GAVILAN COLLEGE
5055 Santa Teresa Blvd
Gilroy, CA 95023

Course Outline

COURSE: AH 280 DIVISION: 40 ALSO LISTED AS: AH 180

TERM EFFECTIVE: Spring 2021 CURRICULUM APPROVAL DATE: 2/9/2020

SHORT TITLE: FUND NRSG/CONVALES

LONG TITLE: Fundamentals of Nursing--Convalescent

Units	Number of Weeks	Type	Contact Hours/Week	Total Contact Hours/Units
8.5	18	Lecture:	6	108 / 6 Units of Lecture
		Lab:	8	144 / 2.5 Units of Lab
		Other:	0	0
		Total:	14	252

Out of Class Hrs:	216.00
Total Learning Hrs:	468.00

COURSE DESCRIPTION:

A course to provide a basic introduction to patient care in the convalescent setting. Emphasizes principles, understanding and skills necessary to perform basic nursing procedures safely and effectively. Includes introduction to health care, planning, safety, infection control, personal care, basic procedures, rehabilitation, nutrition and clients' rights and needs. At the completion of this course students will qualify for state certification as a nursing assistant. PREREQUISITE: Clearance from the Department of Health Services (Form 283B), fingerprint card, health clearance, TB clearance, negative drug test and immunizations required prior to clinical placement. Uniform, shoes, watch, and stethoscope required. Clinical at designated nursing facility assigned depending on facility contract approval.

PREREQUISITES:

Clearance from the Department of Health Services (Form 283B), fingerprint card, health clearance, TB clearance, negative drug test and immunizations required prior to clinical placement. Uniform, shoes, watch, and stethoscope required. Clinical at designated nursing facility assigned depending on facility contract approval.

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES

L - Standard Letter Grade

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:

02 - Lecture and/or discussion
03 - Lecture/Laboratory
04 - Laboratory/Studio/Activity
047 - Laboratory - LEH 0.7
05 - Hybrid
71 - Dist. Ed Internet Simultaneous
72 - Dist. Ed Internet Delayed
73 - Dist. Ed Internet Delayed LAB
737 - Dist. Ed Internet LAB-LEH 0.7

STUDENT LEARNING OUTCOMES:

By the end of this course, a student should:

1. Students will analyze pre-written patient care plans and will implement the plan of care safely.

2. Student will use principles of college level mathematical concepts to correctly calculate a resident fluid intake and output, and using metric and apothecary systems to calculate height and weight.

3. Students will interact effectively with people of all ages, many cultures and ethnicities demonstrating awareness of the students' own values and opinions, as well as awareness and respect of the opinions and values of others.

4. Student will begin using nursing process to prioritize and organize nursing care and to problem solve. Nursing process includes: a. Assessment of objective and subjective patient data b. Analyzing the data and using the information to develop patient outcomes in planning patient care c. Listening and implementing nursing interventions which will accomplish the defined outcomes for a given patient d. Evaluating the interventions' effectiveness in meeting the outcomes e. Revising the plan of care as needed based on the information from the evaluation.

5. Student will use therapeutic nursing interventions which reflect the standard of nursing practice. This will be exhibited by the student's ability to use psychomotor and psychosocial interventions which promote health; and prevent, minimize, or resolve problems as identified by the nurse and patient. Therapeutic interventions are independent actions grouped in theory-based research and experiences.

COURSE CONTENT:

Curriculum Approval Date: 2/9/2020

LECTURE CONTENT:

The Fundamentals of Nursing Course will prepare students to perform basic nursing skills and duties in the convalescent care setting. The course

includes lecture and clinical practice in the nursing lab and at local convalescent hospitals. At the completion of this course, students who have maintained a grade of "C" and have complied with the

attendance policies will be eligible to apply for certification from the State of California which will complete job entry requirements. Gavilan College students earn 8.5 college units for successful

completion of this course.

Skills learned will include: promoting resident rights and independence, medical and surgical asepsis, body mechanics, rehabilitative/restorative care, emergency

procedures and prevention of catastrophe, resident care skills, vital signs, weights and measures, resident care procedures, nutrition, observation and charting.

15 hours theory

Module 1: Introduction

Module 2: Patient Rights 1 hour

Module 3: Interpersonal Skills

Module 4: Prevention and Management of Catastrophe and Unusual Occurrences

Module 5: Body Mechanics

Module 6: Medical & Surgical Asepsis

Module 15: Observation & Charting

10 hours theory

Module 6: Medical and Surgical Asepsis

Module 8: Patient Care Skills ? 1 hour

Module 4 and 12: Prevention and Management of Catastrophe and Unusual Occurrences and Emergency Procedures

Module 8: Patient Care Skills - 1 hour

Module 14: Rehabilitative

10 hours theory

Orientation to Clinical Site Assignments

Module 2: Resident Rights

Module 4: Prevention and Management of Catastrophe and Environmental Emergencies

Module 6: Medical Surgical Asepsis

Module 8: Patient Care Skills

10 hours theory

Module 5: Body Mechanics

Module 6: Medical Surgical Asepsis

Module 8: Patient Care Skills

Module 9: Patient Care Procedures

Module 10: Vital Signs

10 hours theory

Module 5: Body Mechanics

Module 8: Patient Care Skills

Module 9: Patient Care Procedures

Module 10: Vital Signs

Module 11: Nutrition

Module 12: Emergency Procedures

Module 13: Long Term Care Patient

COURSE CONTENT(CONTINUED):
LECTURE CONTENT(CONTINUED):
Module 15: Observation and Charting
10 hours theory
Module 7: Weights
Module 8: Patient Care Skills
Module 11: Nutrition
Module 13: Long Term Care Resident
Module 16: Death and Dying
10 hours theory
Module 8: Patient Care Skills
Module 9: Patient Care Procedures
Module 13: Long Term Care Resident
Module 17: Abuse
10 hours theory
Module 7: Weights & Measures
Module 8: Patient Care Skills - 5hours
Module 9: Patient Care Procedures
Module 14: Rehabilitation and Restorative Care
Module 16: Death and Dying
Module 17: Abuse
10 hours theory
Module 15: Observation and Charting
Module 14: Rehabilitative Nursing
Module 13: Long Term Care Resident
Module 8: Patient Care Skills
Module 10: Vital Signs
10 hours theory
Module 9: Patient Care
Module 8: Patient Care Skills
3 hours
Final exam

COURSE CONTENT(CONTINUED):

LAB CONTENT:

Lab will consist of 8 contact hours per week, total of 144 hours. Lab practice will include:

1. Performing selected nursing procedures required to meet a resident's basic needs.
2. Completing assigned resident care.
3. Work effectively with other nursing team members in order to provide optimum resident care.
4. Report observations and the effects of his/her care given to the assigned resident.
5. Establishing a rapport with resident and obtaining information from resident.
6. Recognizing that each resident is a unique individual with varying needs.
7. Recognizing ethical and legal implications of administering nursing care.
8. Assuming responsibility for his/her own professional image.

METHODS OF INSTRUCTION:

Lecture, discussion, demonstration/return demonstration, supervised clinical practice, quizzes, exams, clinical performance exam.

OUT OF CLASS ASSIGNMENTS:

Required Outside Hours: 108

Assignment Description: Students complete homework assignment as directed by the instructor.

METHODS OF EVALUATION:

Writing assignments

Percent of total grade: 35.00 %

Writing assignments: 35% - 45% Written Homework Other: quizzes, midterm & final exam If this is a degree applicable course, but substantial writing assignments are not appropriate, indicate reason: Course primarily involves skill demonstration or problem solving

Problem-solving assignments

Percent of total grade: 35.00 %

Problem-solving demonstrations: 35% - 45% Homework problems Quizzes Exams

Skill demonstrations

Percent of total grade: 100.00 %

Skill demonstrations: 100% Class/Clinical performance Performance exams

Objective examinations

Percent of total grade: 35.00 %

Objective examinations: 35% - 40% Multiple choice True/false Matching items Completion

REPRESENTATIVE TEXTBOOKS:

Dr. Carrie L. Jarosinski RN CNE CWP. CNA Nursing Assistant Certification California Edition. Cleveland Ohio: August Learning Solutions,2020.

ISBN: ISBN: 978-1-941626-03-0

Reading Level of Text, Grade: 10th grade level Verified by: Verified by: Diane Reid

Lisa Rae Whitley ADN. CNA Nursing Assistant Certification California Edition Workbook. Cleveland Ohio: August Learning Solutions,2020.

ISBN: 978-1-941626-16-0

Reading Level of Text, Grade: 10th grade level Verified by: Diane Reid

Virginia Bell & David Troxel. The Best Friends Approach to Dementia Care - 2nd Edition. Baltimore, Maryland: Health Professions Press Inc,2017.

ISBN: 9781938870637

Reading Level of Text, Grade: 10th grade level Verified by: Diane Reid

ARTICULATION and CERTIFICATE INFORMATION

CSU TRANSFER:

Not Transferable

UC TRANSFER:

Not Transferable

SUPPLEMENTAL DATA:

Basic Skills: N
Classification: Y
Noncredit Category: Y
Cooperative Education:
Program Status: 1 Program Applicable
Special Class Status: N
Prior to College Level: Y
Non Credit Enhanced Funding: N
Funding Agency Code: Y
In-Service: N
Occupational Course: B
Course Control Number: CCC000587525
Sports/Physical Education Course: N
Taxonomy of Program: 123030
CIP: 513902