# GUIDANCE

### GUID 6: Life Skills for Higher Education

Transferable: CSU, UC; CSU-GE:E, GAV-GE:E2

Evaluation and application of academic study methods to achieve subject matter mastery. Development of critical thinking skills, and application of reading, writing, note taking and test taking methods to improve personal strategies. Exploration of personal lifestyle and health factors, including the causes and management of stress, as it relates to academic success. Assessment of academic and career goals, selection of majors, and development of education plans. Topics covered include creative and realistic goal setting, academic and life management, college and community resources, library and Internet use, time management, and techniques to reduce math and science anxiety. This class will address a multitude of cultural learning styles, with emphasis on attaining professional, personal and academic goals in a diverse society. Topics from developmental psychology, learning theory and personality theory.

| CRN | Course | Type | Units | Time | Days/Dates | Location | Instructor | Open Seats |
|---|---|---|---|---|---|---|---|---|
| 81058 | GUID 6 | Lec | 2.0 | 09:00 am - 10:50 am | MTW<br>*6/10/2024 - 7/19/2024* | HOL-<br>*Above class meets at the Hollister Briggs site.* | Pacheco Camacho, Fabian | 10 |

# VOCATIONAL PREP - DISABILITY

### AE 600: Vocational Training I

Prevocational skills for adults with impaired cognitive functioning. Entry level work preparation is emphasized. Skills taught include basic work routine orientation, communication skills, job ability assessment, and self-management skills.

| CRN | Course | Type | Units | Time | Days/Dates | Location | Instructor | Open Seats |
|---|---|---|---|---|---|---|---|---|
| 80969 | AE 600 | Lab | | | | OFFSTE-HOPEH | Brown, Cheryl | FULL |
| HOPE Services, 650 San Benito St., Suite #120, Hollister. Open Entry/Open Exit. | | | | | *7/1/2024 - 8/23/2024* | | | |
| Contact the Accessible Education Center Office (LI 117). | | | | | | | | |
| | AE 600 | Lab | | | | OFFSTE-HOPEH | Mendez, Frank | FULL |
| HOPE Services, 650 San Benito St., Suite #120, Hollister. Open Entry/Open Exit. | | | | | *7/1/2024 - 8/23/2024* | | | |
| Contact the Accessible Education Center Office (LI 117). | | | | | | | | |

### AE 602: Vocational Training III

Practical training and on-the-job work experience for students with disabilities. This course also provides preparation for entry level employment utilizing a number of work alternatives and settings.

| CRN | Course | Type | Units | Time | Days/Dates | Location | Instructor | Open Seats |
|---|---|---|---|---|---|---|---|---|
| 80971 | AE 602 | Lab | | | | OFFSTE-HOPEH | Brown, Cheryl | 9 |
| HOPE Services, 650 San Benito St., Suite #120, Hollister. Open Entry/Open Exit. | | | | | *7/1/2024 - 8/23/2024* | | | |
| Contact the Accessible Education Center Office (LI 117). | | | | | | | | |

# ENGLISH AS A SECOND LANGUAGE

### ESL 785: NC ESL Lifeskills 1B

This is the second course in a series of English classes for students with basic oral or written English competency. It will give students basic vocabulary and familiarity in life skill areas such as daily routines, food work, and health to manage in the English speaking community. This course integrates listening, speaking, reading and writing. ADVISORY: ESL Assessment Recommendation

| CRN | Course | Type | Units | Time | Days/Dates | Location | Instructor | Open Seats |
|---|---|---|---|---|---|---|---|---|
| 81052 | ESL 785 | Lec | | 09:00 am - 12:25 pm | MTWR<br>*6/10/2024 - 8/2/2024* | HOL-3<br>*Above class meets at the Hollister Briggs site.* | Zavala, Angelica | 9 |

*Online Classes* - To start your course, go to:https://ilearn.gavilan.edu. You must login by 11:59 p.m. the 1st day of the course and late adds must login within 24 hours of adding or you may be dropped. For help, email your instructor.



Open Seats Available as of: 10/28/2024 9:20:55 AM