

PHIL 3A Ethics**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU, UC; CSU-GE:C2, IGETC:3B; GAV-GE:C2; CAN:PHIL4

Philosophy 3 is intended as a survey of the major areas and traditions of ethical and moral theories. The course examines central and significant questions about who determines what is morally right or wrong, the ideal society, the various notions social justice, moral agency and action in our lives and community, as well as many other topics. In pursuing these questions, students will be asked to read texts from writers around the world, both contemporary and ancient, discuss current events, and apply 'theory' to movies, novels, and any other relevant application of the student's own choice. **ADVISORY:** Eligible for English 1A.

PHIL 3B Contemporary Moral Issues**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU, UC; CSU-GE:C2, IGETC:3B; GAV-GE:C2, E2

Contemporary Moral Issues in an applied ethics class that covers major ethical theories and contemporary moral issues in a pluralistic manner. This course will cover such issues as abortion and euthanasia, cloning, experimentation on human subjects, capital punishment, race/ethnicity, sexual orientation and sexual morality, world hunger and poverty, colonialism and post-colonialism, and so forth. **ADVISORY:** Eligible for English 1A.

PHIL 4 Critical Thinking and Writing**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU, UC; CSU-GE:A3, IGETC:1B; GAV-GE:C2

This course is designed to introduce the relationship between critical thinking and critical writing in a way that will be both enjoyable to the student and helpful in other aspects of life. The student will learn techniques of critical thinking, paying close attention to the current events, movies and popular media, music lyrics, as well as the textbook. Students will learn to identify deductive and inductive arguments and be able to evaluate their strength, create a strong argument of their own on a given topic, as well become experts in the area of critical analysis. The goal is to enable students to become strong, well informed, articulate members of the community as well as individuals with an empowered sense of self as an agent of change. **PREREQUISITE:** English 1A

PHIL 6 Comparative Religions**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU, UC; CSU-GE:C2, IGETC:3B; GAV-GE:C2, F

Religion is a topic that ignites controversy -- most societies engage in religious practices, believe strongly in that tradition, and find a sense of identity within it. The controversy arises when differences are misunderstood, misrepresented, or placed in a hierarchy of assumed supremacy of one religion as superior to others. In this class, students explore the underlying commonality of various religious traditions, explore the uniqueness of the religions with which they are unfamiliar, and learn to see that diversity among beliefs doesn't have to create hostility. Students will explore religions from Indigenous Peoples throughout the world, East Asia (e.g. India), China, the Middle East, as well as some more recent trends in religion. **ADVISORY:** Eligible for English 1A.

PHIL 7A History of Philosophy: Ancient to Medieval Times**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU, UC; CSU-GE:C2, IGETC:3B; GAV-GE:C2

Philosophy 7A is a survey of the history of philosophy from the ancient to the medieval periods. It is a great class to take along with World History or a literature course. **ADVISORY:** Eligible for English 1A.

PHIL 9 Philosophy of Religions**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU

A reflective examination and analysis of the meanings and beliefs involved in religion and the religious experience. Introductory study of such topics as the nature and grounds of religious belief, relation between religion and ethics, nature and existence of god, problem with evil, and what can be learned from the religious experience. Additionally, the student will discuss the impact of religion on society, social norms, and the political impact of religion. Previously known as PHIL 6B. **ADVISORY:** Eligible for English 1A.

PHIL 12 Introduction to Political Thought**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU, UC; CSU-GE:D8, IGETC:4H; GAV-GE:D2

This course provides students with an introduction to and grounding in classical and modern political thought. Students will be introduced to theorists such as Plato, Aristotle, Machiavelli, and Marx. Students will also examine such timeless questions as: "What is justice?" "What is the good life?" and "What is power?" among others. This course is also listed as POLS 12.

Photography: see Art, CSIS or Digital Media

PHYSICAL EDUCATION: ACADEMIC

PE 1 Orientation for Student-Athlete Success**Units:** 1.0 **Hours:** 1.0 Lecture**Transferable:** CSU; CSU-GE:E; GAV-GE: E1

This course identifies and clarifies issues relevant to student-athletes. Students will learn practical skills which will assist them in obtaining their educational objectives, such as proper use of library services, time management and test and note taking information.

PE 2 Introduction to Physical Education**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU, UC

This course is designed to examine the field of physical education from a historical and contemporary viewpoint. The broad spectrum of physical education as a discipline will be discussed. Goals and objectives of physical education as well as other career options will be introduced. This course has the option of a letter grade or pass/no pass. **ADVISORY:** Eligible for English 250 and English 260.

PE 3 Introduction to Athletic Training**Units:** 4.0 **Hours:** 3.0 Lecture 3.0 Laboratory**Transferable:** CSU, UC

An introductory course in athletic training/sports medicine. This course will familiarize the student with basic knowledge and basic skill level needed to become an athletic trainer. The course will cover anatomy/physiology, first aid, rehabilitation, injury recognition/evaluation/management, report writing/record keeping, facilities maintenance/supply ordering. Also included is hands-on participation at sporting events. **ADVISORY:** Allied Health 30 (may be concurrent) and eligible for English 260

PE 3A Athletic Training Field Experience**Units:** 2.0 **Hours:** 6.0 Laboratory**Transferable:** CSU

A coeducational course designed to offer the prospective athletic trainer, physical therapist, or physical educator a continuing practical experience reinforcing and applying the concepts and terminology learned in PE 3, Introduction to Athletic Training, and the field of athletic training. The purpose of PE 3A is to provide a comprehensive, progressive educational and practical foundation in preparation for transition into allied health studies. Knowledge in the recognition, assessment, and care of athletic injuries or practical experience in care and prevention of athletic injuries is recommended. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass. **ADVISORY:** PE 3 Introduction to Athletic Training.

PE 5 Individual and Dual Sports**Units:** 3.0 **Hours:** 2.0 Lecture 3.0 Laboratory**Transferable:** CSU, UC; GAV-GE:E1

Designed for those planning to work with children in the field of physical education or recreation. Activities such as badminton, bowling, golf, tennis, and archery may be covered. This course has the option of a letter grade or pass/no pass. **ADVISORY:** Eligible for English 250 and English 260.

PE 6 Games and Rhythms for Children**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU; GAV-GE:E1

Nature, function and organization of physical activities for the pre-school and elementary school age child. Emphasis is given to the understanding of psychomotor development and spatial awareness. Designed for those planning to work with children. Also listed as Child Development 6. This course has the option of a letter grade or pass/no pass. ADVISORY: Eligible for English 250 and English 260.

PE 7 Theory of Sports Management**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU

This course introduces the theory of organizing, planning, directing and controlling a sports program. Areas such as budgeting, fundraising, advertising, marketing, and studying contract law will also be included.

PE 8 Psychology of Coaching**Units:** 3.0 **Hours:** 3.0 Lecture**Transferable:** CSU

A course designed to provide the student with some of the theoretical and practical knowledge necessary for applying psychological techniques within sport situations and to better understand the relevance of mental factors necessary to maximize athletic performance. Special emphasis will be given to coaching and managing youth sports teams. This class has the option of a letter grade or pass/no pass.

PE 9A Fundamentals of Soccer**Units:** 2.0 **Hours:** 1.0 Lecture 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

This course offers basic instruction in the theory, strategies, and techniques of soccer for the purpose of preparing the individual student in the fundamental aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

PE 9B Fundamentals of Soccer**Units:** 2.0 **Hours:** 1.0 Lecture 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

This course offers review and advanced instruction in the theory, strategies, and techniques of soccer for the purpose of preparing the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

PE 10A Fundamentals of Softball**Units:** 2.0 **Hours:** 1.0 Lecture 3.0 Laboratory**Transferable:** CSU, UC

Basic theory, strategy, technique, practice and conditioning of softball to prepare the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

PE 10B Fundamentals of Softball**Units:** 2.0 **Hours:** 1.0 Lecture 3.0 Laboratory**Transferable:** CSU, UC

This course offers review and advanced instruction in the theory, strategies, and techniques of softball for the purposes of preparing the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass. ADVISORY: PE 10A

PE 11A Fundamentals of Baseball**Units:** 2.0 **Hours:** 1.0 Lecture 3.0 Laboratory**Transferable:** CSU, UC

Theory, strategy, technique, practice and conditioning of baseball to prepare the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

PE 11B Fundamentals of Baseball**Units:** 2.0 **Hours:** 1.0 Lecture 3.0 Laboratory**Transferable:** CSU, UC

This course offers review and advanced instruction in the theory, strategies, and techniques of baseball for the purpose of preparing the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass. ADVISORY: Physical Education 11A.

PE 12A Fundamentals of Football**Units:** 2.0 **Hours:** 1.0 Lecture 3.0 Laboratory**Transferable:** CSU, UC

Basic organization and administration of a football program involving equipment, practice schedules, personnel, conditioning, scouting, weight training, and football specific drills. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

PE 12B Fundamentals of Football**Units:** 2.0 **Hours:** 1.0 Lecture 3.0 Laboratory**Transferable:** CSU, UC

The administration and organization of a football program involving practice schedules, personnel, equipment, scouting, conditioning, weight training and football drills. May be repeated once for credit. This course has the option of a letter grade or pass/no pass. ADVISORY: Physical Education 12A.

PE 13A Fundamentals of Volleyball**Units:** 2.0 **Hours:** 1.0 Lecture 3.0 Laboratory**Transferable:** CSU, UC; CSU-GE:E1; GAV-GE:E1

This course offers basic instruction in the theory, strategies, and techniques of volleyball for the purpose of preparing the student in the fundamental aspects of playing and coaching the game. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

PE 13B Fundamentals of Volleyball**Units:** 2.0 **Hours:** 1.0 Lecture 3.0 Laboratory**Transferable:** CSU; CSU-GE:E1; GAV-GE:E1

This course offers review and advanced instruction in the theory, strategies, and techniques of volleyball for the purpose of preparing the student in all aspects of playing and coaching the game. May be repeated once for credit. This course has the option of a letter grade or pass/no pass. ADVISORY: Physical Education 13A.

PE 14A Fundamentals of Basketball**Units:** 2.0 **Hours:** 1.0 Lecture 3.0 Laboratory**Transferable:** CSU, UC; GAV-GE:E1

Basic theory, strategy, technique, practice, and conditioning involved in basketball to prepare the individual student in all aspects of playing and coaching the sport. May be repeated once for credit. This course has the option of a letter grade or pass/no pass.

PE 14B Fundamentals of Basketball**Units:** 2.0 **Hours:** 1.0 Lecture 3.0 Laboratory**Transferable:** CSU, UC; GAV-GE:E1

More in-depth and advanced instruction in the theory, strategy, practice, and conditioning in basketball to better prepare the individual student in all aspects of playing and coaching the sport. Designed for the student who has already completed PE 14A. May be repeated once for credit. This course has the option of a letter grade or pass/no pass. ADVISORY: PE 14A

All courses listed here are part of Gavilan College's approved curriculum. All courses are not offered every semester. Check the Class Schedule for current offerings.