

NONCREDIT PROGRAM

This program is open to all students and currently offers various classes of interest to the community. All classes are free of charge.* There are no tests, no quizzes and no letter grades. Registration will take place in the Admissions & Records Office or on the first day of class. Students should contact Michelle Lopez in the Noncredit Office directly with any questions or for further information at (408) 848-4859.

* Some classes may require a materials fee.

NO QUIZZES!
NO TESTS!
NO LETTER GRADES!
NO FEES!

Adults 55+

This program offers special interest classes to adults 55 and older. Our classes take place at various older adult facilities as well as Gavilan campuses to ensure positive enrollment and convenience for the students.

Staff Wellness Program

This program is geared toward meeting the needs of working adults and others interested in maintaining a healthy lifestyle. All classes are free of charge and are open to all staff members as well as the community.

Parenting Program

Classes such as Parent Advocacy are sometimes offered.

Basic Skills Program

This program assists adult learners with their educational needs in areas of learning English, preparing for citizenship, and improving their basic skills in reading, writing and Math. Classes include:

- ESL Citizenship
- GED Preparation
- Introduction to Online Gavilan
- Personal and Career Development
- Vocational ESL (Workplace Communications)
- CAHSEE Preparation (High School Exit Exam)
- ESL Life Skills
- Writers' Workshop

SPRING NONCREDIT CLASSES

CRN	Type	Room	Instructor	Hrs.	Units	Days	Begin-End
-----	------	------	------------	------	-------	------	-----------

ALLIED HEALTH

AH 740 Tai Chi for Arthritis and Other Related Illnesses

Transferable: No

This course is designed for the maintenance of the physical and mental well-being of an older adult with arthritis and other related illnesses. Instruction will focus on the postures and movements of Tai Chi, a Chinese exercise regimen that has a slow paced movement that improves balance, coordination, breathing and builds strength and stamina. Activities are included that promote self-care and health awareness.

40925	Lab	HHH1	Faulds H	1.0	S	1045-1145	01/28/09 - 05/22/09 This class meets at Hazel Hawkins Hospital in Hollister.
41052	Lab	JDA1	TBA	1.0	R	1115-1215	01/30/09 - 05/21/09 This class meets at Jovenes de Antano in Hollister.
41066	Lab	VPRI1	Yinger K	1.0	R	0100-0200	01/29/09 - 05/21/09 This class meets at Valley Pines Retirement Inn in Morgan Hill.
41067	Lab	WM1	Yinger K	2.0	TR	1000-1100	01/29/09 - 05/21/09 This class meets at Wheeler Manor in Gilroy.

All noncredit classes are open entry/exit and free of charge.

CRN	Type	Room	Instructor	Hrs.	Units	Days	Begin-End
-----	------	------	------------	------	-------	------	-----------

AH 741 Body Dynamics and Aging**Transferable:** No

This course is designed for the 55+ adult student to provide awareness and knowledge of physical fitness, stress management and nutrition to personal health. Discussions will focus on nutrition, sleep disorders, depression, leisure/social activities and chronic conditions that effect the body as aging occurs.

41021	Lec	CRC1	Lee C	1.8	W	1030-1200
01/07/09 - 05/20/09 This EARLY START class meets at the Centennial Recreation Center in Morgan Hill.						

ART**ART 760 Arts and Crafts I for Older Adults****Transferable:** No

A general survey of arts and crafts with an emphasis on exercises and experiments with methods and materials, including: painting, drawing, color theory, composition and rendering, batik or tie-dye, quilting or needlepoint, crocheting or knitting and block printing.

41085	Lab	CRC1	Gupta R	3.0	F	0930-1230
01/08/09 - 05/22/09 This EARLY START class meets at the Centennial Recreation Center in Morgan Hill. There will be a \$30 materials fee for new students and a \$15 materials fee for returning students required for this class. These fees will be collected by the instructor upon registration.						

ART 761 Arts and Crafts II for Older Adults**Transferable:** No

A general survey of arts and crafts with an emphasis on exercises and experiments with methods and materials, including: Metal, leather, fibers, glass, wood, and paper crafts. The crafts will be for both decorative or utilitarian.

41017	Lab	WM1	Barrett S	3.0	M	0100-0400
01/05/09 - 05/18/09 This EARLY START class meets at Wheeler Manor in Gilroy. Students will be required to pay a \$25 materials to the instructor upon registration.						
41083	Lab	HVME1	Dickerson P	3.0	F	0930-1230
01/30/09 - 05/22/09 This class meets at Hacienda Valley Mobile Estates in Morgan Hill. Students will be required to pay a \$25 materials fee for this class. This fee will be collected by the instructor at the time of registration.						

COMPUTER SCIENCE & INFORMATION SYSTEMS**CSIS 728 Windows for the Older Adult****Transferable:** No

This course is designed as an introductory course for the older adults to learn Windows operations, file management and other Windows Fundamentals.

41056	Lab	HOL3	Mendez F	2.0	TR	0330-0430
01/28/09 - 05/22/09 Above class meets at the Hollister Briggs site.						
41058	Lab	CTC2	McClintock J	2.8	T	0900-1130
01/27/09 - 05/19/09 This class meets at the GUSD/Gavilan Computer Technology Center on Murray Ave. in Gilroy.						

All noncredit classes are open entry/exit and free of charge.

CRN	Type	Room	Instructor	Hrs.	Units	Days	Begin-End
-----	------	------	------------	------	-------	------	-----------

ENGLISH**ENGL 756 GED Preparation****Transferable:** No

This course is designed to prepare the student to pass the five General Education Development (GED) tests in Writing, Social Studies, Science, Literature and Mathematics. English grammar and usage, reading comprehension, writing, vocabulary and computational skills are emphasized. The course is designed for students who are 18 years of age or older and elect to take the High School Equivalency Examination.

40948	Lab	HOL3	Holguin D	4.0	S	0830-1230
01/31/09 - 05/22/09 Above class meets at the Hollister Briggs site. This class will be taught entirely in Spanish.						
40929	Lab	HOL3	Miguel B	3.0	S	0100-0400
01/28/09 - 05/22/09 Above class meets at the Hollister Briggs site.						
40932	Lab	CTC2	Holguin D	3.0	T	0600-0900
01/06/09 - 06/09/09 This EARLY START class meets at the GUSD/Gavilan Computer Technology Center on Murray Ave. in Gilroy.						
41082	Lab	CTC1	Vargas-Padilla	2.8	M	0630-0900
01/05/09 - 06/08/09 This EARLY START class meets at the GUSD/Gavilan Computer Technology Center on Murray Ave. in Gilroy.						

ENGLISH AS A SECOND LANGUAGE**ESL 702B ESL Citizenship****Transferable:** No

This course is designed for second language learners that want to prepare for the United States Citizenship test given by the Department of Immigration and Naturalization Services. The focus will be on communicative English skills and knowledge of American History and Government required for passing the test to become a citizen of the United States. Readings are at the high-beginning/low intermediate ESL level and will focus on American Government with the review of the Constitution, the study of the branches of government and state/local governments.

41043	Lec	STF1	Stuker D	3.6	MR	0600-0730
01/28/09 - 05/22/09 This class meets at the St. Frances Building in Gilroy.						
41073	Lec	HOLREC1	Segovia M	5.6	TR	0600-0830
01/29/09 - 05/21/09 This class meets at the Hollister Community Center Gabilan Room in Hollister.						

ESL 704B ESL in the Workplace**Transferable:** No

This is a content-based integrated skills course for ESL students who want to prepare for immediate entry into the job force. Students expand their language skills within the realm of the work world and specific vocational career of interest while also developing the soft skills needed in the workplace. This course is a combination of lecture, lab, and self-paced instruction. ADVISORY: ESL 704A

41072	Lab	CTC1	Rivoallon L	10.0	MTWRF	0900-1100
01/05/09 - 06/12/09 This EARLY START class meets at the GUSD/Gavilan Computer Technology Center on Murray Ave. in Gilroy.						
41081	Lab	CTC1	Vargas-Padilla	6.0	TWR	0700-0900
01/06/09 - 06/11/09 This EARLY START class meets at the GUSD/Gavilan Computer Technology Center on Murray Ave. in Gilroy.						

Classroom Locations: Refer to "How to Use This Schedule" on page 5.

CRN	Type	Room	Instructor	Hrs.	Units	Days	Begin-End
-----	------	------	------------	------	-------	------	-----------

ESL 777 ESL Lifeskills 1**Transferable:** No

This is the first course in a series of survival English classes for students with very little oral or written English competency. It will give students basic vocabulary and familiarity in life skill areas such as the family, food, health, and occupations to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test.

41057	Lec	VLA	TBA	5.6	TR	0600-0830	01/06/09 - 05/21/09 This EARLY START class meets at the Villa Luna Apartments in Hollister.
-------	-----	-----	-----	-----	----	-----------	---

41060	Lec	BROWNL	Camacho-LightL	5.4	MWF	0700-0830	01/05/09 - 06/12/09 This EARLY START class meets at Brownell Middle School, Room 37 in Gilroy.
-------	-----	--------	----------------	-----	-----	-----------	--

41074	Lec	GABILN	Segovia M	5.4	MWF	0600-0730	01/05/09 - 06/12/09 This EARLY START class meets at Gabilan Hills Elementary School in Hollister.
-------	-----	--------	-----------	-----	-----	-----------	---

41075	Lec	CALAVR	Segovia M	5.4	MWF	0745-0915	01/05/09 - 06/12/09 This EARLY START class meets at Calaveras Elementary School in Hollister
-------	-----	--------	-----------	-----	-----	-----------	--

ESL 778 ESL Lifeskills 2**Transferable:** No

This is the second course in a series of classes in survival English for students with very little oral or written English competency. It will give students basic vocabulary and familiarity in life skill areas such as the family, food, health, and occupations to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 777.

41053	Lec	MHG13	Yu-Costa E	5.6	TR	0930-1200	01/06/09 - 06/11/09 This EARLY START class meets at Morgan Hill Community site.
-------	-----	-------	------------	-----	----	-----------	---

41077	Lec	TBA		5.4	TWR	0600-0730	01/06/09 - 06/11/09 This EARLY START class meets at Sunnyslope Elementary School in Hollister.
-------	-----	-----	--	-----	-----	-----------	--

ESL 779 ESL Lifeskills 3**Transferable:** No

This is the third in a series of classes in survival English for students with little oral or written English competency. It will give students expanded basic vocabulary and familiarity in life skill areas such as the weather, transportation, employment, and American holidays and customs to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 778.

41048	Lec	CTC3	Morley S	9.0	MWF	0900-1200	01/05/09 - 06/12/09 This EARLY START class meets at the GUSD/ Gavilan Computer Technology Center on Murray Ave. in Gilroy.
-------	-----	------	----------	-----	-----	-----------	--

41045	Lec	E7	Padilla D	5.4	MWF	0700-0830	01/05/09 - 06/12/09 This EARLY START class meets at South Valley Junior High School Room: E-7.
-------	-----	----	-----------	-----	-----	-----------	--

All noncredit classes are open entry/exit and free of charge.

CRN	Type	Room	Instructor	Hrs.	Units	Days	Begin-End
-----	------	------	------------	------	-------	------	-----------

ESL 780 ESL Lifeskills 4**Transferable:** No

This is the fourth course in a series of survival English for students with little oral or written English competency. It will give students expanded basic vocabulary and familiarity in life skill areas such as weather, transportation, employment, and American holidays and customs to manage in the real world. The course emphasizes oral communication and integrates listening, reading, writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 779.

41046	Lec	CTC2	Padilla D	9.0	MWF	0830-1130	01/05/09 - 05/12/09 This EARLY START class meets at the Gavilan Computer Technology Center on Murray Ave. in Gilroy.
-------	-----	------	-----------	-----	-----	-----------	--

41049	Lec	SBCCL	TBA	6.0	TR	0900-1200	01/06/09 - 05/21/09 This EARLY START class meets at the San Benito County Library in Hollister.
-------	-----	-------	-----	-----	----	-----------	---

41050	Lec	CAFE	Payne D	4.5	MWF	0830-0945	01/05/09 - 06/22/09 This EARLY START class meets at Eliot Elementary School cafeteria in Gilroy.
-------	-----	------	---------	-----	-----	-----------	--

41061	Lec	TBD	Howell J	5.4	MWF	0600-0730	01/28/09 - 05/22/09 This class will take place in Hollister in a location to be determined. Please call (408) 852-2824 for class location.
-------	-----	-----	----------	-----	-----	-----------	--

41062	Lec	TBD	Howell J	5.4	MWF	0745-0915	01/28/09 - 05/22/09 This class will take place in Hollister at a location to be determined. Please call (408) 852-2824 for class location.
-------	-----	-----	----------	-----	-----	-----------	--

ESL 781 ESL Lifeskills 5**Transferable:** No

This is the fifth course in a series of survival English for students with beginning oral or written English competency. It will reinforce basic skills learned and continue to develop vocabulary and ease of communication in life skill areas such as the family, the larger community, health, employment, and leisure activities to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 780.

41047	Lec	BURNET	Yu-Costa E	5.6	TR	0600-0830	01/06/09 - 06/11/09 This EARLY START class meets at Burnett Elementary School in Morgan Hill
-------	-----	--------	------------	-----	----	-----------	--

41064	Lec	TBA		5.4	MWF	0700-0830	01/05/09 - 06/12/09 This EARLY START class meets at South Valley Junior High Room E-5 in Gilroy.
-------	-----	-----	--	-----	-----	-----------	--

Gavilan College is an on-site partner in the

**ONE-STOP
CAREER
CENTER**

Job and Career Services
Open to the Public

831-637-JOBS (Hollister)
www.sbcjobs.org

CRN	Type	Room	Instructor	Hrs.	Units	Days	Begin-End
-----	------	------	------------	------	-------	------	-----------

HUMANITIES**HUM 767 Film Classics****Transferable:** No

This class is designed to study the facts, fantasy, history and trivia of classic and modern films. The background and history of each film and its performance will be compared and contrasted.

41070	Lab	JDA1	Sendejas L	2.8	F	1000-1230	01/09/09 - 05/22/09 This EARLY START class meets at Jovenes de Antano in Hollister.
41091	Lab	PLY	Richards G	3.00	.0 W	0200P-0500P	01/28/09 - 05/22/09 Above class meets at the Morgan Hill Playhouse, 17000 Monterey Rd. Morgan Hill.
41071	Lab	WM1	Sendejas L	3.0	S	0430-0730	01/03/09 - 05/16/09 This EARLY START class meets at Wheeler Manor in Gilroy.

LIBRARY**LIB 730 Internet Literacy for Older Adults****Transferable:** No

A class for older adults to learn email techniques, how to find information on their interests, news sources, and the skill of browsing online, as well as how best to use the local public library online services, online shopping, search strategies, and interactive games.

41055	Lec	HOL3	Mendez F	2.0	TR	0230-0330	01/28/09 - 05/22/09 Above class meets at the Hollister Briggs site.
-------	-----	------	----------	-----	----	-----------	---

LIB 732 Introduction to Online Gavilan**Transferable:** No

Introduction to the online classes and student services at Gavilan College. This course will show students how to log into their online courses, find lectures, assignments and exams, take part in online class discussions, submit attachments, and view their grades. The course will also cover all the online student services available to the distant student, including counseling, library resources, records and grades, financial aid, tutoring and technical support.

41063	Online	ONLINE	Parker J				01/28/09 - 05/22/09 This open-entry, open-exit online class will be delivered entirely over the Internet. After enrolling, start the class by going to http://www.gavilan.edu/disted , and log into the system.
-------	--------	--------	----------	--	--	--	---

**LIB 733 Exploring the Web for Older Adults****Transferable:** No

Designed to address the interests of older adults, students will learn about the web's rich offering in graphics, sharing digital pictures, and downloading audio files and audiobooks after paying your bills online. Students will learn online techniques to take advantage of all the latest tools, such as wikis, blogs, search techniques and great travel destinations. ADVISORY: LIB 730, Internet Literacy for Older Adults.

41059	Lec	CTC2	McClintock J	2.8	R	0900-1130	01/28/09 - 05/22/09 This class meets at GUSD/Gavilan Computer Technology Center on Murray Ave. in Gilroy.
41054	Lec	HOL3	Mendez F	2.0	TR	0130-0230	01/28/09 - 05/20/09 Above class meets at the Hollister Briggs site.

All noncredit classes are open entry/exit and free of charge.

CRN	Type	Room	Instructor	Hrs.	Units	Days	Begin-End
-----	------	------	------------	------	-------	------	-----------

MATHEMATICS**MATH 758B CAHSEE Preparation B Mathematics****Transferable:** No

This course is designed to prepare non-high school graduates for the successful completion of the CAHSEE (California High School Exit Examination) Mathematics Test by providing them with study skills and test taking strategies for answering multiple choice questions. The course will focus on basic arithmetic, statistics, data analysis, measurement, Geometry, Algebra, and mathematical reasoning.

41084	Lab	SBHSAE1	Dukes R	3.0	M	0600-0900	01/05/09 - 02/23/09 This EARLY START class meets at the San Benito High School Adult Ed Building, room 481, in Hollister.
-------	-----	---------	---------	-----	---	-----------	---

MUSIC**MUS 762 Joy of Listening to Music****Transferable:** No

This class is designed to give older adults the opportunity to study eras, styles, composers and components of music. Listening to music with group discussion is an integral part of the class.

41065	Lec	VPRI1	Yinger K	1.0	T	0100-0200	01/27/09 - 05/19/09 This class meets at Valley Pines Retirement Inn in Morgan Hill.
-------	-----	-------	----------	-----	---	-----------	---

MUS 763 Music Encounters**Transferable:** No

A class for older adults that provides musical activities to stimulate and sustain their auditory function, discernment of sounds and manual dexterity. Students will enjoy music, new and old, by listening, singing, playing and creating music in a group setting.

41089	Lec	SOLB7	TBA	3.3	W	0600-0905	01/28/09 - 05/22/09 This class meets at Solorsano Middle School in Gilroy.
41090	Lec	GHS	TBA	3.3	T	0600-0905	01/28/09 - 05/22/09 This class meets at Gilroy High School.

PHYSICAL EDUCATION**PE 716 Music/Movement and Health****Transferable:** No

This course is designed to assist older adults in improving overall health through movement, music and relaxation techniques. Rhythmical movement will be adjusted to suit individual students mobility needs.

40907	Lab	CRC1	Mendonca B	2.0	TF	1000-1200	01/06/08 - 05/22/08 This EARLY START class meets at the Centennial Recreation Center in Morgan Hill.
40908	Lab	GSC1	Mendonca B	1.0	W F	1000-1100 0130-0230	01/07/09 - 05/22/09 This EARLY START class meets at the Gilroy Senior Center.
41020	Lab	VPRI1	Lee C	1.8	F	1030-1200	01/02/09 - 06/30/09 This EARLY START class meets at Valley Pines Retirement Inn in Morgan Hill.
41079	Lab	JDA1	Host M	1.0	T	1100-1200	02/02/09 - 05/19/09 This class meets at Jovenes de Antano in Hollister.

Classroom Locations: Refer to "How to Use This Schedule" on page 5.