for their own learning such as taking initiative to complete reading and written assignments and contribute to the class discussion and demonstration.
2. Each student is responsible to him/herself and the instructor for clarifying any questions or difficulties he/she may have with course material or requirements.
3. Because this class is of shorter duration than the entire semester, the drop and withdrawal periods are different than other courses.
4. Attendance requirements and grading procedures are described in the Gavilan College/Regional Occupational Program Nursing Assistant Handbook. Please read the entire contents of this book carefully and clarify any questions you may have. You will be asked to sign a contract which states you understand and are willing to comply with the policies and procedures of this program.

Grading and Clinical Evaluation:

Your grade for clinical will be pass or fail. You must pass to become certified.

Theory will be graded as to performance on the tests. A quiz, midterm, and final will be given.

Nutrition Assignment	=	50 points
The Quiz	=	50 points
The Midterm	=	100 points
The Final	=	100 points
300 total points possible for		

the theory portion of the grade.

A	=	90-100% of total points possible
B	=	80-89% of total points possible
C	=	70-79% of total points possible
D	=	60-69% of total points possible
F	=	Less

than 60%

Grading:

A	=	93-100%	C+	=	77-79%
A-	=	90-92%	C	=	70-76%
B+	=	87-89%	D	=	60-69%
B	=	83-86%	F	=	59% or less
B-	=	80-82%			

Student Honesty Policy Reference

Statement:

?Students are expected to exercise academic honesty and integrity. Violations such as cheating and plagiarism will result in disciplinary action which may include recommendation for dismissal.?

ADA Accommodation Statement:

?Students requiring special services or arrangements because of hearing, visual, or other disability should contact their instructor, counselor, or the Disabled Student Services Office.?

Occupational/Vocational Statement:

?Occupational/Vocational Students -- Limited English language skills will not be a barrier to admittance to and participation in

Vocational Education Programs.?

Please help keep Gavilan College a litter free campus and preserve its park-like setting. Thank you.

AH 182 - Home Health Aide

NUTRITION ASSIGNMENT

Assignment:

There will be a nutrition assignment for this class during the semester. The student will choose a culture/ethnic background that he/she is interested in learning about. The student will plan a lunch menu for a "client" considering this culture/ethnic background. The "client" will have a medically restricted diet, such as low salt, low fat, diabetic, or lactose intolerance. The meal/menu should be low to moderate cost. The meal/menu should utilize foods from the basic food groups/food pyramid.

The student will:

1. Discuss a culture/ethnic background.
2. Discuss a medical restriction.
3. Plan a meal.
4. Discuss the cost (cost per unit).
5. List the proper method to cook/prepare, serve the foods, store/package the foods after the meal is eaten.
6. Analyze the meal/menu for calories, protein, carbohydrate, and fat content.

The student will:

1. Write a term paper discussing all items listed above.
The Due Date for the term paper is Monday, November 20, 2000.
(Late papers will result in a lower grade.)
Points assigned to this term paper is 50 points.

Students will have an opportunity to discuss/observe nutritional functions at the hospital clinical.

Weekly Schedule

Lecture will meet Mondays, 5:00 PM to 7:00 PM in room

Date	Content	Readings
09/18/00	Orientation Course Introduction Clinical Hours Arrangement	Ch. 1
(Hospital)	Nutrition Assignment Grading Procedures	
09/25/00	Communication Skills Basic Human Needs	Ch. 2 Ch. 3
10/02/00	Caring for Children Caring for the Older	Ch. 4-8
Adult	Common Health Problems Infection Control	Ch. 10 Ch. 13
10/09/00	Practical Home Management Skills	Ch. 12-15

	Basic Nutrition/Special Diets	
	Marketing and Meal Preparation	
	QUIZ	
10/16/00	Body Mechanics & Guest Speaker	Ch. 16
10/23/00	Personal Care	Ch. 17-18
	Vital Signs	
10/30/00	Caring for New Baby & Mother	Ch. 19
11/06/00	Common Procedures	
and Treatment	Ch. 20-21	
	Review for Midterm	
11/13/00	MIDTERM	
	Assisting with Medication	Ch. 22
11/20/00	Emergency Care/Discussion	
	Review for Final/Handouts	
	NUTRITION PAPER	

DUE

Thanksgiving Holiday ? November 22, 23, & 24

METHODS OF INSTRUCTION:

Lecture, Discussion, demonstration/return demonstration, supervised clinical practice, quizzes, exams, clinical performance exam.

OUT OF CLASS ASSIGNMENTS:

Required Outside Hours:

Assignment Description: Out of class assignments are included in the content section.

METHODS OF EVALUATION:

Writing assignments

Percent of total grade: 15.00 %

Writing assignments: 15% - 85% Written homework Reading reports Lab reports Essay exams Term papers

Other: Classroom presentations, internet assignments

Problem-solving assignments

Percent of total grade: 5.00 %

Problem-solving demonstrations: 5% - 10% Homework problems Quizzes Exams Other: Minimum 85% competency level pass/fail only

Skill demonstrations

Percent of total grade: 20.00 %

Skill demonstrations: 20% - 80% Class performance exams Other: Case studies, computer programs

Objective examinations

Percent of total grade: 30.00 %

REPRESENTATIVE TEXTBOOKS:

Required Representative Textbooks

Birchenall, Joan. Mosby's Textbook and Workbook for the Home Care Aide 3rd edition. United States WY: Elsevier/Mosby,2013.

ISBN: ISBN: 9780323084338

Reading Level of Text, Grade: Reading level of text, Grade: 13+ Verified by: Verified by: Diane Reid

Recommended Other Texts and Materials

Mosby's Medical Dictionary

ARTICULATION and CERTIFICATE INFORMATION

Associate Degree:

CSU GE:

IGETC:

CSU TRANSFER:

Not Transferable

UC TRANSFER:

Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N

Classification: Y

Noncredit Category: Y

Cooperative Education:

Program Status: 1 Program Applicable

Special Class Status: N

CAN:

CAN Sequence:

CSU Crosswalk Course Department:

CSU Crosswalk Course Number:

Prior to College Level: Y

Non Credit Enhanced Funding: N

Funding Agency Code: Y

In-Service: N

Occupational Course: B

Maximum Hours: 3

Minimum Hours: 3

Course Control Number:

Sports/Physical Education Course: N

Taxonomy of Program: 123030