

**JLE 179 Juvenile Counselor Core****Units:** 4.0 **Hours:** 30.0 Lecture and 10.0 Laboratory**Transferable:** CSU

The Juvenile Counselor Core Course is designed to meet the California Board of Corrections requirements, entry level. Also listed as AJ 179P.

**JLE 180 Law Enforcement Seminar****Units:** .5 TO 2.0 **Hours:** .2 TO 1.6 Lecture, .3 TO 3.0 Laboratory**Transferable:** CSU

Selected topics are delivered as a symposium in Law Enforcement. Topics are designed for the in-service education and training of personnel employed by criminal justice agencies. May be repeated three times for credit.

**JLE 185 Field Training Program****Units:** 1.0 TO 12.0 **Hours:** .0 TO 40.0 Laboratory**Transferable:** CSU

This course is a two to twenty-four week program certified to Law Enforcement Agencies in the state of California. The program is designed to certify the completion of specifications described in the "Field Training Officer Guide" from the Commission on Peace Officer Standards and Training. Students will be assigned in a patrol car, one-on-one with a certified Field Training Officer. The Field Training Program introduces a newly assigned officer to the personnel procedures, policies, and purposes of the individual law enforcement agency and provides the initial formal and informal training specific to the agency and the day-to-day duties of its officers. This program is one unit of credit for every 80 hours of participation. PREREQUISITE: POST certified as a California Peace Officer. ADVISORY: Eligible for English 250 and English 420.

**KINESIOLOGY - ACADEMIC****Formerly called Physical Education (PE)****Adapted Physical Education classes: page 209.****KIN 1 Orientation for Student-Athlete Success****Units:** 1.0 **Hours:** 1.0 Lecture**Transferable:** CSU; CSU-GE:E; GAV-GE:E1

This course identifies and clarifies issues relevant to student-athletes. Students will learn practical skills which will assist them in obtaining their educational objectives, such as proper use of library services, time management and test and note taking information. Previously listed as PE 1.

**KIN 2 Introduction to Physical Education****Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU, UC

This course is designed to examine the field of physical education from a historical and contemporary viewpoint. The broad spectrum of physical education as a discipline will be discussed. Goals and objectives of physical education as well as other career options will be introduced. This course has the option of a letter grade or pass/no pass. Previously listed as PE 2. ADVISORY: Eligible for English 250 and English 260.

**KIN 3 Introduction to Athletic Training****Units:** 4.0 **Hours:** 3.0 Lecture and 3.0 Laboratory**Transferable:** CSU, UC

An introductory course in athletic training/sports medicine. This course will familiarize the student with basic knowledge and basic skill level needed to become an athletic trainer. The course will cover anatomy/physiology, first aid, rehabilitation, injury recognition/evaluation/ management, report writing/record keeping, facilities maintenance/supply ordering. Also included is hands-on participation at sporting events. Previously listed as PE 3. ADVISORY: Allied Health 30 (may be concurrent) and eligible for English 260.

**KIN 3A Athletic Training Field Experience****Units:** 2.0 **Hours:** 6.0 Laboratory**Transferable:** CSU

A coeducational course designed to offer the prospective athlete trainer, physical therapist, or physical educator a continuing practical experience reinforcing and applying the concepts and terminology learned in PE 3, Introduction to Athletic Training, and the field of athletic training. The purpose of PE 3A is to provide a comprehensive, progressive educational and practical foundation in preparation for transition into allied health studies. Knowledge in the recognition, assessment, and care of athletic injuries or practical experience in care and prevention of athletic injuries is recommended. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 3A. ADVISORY: PE 3 Introduction to Athletic Training.

**KIN 5 Individual and Dual Sports****Units:** 3.0 **Hours:** 2.0 Lecture and 3.0 Laboratory**Transferable:** CSU, UC; GAV-GE:E1

Designed for those planning to work with children in the field of physical education or recreation. Activities such as badminton, bowling, golf, tennis, and archery may be covered. This course has the option of a letter grade or pass/no pass. Previously listed as PE 5. ADVISORY: Eligible for English 250 and English 260.

**KIN 6 Games and Rhythms for Children****Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU; GAV-GE:E1

Nature, function and organization of physical activities for the pre-school and elementary school age child. Emphasis is given to the understanding of psychomotor development and spatial awareness. Designed for those planning to work with children. This course has the option of a letter grade or pass/no pass. Also listed as Child Development 6. Previously listed as PE 6. ADVISORY: Eligible for English 250 and English 260.

**KIN 7 Theory of Sports Management****Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU

This course introduces the theory of organizing, planning, directing and controlling a sports program. Areas such as budgeting, fundraising, advertising, marketing, and studying contract law will also be included. Previously listed as PE 7.

**KIN 8 Psychology of Coaching****Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU

A course designed to provide the student with some of the theoretical and practical knowledge necessary for applying psychological techniques within sport situations and to better understand the relevance of mental factors necessary to maximize athletic performance. Special emphasis will be given to coaching and managing youth sports teams. This class has the option of a letter grade or pass/no pass. previously listed as PE 8.

**KIN 9A Fundamentals of Soccer****Units:** 2.0 **Hours:** 1.0 Lecture and 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

This course offers basic instruction in the theory, strategies, and techniques of soccer for the purpose of preparing the individual student in the fundamental aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 9A.

**KIN 9B Fundamentals of Soccer****Units:** 2.0 **Hours:** 1.0 Lecture and 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

This course offers review and advanced instruction in the theory, strategies, and techniques of soccer for the purpose of preparing the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 9B.



**KIN 10A Fundamentals of Softball****Units:** 2.0 **Hours:** 1.0 Lecture and 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

Basic theory, strategy, technique, practice and conditioning of softball to prepare the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 10A.

**KIN 10B Fundamentals of Softball****Units:** 2.0 **Hours:** 1.0 Lecture and 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

This course offers review and advanced instruction in the theory, strategies, and techniques of softball for the purposes of preparing the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 10B. ADVISORY: PE 10A or KIN 10A.

**KIN 11A Fundamentals of Baseball****Units:** 2.0 **Hours:** 1.0 Lecture and 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

Theory, strategy, technique, practice and conditioning of baseball to prepare the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 11A.

**KIN 11B Fundamentals of Baseball****Units:** 2.0 **Hours:** 1.0 Lecture and 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

This course offers review and advanced instruction in the theory, strategies, and techniques of baseball for the purpose of preparing the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 11B. ADVISORY: PE 11A or KIN 11A.

**KIN 12A Fundamentals of Football****Units:** 2.0 **Hours:** 1.0 Lecture and 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

Basic organization and administration of a football program involving equipment, practice schedules, personnel, conditioning, scouting, weight training, and football specific drills. May be repeated once for credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 12A.

**KIN 12B Fundamentals of Football****Units:** 2.0 **Hours:** 1.0 Lecture and 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

The administration and organization of a football program involving practice schedules, personnel, equipment scouting, conditioning, weight training, and football drills. May be repeated once for credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 12B. ADVISORY: PE 12B or KIN 12B.

**KIN 13A Fundamentals of Volleyball****Units:** 2.0 **Hours:** 1.0 Lecture and 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

This course offers review and advanced instruction in the theory, strategies, and techniques of volleyball for the purpose of preparing the student in the fundamental aspects of playing and coaching the game. May be repeated once for credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 13A.

**KIN 13B Fundamentals of Volleyball****Units:** 2.0 **Hours:** 1.0 Lecture and 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

This course offers review and advanced instruction in the theory, strategies, and techniques of volleyball for the purpose of preparing the student in all aspects of playing and coaching the game. May be repeated once for credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 13B. ADVISORY: PE 13A or KIN 13A.

**KIN 14A Fundamentals of Basketball****Units:** 2.0 **Hours:** 1.0 Lecture and 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

Basic theory, strategy, technique, practice, and conditioning involved in basketball to prepare the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 14A.

**KIN 14B Fundamentals of Basketball****Units:** 2.0 **Hours:** 1.0 Lecture and 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

More in-depth and advanced instruction in the theory, strategy, practice, and conditioning in basketball to better prepare the individual student in all aspects of playing and coaching the sport. Designed for the student who has already completed KIN 14A. May be repeated once for credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 14B. ADVISORY: KIN 14A or PE 14A.

**KINESIOLOGY - ACTIVITIES****Formerly called Physical Education (PE)****Adapted Physical Education classes: page 209.****KIN 16 Swimming****Units:** .5 OR 1.0 **Hours:** 1.5 OR 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

Coeducational activity designed for all skill levels. The course teaches the techniques of a variety of strokes and includes conditioning activities. Instruction is tailored to meet individual and group needs. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 16.

**KIN 17 Golf****Units:** .5 OR 1.0 **Hours:** 1.5 OR 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

Coeducational activity designed for all skill levels. Fundamentals, techniques, rules and the etiquette of golf will be covered. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 17.

**KIN 18 Tennis****Units:** .5 OR 1.0 **Hours:** 1.5 OR 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

Coeducational activity stressing fundamentals of tennis such as forehand, backhand, serve, and volley, along with the rules, etiquette and strategies of the game. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 18.

**KIN 19 Badminton****Units:** .5 OR 1.0 **Hours:** 1.5 OR 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

Coeducational activity designed for beginning and intermediate badminton students. Includes rules, fundamentals, and strategies of the game. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 19.

**KIN 20 Bowling****Units:** .5 OR 1.0 **Hours:** 1.5 OR 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

Coeducational activity designed for beginning and intermediate bowlers; fundamentals and techniques of bowling. Scoring, bowling etiquette, terminology and team bowling are included. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass. Previously listed as PE 20.