

Government: see Political Science

Graphic Arts: see Art, CGD, CSIS, Digital Media

GUIDANCE

GUID 1 Self-Assessment and Career Development

Units: 3.0 **Hours:** 3.0 Lecture

Transferable: CSU; CSU-GE:E2; GAV-GE:E2

This course is designed to assist the student in learning more about personal values, personality, interests, exploration of career choice, and occupational opportunities through the use of various personal assessment instruments. The delivery options for this course also include online and self-paced formats. This course is also listed as PSYC 5. **ADVISORY:** Eligible for English 250 and English 260. \$12 fee will be charged for career assessment materials.

GUID 6 Life Skills for Higher Education

Units: 2.0 **Hours:** 2.0 Lecture

Transferable: CSU, UC; CSU-GE:E2; GAV-GE:E2

Evaluation and application of academic study methods to achieve subject matter mastery. Development of critical thinking skills, and application of reading, writing, note taking and test taking methods to improve personal strategies. Exploration of personal lifestyle and health factors, including the causes and management of stress, as it relates to academic success. Assessment of academic and career goals, selection of majors, and development of education plans. Topics covered include creative and realistic goal setting, academic and life management, college and community resources, library and Internet use, time management, and techniques to reduce math and science anxiety. This class will address a multitude of cultural learning styles, with emphasis on attaining professional, personal and academic goals in a diverse society. Topics from developmental psychology, learning theory and personality theory. **ADVISORY:** Eligible for English 250 and English 260.

GUID 28 Tutoring Techniques

Units: 1.0 **Hours:** 1.0 Lecture

Transferable: CSU

This course is designed to train students in effective tutoring skills, introduction to how people learn, teaching to modalities, and techniques of working with student anxiety. This course has the option of a letter grade or pass/no pass. This course may be repeated one time for a maximum of two units. **ADVISORY:** English 250.

GUID 29 Tutoring Lab

Units: 1.0 OR 2.0 **Hours:** 3.0 OR 6.0 Laboratory

Transferable: CSU

This course will allow students to gain valuable experience in the field of teaching. Students will practice the skills they have learned in Guidance 28. Guidance 29 may be repeated for a maximum of 2.0 units per semester and a maximum course total of 8.0 units. This is a pass/no pass course. **ADVISORY:** Completion of, or concurrent enrollment in Guidance 28.

GUID 191A Workplace Skills

Units: 1.0 **Hours:** 1.0 Lecture

Transferable: CSU

Workplace Skills teaches skills vital to workplace success. The topic for 191A is Interpersonal Communication. Need not be taken in sequence. This is a pass/no pass course.

GUID 191B Workplace Skills

Units: 1.0 **Hours:** 1.0 Lecture

Transferable: CSU

Workplace Skills teaches skills vital to workplace success. The topic for 191B is team building. Need not be taken in sequence. This is a pass/no pass course.

GUID 191C Workplace Skills

Units: 1.0 **Hours:** 1.0 Lecture

Transferable: CSU

Workplace Skills teaches skills vital to workplace success. The topic for 191C is Problem Solving. Need not be taken in sequence. This is a pass/no pass course.

GUID 200 Planning College Success

Units: .5 TO 2.0 **Hours:** .5 TO 2.0 Lecture

Transferable: No; GAV-GE:E2

Course is designed to enable students to plan a successful college experience. Content includes degree, major, graduation and transfer requirements. Skills necessary for academic success are presented and practiced. Students will learn general principles about libraries and the search for information. College support services will be identified and utilized during the course. This is a variable unit course; students will earn .5 unit of credit for every 9 hours of participation.

GUID 530 Job Readiness

Units: 3.0 **Hours:** 3.0 Lecture

Transferable: No

This course is designed to provide a comprehensive, well-organized approach to assist individuals with the identification of occupational choices and the development of job readiness skills necessary to obtain and maintain employment in a competitive or supported work setting. May be repeated twice for credit. This course has the option of a letter grade or pass/no pass.

GUID 550 Supervised Tutoring

Units: .0 **Hours:** 1.0 TO 5.0 Laboratory

Transferable: No

Laboratory class emphasizing college learning skills, appropriate study techniques, and learning assistance utilizing one-to-one or small group tutorial.

GUID 557 Learning Skills Evaluation

Units: .5 **Hours:** 1.0 Laboratory

Transferable: No

This course provides an evaluation of the student's cognitive/perceptual abilities and basic skills academic achievement. The evaluation results are used to determine the student's eligibility for Learning Disabilities Services, to develop individual educational plans, and to improve the student's understanding of their own learning strengths and weaknesses. The evaluation is conducted on a one-to-one basis by appointment. Students receive skills training to assist them with their learning difficulties. Units earned in this course do not count toward the associate degree and/or certificate requirements. This is a pass/no pass course.

GUID 558 Learning Skills Laboratory

Units: .5 TO 2.0 **Hours:** 1.5 TO 6.0 Laboratory

Transferable: No

The Learning Skills Laboratory is designed to assist students who are eligible to receive Learning Disabilities Services and/or have demonstrated academic deficits. The course content is individualized and based on Student Educational Contracts which are developed for each student. Students receive supplemental instruction, academic support, and learning strategy suggestions appropriate for their individual cognitive, perceptual, and academic strengths and weaknesses. Units earned do not count towards the associate degree and/or certificate requirements. This is a pass/no pass course. **ADVISORY:** Completion of Guidance 557 or demonstrated academic deficit.

GUID 560 Individualized Learning Skills Development

Units: 1.0 **Hours:** .5 Lecture and 1.5 Laboratory

Transferable: No

This class is designed to teach individual learning skills development to students who are eligible to receive learning disability services. The course content includes organizational skills, fundamental critical thinking and basic college survival skills. **ADVISORY:** Completion of GUID 557 or demonstrated academic deficit.

GUID 561 Writing Skills**Units:** 1.0 **Hours:** .5 Lecture and 1.5 Laboratory**Transferable:** No

This course is designed to teach basic writing skills to students who have demonstrated difficulty mastering written language and who are eligible to receive Learning Disability Services. Material is presented in a concrete, multi-sensory manner, and the class includes opportunity for immediate practice, repetition, and review. The course content includes grammar, sentence structure, and punctuation. Units earned do not count toward the associate degree and/or certificate requirements. This course has the option of a letter grade or pass/no pass. **ADVISORY:** Completion of Guidance 557 or demonstrated deficit in written language achievement. Recommended for students with verified learning disability.

GUID 562 Directed Study Lab in Pre-Algebra**Units:** 1.0 **Hours:** 3.0 Laboratory**Transferable:** No

This course is designed for students who have demonstrated difficulty in mastering basic mathematics or pre-algebra and who are eligible to receive Learning Disability Services. Course content parallels Mathematics 400 and Mathematics 402. Material is presented in a concrete, multi-sensory manner, and the lab environment allows opportunity for immediate practice, questions, repetition, and review. This is a pass/no pass course. **COREQUISITE:** Concurrent enrollment in MATH 400 or MATH 402 is required. **ADVISORY:** Completion of GUID 557 and/or a demonstrated deficit in arithmetic. Recommended for students with verified learning disability.

GUID 563 Directed Study Lab in Algebra**Units:** 1.0 **Hours:** 3.0 Laboratory**Transferable:** No

This course is designed for students who have demonstrated difficulty mastering elementary algebra and who are eligible to receive Learning Disability Services. Course content parallels Mathematics 205A and 205B. Material is presented in a concrete, multi-sensory manner, and the lab allows opportunity for immediate practice, questions, repetition, and review. This is a pass/no pass course. Concurrent enrollment in Math 205A, Math 205B or Math 205 is required.

GUID 565 Directed Study Lab in Intermediate Algebra**Units:** 1.0 **Hours:** 3.0 Laboratory**Transferable:** No

This course is designed for students who have demonstrated difficulty mastering intermediate algebra and who are eligible to receive Learning Disability Services. Course content parallels Mathematics 233A and 233B. Material is presented in a concrete, multi-sensory manner, and the lab allows opportunity for immediate practice, questions, repetition and review. This is a pass/no pass course. Concurrent enrollment in Math 233A, Math 233B or Math 233 is required.

HEALTH EDUCATION**See also: Allied Health****HE 1 Health Education****Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU, UC; CSU-GE:E2; GAV-GE:E2

This course focuses on attaining individual awareness, critical-thinking skills and self-responsibility relating to personal health. The interaction of individual physical, psychological, social, emotional, spiritual and environmental factors in determining health status is developed through integration of major concepts. This course has the option of a letter grade or pass/no pass. **ADVISORY:** Eligible for English 250 and English 260.

HE 2 Human Sexuality**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU, UC; CSU-GE:E2; GAV-GE:E2, F

Assists students in gaining increased knowledge, appreciation, and respect for their own sexuality, as well as others. Approved by the Board of Registered Nursing for 54 hours of continuing education credit (Provider #00892). **ADVISORY:** Eligible for English 250 and English 260

HISTORY**HIST 1 United States History through Reconstruction****Units:** 3.0 **Hours:** 3.0 Lecture

Transferable: CSU, UC; CSU-GE:C2, D6, IGETC:3B, 4F, 7B; GAV-GE:C2, D2; CAN:HIST8, HIST SEQ B
History of the United States from the time before European contact with the Americas through Reconstruction. Emphasis will be placed on distinctive patterns of political, economic, social, intellectual, and geographic developments within their global context. At the conclusion of the course, the student should understand major themes in the history of the United States, and be able to explain various ways in which ideas about federal vs. state power, ethnicity, class, and gender divisions have influenced the nation's development. This course has the option of a letter grade or pass/no pass. **ADVISORY:** Eligible for English 250 and English 260.

HIST 2 United States History Reconstruction to the Present**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU, UC; CSU-GE:C2, D6, IGETC:3B, 4F, 7B; GAV-GE:C2, D2; CAN:HIST10, HIST SEQ B

History of the United States from Reconstruction to the present. Emphasis will be placed on distinctive patterns of political, economic, social, intellectual, and geographic developments within their global context. At the conclusion of the course, the student should understand major themes in the history of the United States, and be able to explain various ways in which ideas about federal vs. state power, ethnicity, class, and gender divisions have influenced the nation's development. This course has the option of a letter grade or pass/no pass. **ADVISORY:** Eligible for English 1A.

HIST 3 History of California**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU, UC; CSU-GE:C2, D6, IGETC:3B, 4F; GAV-GE:C2, D2, F

A study of California's history from pre-contact with Europeans to the present day. Social, cultural, economic, political and environmental issues will be explored towards an understanding of California's history. **ADVISORY:** Eligible for English 1A and English 260.

HIST 4A History of World Societies, Before 1500**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU, UC; CSU-GE:C2, D6, IGETC:3B, 4F; GAV-GE:C2, D2

A study of major elements in the development of and interactions between world societies, from the first organization of community to the dawn of the Renaissance. Students will comparatively analyze social, cultural, geographic, economic, demographic, technological, environmental, and political developments that moved humans from nomadic to agr-technological and urban lives. This course has the option of a letter grade or pass/no pass. **ADVISORY:** English 250 and English 260.

HIST 4B History of World Societies 1500 to Present**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU, UC; CSU-GE:C2, D6, IGETC:3B, 4F; GAV-GE:C2, D2

A study of major elements in the development of and interactions between world societies, from the dawn of the Renaissance to the modern day. Students will comparatively analyze the social, cultural, geographic, economic, demographic, technological, environmental, and political developments that moved humans from the Middle Ages to the modern era. This course has the option of a letter grade or pass/no pass. **ADVISORY:** English 250 and English 260.

HIST 5 Women's Lives in Early United States History**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU, UC; CSU-GE:C2, D4, D6, IGETC:3B, 4F; GAV-GE:C2, D1, D2, F

This survey course begins with pre-contact peoples and extends to the end of the nineteenth century. The class examines the construction of womanhood through United States history, and the effects of gender, ethnicity, class, and sexual orientation upon women's experiences. Students will study the contributions of various individual women and groups of women in creating the modern United States, and will analyze social, political, economic, and cultural forces affecting women to both join and resist movements for social change. Students will also learn to apply contemporary feminist theory to traditional historical approaches. This course has the option of a letter grade or pass/no pass. **ADVISORY:** Eligible for English 250 and English 260.