Perinatal Support Services
Resource Directory
for Santa Clara County

Prepared by MCAH Staff
Revised May 2013
Contact MCAH Program Staff at
(408) 937-2250

This directory was developed using funds received from
the California Department of Public Health, Maternal, Child and Adolescent Health Division
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ABORTION

PLANNED PARENTHOOD MARMONTE (7 locations in SCC) Main line: (408) 287-7532
1691 The Alameda, San Jose, CA 95126 Clinic: (408) 287-7526
www.plannedparenthood.org

Planned Parenthood provides reproductive health care and family health care:
Reproductive health care: birth control; annual exams; pregnancy testing and counseling; prenatal care;
sexually transmitted disease testing and treatment.
Family health care: physicals; immunizations; pediatrics; treatment for headaches; sore throats; rashes.
Main line goes to San Jose Health Center off The Alameda; client is referred to other 7 locations base on proximity to zip code.

CHOICE MEDICAL GROUP (408) 272-9244 or (408) 358-2766
2365 Montpelier, San Jose
Hours: M-Th 8am-6pm, F 8-5pm
www.choicemedicalgroup.com

Provides free pregnancy testing, abortions. Accepts adolescents. Accepts Medi-Cal (up to 20 weeks of pregnancy), cash, and insurance.

ACTIVITIES FOR YOUTH & CHILDREN

CALIFORNIA CHILD CARE HEALTH PROGRAM (CCHP) www.ucsfchildcarehealth.org (415) 476-4695
A ton of information (fact sheets, survival tips—preventing flu etc., and training curriculum available for health education specialists in both English and Spanish)

YMCA OF SANTA CLARA COUNTY http://ymcasv.org/
Association Office (408) 351-6400 Northwest (Cupertino) (408) 257-7160
East Valley (408) 715-6500 Morgan Hill (408) 782-2128
San Jose, Central (408) 298-1717 Mt View (650) 969-9622
Southwest (Saratoga) (408) 370-1877 Palo Alto (650) 858-0661
San Jose, South Valley (408) 226-9622
Family and youth recreation programs

SANTA CLARA COUNTY LIBRARY SYSTEM www.santaclaracountylib.org
Campbell (408) 866-1991 Cupertino (408) 446-1677
Gilroy (408) 842-8207 Los Altos (650) 948-7683
Milpitas (408) 262-1171 Morgan Hill (408) 779-3196
Saratoga (408) 867-6126
Summer reading programs and story times

BIG BROTHERS/BIG SISTERS OF SANTA CLARA COUNTY (408) 586-0150
600A Valley Way, Milpitas, CA 95035
www.bbbsba.org
Adult friends/role models share activities with youth ages 6 to 14 from single parent homes, foster children, incarcerated parents, low income, etc.

GIRL SCOUTS OF NORTHERN CALIFORNIA, SAN JOSE OFFICE (408) 287-4170
www.girlscoutsofscc.org
Provides fun and friendship and develops social responsibility for girls
ACTIVITIES FOR YOUTH & CHILDREN (cont.)

BOY SCOUTS OF SANTA CLARA COUNTY COUNCIL (408) 280-5088
www.sccbsa.org
http://www.sccbsa.org/sccc/

Provides fun and friendship and develops social responsibility for boys

BOYS AND GIRLS CLUBS OF SILICON VALLEY (408) 957-9685
www.bgclub.org
Clubhouse facility for recreation, education and cultural enrichment programs

ADOLESCENT FAMILY LIFE PROGRAM (AFLP)

PLANNED PARENTHOOD MARMONTE (408) 287-7532 - (408) 971-6937 Fax
1691 The Alameda, San Jose, CA 95126
www.plannedparenthood.org

AFLP provides case management services to help pregnant and/or parenting teens with the challenging tasks of parenthood.

ADOPTION

SANTA CLARA COUNTY SOCIAL SERVICES AGENCY – FOSTERCARE & ADOPTION SERVICES
(408) 299-5437(KIDS)
www.sccgov.org/portal/site/adoption

ADOPT INTERNATIONAL 1-800-969-6665 (for birth parents) / (415) 934-0300 (for adopting parents)
1000 Brannan Street, Suite 301, San Francisco, CA 95103   www.adoptinter.org

INDEPENDENT ADOPTION CENTER  1-800-877-6736 / (408) 986-8343 (Ryan Schwab
National Marketing Co-Director)   www.adoptionhelp.org/index.html

BETHANY CHRISTIAN SERVICES (domestic and international) 1-800-238-4269   www.bethany.org/

INTERNATIONAL BAY AREA ADOPTION (nonprofit) (650) 964-3800 www.baas.org/index.php

AFRICAN-AMERICAN CASE MANAGEMENT SERVICES

BLACK INFANT HEALTH PROGRAM, SANTA CLARA COUNTY (408) 937-2270
1993B McKee Road, San Jose, CA 95116
www.sccgov.org/portal/site/phd/BlackInfantHealth

Eligibility: 18+ years old; at any income level; pregnant and/or parenting African-American women with children less than 3 months old; willing to participate in group empowerment sessions with other pregnant/parenting women; no fee to participate.

Services:
• Monthly home visits from a public health nurse and community advocate
• Referrals for health care and other community resources
• Education and support to reduce the risks of problems such as breastfeeding difficulties, cradle cap, and Sudden Infant Death Syndrome (SIDS)
• Free classes, support groups, and workshops (WIC, housing and other services)
• Networking opportunities with other families
AIDS/HIV CONFIDENTIAL SITES

HIV/AIDS PROGRAM, SANTA CLARA COUNTY HEALTH DEPARTMENT, (408) 792-3720
@ CRANE CENTER
976 Lenzen Ave, Suite 1800, San Jose, CA 95126
www.scccranecenter.org
Anonymous or confidential testing services provided at no charge.
Walk in hours: Mon-Th-Fri: 9:00 am-4:45pm pm, Tues: 9:00 am – 7:00 pm, Wed: 10:00 am – 4:45 pm; open during lunch
Needle Exchange Program: 1-888-308-1110

ASIAN AMERICANS FOR COMMUNITY INVOLVEMENT (AACI) (408) 975-2763
2400 Moorpark Ave, Ste 300 San Jose CA, 95128 http://acci.org
HIV rapid testing

PLANNED PARENTHOOD www.plannedparenthood.org/mar-monte/
STD Services available, Confidential HIV testing
Information Only 1-800-711-9848
San Jose – Eastside (408) 729-7600
Sunnyvale (408) 739-5151
Gilroy (408) 847-1739
Walk in during business hours; advise client to call mainline (408) 287-7532. Fee: Sliding scale New patient $55-110; established patient $50-90 depends on what they’ve seen for.

MAYVIEW COMMUNITY CLINIC (650) 327-8717
270 Grant Avenue, Palo Alto, CA 94306
Mountain View (650) 965-3323 - 900 Miramonte Ave, Mountain View, CA 94040
Sunnyvale (408) 746-0455 - 785 Morse Ave., Sunnyvale, CA 94085
www.mayview.org/
Anonymous and confidential only
Fee: $35 Hours: M, W, F 8:30-5:00pm; T, R 8:30-8:30pm; Every other Saturday 9am-4pm

INDIAN HEALTH CENTER OF SANTA CLARA VALLEY (408) 445-3400
1333 Meridian Ave, San Jose, CA 95125 (for Dental and Medical Services)
www.indianhealthcenter.org/

KAISER SANTA CLARA FACILITY (Available for Kaiser Members only)
(408) 851-4253 Testing and appointment with health educator: (408) 851-4242
Health Education Program - Pretest counseling provided in groups.

POSITIVE PACE (Partners in AIDS Care & Education) OF SANTA CLARA VALLEY (408) 885-5935
2400 Moorpark Ave, San Jose CA 95128
HIV treatment clinic.

AIDS/HIV HOTLINES

24 HOUR CDC INFO NATIONAL HIV/AIDS HOTLINE 1-800-232-4636 -to find location of HIV testing sites and other health education materials

AIDS AND HIV NIGHTLINE (415) 434-2437
Hours: 24 hrs; Provides only emotional support NOT medical advice

AIDS INFO NATIONAL HOTLINE 1-800-448-0440
Hours: M-F 12-5pm EST
AIDS/HIV HOTLINES (cont.)

CALIFORNIA AIDS, STD, & HEPATITIS HOTLINE 1-800-367-2437 or 800-345-2437

English, Spanish
Hours: M-F 9:00 am – 4 pm (Sat)

CA HIV/AIDS Referral Hotline  www.HIVservicesca.com

HIV/AIDS PROGRAM, SANTA CLARA COUNTY HEALTH DEPARTMENT @ CRANE CENTER
(408) 792-5033

BAY AREA PERINATAL AIDS CENTER (BAPAC) – (415) 206-8919 http://php.ucsf.edu/bapac/
On perinatal HIV; HIV testing for infants

AIDS INFO: HIV TREATMENT & CLINICAL TRIAL INFORMATION 1-800-874-2572 (info and English and Spanish) Hours of operation: 12-5 EST www.aidsinfo.nih.gov

CENTER FOR DISEASE CONTROL AIDS 1-800-458-5231 (9am-6pm EST) (English and Spanish) www.cdc.gov/hiv/

CALIFORNIA DEPARTMENT OF PUBLIC HEALTH HIV/AID SERVICES REFERRAL HOTLINE
1-800-367-2437 (Spanish and English (M-F: 9am-4pm)

www.hivservicesca.com
www.cdcnpin.org/ca/
www.cdph.ca.gov/programs/aids/Pages/Default.aspx

Has list of approved HIV testing sites, prevention, (emotional) support services available in California

ALCOHOL/DRUG ABUSE RESOURCES
FOR PREGNANT AND PARENTING WOMEN IN SANTA CLARA COUNTY

GENERAL INFORMATION

GATEWAY CALL CENTER  1-800-488-9919 (in English, Spanish and Vietnamese)
 www.sccgov.org/portal/site/dads/
Alcohol and Drug Adult managed care services (providers contracted within SSC only!) in Santa Clara County—Screen patient and refer to Drug and Alcohol Resources in Santa Clara County

VOICES UNITED (formerly NCADD)—Silicon Valley Resource Center on Substance Use and Addiction; has Video lending library
(408) 292-7292
Hours: M-F 9am-6pm
1415 Koll Circle, Ste 101 San Jose, CA 95112
www.voicesunited.net

DEPARTMENT OF ALCOHOL AND DRUG “DAD” SERVICES, SANTA CLARA COUNTY (408) 792-5680
For treatment call:
GATEWAY CALL CENTER 1-800-488-9919
www.sccgov.org/portal/site/dads

Private insurance/HMO members should check with their organization for the names of contract service providers for drug and alcohol services.

PUBLIC HEALTH NURSING REFERRALS, SANTA CLARA COUNTY (408) 494-1521
PERINATAL SUBSTANCE ABUSE TREATMENT PROGRAMS-OUTPATIENT PROGRAMS

PERINATAL SUBSTANCE ABUSE PROGRAM, SANTA CLARA COUNTY
Gateway Call Center 1-800-488-9919

Department of Alcohol and Drug Services, Office of Women’s Treatment Services
www.sccgov.org/portal/site/dads

Eligibility: Pregnant women, parenting women with children up to age 18. Drug free and methadone, maintenance treatment. Services: comprehensive outpatient alcohol and drug treatment; emphasis on health, parenting, and life skills. Spanish speaking staff available - Childcare and transportation available. Fees: Sliding scale, MediCal and private insurance.

BLOSSOMS PERINATAL CENTER (FAMILY HEALTH FOUNDATION) (408) 254-3396
3030 Alum Rock Ave, San Jose, CA 95127- located inside Compre-Care Center. Services for women > 18 years only; drug and alcohol outpatient program; anyone seeking alcohol or drug treatment or loss children due to drug or alcohol; come through via court order or CPS order; clients can initiate help also through Gateway.
How it works: CHDP can refer to gateway for assessment; gateway can refer to Blossoms
www.gardnerfamilyhealth.com/content/view/17/31/

Eligibility: Pregnant women, parenting women with children up to age 18. Drug free treatment. Services: comprehensive outpatient alcohol and drug treatment, mainly Latina and African American women. Languages: English only at the moment. Childcare and transportation available. Fees: Medi-Cal (funded by the government)

PERINATAL SUBSTANCE ABUSE TREATMENT PROGRAMS-RESIDENTIAL

HOUSE ON THE HILL, WOMEN WITH CHILDREN PROGRAM (408) 281-6570
9505 Malech Road, San Jose, CA 95151. Open 24-7; Contracted with the county; non-profit; sliding-scale fee. Referred by gateway or CPS or court system. Clients usually call and ask if a bed is available.
www.arhinc.org/parisi_index.htm

Residential treatment where women can stay for up to 180 days with up to 2 children ages 0-5.

TREATMENT PROGRAMS FOR WOMEN-RESIDENTIAL

MARIPOSA LODGE (408) 281-6555
9500 Malech Rd., San Jose, CA 95151 (Detox facility)
www.arhinc.org/mariposa_index.htm

HOUSE OF GRACE (City Team Ministries) (408) 885-8080
2304 Zanker Rd., San Jose, CA 95131
http://www.cityteam.org/san-jose/house-of-grace/

Long term residential program for homeless women and their children; residential drug treatment; can stay 10-14 months; work on transition plan before women leave the residential program Fee: sliding scale

TREATMENT PROGRAMS FOR WOMEN-MANAGED CARE

FAMILY AND CHILDREN SERVICES - COMADRES PROGRAM - (408) 288-6209
950 W. Julian St., San Jose, CA 95126

GOOD SAMARITAN HOSPITAL – Mental and Chemical Dependency Program (408) 559 2000
2425 Samaritan Dr., San Jose, CA 95124 Co-ed program

KAISER PERMANENTE SANTA CLARA MEDICAL CENTER (408) 236-6400
Chemical Dependency Services
Medical Center Address: 700 Lawrence Expressway, Santa Clara CA 95051 554-9820 1800-464-4000

CHEMICAL DEPENDENCY RECOVERY PROGRAM (408) 366-4200
19000 Homestead Road (Building #1), Cupertino, CA 95014
ALCOHOL/DRUG ABUSE RESOURCES (cont.)

KAISER PERMANENTE SAN JOSE MEDICAL CENTER Chemical Dependency Services (408) 972-3366
275 Hospital Parkway (Santa Teresa Site) Suite 370, San Jose, CA 95119

SELF HELP SUPPORT GROUPS

ALCOHOLICS ANONYMOUS (408) 374-8511 - (408) 975-0826 - Spanish
www.aa.org

NARCOTICS ANONYMOUS (408) 998-4200
www.na.org

SUPPORT SERVICES FOR CHILDREN

EMQ FAMILIES FIRST CLIENT SERVICES (408) 364-4133
251 Llewellyn, Campbell, CA 95008
www.emqff.org

Support services for families in early recovery; provides mental health treatment, foster care and social services that help families recover from trauma, abuse and addiction

BILL WILSON CENTER (408) 243-0222
3490 The Alameda, Santa Clara, CA 95050
www.billwilsoncenter.org

Serves more than 10,000 clients in Santa Clara County through various programs. Bill Wilson Center programs focus on housing, education, counseling, and advocacy. Bill Wilson Center has been providing services to runaway and homeless youth since 1973.

ALCOHOL/DRUG ABUSE

GATEWAY, COUNTY OF SANTA CLARA 1-800-488-9919
www.sccgov.org/portal/site/dads/
Alcohol and Drug Screening

CENTRAL TREATMENT AND RECOVERY PROGRAM (408) 792-5656
976 Lenzen Ave, San Jose, CA 95126

ALCOHOLICS ANONYMOUS (408) 374-8511 (24 hours)
www.aa.org
Provides counseling, peer support, information about meetings in client’s area; 1:1 support to help get to meetings

COCAINE ANONYMOUS (310) 559-5833
www.ca.org
Counseling, peer support; Cocaine Anonymous is open to all persons who state a desire to stop using cocaine, including "crack" cocaine, as well as all other mind-altering substances. There are no dues or fees for membership. Our expenses are supported by the voluntary contributions of our members — we respectfully decline all outside contributions.

NARCOTICS ANONYMOUS, FOCUS ON RECOVERY (408) 998-4200
www.na.org
Counseling, peer support
ALCOHOL/DRUG ABUSE RESOURCES (cont.)

AL-ANON SANTA CLARA VALLEY (408) 379-1051
www.ncwsa.org/scvafg/

(Support group for children of alcoholics (ALATEEN). Support group for families, friends of alcoholics (intergroup). Tape recording of meeting places.) The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope, in order to solve their common problems. We believe alcoholism is a family illness, and that changed attitudes can aid recovery. The 12-steps are introduced at the meeting.

EMQ FAMILIES FIRST CLIENT SERVICES (408) 379-3796
251 Llewellyn Ave.
Campbell, CA 95008
www.emqff.org

Counseling and support groups to children of alcohol/drug dependant parents. Parent group meetings

VOICES UNITED (formerly NCADD)—Silicon Valley Resource Center on Substance Use and Addiction; has Video lending library
(408) 292-7292
Hours: M-F 9am-6pm
1415 Koll Circle, Ste 101 San Jose, CA 95112
www.voicesunited.net

FAMILY & CHILDREN SERVICES - COMADRES PROGRAM through Gateway 1-800-488-9919
950 W. Julian St., San Jose, CA 95126

CALIFORNIA TERATOGEN INFORMATION AT UC SAN DIEGO (CTIS) 1-800-532-3749 (Pregnancy Health Information Line…May be quicker to email directly from website)
www.ctispregnancy.org/about_us.html

A Statewide service operated by CTIS and Clinical Research Program; goal is to promote healthy pregnancies through education and research. Provides information about OTC meds, prescription drugs, vitamins and supplements, street drugs, and other drugs, chemicals/pesticides, occupational/paternal exposures, infectious diseases that may be harmful to the unborn baby. Also provides information about the effects of medications taken while breastfeeding. FREE services offered to general public, pregnant and breastfeeding women, women planning pregnancies, fathers, physicians, and other health care providers.

BEREAVEMENT SUPPORT GROUP SERVICES

CENTRE FOR LIVING WITH DYING-Bill Wilson Center (408) 243-0222
3490 The Alameda, Santa Clara, CA 95050
www.billwilson.org

CONTACT CARES-A program within Bill Wilson Center (Crisis Line) (408) 850-6125
24 Hour Help Line – Information & Referrals

HELP AFTER NEONATAL DEATH (HAND) 1-888-908-4263
PO Box 341, Los Gatos, CA 95031
www.handonline.org
Leave a message and bereavement counselor/volunteer will call back

HOSPICE OF THE VALLEY (408) 559-5600
4850 Union Avenue, San Jose, CA 95128
9-5 M-F
http://www.hov.org/
BEREAVEMENT SUPPORT GROUP SERVICES (cont.)

KARA  (650) 321-5272
457 Kingsley Ave., Palo Alto, CA 94301
www.kara-grief.org/

PARENTS HELPING PARENTS  (408) 727-5775
1400 Parkmoor Avenue, Ste 100, San Jose, CA 95126
www.php.com

TouchTone Program of PHP provides support for families facing a life threatening illness by providing resource referral, hospital visits, some financial assistance for cancer related illnesses, and educational and peer support.

GUILD FOR INFANT SURVIVAL SIDS  1-800-247-4370 (Orange County)

CALIFORNIA SIDS PROGRAM  1-800-369-7437
11344 Coloma Road., Ste. 560
Gold River, CA 95670
www.californiasids.com

BREASTFEEDING

Refer to First 5 Website for list of breastfeeding support services:
http://www.first5kids.org/parenting/tips_13

TELEPHONE BREASTFEEDING SERVICES

NURSING MOTHERS COUNSEL  (free)  (408) 272-1448(MILK)
www.nursingmothers.org/

Offers breastfeeding advice, pumps, trainings, breastfeeding classes, community education speaker, and home visits.

LA LECHE LEAGUE-SANTA CLARA COUNTY  (Lactation Consultant @ no charge)  (408) 205-1234 Janet Dumbro, IBCLC (Certified lactation consultant)...There is a different number depending on your zip-code/ city etc. refer to website or for San Jose, call:  (408) 265-4834 (MICHELE)
www.llli.org/

SANTA CLARA VALLEY HEALTH AND HOSPITAL BREASTFEEDING SUPPORT LINE  (408) 885-5950

SAN MATEO COUNTY WIC PROGRAM BREASTFEEDING HELPLINE  1-800-205-0333
32 West 25th Avenue suite 203A
San Mateo, CA 94403

BREASTFEEDING: HOSPITAL SERVICES

Breastfeeding services and eligibility for services vary with each facility. Please call for details.

REGIONAL MEDICAL CENTER OF SAN JOSE
1-888-762-8881 English & Spanish
1-888-762-8811 Vietnamese
No lactation consultation for outpatient...does provide prenatal breastfeeding classes 6pm-8pm ($50/couple if not delivering at hospital), childbirth 7pm-930pm once a week for five weeks ($80 per couple); infant care 9am-12pm ($60/couple); childbirth express 9am-4pm One day class on Saturday (60/couple) if registered to deliver at hospital, classes are free www.regionalmedicalsanjose.com

GOOD SAMARITAN HOSPITAL PARENTING AND BREASTFEEDING SERVICES  (408) 559-2229
www.parentingandbreastfeeding.com/

Free breastfeeding support group every Tuesday 2-3:30pm, free phone call consultations, 1:1 consultation $95/baby for one hour long and $50 for follow-up, prenatal classes also provided; stores within the hospital available for purchasing breast pumps.
BREASTFEEDING (cont.)

SAINT LOUIS REGIONAL HOSPITAL BREASTFEEDING SERVICES (408) 848-8663 (Mother Baby Unit)  
www.saintlouiseregionalhospital.org

Breastfeeding class while still pregnant….Lactation consultant hosts breastfeeding support group typically held every Wednesdays at 10:00 AM with JANA TOMASINI (408) 848-8639 (Classes Free and open to the community)

EL CAMINO HOSPITAL, LOS GATOS MATERNAL NETWORK (408) 866-3905  
www.communityhospitality.com/CWSContent/communityhospitalsgatos/aboutus/

EL CAMINO HOSPITAL, MOUNTAIN VIEW MATERNAL CONNECTIONS (650) 988-8287  
www.elcaminohospital.org

O’CONNOR HOSPITAL – LACTATION CONSULTANT CENTER (408) 947-2743  
www.oconnorhospital.org/

TELEPHONE BREASTFEEDING & DRUG/MEDICATION INFORMATION

LA LECHE LEAGUE CENTER FOR BREASTFEEDING INFORMATION  
www.llli.org/cbi/cbi.html

There is a different number depending on your zip-code/ city etc. refer to website for more information or for San Jose, call: (408) 265-4834 (MICHELE)

BREASTPUMPS AND EQUIPMENT

BAILEY NURTURE III 1-800-413-3216  
www.baileymed.com/

AMEDA BREASTFEEDING PRODUCTTS 1-877-992-6332  
www.ameda.com/breastpumping/

MEDELA BREASTFEEDING NATIONAL NETWORK (English & Spanish) 1-800-835-5968  
http://www.medelalocator.com

LOCAL PUMP RENTAL STATIONS

TINY TOTS DIAPER SERVICE 1-800-794-5437 (408) 866-2900  
www.tinytots.com/

MOTHERS MILK BANK @ VALLEY MEDICAL CENTER (408) 998-4550  
www.milkbanksj.org/

Since 1974 the Mothers’ Milk Bank has supplied over 1.5 million ounces of donated human milk to infants who depend on it for survival. Last year alone, the MMB provided over 250,000 ounces of donor milk to babies throughout California and the West.

ON-LINE BREASTFEEDING SERVICES

Breastfeeding  
www.breastfeeding.com

National Women’s Health Information Center  
http://www.womenshealth.gov/

Pregnancy and Newborn Information  
www.babycenter.com

PRIVATE–PRACTICE CERTIFIED LACTATION CONSULTANTS

Jana Tomasini, RN, IBCLC (408) 848-8639   
Joanna Koch, RN, IBCLC (650) 967-8715

Janet Dumbro, IBCLC (408) 205-1234
**WIC (WOMEN, INFANT AND CHILDREN) PROGRAMS**

All WIC programs offer breastfeeding information and support. Ask your local WIC program.


**Gardner Family Health Network** (SAME AS WIC) (408) 254-5197 [www.gardnerfamilyhealth.com](http://www.gardnerfamilyhealth.com)

**Indian Health Center of Santa Clara Valley** (408) 445-3420 [www.indianhealthcenter.org/wic.html](http://www.indianhealthcenter.org/wic.html)

**CAR SEATS**

**SANTA CLARA COUNTY PUBLIC HEALTH DEPARTMENT: CAR SEAT PROGRAM** 1-800-310-2332

Car Seats (Infant or Booster seats) available for clients who are residents of Santa Clara County, and are receiving WIC or Medi-Cal. By appointment only. Recipients must attend a Car Seat Program class to ensure proper usage of car seats.

**Lucile Packard Children’s Hospital at Stanford- Car Seat Fitting Program** (650) 736-2981 [www.carseatfitting.lpch.org](http://www.carseatfitting.lpch.org)

Get your car seat inspected by a certified technician.

**CHILD ABUSE**

**CHILD ABUSE AND NEGLECT REPORTING**
(408) 299-2071 Santa Clara County Child Abuse Hotline
(408) 683-0601 Santa Clara County Child Abuse Hotline
(650) 595-7922 Child Protective Services (Palo Alto)

**24 HOUR CONTACT HELP LINE** (408) 850-6125
General Crisis Hotline- answered by volunteers and provide emotional support; NOT EXACTLY FOR CHILD ABUSE

**CHILD ABUSE PREVENTION COUNCIL** (916) 244-1916

**CHILDBIRTH CLASSES**

Clients should contact hospital where they plan to deliver.

**SANTA CLARA VALLEY MEDICAL CLINIC, Valley Health Center** (408) 885-3490 [http://www.scvmed.org/portal/site/scvmc/](http://www.scvmed.org/portal/site/scvmc/)

Tour of hospital, Childbirth classes

**CHILD CARE**

**CHOICES FOR CHILDREN** (408) 297-3295 [www.choicesforchildren.org](http://www.choicesforchildren.org)

Subsidized for parents who receive CASH-aid; Infants-13 years old.

**COMMUNITY CHILD CARE COUNCIL (4C’S)** (408) 487-0749 (Resource and Referral Department) [www.4c.org/](http://www.4c.org/)

Services: comprehensive childcare resource/referral services to parents and child care providers; parent education; consumer advocacy for family supportive services; food programs.
CHILD CARE (cont.)

PACEAPP (408) 278-1214  
http://www.paceapp.org/

PACEAPP Professional Association for Childhood Education Alternative Payment Program assists low income families meet their goals of self improvement by addressing their child care needs.

GO KIDS (SOUTH COUNTY RESOURCES) (408) 843-9000  
885 Moro Drive, Gilroy, CA 95020  
www.gokids.org/  

Subsidized child care program for children, ages infant 18 months to 12 years old, in various sites located in South County.

HEAD START STATE PRESCHOOL ADMINISTRATION  1-800-820-8182  
1290 Ridder Park Drive, San Jose, CA 95131  
www.sccoe.org/depts/headstart/  
Free pre-school for low-income children age 18 months – 3 years

PAILO ALTO COMMUNITY CHILD CARE NORTH COUNTY (650) 493-2361  www.paccc.com/  

CLOTHES

SACRED HEART COMMUNITY SERVICES (408) 278-2160  
www.shcstheheart.org

CAREER CLOSET (408) 451-1200  
43 E. Suite 100 Gish Road, San Jose, CA  
www.careercloset.org  

Clothes for interviews  - Hours: Mon – Fri  10:00 am – 5:00 pm

SOUTHSIDE FISH (408) 295-2424 San Jose East, (408) 984-0682 Santa Clara  
Southside Fish provide emergency food, clothing, and furniture. Fish East provides only emergency 3-day food baskets. Take Calls M-F 9am-12noon

PREEMIE DIAPERS 1-800-342-7377  
www.diapers.com  

1 case = 246 Pampers diapers. $49.99 per case (Accept VISA and other credit cards)

COUNSELING RESOURCES

SUPPORT NETWORK FOR BATTERED WOMEN– 1-800-572-2782  
Crisis line: 24 hours

CORA: COMMUNITY OVERCOMING RELATIVE ABUSE 1-800-300-1080
COUNSELING RESOURCES (cont.)

COMMUNITY SOLUTIONS  (408) 779-2113  (Main line)
P. O. Box 546, Morgan Hill, CA 95037
16264 Church Street Suite 103, Morgan Hill, CA 95037
www.communitysolutions.org

Services: Mental Health counseling for school-age children; parent-teacher consultations; peer counseling;
Rape Crisis/sexual assault and Domestic Violence services (24 hr Crisis Line- call 1-877-363-7238- do resource
and referral and conduct workshop for teachers and parents to discuss dating violence); help with restraint
order; Domestic Violence Services available for only south Santa Clara County.

CENTRO DE BIENESTAR/ GARDNER FAMILY CARE  (408) 287-6200
160 E. Virginia St., Ste. 280,  San Jose, CA  95112
www.gardnerfamilyhealth.com

ALMADEN INSTITUTE  (408) 266-7826
www.almaden-institute.org/

Counseling services on a variety of issues - Family and marriage counseling - Parent Education classes.

FAMILY AND CHILDREN SERVICES  (408) 292-9353
950 W. Julian St., San Jose CA 95126
www.fcservices.org/

Mental Health counseling in coping with marital and relationship difficulties, divorce, life crisis, single parenting
stress, effective communication, and parent-child conflicts. Sliding scale 24 hours intervention program for
teenagers.

ASIAN AMERICANS FOR COMMUNITY INVOLVEMENT (AACI)  (408) 975-2730
2400 Moorpark Ave., Ste. 300, San Jose CA. 95128
http://aaci.org/home.htm

Comprehensive counseling and support services - Adolescent day treatment program. - Parent Education

BILL WILSON MARRIAGE AND FAMILY COUNSELING CENTER  (408) 243-0222
3490 The Alameda, Santa Clara, CA 95050
http://www.billwilsoncenter.org/services/all/counseling.html

COUNSELING RESOURCES SUICIDE/CRISIS/HELP LINE

SUICIDE AND CRISIS SERVICE
Toll Free Crisis Hotline #: (855) 278-4204

Bay Area Hotline - Provides crisis telephone counseling and referral for persons experiencing emotional
difficulty

PARENTAL STRESS CONTACT SANTA CLARA  (408) 279-8228

Parental stress crisis intervention - Information and referrals to related resources and counseling

HAND: HELPING AFTER NEO-NATAL DEATH  1-888-908-4263
www.handonline.org

Peer support for families affected by miscarriages and stillbirths.
COUNSELING RESOURCES MENTAL HEALTH

CALL CENTER 1-800-704-0900
SANTA CLARA COUNTY MENTAL HEALTH SERVICES
www.sccgov.org/portal/site/mhd

24-hour emergency and crisis intervention - Access program on Enborg center Referrals and authorization for Medi-Cal providers for children and adults. Phone screening to access if medically needy. Crisis intervention for adults (Eastfield Ming-Quong does County’s Crisis Intervention for children)

BASCOM MENTAL HEALTH (Must call the CALL CENTER first) 1-800-704-0900
650 S. Bascom, San Jose, CA (408) 275-6716 FAX

Services: individual, group, family and children counseling; crisis counseling for families in an abusive environment; information and referral to related resources.

COUNSELING RESOURCES MENTAL HEALTH (cont.)

EMERGENCY PSYCHIATRIC SERVICE (408) 885-6100

CENTRAL MENTAL HEALTH CENTER – Uninsured adult 18-60 yrs outpatient mental health clinic
(408) 885-6220 - 2221 Enborg Lane, San Jose CA
(408) 792-2100 - Downtown-1075 E. Santa Clara St., San Jose CA 95116
(408) 494-1561 - Narvaez-614 Tully Rd., San Jose, CA 95111
(408) 852-2400 - South County- 7475 Camino Arroyo, Gilroy, CA 95020
(408) 686-2360 - Santa Clara Valley Health and Hospital System

Mental Health Administration (408) 885-5772 Lien
http://www.sccmhd.org

ALUM ROCK COUNSELING CENTER (408) 294-0500; (408) 294-0579 (24/7 Crisis Hotline)
1245 E. Santa Clara St., San Jose, CA
www.alumrockcc.org

Crisis intervention for children 6 – 21 years old and their families.

NEXT DOOR SOLUTIONS TO DOMESTIC VIOLENCE (408) 501-7550 (408) 279-2962 - Crisis Line
234 E. Gish Road, Suite 200 San Jose, CA 95112
www.nextdoor.org/

COMMUNITY SOLUTIONS (LA ISLA PACIFICA) (408) 683-4118 (Crisis Hotline)
www.communitysolutions.org

South Santa Clara and San Benito Counties Counseling Services and Domestic Violence Women’s Shelter

BILL WILSON COUNSELING CENTER (408) 243-0222 (Residential 24-7 for youth < 18 years old)
www.billwilsoncenter.org/
3490 The Alameda, Santa Clara, CA –For residential center;

Call (408) 925-0231 (for youth 18-24) Drop in services for all youths (daytime center separate from above address for homeless and at-risk youth. Offers groups, case management, NOT a shelter but will refer youth to a shelter if needed)
<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td><strong>Private Physicians and Medical Groups</strong></td>
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<tr>
<td>Altos Oaks Medical Group</td>
<td>2485 Hospital Drive, #330</td>
<td>(650) 988-7470</td>
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<td></td>
<td>Mt. View, CA 94040</td>
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<td><a href="http://www.altosoaksmedicalgroup.com">http://www.altosoaksmedicalgroup.com</a></td>
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<td><a href="mailto:sgb@altosoaksmedicalgroup.com">sgb@altosoaksmedicalgroup.com</a></td>
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<tr>
<td>Obstetrix Medical Group</td>
<td>900 E. Hamilton Avenue Suite 220 Campbell, CA 95008</td>
<td>(408) 371-7111</td>
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<td><a href="http://www.obstetrix.com">http://www.obstetrix.com</a></td>
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<tr>
<td>Dr. Hung V. Ninh</td>
<td>1661 Burdette Dr Ste E</td>
<td>(408) 531-9735</td>
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<td>San Jose, CA 95121</td>
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<tr>
<td>Dr. Athiya Javid</td>
<td>125 N. Jackson Ave. #205</td>
<td>(408) 729-8111</td>
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<td>San Jose, CA 95116</td>
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<tr>
<td><strong>Community Clinics</strong></td>
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<tr>
<td>Gardner Family Health Network</td>
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<tr>
<td>Gardner Health Clinic</td>
<td>160 East Virginia Street</td>
<td>(408) 918-5500</td>
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<td></td>
<td>San Jose, CA 95112</td>
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<td><a href="http://www.gardnerfamilyhealth.com">http://www.gardnerfamilyhealth.com</a></td>
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<tr>
<td>Compre-Care Clinic</td>
<td>3030 Alum Rock Ave.</td>
<td>(408)272-6300</td>
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<td></td>
<td>San Jose, CA 95127</td>
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<tr>
<td>St. James Health Clinic</td>
<td>55 E. Julian Street</td>
<td>(408) 918-2600</td>
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<td></td>
<td>San Jose, CA 95112</td>
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<tr>
<td>Gardner Health Clinic South County</td>
<td>7526 Monterey Rd.</td>
<td>(408) 848-9400</td>
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<td>Gilroy, CA 95020</td>
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<td>Indian Health Center</td>
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<tr>
<td>Indian Health Center</td>
<td>1333 Meridian Ave.</td>
<td>(408) 445-3400</td>
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<td></td>
<td>San Jose, CA 95125</td>
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<td><a href="http://www.indianhealthcenter.org/contactus.html">www.indianhealthcenter.org/contactus.html</a></td>
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<tr>
<td>Indian Health Center Silvercreek</td>
<td>1642 E. Capitol Expressway</td>
<td>(408) 445-3431</td>
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<td>San Jose, CA 95121</td>
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<tr>
<td>Indian Health Center O’Connor Family Heath</td>
<td>455 O’Connor Dr. Ste. 200</td>
<td>(408) 283-7676</td>
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<td></td>
<td>San Jose, CA 95128</td>
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<tr>
<td>MayView Community Health Center</td>
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<tr>
<td>Palo Alto</td>
<td>270 Grant Ave.</td>
<td>(650) 327-9732</td>
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<td>Palo Alto, CA 94306</td>
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<td><a href="http://www.mayview.org/">www.mayview.org/</a></td>
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<tr>
<td>Mountain View</td>
<td>900 Miramonte Ave</td>
<td>(650) 965-3323</td>
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<td></td>
<td>Mountain View, CA 94040</td>
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<td><a href="http://www.mayview.org/">www.mayview.org/</a></td>
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<tr>
<td>Columbia Neighborhood Center Sunnyvale</td>
<td>785 Morse Ave</td>
<td>(408) 746-0455</td>
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<td></td>
<td>Sunnyvale CA 94085</td>
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<td><a href="http://www.mayview.org/coclinic.htm">www.mayview.org/coclinic.htm</a></td>
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### Planned Parenthood Mar Monte

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>San Jose Clinic</td>
<td>1691 The Alameda</td>
<td>(408) 287-7526</td>
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<td></td>
<td>San Jose, CA 95126</td>
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<tr>
<td>Gilroy Clinic</td>
<td>760 Renz Ln.</td>
<td>(408) 847-1739</td>
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<td></td>
<td>Gilroy, CA 95020</td>
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<td><a href="http://www.plannedparenthood.org">http://www.plannedparenthood.org</a></td>
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### Hospital Based Clinics

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Lucile Salter Packard Children’s Hospital at Stanford</td>
<td>770 Welch Road Ste 201 Palo Alto, CA 94304</td>
<td>(650) 498-4069</td>
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<td></td>
<td><a href="http://www.jpch.org/">www.jpch.org/</a></td>
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### Santa Clara Valley Health & Hospital System Clinics

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>East Valley Clinic</td>
<td>1993 McKee Road San Jose, CA 95116</td>
<td>1-888-334-1000</td>
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<tr>
<td>Tully Clinic</td>
<td>500 Tully Rd San Jose, CA 95111</td>
<td>1-888-334-1000</td>
</tr>
<tr>
<td>Fair Oaks Clinic</td>
<td>660 S. Fair Oaks Ave. Sunnyvale, CA 94086</td>
<td>1-888-334-1000</td>
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<tr>
<td>Gilroy Clinic</td>
<td>7475 Camino Arroyo Gilroy, CA 95020</td>
<td>1-888-334-1000</td>
</tr>
<tr>
<td>Bascom Clinic</td>
<td>Valley Health Center, #310 750 S. Bascom Avenue San Jose, CA 95128</td>
<td>1-888-334-1000</td>
</tr>
</tbody>
</table>

### DENTAL CARE

**INDIAN HEALTH CENTER DENTAL CLINIC** (408) 445-3410 or 445-3400
1333 Meridian San Jose, CA 95125
[www.indianhealthcenter.org/dental.html](http://www.indianhealthcenter.org/dental.html)

**DENTAL LINE VHC Tully**
For returning patient with MR #, call (408) 817-1480
For patient without MR #, call (408) 808-6102
500 Tully Rd, San Jose, CA 95111

For appointments at Tully or Gilroy Clinic, East Valley Clinic, or Gilroy Mobile Van
Provides emergency dental services who are uninsured and/or low income - Only serve children under 21 years.

**GARDNER FAMILY HEALTH NETWORK – Compre-Care** (408) 272-6360
3030 Alum Rock Ave San Jose, 95127 (Dental Department)
[www.gardnerfamilyhealth.com/content/view/17/31/](http://www.gardnerfamilyhealth.com/content/view/17/31/)

**ST. JAMES DENTAL** (408) 918-2626
55 East Julian St, San Jose, CA 95112
[www.gardnerfamilyhealth.com](http://www.gardnerfamilyhealth.com)

**GARDNER SOUTH COUNTY DENTAL** (408) 848-9436
7526 Monterey Street, Gilroy, CA 95020
[www.gardnerfamilyhealth.com/content/view/17/31/](http://www.gardnerfamilyhealth.com/content/view/17/31/)

**UCSF SCHOOL OF DENTISTRY** (415) 476-1891
[http://dentistry.ucsf.edu/patient-services](http://dentistry.ucsf.edu/patient-services)

Low cost general dentistry - pediatric dentistry - orthodontic care - By appointment only.
DENTAL CARE (cont.)

CHILDREN’S DENTAL GROUP (408) 240-0250
1153 S. King Road, San Jose, CA
http://www.childrensdentalgroup.com/

UNIVERSITY OF THE PACIFIC, SCHOOL OF DENTISTRY
(415) 929-6550 San Francisco-Pediatric Dental Care   (415) 929-6555 San Francisco-Orthodontia Care
(510) 489-5200 Union City Dental Care
http://dentistry.ucsf.edu/patient-services

Fees about 30-40% less than private dentist. By appointment only.

FOOTHILL COLLEGE DENTAL HYGIENE CLINIC (650) 949-7335
www.foothill.edu/bio/programs/dentalh/

Cleaning and fluoride treatment $30.00, x-rays $5.00- $50.00

RESOURCES/REFERRALS

CHILD HEALTH AND DISABILITY AND PREVENTION PROGAM (CHDP) (408) 937-2250 or 1-800-689-6669

Dental referrals for Medi-Cal eligible -children age 0-19

SANTA CLARA COUNTY DENTAL SOCIETY (408) 289-1480
1485 Park Avenue, San Jose, 95126
http://www.sccds.org/

Information and help with finding dentists in the community information line. Recording of dentists for Medi-Cal patients.

MID-PENINSULA DENTAL SOCIETY (650) 328-2242 www.mpds.org

STATE DENTAL REFERRAL LINE (DENTI-CAL) 1-800-322-6384
www.denti-cal.ca.gov/WSI/Bene.jsp?fname=BeneSrvcs

For those with Medi-Cal

DOMESTIC VIOLENCE COUNSELING RESOURCES

FAMILY AND CHILDREN SERVICES (408) 292-9353; (408) 841-4103
Location: 2226 N First Street
www.fcservices.org
Counseling for families also including hearing impaired

ASIAN AMERICANS FOR COMMUNITY INVOLVEMENT (AACI) (408) 975-2739
www.aaci.org/

CORA: COMMUNITY OVERCOMING RELATIONSHIP ABUSE (650) 652-0800 (Spanish and English)
www.corasupport.org/

COMMUNITY SOLUTIONS - SOUTH COUNTY (408) 779-2113 - Main Line
http://www.communitysolutions.org/ 1-877-363-7238 – Domestic Violence 24-hr Crisis Line

“Offer mental health services, support for survivors of domestic violence, sexual assault, human trafficking, and housing programs for clients facing mental health.”

FAMILY VIOLENCE COUNSELING ASSOCIATES, Family Violence (408) 246-1507
2136 The Alameda, San Jose, CA 95126
Counselors: Greg Hargrove and Richard Garcia
DOMESTIC VIOLENCE COUNSELING RESOURCES (cont.)

MULTI-CULTURAL FAMILY THERAPY INSTITUTE (408) 885-9030

For individual, family, couple, teenage counseling (in the context of family) – juvenile sex offender program Languages: English, Spanish, Portuguese, French, Vietnamese (on-call). Low sliding scale - $40/week for juvenile sex offenders; $50/week adult sex offenders; other clients $60-90 (for other programs). (Have a 3 month waiting list call after July 2013 to see if services are available)

NEXT DOOR (SOLUTIONS TO DOMESTIC VIOLENCE) (408) 501-7550
234 E. Gish Road, Bldg. 200, San Jose, CA 95112 (408) 279-2962 Emergency Hotline
www.nextdoor.org/

SUPPORT NETWORK FOR BATTERED WOMEN 1-800-572-2782 Crisis Line
1257 Tazman Dr., Sunnyvale, CA 94089 Sliding fee scale or no cost.
http://www.supportnetwork.org/

VICTIM WITNESS PROGRAM (408) 295-2656
777 North First Street, Suite 220, San Jose, CA 95112
Assist victims of violent crimes apply for state program to receive funding to see a licensed therapist. The only requirement: has been a victim of a violent crime that can be verified via police report, restraining order, cps, etc; timeline within 1 year after crime happened; exceptions if you are a minor (abuse even if in a home) must be a minor when it happened…minor of sexual assault have until 28 to file for aid. Every county has a Victim Witness Program
www.victim.org/

EDUCATION, EMPLOYMENT AND JOB TRAINING

ADULT EDUCATION PROGRAMS

Sunnyvale/Cupertino Adult & Community Education (408) 522-2700
591 W. Fremont Ave., Sunnyvale CA 94087
http://www.acehsd.org

METROPOLITAN ADULT COMMUNITY EDUCATION PROGRAM (408) 947-2300
CAMPBELL ADULT EDUCATION CENTER
1224 Del Mar Ave., San Jose, CA 95128

CENTRAL COUNTY OCCUPATIONAL CENTER (408) 723-6400 (Press 2); (760 Hillsdale Ave., San Jose, CA 95136
www.metroed.net
Metropolitan Adult Education, Vocational Center 408) 723-6450

MILPITAS ADULT EDUCATION PROGRAM (408) 635-2692
1331 E. Calaveras Blvd., Milpitas, CA 95035
https://adulted.musd.org/

MORGAN HILL COMMUNITY ADULT SCHOOL (408) 201-6520
80 W Central Avenue, Morgan Hill, CA 95037
www.adultedreg.com/morganhill

MOUNTAIN VIEW LOS ALTOS ADULT SCHOOL (650) 940-1333
333 Moffett Blvd., Mountain View, CA 94043
www.mvla.net/ae/pages/default.aspx

PALO ALTO ADULT EDUCATION (650) 329-3752
50 Embarcadero Rd., Palo Alto, CA 94301
http://www.paalultschool.org
SANTA CLARA ADULT EDUCATION CENTER (408) 423-3500
1840 Benton St. Santa Clara, CA 95050
http://www.santaclaraadulted.org/

JUNIOR COLLEGES

DE ANZA COLLEGE (408) 864-5678
21250 Stevens Creek Blvd. Cupertino, CA 95014-5757
www.deanza.edu/

EXTENDED OPPORTUNITIES PROGRAM (EOP) @ DE ANZA COLLEGE (408) 864-8950
Care Program to assists single parents.

EVERGREEN VALLEY COLLEGE (408) 274-7900
3095 Yerba Buena Rd., San Jose, CA 94135-1598
www.evc.edu/

FOOTHILL COLLEGE (650) 949-7777
12345 S. El Monte Rd, Los Altos Hill, CA 94022-4599
www.foothill.edu

GAIVILAN COLLEGE (408) 847-1400; (408) 848-4800
5055 Santa Teresa Gilroy, CA 95020-9599
www.gavilan.edu/ Re-entry Program

MISSION COLLEGE (408) 988-2200 - 855-5030 (Counseling Department)
3000 Mission College Boulevard, Santa Clara, CA 95054-1897
www.missioncollege.org/
Re-entry program

SAN JOSE CITY COLLEGE (408) 298-2181; (408) 288-3730
2100 Moorpark Ave, San Jose, CA 95128-2799
www.sjcc.edu

WEST VALLEY COLLEGE (408) 867-2200
Re-entry Program 14000 Fruitvale Ave., Saratoga, CA 95070-5699
www.westvalley.edu

JOB TRAINING

Agencies and schools are listed together in this section since they often provide both basic education and vocational training. Call to obtain specific information on vocational programs or educational services offered by each organization.

CENTER OF EMPLOYMENT TRAINING (CET) (408) 287-7924
701 Vine St., San Jose, CA 95110
http://www.cetweb.org/aboutcet/contact_us.html

CENTER FOR TRAINING AND CAREERS (CTC) (408) 213-0961
749 Story Road, Ste 10, San Jose, 95122
http://www.ctcsj.org/

NOVA JOB TRAINING CONSORTIUM (408) 730-7232
505 W. Olive Ave., Suite #550, Sunnyvale, CA 94086
http://www.novaworks.org/

SAN JOSE JOB CORPS (408) 254-5627
3485 East Hills Dr., San Jose, CA 95127
http://sanjose.jobcorps.gov/home.aspx
JOBTAINING (cont.)

SANTA CLARA COUNTY OFFICE OF EDUCATION (408) 453-6500
1290 Ridder Park Dr. San Jose, CA 95131
www.sccoe.k12.ca.us
Programs for special needs, handicapped, juvenile delinquency - Head Start and migrant program available

GOODWILL INDUSTRIES (408) 998-5774 - (408) 998-5787 Operations & Donations
1080 N. 7th St., San Jose, CA 95112
www.goodwillsv.org

SACRED HEART COMMUNITY SERVICES (408) 278-2160
1381 S. 1st St., San Jose, CA 95110
www.sacredheartcs.org/
Computer classes, ESL classes (day & evening), job placement

LITERACY CLASSES

READING PROGRAM (408) 262-1349
540 Valley Way, Milpitas, CA 95035
www.visionliteracy.org

PARTNERS IN READING (408) 808-2361
Dr Martin Luther King Jr Library
150 E. San Fernando St.
San Jose, CA. 95122
http://www.sjpl.org/par

READ SANTA CLARA (408) 615-2956
1098 Lexington Ave.,
Santa Clara, CA
http://www.readsantaclara.org/
Adult and Family Literacy Program

VISION LITERACY (408) 676-7323
Sobrato Center for Nonprofits
540 Valley Way Bldg 4
Milpitas, CA 95035

EYE OPTOMETRIST SERVICES

OPTHAMOLOGY CLINIC - SANTA CLARA VALLEY HEALTH AND HOSPITAL SYSTEM (408) 793-2525
751 S. Bascom Ave., San Jose, CA, 95128

SANTA CLARA COUNTY OPTOMETRIC SOCIETY (408) 297-2020
http://www.sccos.org/
Information and help in finding eye doctors

CHILD HEALTH AND DISABILITY PROGRAM (CHDP) (408) 937-2250 - 1-800-689-6669
1993B McKee Road, San Jose, CA 95116
http://www.dhcs.ca.gov/services/chdp/Pages/default.aspx
For list of optometrists who accept Medi-Cal
**EYE OPTOMETRIST SERVICES (cont.)**

**PREVENT BLINDNESS NORTHERN CALIFORNIA** 1-800-338-3041  
[www.eyeinfo.org/](http://www.eyeinfo.org/)


**SANTA CLARA VALLEY BLIND CENTER** (408) 295-4016  
101 North Bascom Avenue, San Jose 95128  
[www.visionbeyondsight.org](http://www.visionbeyondsight.org)

Offers recreation, education services, information & referral, low-vision supplies, low-vision reading room, low vision support and social skills training for visually impaired individuals. Computer training and senior program are also available.

**VISTA CENTER FOR THE BLIND AND VISUALLY IMPAIRED** (650) 858-0202  
2470 El Camino Real, Suite 107 Palo Alto, CA 94306  
[www.vistacenter.org/](http://www.vistacenter.org/)

Provides services to individuals and families where loss or impairment of vision threatens independence and quality of life. Services offered to help visually impaired people function more effectively include specialized information and referral, social services, training in activities of daily living, instruction in communication skills, mobility training (cane travel training), employment services, low vision optometric clinic, and individual and family counseling. Most work is done in the client's home.

**EMERGENCY & HELP LINES**

**211 SANTA CLARA COUNTY** 211 (408) 248-4636 (INFO) (650) 325-4636 (INFO)  
[www.211scc.org/](http://www.211scc.org/)

United Way of Santa Clara General Information and Referral

Provides referrals to local health and human service agencies. Hours: 8:30am-4:30pm

**24-7 TEEN LINE** 1-888-247-7717 (24-hrs daily)  
[http://teenlineonline.org/](http://teenlineonline.org/)

Provides telephone crisis intervention services for people who are survivors of rape, 24 hours daily.

**PARENTAL STRESS HOTLINE CONTACT CARE** (408) 279-8228 (CRISIS NUMBER)

Provides parental stress crisis intervention for people experiencing family distress including child abuse and neglect through a 24-hour crisis telephone line, offering listening/counseling, and information on and referrals to related resources and counseling services available.

**NATIONAL SEXUAL ASSAULT HOTLINE** - 1.800.656.HOPE

**YWCA SEXUAL ASSAULT SERVICES** (408) 287-3000 (24-hour)  

Provides information and emotional support for sexual assault survivors, family, and friends. Volunteer crisis staff are available to assist victims with hospital, police, legal procedures, moral support, and court room appearances. Peer support groups available.

**SUICIDE AND CRISIS CENTER** (SACS) (855)278-4204 (toll free)

Provides immediate and confidential emotional support and crisis intervention to persons in life-threatening situations. Educates Santa Clara County residents about suicide and suicide prevention. The 24-hour/7 days a week telephone service utilizes volunteers specifically trained in crisis and suicide intervention and prevention.
FAMILY PLANNING SERVICES

VALLEY CONNECTION  1-888-334-1000 (Valley Medical Center Main Line) (408) 254-6310 (Administration Office)

FAIR OAKS CLINIC  1-888-334-1000 (Valley Medical Center Main Line)
660 S. Fair Oaks Ave., Sunnyvale, CA 94086
(408) 992-4800 (For Behavior Health)

STANFORD HOSPITAL OB/GYN CLINIC  (650) 725-6079 (Gynecology); (650) 723-4000 (Stanford Medical Center/Clinic)
300 Pasteur Dr., Stanford, CA 94305
http://obgyn.stanford.edu/

CHOICE MEDICAL GROUP  (408) 272-9244
2365 Montpelier Dr, San Jose, CA 95116
www.choicemedicalgroup.com

MAYVIEW COMMUNITY HEALTH CENTER  (650) 965-3323 (English and Spanish)
900 Miramonte Ave, Mt. View, CA 94040
www.mayview.org/

PLANNED PARENTHOOD MARMONTE  (408) 287-7532 (Front Desk)
1691 The Alameda, San Jose, CA 95126
www.plannedparenthood.org/
http://www.plannedparenthood.org/mar-monte/

Locations:
Sunnyvale  - (408) 739-5151(English and Spanish)
604 E. Evelyn Ave, Sunnyvale, CA 94086

Blossom Hill Health Center - (408) 281-9777 (English and Spanish)
5440 Thornwood Dr., Suite G, San Jose, CA 95123

Eastside Site – (408) 729-7600 (English and Spanish)
3131 Alum Rock Ave., San Jose, CA 95127

Marmonte Community Clinic – (408) 274-7100 (English and Spanish)
2470 Alvin Ave., Ste 80, San Jose, CA  95121

Gilroy Site – (408) 847-1739 (English and Spanish)
760 Renz Lane, Gilroy, CA 95020

ALVISO HEALTH CENTER  (408) 935-3900
1621 Gold Street Alviso, CA
www.gardnerfamilyhealth.com/index.php?option=com_content&task=view&id=17#comprecare

COMPRE-CARE OB/GYN GFHN,  (408) 259-8400
3030 Alum Rock Avenue, San Jose, CA 95127
www.gardnerfamilyhealth.com/index.php?option=com_content&task=view&id=17#comprecare

Pediatric Center for Life @ O’CONNOR HOSPITAL  (408) 947-2929; (408) 947-2500
2105 Forest Ave., Suite 110, San Jose, CA  95128
Pregnancy Test and Counseling only

GARDNER HEALTH CENTER  (408) 918-8815
195 E. Virginia Street
San Jose, CA 95112
http://www.gardnerfamilyhealth.org/
http://www.gardnerfamilyhealth.org/index.php?option=com_content&task=view&id=17
FAMILY PLANNING SERVICES (cont.)

INDIAN HEALTH CENTER OF SANTA CLARA VALLEY (408) 445-3400
1333 Meridian Ave. San Jose, CA 95125
www.indianhealthcenter.org

MAYVIEW COMMUNITY HEALTH CENTER (PA) (650) 327-8717 English and Spanish
270 Grant Avenue #102, Palo Alto, CA 94036

CALIFORNIA OFFICE OF FAMILY PLANNING 1-800-942-1054 (info and referral services)
www.ofp.dhs.ca.gov/

Family PACT Information on Referral Service, English and Spanish

FAMILY SUPPORT

MEXICAN AMERICAN COMMUNITY SERVICES AGENCY INC. (MACSA YOUTH CENTER)
660 Sinclair Drive, San Jose, CA 95116
(408) 929-1080
www.macsa.org

MACSA GILROY CENTER
385 (Bldg K-1) loof Avenue, Gilroy, CA 95025
(408) 846-5999—center located inside middle school

Family literacy, health & wellness, prevention, and housing programs (go to website). Youth programs, job placement, job training, parenting workshops.

LAS MADRES 1-877 527-6237
www.lasmadres.org/

Baby-sitting co-ops. Support group for mothers. Children’s play groups.

PARENTS WITHOUT PARTNERS (800) 637-7974
www.parentswithoutpartners.org/
Evaluation, education, and counseling help for separating families.

YWCA OF SILICON VALLEY (408) 295-4011 ext. 330
www.ywca-sv.org

PARENTS HELPING PARENTS (408) 727-5775
www.php.com

Resource center for children with special needs. Information and education. Peer counseling.

FATHER GROUPS

ROLE OF MEN (408) 937-2283
Role of men program offers workshops for fathers on personal, legal, vocational, and education training.

FOOD EMERGENCY

SECOND HARVEST FOOD BANK 1-800-984-3663; (408) 266-8866
750 Curtner Ave., San Jose, CA
www.2ndharvest.net

Provides information about available food resources in Santa Clara County
FOOD EMERGENCY (cont.)

FISH
(408) 295-2424 South San Jose
(408) 245-9109 Sunnyvale M-F 10-12
(408) 984-0682 Santa Clara

East Side Fish
218 Kirk Avenue
San Jose, CA 95127
Food distribution occurs Monday through Friday between 12:30 - 1:30 PM at this location.
1-800-984-3663
South and Santa Clara provides emergency food, clothing, and furniture. East provides only emergency 3-day food baskets.

ST. JOSEPH’S FAMILY CENTER-SOUTH COUNTY (408) 842-6662
7950 Church Street, Ste. A, Gilroy, CA 95020
www.stjosephsgilroy.org/Food%20Page.html

Emergency food and baby formula.

UNIVERSITY OF CALIFORNIA COOPERATIVE EXTENSION NUTRITION PROGRAMS
(408) 282-3138; (408) 282-3110
1553 Berger Drive, Bldg 1 San Jose, CA 95112
http://cesantaclara.ucdavis.edu/

Nutrition food buying, meal planning, and budgeting information. Training workshops. Lots of programs—see website

LOAVES AND FISHES (408) 998-1500 (Main Line)
Meals are served to individuals and families Monday through Friday, 4:30pm - 5:30pm.

Family Kitchen (main location): 777 North 1st Street, Suite 420, San Jose, CA 95112
Meal Programs:
1080 N. 7th St., San Jose, CA 95110 (meals served M, T, R)
2980 Senter Rd., San Jose, CA 95111 (meals served W & F)
2150 Alum Rock Avenue, San Jose, CA 95116
www.loavesfishes.org

Free hot meals for low-income families, children, couples, and seniors (English and Spanish)

SALVATION ARMY (408) 282-1165
359 N. 4th St., San Jose, CA 95112
www.salvationarmy.org

SACRED HEART COMMUNITY SERVICES 1-800-984-3663
1391 So. 1st Street, San Jose, CA 95110 (corner of 1st and Alma streets) –Take registration until 3PM; With No ID, may only qualify for emergency food.
www.shcstheheart.org

GENETIC COUNSELING/PATERNITY TESTING

CAL/UCSF PRENATAL TESTING (415) 476-4080 (UCSF medical center- Prenatal Diagnostic Center) To talk to a genetic counselor

UCSF BIRTH DEFECTS AND GENETIC COUNSELING CLINIC (415) 476-2757

Refer the family with the child with a genetic condition for genetic counseling to help make decisions about future pregnancies. www.ucsfhealth.org/childrens/medical_services/preg/prenatal/

http://www.ucsfbenioffchildrens.org/clinics/
GENETIC COUNSELING/PATERNITY TESTING (cont.)

GENETICS CLINIC AT LUCILLE PACKARD HOSPITAL, English and Spanish (650) 723-5198 (Perinatal Diagnostic Center; Perinatal Genetic Counseling 8-5PM M-F); (650) 723-6858 (Medical Genetics) 725 Welch Road, 2nd Floor, Palo Alto, CA 94304 @ Stanford University www.lpch.org/clinicalSpecialtiesServices/ClinicalSpecialties/Genetics/genetics.html

SAN ANDREAS REGIONAL CENTER (408) 374-9960 300 Orchard City, Ste 170, Campbell, CA 95008 www.sarc.org/index.html#

DR. MCCALLUM (650) 964-1505 (Mountain View) Specialist in OB/GYN including Genetic Counseling

MARCH OF DIMES, South Bay Division (408) 260-7629 1101 S Winchester Boulevard # E155. San Jose, CA 95128-3903 http://www.marchofdimes.com/ Receive patient education materials on birth defects

PERINATAL DIAGNOSTIC CENTERS

EL CAMINO HOSPITAL STANFORD PRENATAL DIAGNOSTIC CENTER (650) 988-7930 (Orchard Pavilion) http://www.elcaminohospital.org/

KAISER PERMANENTE NORTHERN CALIFORNIA-GENETICS (408) 972-3300 (Santa Teresa Kaiser)

STANFORD UNIVERSITY MEDICAL CENTER (Perinatal Diagnostic and Genetic Counseling Center) (650) 723-5198 (English and Spanish)

GENELEX Paternity Testing 1-800-523-6487 (English/ Spanish) 3101 Western Avenue, Suite 100 Seattle, WA 98121 http://www.healthanddna.com/paternity-dna-testing/ DNA Fee: $475.00

GESTATIONAL DIABETES

MIDCOASTAL CALIFORNIA PERINATAL OUTREACH PROGRAM @ Stanford (650) 723-5763 Regional Administrative Offices 750 Welch Rd #224, Palo Alto, CA 94304 http://mccpop.stanford.edu/

Maternal Fetal Medicine PEP LAB (MATERNAL FETAL MEDICINE) (408) 885-7925 2400 Moorpark Avenue, Room 100, San Jose, CA 95128 (Side of the main hospital)

SWEET SUCCESS PROGRAMS (Obstetrics Clinic) LUCILE PACKARD CHILDREN'S HOSPITAL (650) 498-4069 725 Welch Rd, Palo Alto, CA 94304

OBSTETRIX MEDICAL GROUP (408) 371-7111 900 E. Hamilton Ave, Ste 220, Campbell, CA 95008 www.obstetrix.com/sanjose/

GRANDPARENT RESOURCES

CATHOLIC CHARITIES-KINSHIP RESOURCE CENTER (408) 468-0100 ext 103 http://www.catholiccharitiesscc.org/services/youth/krc.htm Services: Support groups; resource library; respite and recreation for grandparents and grandchildren; information, referrals, and emotional support.
HIGH RISK/HANDICAPPED INFANT CHILDREN SERVICES

SANTA CLARA COUNTY CALIFORNIA CHILDREN SERVICES PROGRAM (CCS) (408) 793-6200
720 Empey Way
San Jose, CA 95128

For eligible disabled children ages 0-21. Specialized medical care, financial assistance, and therapy services. Infant assessment program

SAN ANDREAS REGIONAL CENTER (408) 374-9960
300 Orchard City Dr., Ste 170, Campbell, CA. 95008
www.sarc.org/

Services: Diagnosis/evaluation of physically disabled children; Community education; respite care, infant services; Case management services.

UNITED CEREBRAL PALSY – (650) 593-1811 - (Sunnyvale & San Mateo)
www.ucp.org/
29498 Mission Boulevard, Hayward, CA 94544; (510) 881-5812 (Hayward)

Competitive sports and leisure program. Individual/family support groups. Public education.

HOPE SERVICES - HOMESTART PROGRAM (408) 284-2812 Vicky Perkins; (408) 284-2850
30 Las Colinas Lane, San Jose, CA 95119
www.hopeservices.org/

Early Start services for children with disabilities/developmental delay, 0 – 3 years. Serves families of children from birth to age three who are born with developmental disabilities.

EASTER SEALS BAY AREA (510) 835-2131
180 Grand Ave, Ste 300, Oakland, CA 94612
www.bayarea.easterseals.com

Recreational facilities for the disabled.

PARENTS HELPING PARENTS (408) 727-5775 (English and Spanish)
Sobrato Center For Nonprofits-San Jose
1400 Parkmoor Avenue Suite 100
San Jose, CA 95126
www.php.com

Help in caring for children with special needs - Information/education for parents.

VIA SERVICES - Serving Children with Disabilities (408) 243-7861
www.viaservices.org/

Serve children and adults with special needs. Developmental and psychological testing and therapy for adults and children with speech, hearing and/or learning disabilities. Assessment/therapy for learning disabilities. Diagnostic services for speech and hearing impaired children. Day care services. Equipment loan. Camp program for handicapped children

ABILITIES UNITED (formerly CAR) (650) 494-0550
www.abilitiesunited.org email info@c-a-r.org
525 East Charleston Road
Palo Alto, CA 94306

Living skills, community integration training. Therapeutic socialization program for the disabled ages 6-22. Infant stimulation program.
HIGH RISK/HANDICAPPED INFANT CHILDREN SERVICES (cont.)

EARLY START REFERRAL LINE 1-800-404-5900
www.php.com

Children with special needs birth-3 years in Santa Clara County

HEALTH INFORMATION, CLINICAL SERVICES & FREE CLINICS

CHILDREN’S HEALTH INITIATIVE 1-888-244-5222
www.chikids.org/

To apply for children’s health insurance Medi-Cal, Healthy Families, Healthy Kids

SANTA CLARA COUNTY MEDICAL ASSOCIATION (408) 998-8850
www.sccma.org/do/home

Santa Clara County Medical Association or
Monterey County Medical Society
700 Empey Way
San Jose, California 95128

Physician Referral Service Information about doctors and help with finding a doctor

SANTA CLARA VALLEY HEALTH & HOSPITAL SYSTEM, VALLEY CONNECTION
1-888-334-1000

Provides advice on Children’s health issues

KAISER PERMANENTE COMMUNITY BENEFIT PRODUCTS LINE 1-800-255-5053 (English and Spanish)
www.ladpss.org/dpss/health_care/children_youth/kaiser_permanente_cares_for_kids.cfm

STANFORD & LUCILE PACKARD CHILDREN’S HOSPITAL REFERRAL LINE 1-800-756-9000
http://www.lpch.org/ForPhysiciansHealthProfessionals/Physicians/physicianHotline.html Physician Referral and Consultation Line

Parent Information and Referral
Provides advice and information on parenting issues

STANFORD HEALTH LIBRARY, STANFORD UNIVERSITY HOSPITAL (650) 725-8400
http://healthlibrary.stanford.edu/

COMMUNITY HEALTH LIBRARY (408) 866-4044
815 Pollard Road, Los Gatos, CA Hours: 8:00 am – 4:30 pm
www.communityhospitallg.com

PLANETREE HEALTH INFORMATION CENTER (LOCATED INSIDE CUPERTINO LIBRARY)
10800 Torre Avenue, Cupertino, California 95014
(408) 446-1677 EXT. 3350
www.planetreesanjose.org/

AMERICAN RED CROSS (408) 577-1000; (877) 727-6771
2731 North 1st Street, San Jose, CA 95134
www.redcross.org

Services: Health and safety classes; emergency food; shelter; clothing; blood screening.

AMERICAN LUNG ASSOCIATION IN CALIFORNIA (510) 638-5864
424 Pendleton Way, Oakland, CA, 94621
http://www.lung.org/associations/states/california/
HEALTH INFORMATION, CLINICAL SERVICES & FREE CLINICS (cont.)

BREATHE CALIFORNIA OF BAY AREA (408) 998-5865
1469 Park Avenue, San Jose, CA 95126
www.lungsrus.org/

Services: Education Programs; summer camp for asthmatic kids; free breathing equipment to low income families.

PRENATAL CARE

PLANNED PARENTHOOD MARMONTE FACTS OF LIFE LINE 1-800-711-9848; 1-877-855-7526

Information on low-cost pregnancy care and reproductive health topics.

ACCESS FOR INFANTS AND MOTHERS Information Line (AIM) 1-800-433-2611
http://www.aim.ca.gov/Home/default.aspx

Prenatal care for low-income women (apply before 30 weeks pregnant). Health care for babies up to age 2.

ROTACARE FREE CLINICS

ROTACARE FREE CLINIC – Mountain View Call for appointment (650) 988-8200
El Camino Hospital
2400 Grant Road, Park Pavilion Bldg, Ground Floor; Mon - Wed - Thurs. 4:30-8:30 pm
Mountain View, CA, 94040
www.rotacarebayarea.org

ROTACARE CLINIC - SAN JOSE (408) 715-3088
Washington School
100 Oak Street (Clinic Located on Edwards St. behind the school)
San Jose, CA 95110
www.rotacarebayarea.org

Walk in clinic sign up by 2:00 on Wednesday open 5:30-8:30pm

ROTACARE CLINIC - GILROY/ MORGAN HILL (408) 676-3030
7861 Murray Avenue (Clinic inside school health clinic)
Gilroy, CA 95020
www.rotacarebayarea.org

HEALTH PLANS

SANTA CLARA FAMILY HEALTH PLAN (SCFHP) (408) 376-2000
1153 S King Road
San Jose, CA 95122
www.scfhp.com/

Provides low-cost and no-cost health care coverage to families who cannot afford health insurance. The Plan includes more than 2,100 doctors and clinics, 13 hospitals and more than 170 pharmacies throughout Santa Clara County. Through its Medi-Cal, Healthy Families and Healthy Kids Programs, the Plan provides comprehensive health benefits, including preventive checkups, specialist care, a 24-hour nurse advice line, hospital care, prescriptions and many other services.
HEALTH PLANS (cont.)

ANTHEM BLUE CROSS (Santa Clara County) (408) 277-0773
www.bluecrossca.com/home-visitors.html

Blue Cross of California created a Medi-Cal HMO product to bring the advantages of this type of care to Medi-Cal enrollees. Our Medi-Cal HMO enhances access, emphasizes prevention, improves quality of care, educates members and providers, and provides first-class customer service.

HOSPITALS

SAINT LOUISE REGIONAL HOSPITAL (408) 848-2000
9400 No Name Uno, Gilroy, CA 95020
www.saintlouiseregionalhospital.org/Pages/default.aspx

EL CAMINO HOSPITAL

El Camino Hospital Los Gatos
815 Pollard Road
Los Gatos, CA 95032
408-378-6131

http://www.elcaminohospital.org/

El Camino Hospital Mountain View
2500 Grant Road
Mountain View, CA 94040
650-940-7000

MISSION OAKS HOSPITAL (408) 559-2011 (Number to Good Samaritan, but could be transferred to Mission Oaks)
15891 Los Gatos Almaden Road, Los Gatos, CA 95032
(408) 358-5670

REGIONAL MEDICAL CENTER (408) 259-5000
225 N. Jackson (McKee), San Jose, CA 95116
www.regionalmedicalsanjose.com/

GOOD SAMARITAN HOSPITAL (408) 559-2011
2425 Samaritan Dr, San Jose, CA 95124
www.goodsamsj.org/

O’CONNOR HOSPITAL (408) 947-2500
2105 Forest Ave, San Jose, CA 95128
www.oconnorhospital.org/Pages/default.aspx

SANTA CLARA VALLEY MEDICAL CENTER (408) 885- 5000
751 S. Bascom Ave, San Jose, CA 95128
www.scvmed.org/

STANFORD UNIVERSITY HOSPITAL (650) 723-4000
300 Pasteur Dr, Stanford, CA 94305
http://stanfordhospital.org/

LUCILE PACKARD CHILDREN’S HEALTH SERVICES AT STANFORD (650) 497-8000
725 Welch Rd, Palo Alto, CA 94304
www.lpch.org/
HOSPITALS (cont.)

KAISER PERMANENTE APPOINTMENT CENTER (408) 554-9810
700 Lawrence Expwy, Santa Clara, CA 95051
www.kaisersantaclara.org/

KAISER PERMANENTE SAN JOSE MEDICAL CENTER (408) 972-7000
270 International Circle, San Jose, CA 95119

HOUSING-EMERGENCY

SHELTER BED AVAILABILITY 1-800-7SHELTER 1-800-774-3583
http://www.ctagroup.org/index.php/projects/

Provides information about emergency housing for men, women, and children.

EHC Life Builders BOCCARDO Reception CENTER, Division of Life Builders- Homelessness Prevention and Service Center
507 Valley Way Milpitas, CA 95035; (408) 294-2100
www.ehclifebuilders.org/

Homeless services, rental assistance, renting apartments or
Little Orchard: 2011 Little Orchard Street, San Jose, CA 95125 (408) 294-2100

COMMUNITY SOLUTIONS
http://www.communitysolutions.org/index.html

16264 Church Street, #103
Morgan Hill, CA 95037
408.779-2113

6980 Chestnut Street
Gilroy, CA 95020
408.842-7138 Program provides part of domestic violence program for La Isla Pacifica

LA ISLA PACIFICA (408) 683-4118 (Crisis Line)
PO Box 546, Morgan Hill, CA 95038-0546
www.communitysolutions.org/La Ilsa.pdf

Battered Women's Shelter, services: counseling for women, adolescents; legal advisors-paralegals available.
No eligibility. Fees: ability to pay.

CITY TEAM International (408) 232-5600 Main office
2304 Zanker Road, San Jose, CA -
Clothing and Furniture Donations go to Family Services: 1297 N. 13th St., San Jose, CA (408) 293-4657
www.cityteam.org/

SALVATION ARMY (Family services Department) (408) 283-3850
http://www.volunteerinfo.org/
359 N 4th Street, Room 202, 95112

PG&E assistance, Rental assistance and Rental deposit

EMMANUEL HOUSE – SALVATION ARMY (408) 282-1175
405 N. 4th St., San Jose, CA 95122
http://www.volunteerinfo.org/

Men and women, children up to 2 years
HOUSING-EMERGENCY (cont.)

AACI-ASIAN AMERICAN COMMUNITY  (408) 975-2739 Hotline –Offer emergency shelter for battered women and children (shelter against domestic violence)
http://aaci.org/

HOUSING NON-EMERGENCY

COMMUNICATION CENTER FOR FAIR EMPLOYMENT AND HOUSING
1-800-884-1684
2570 N. First Street, Suite 480
San Jose, CA 95131
http://www.dfeh.ca.gov/


HOUSING AUTHORITY OF THE COUNTY OF SANTA CLARA (408) 275-8770
505 West Julian St., San Jose, CA 95110
www.hacsc.org/

Section 8 housing assistance program, section 8 remodel rehabilitation, section 8 new construction; section 8 property management, below market rate program, migrant housing center, public housing management, multifamily bond, project financing. Hours: M-F 8am-5pm.

YWCA VILLA NUEVA (of Silicon Valley) (408) 295-4011; (408) 277-4747
375 3rd St. San Jose, CA 95112
www.sjhousing.org/project/yvn.html

This facility includes 63 units of affordable transitional housing for single parents and a variety of services, including an on-site day care center, a fitness center, employment placement, and life-skills training. The YWCA offices are housed on the bottom two floors.

Housing for individuals, families and support network.

HERITAGE HOME (408) 294-1238
435 N. 3rd St., San Jose, CA 95112
www.cityteam.org/heritagehome/

Ministry and Housing for homeless, poor, abused, and pregnant women.

CAMPBELL HOUSING AND COMMUNITY DEVELOPMENT (408) 866-2144
70 N. First St., Campbell, CA 95008
http://cityofcampbell.com/Building/Housing.htm

CUPERTINO HOUSING AND COMMUNITY DEVELOPMENT (Planning Dept)- 2 (408) 777-3308; West Valley Community Service (408) 255-8033
10300 Torre Ave. Cupertino, CA 95014
http://www.cupertino.org/

WEST VALLEY COMMUNITY SERVICES
(408) 255-8033
10104 Vista Drive, Cupertino, CA 95014
http://www.wvcommunityservices.org/index.php
HOUSING-NON-EMERGENCY (cont.)

MORGAN HILL COMMUNITY DEVELOPMENT AGENCY REDEVELOPMENT AGENCY HOUSING DIVISION
(408) 776-7373 OR (408) 776-6480
17555 Peak Ave., Morgan Hill, CA 95037

MOUNTAIN VIEW NEIGHBORHOOD PRESERVATION & ECONOMIC DEVELOPMENT SERVICES
(650) 903-6379 (Housing Department)
500 Castro Street, P.O. Box 7540, Mountain View, CA 94039-7540
www.ci.mtnview.ca.us/city_hall/community_development/preservation/home_buying.asp

PALO ALTO HOUSING CORPORATION (650) 321-0927
725 Alma St., San Jose, CA 94301
www.paloaltohousingcorp.org/

CITY OF SAN JOSE, HOUSING DEPARTMENT (408) 535-3860
200 E. Santa Clara St., 12th Floor, San Jose, CA 95113
www.sjhousing.org/

Assist with low-interest loans, land grants for low-income household (limited to resources available)- Up to
$150,000 or $40,000 for property owners to keep their properties safe and sanitary
Other Programs include:
Tenant/Landlord/Mobile Homes Programs
Home Repair Programs (for emergency repair/home repair mobilehome repair to correct immediate health and
or safety repairs);
Home Buyer Programs
Homeless programs
General Information about section 8, Permit, rental housing listings, Homeless assistance….

Housing Preservation Program: home improvement loans for homes. Mobile Home Repair Program:
Improvement for mobile homes. Rental Housing Program: Assistance for improvements to multi-family
buildings in which 51 percent of the residents are low or very low income (contact RAMO - 975-4474); Michelle
975-4466

SUNNYVALE HOUSING DIVISION (408) 730-7250
456 W. Olive Ave., Sunnyvale, CA 94086
http://sunnyvale.ca.gov/CityGovernment/BoardsandCommissions/HousingandHumanServicesCommission.aspx

Low Interest Loans: for repairs for the low to moderate-income individuals who are owners of homes and

Below Market Rate Rental and Purchase Programs: Information about below market rate rentals and home
purchases located in Sunnyvale.

DEPARTMENT OF VETERANS AFFAIR FOR CALVET HOME LOANS (916) 503-8059; (408) 277-1282 (office
in Santa Clara, but present only once a month)
(provide home loans for veterans living in the State of California)
State Office: 1227 O Street, Rm 212, Sacramento 95814
Santa Clara County Office: 68 N. Winchester Blvd., Santa Clara, CA 95050
(408) 553-6000
http://www.cdva.ca.gov/

For veterans who qualify for government loans.

OFFICE OF AFFORDABLE HOUSING (408) 441-4323 New Number: (408) 299-5765
21310 N. 1st Street San Jose, CA 95131
www.sccgov.org/portal/site/sheriff/agencychp?path=%2Fv7%2FAffordable%20Housing%20Office%20of%20(DEP)%2FHousing%20Rehabilitation%20Program

Affordable Housing - Issues mortgage credit certificates for first time homebuyers
HOUSING-NON-EMERGENCY (cont.)

PROJECT SENTINEL MEDIATION MORTGAGE COUNSELING SERVICES  (408) 720-9888  
(650) 321-6291 (Redwood City)  408-842-7740 (South County-Gilroy)  
http://housing.org/  

Offers tenant-landlord mediation services; homeowners and mortgage counseling programs; HUD  
Comprehensive housing, mortgage default and delinquency counseling for individuals with low income  
subsidized housing problems and mortgage delinquency concerns

CITY OF SAN JOSE RENTAL RIGHTS & REFERRAL PROGRAM  (408) 975-4480  
200 East Santa Clara Street, San Jose, CA 95113  
www.sjhousing.org/Program/rentalrights.html  

Answers questions about rent increases on most apartments and all mobile home parks as well as housing  
code violations and service reductions for apartments in San Jose. Must be built before 1979.

PACIFIC GAS ELECTRIC CUSTOMER DISCOUNT  1-866-743-2273 CARE Program  
http://www.pge.com/myhome/customerservice/financialassistance/  

IMMUNIZATIONS

IMMUNIZATION PROGRAM  (408) 792-5200  
976 Lenzen Avenue  
San Jose, CA 95126  -  Adult & Travel Drop-in Clinic  
www.sccphd.org/iz  

COMMUNITY HEALTH CLINICS  (Not SCC Public Health Clinics)  
Low cost or free immunizations for children. Other health services for adults and children offered on  
sliding scale. Call clinics for walk in hours and services offered.

Marmonte Community Clinic (408) 274-7100  
2470 Alvin Ave., Ste 80 San Jose, CA  
http://www.plannedparenthood.org/  

Franklin McKinley School Center (408) 283-6051  
645 Wool Creek Dr., San Jose, CA  
http://www.fmsd.org/  

Gardner Health Center (408) 918-5500  
195 E. Virginia Street San Jose, CA  
www.gardnerfamilyhealth.com/content/view/13/27/  

St. James Health Center (408) 918-2600  
55 E. Julian Street San Jose, CA  
www.gardnerfamilyhealth.com/content/view/13/27/  

CompreCare Health Center (408) 259-8400  
3030 Alum Rock Avenue San Jose, CA  
www.gardnerfamilyhealth.com/content/view/13/27/  

Alviso Health Center (408) 935-3900  
1621 Gold St. Alviso, CA  
www.gardnerfamilyhealth.com/content/view/13/27/  

South County Gardner Health Center (408)848-9400  
7526 Monterey street. Gilroy, CA 95020  
www.gardnerfamilyhealth.com/content/view/13/27/
IMMUNIZATIONS (cont.)

Health Care for Homeless (Gardner Health Network) (408) 283-8140
1621 Gold Street, Alviso, CA
www.gardnerfamilyhealth.com/content/view/13/2

LEGAL SERVICES

AMERICAN CIVIL LIBERTIES UNION, Santa Clara Valley (408) 462-2581 Hotline Voice Mail
The Santa Clara County Chapter of the ACLU-NC
P.O. Box 5303 San Jose, CA 95150
www.acluscv.org

Services: Legal services regarding deprivation of civil rights liberties such as sex or race discrimination. Eligibility: anyone needing services Web site: E-mail: acluscv.hotmail.com

ASIAN LAW ALLIANCE (408) 287-9710
184 Jackson Street, San Jose, CA 95112
www.asianlawalliance.org

Five attorneys on staff - No fees; public benefit (cashaid, foodstamps), housing (tenant-landlord issues), immigration and domestic violence; admin fee (discretionary)…

Provide staff members fluent in Vietnamese, Laotian, Cantonese, Korean, and Mandarin.

BAY AREA LEGAL AID (408) 283-3700
Administrative Office
1735 Telegraph Ave
Oakland, CA 94612
(510) 663-4755

Services: Civil – housing and wage claim and unemployment or public benefits such as SSI overpayments. Litigation activities emphasize cases having an impact on general community problems affecting the poor, case-by-case basis.

Some types of cases not handled can be referred to private attorneys. Criminal cases are normally handled by the public defender. Eligibility: Federal Guidelines on income limitations. Application: Telephone for appointment or walk in. Area served: Southern Santa Clara County (Coyote South) and San Benito County.

OFFICE OF FAMILY COURT SERVICES (408) 534-5600
Santa Clara County Superior Court 170 Park Avenue San Jose, CA 95113
Mediation between court and family
To sign up for Clinic and Child Support Services: (408) 503-5200
http://www.sccscourt.org/court_divisions/family/fcs/fcs_home.shtml

OFFICE OF THE PUBLIC DEFENDER (408) 299-7700
120 W. Mission Street, San Jose, CA 95110
www.sccgov.org/portal/site/opd/

Hours: M – F 8:00 a.m. to 5:00 p.m.
Services: Provide legal representation to any adult or juvenile. Civil cases of indigents are referred to the Legal Aide Society. Area served: Santa Clara County

OFFICE OF THE PUBLIC DEFENDER (408) 287-2557
31 N. 2nd Street, Suite 400 (4th Floor) San Jose, CA 95131
www.sccba.com/
LEGAL SERVICES (cont.)

BAR ASSOCIATION LAWYER REFERRAL SERVICE (408) 971-6822

Refer callers to qualified attorney. Arrange ½ hour appointment for a fee of $41 (to attorney)
Hours: M – F 9:00 a.m. to 4:45 p.m.
www.sccba.com

Modest means attorney (medium income) consultation fee to attorney $25.

KATHERINE AND GEORGE ALEXANDER COMMUNITY LAW CENTER (408) 288-7030
1030 The Alameda   San Jose, CA 95126
www.scu.edu/law/kgaclc/

Monday-Friday   9:00 a.m. to 4:30 p.m.
2nd and 3rd year law students supervised by two teaching staff attorneys handle cases.
Take on all cases which have “educational” value, but do not handle custody matters.
Immigration, workers compensation, small business and debtors for low income.

NEXT DOOR SOLUTIONS TO DOMESTIC VIOLENCE (408) 279-2962 (Crisis Line)
234 East Gish Road Suite 200 San Jose, CA 95112
(408) 501-7550 (General info)
www.nextdoor.org/

LEGAL AID SOCIETY of SANTA CLARA COUNTY (408) 998-5200
480 N. 1st Street, P.O. Box 103, San Jose, CA 95103   408 298-3782 Fax
www.legalaidsociety.org/

LEGAL ADVOCATES FOR CHILDREN AND YOUTH (LACY) (408) 280-2416
http://www.lawfoundation.org/lacy.asp

Legal Advocates for Children and Youth in Santa Clara County. Intake Legal Services under 18, education,
guardianships, pregnancies and parenting youth.

IMMIGRATION SERVICES

SIREN NETWORK English (408) 453-3017; (408) 453-3019 Fax
www.siren-bayarea.org

SIREN IMMIGRATION Q & A HOTLINE Spanish/Vietnamese (408) 453-3013

CATHOLIC CHARITIES (408) 325-5279
http://www.catholiccharitiesscc.org immigration-legalservices-program

IMMIGRANT ASSISTANCE LINE (415) 543-6767
www.211bayarea.org
http://www.211scc.org/
http://search.211scc.org/uwsv/Subcategory.aspx?d0:0;13217:Legal,%20Immigration%20and%20Criminal%20Services

OFFICE OF SPECIAL COUNSEL (OSC)
FOR IMMIGRATION-RELATED UNFAIR EMPLOYMENT PRACTICE
Washington, D.C. M- F 9 – 5 p.m. (Eastern Time) www.osc.gov
Employee:   1-800 255-7688
Employer:   1-800 255-8155
MOTHER GROUPS

GOOD SAMARITAN PARENTING AND BREASTFEEDING SERVICES (408) 559-2229
www.parentingandbreastfeeding.com/

Support group for any mother of a baby up to 6 months, doesn’t have to be born at Good Sam.

LAS MADRES NEIGHBORHOOD PLAY GROUPS LINE 1-877-527-6237 or 1-877-Las Madres
www.lasmadres.org/

Children’s play groups arranged by year of birth.

GEMINI CRICKETS – PARENTS OF MULTIPLES OF SILICON VALLEY
(408) 808-3080
PO Box 10305
San Jose, California 95157
(408) 808-3080
www.geminicrickets.org/

Serves parents of multiples from Gilroy to Milpitas.

HELPING AFTER NEONATAL DEATH (HAND) 24 Hr Telephone Support 1-888-908-4263
http://www.handonline.org/
P.O. Box 341
Los Gatos, CA 95031

Support for families affected by miscarriages

PARENTING

CHILDREN'S HEALTH COUNCIL (CHC) (650) 688-3625
650 Clark Way, Palo Alto, CA 94304
www.chconline.org

The Resource Center at The Children's Health Council promotes healthy families by providing specialized information and resources to families, caregivers, and community professionals to help them find answers to their questions about children's behavior and development. The Resource Center is staffed by a resource professional and trained volunteers who can assist clients in a friendly and confidential environment.

COMMUNITY SOLUTIONS, (408) 779-2113
16264 Church St., Suite 103 Morgan Hill, CA 95038-0546
www.communitysolutions.org/page3.html

A community-based organization serving South Santa Clara County. Counseling services available on a sliding-fee scale. Many programs serving the family/parents.

FIRST 5 PARENTING RESOURCES
www.first5kids.org/parenting

Raising a happy and healthy child is the most challenging thing you will ever do. Whether you are a parent, caregiver, or an early educator, FIRST 5 provides a range of resources and detailed information to help you raise your child from the moment you hear your baby’s first heart beat.
PARENTING (cont.)

INNVISION ONE STOP (408) 453-3124
297 Commercial Street San Jose CA 95112
http://www.innvision.org/services.php

Provides an educational program for low-income women with children. Services include: ESL classes in parenting, nutrition, and computer skills, with on-site child development center – up to 60 days

INNVISION - Georgia Travis Women's Center (Located in same facility and same contact number)
Multi-service and drop-in center for women (whether alone or with children) and their children. Provides meals, showers, personal care items, medical care, computer lab, bus passes, voicemail, case management, referral for shelter, and other referrals.

FAMILY RESOURCE CENTERS
Santa Clara County Social Services Agency
The Family Resource Centers are a community partnership devoted to strengthening families in a supportive, nurturing environment. The Centers are one-stop, conveniently located operations offering on-site support groups and counseling for problems of family violence, drug/alcohol abuse, parenting effectiveness, appropriate discipline, caring for medically fragile children and other issues that can cause family dysfunction. Special culturally sensitive services are available in different languages for Asian Pacific families. Counseling services in Korean, Tagalog and Vietnamese are being developed. Onsite services are provided by Social Services Agency staff, County Mental Health, Public Health, Drug and Alcohol Services, sexual abuse treatment agencies, Women, Infants and Children (WIC) Program, and private agencies with specialized expertise. The Family Resource Centers are open to all families; priority registration is given to SSA clients.

Gilroy Family Resource Center, (408) 758-3440
Santa Clara County Social Services Agency
379 Tomkins Court, Gilroy, CA 95020

San Jose Family Resource Center
591 N. King Road, San Jose, CA
(408) 793-8853

MACSA YOUTH CENTER (408) 929-1080
660 Sinclair Dr. San Jose, CA 95116
www.macsa.org

Gilroy Youth Center (408) 847-4684
277 IOOF Ave Gilroy, CA 95020

Youth programs, job placement, job training, parenting workshops.

FAMILY RESOURCE CENTER SITES AND FIRST 5 (408) 260 3700
www.first.5kids.org
4000 Moorpark Ave, Ste 200 San Jose, CA 95117 Funds and sponsors essential programs and services for young children and their families. Has 11 family resource centers throughout Santa Clara County

Mexican American Community Services Agency (MACSA) (408) 846-5999
358 I.O.O.F. Avenue Bldg K-1 Gilroy Ca 95020

Captain Jason Dahl Family Resource Center (408) 361-4281
3200 Water Street, Bldg P-1, San Jose, CA 95112

Sacred Heart Community Service (408) 278-2176
1381 South 1st Street, San Jose CA 95110

Somos Mayfair (408) 251-6900
370 South King Road, San Jose, CA 95116

Santee Family Resource Center (408) 420-1932
131 Audubon Way Rm 23, San Jose, CA 95122
FAMILY RESOURCE CENTERS (CONT.)

Indian Health Center (IHC) Family Resource Center (408) 445-3400
25 North 1st Street, Suite 140, San Jose, CA 95112
SJJB Northwood Family Resource Center (408) 684-4785
2760 East Trimble Road, Bldg. 700 San Jose, CA 95132

The Health Trust Family Resource Center (408) 380-8600
46 Race Street, San Jose, CA 95126

Catholic Charities Family Resource Center (408) 380-8600
4 Wabash Avenue, San Jose, Ca 95128

Mercy Street Family Resource Center (650) 967-4813
748 Mercy Street, Mountain View, CA 94041

Fairwood Family Resource Center (408) 684-4785

PEDIATRIC CARE

CHILD HEALTH AND DISABILITY PREVENTION PROGRAM (CHDP) (408) 937-2250 or 1-800-689-6669
1993 McKee Road, San Jose, CA 95116

Assistance in locating medical providers and dentists - Child Health information and educational materials available for the general community.

CHDP FOSTER CARE UNIT (408) 501-6669
373 W. Julian Street, San Jose, CA 95110

SANTA CLARA VALLEY HEALTH & HOSPITAL SYSTEM – VALLEY CONNECTION 1- 888-334-1000
Use this number for the following clinics. Pediatric advice line for Santa Clara Valley

Valley Health Center @ Bascom
750 S. Bascom Avenue, San Jose, CA 95128

Valley Health Center @ East Valley
1993 Mckee Road, San Jose, CA 95116

Valley Health Center @ Tully
500 Tully Rd. San Jose, CA 95111

Valley Health Center @ Milpitas
143 North Main Street, Milpitas, CA

Valley Health Center @ Fair Oaks
660 S. Fair Oaks Avenue, Sunnyvale, CA 94086

Valley Health Center @ Gilroy
7475 Camino Arroyo Circle, Gilroy, CA 95020

POISON CONTROL

CALIFORNIA POISON CONTROL SYSTEM
1-800-222-1222  Public
1-800-411-8080  Health Professionals
www.calpoison.org
State of California Information line for any kind of poisoning at home or work. If in doubt, go to emergency room.
POSTPARTUM DEPRESSION

POSTPARTUM ASSISTANCE FOR MOTHERS (707) 875-9961
www.drshosh.com
Dr. Shoshana Bennett - provides phone consultations for pregnant and new mothers, experiencing mood and anxiety disorders.

POSTPARTUM SUPPORT INTERNATIONAL 1-800-944-4773
http://www.postpartum.net/
Provides support for women experiencing postpartum blues, depression, and anxiety.

MATERNAL OUTREACH MOOD SERVICES, Behavioral Health Services - (650) 988-7841 or 1-866-789-6087
El Camino Hospital, 2660 Grant Road, Suite D, Mountain View, CA 94040
Provide postpartum depression assessments
http://www.elcaminohospital.org/Womens_Hospital/Pregnancy_Childbirth/Maternal_Outreach_Mood_Services

HOPELINE 1-800-773-6667
www.hopeline.com
National Perinatal crisis line for people who are experiencing depression/postpartum.

Dr. PEC INDMAN, LMFCC (408) 252-5552
Private Practice for women’s mental health, counseling, consultation and training
www.pecindman.com
1475 Saratoga Ave. #140
San Jose, CA 95129

PREGNANCY COUNSELING/ PREGNANCY TESTING

PLANNED PARENTHOOD MARMONTE (5 locations) Main line (408) 287-7532
1691 The Alameda, San Jose, CA 95126
Clinic (408) 287-7526
www.plannedparenthood.org/mar-monte/
Provides reproductive health care and family health care services: Reproductive health care: birth control, annual exams, pregnancy testing and counseling, prenatal care

BIRTHRIGHT SAN JOSE CHAPTER (408) 241-8444 or 1800 5504900
350 West Julian Street #6, San Jose, CA 95110 Hours MWF 10-2 T 9-12
www.birthright.org/htmpages/index.htm
Emergency pregnancy support service

COMMUNITY PREGNANCY CENTERS—Real Options Pregnancy Clinic
836 W. El Camino Real, Mountain View, CA 94040 (650) 964-8093
3315 Almaden Expressway, Ste. 25, San Jose, CA 95118 (408) 978–9310
12 North White Road, Suite 1, San Jose, CA 95127 (408) 272-5577
http://www.realoptions.net/
Services: Pre-natal care for 2 trimesters for people with no insurance. Counseling, practical support, ultrasound testing for those who may need it.

JUAN DIEGO SOCIETY WOMEN’S (Pregnancy) CENTER (408) 258-2008
After hours English (408) 449-0852 (650) 224-6010
Spanish (925) 594-2956
Vietnamese/French (408) 318-1112
Tagalog (408) 449-0852
12 N. White Rd Ste 5, San Jose, CA
http://www.jdswomenscenter.org/
## PRESUMPTIVE ELIGIBILITY

### PRESUMPTIVE ELIGIBILITY ACTIVE PROVIDERS IN SANTA CLARA COUNTY AS OF May 2013

<table>
<thead>
<tr>
<th>Provider Name and Address</th>
<th>Phone Number</th>
</tr>
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</table>
| Valley Health Center at Bascom  
750 S. Bascom Avenue, Ste 310, San Jose, CA 95128 | 1-888-334-1000 |
| Valley Health Center at East Valley  
1993 McKee Road, San Jose, CA 95116 | 1-888-334-1000 |
| Valley Health Center at Tully  
500 Tully Rd, San Jose, CA 95111 | 1-888-334-1000 |
| Valley Health Center at Fair Oaks  
660 S. Fair Oaks Avenue, Sunnyvale, CA 94086 | 1-888-334-1000 |
| Valley Health Center Gilroy  
7475 Camino Arroyo, Gilroy | 1-888-334-1000 |
| Gardner Health Center Inc  
195 E. Virginia Street, San Jose, CA 95112 | (408) 918-5500 |
| Gardner South County Clinic  
7526 Monterey St., Gilroy | (408) 848-9400 |
| Compre-Care Health Center  
3030 Alum Rock, San Jose, CA 95127 | (408) 272-6300 |
| St. James Health Center  
55 E. Julian Street, San Jose, CA 95112 | (408) 918-2600 |
| Mayview Community Health Center  
270 Grant Avenue, Palo Alto, CA 94306 | (650) 327-8717 |
| Mayview Community Health Center  
900 Miramonte Ave, Mountain View, CA 94040 | (650) 965-3323 |
| Mayview Community Health Center  
785 Morse Ave, Sunnyvale | (408) 746-0455 |
| Indian Health Center, Meridan  
1333 Meridian Ave San Jose | (408) 445-3400 |
| Indian Health Center, Silvercreek  
1642 E. Capitol Expwy San Jose | (408) 445-3400 |
| Indian Health Center, O’Connor Family Health  
455 O’Connor Dr. Ste 200, San Jose | (408) 283-7676 |
| Planned Parenthood Mar Monte, San Jose Health Center  
1691 The Alameda, San Jose | (408) 287-7526 |
| Planned Parenthood Mar Monte, Gilroy Health Center  
760 Renz Lane, Gilroy | (408) 847-1739 |
| Altos Oaks Medical Group  
2485 Hospital Dr #330 Mountain View | (650) 988-7470 |

## PUBLIC HEALTH NURSING

**NORTH COUNTY PUBLIC HEALTH**  
(408) 992-4900  
660 S. Fair Oaks Ave Sunnyvale, CA 94086

**EAST VALLEY PUBLIC HEALTH**  
(408) 792–5550  
1993 McKee Rd, Bldg B, San Jose, CA 95116

**NARVAEZ PUBLIC HEALTH**  
(408) 494-1500  
614 Tully Rd San Jose, CA 95111

### SANTA CLARA COUNTY RESOURCE WEBSITE

**HELP SANTA CLARA COUNTY DIRECTORY OF HEALTH AND HUMAN SERVICES**

A searchable, comprehensive, user-friendly on-line directory of countywide government and non-profit services for providers and residents looking for assistance

http://www.HelpSCC.Org
SCHOOL AGE PARENTS EDUCATION PROGRAMS

YOUNG FAMILIES PROGRAM at BROADWAY HIGH SCHOOL  (408) 535-6216
http://www.sjusd.org/broadway/students/young-families-program

For San Jose Unified School District. Day care for infants up to two years old. For pregnant minors (moms and dads) Contact person: Barbara Rodriguez in reference for enrollment.

EASTSIDE UNION HIGH SCHOOL DISTRICT - CHILD DEVELOPMENT CENTER (408) 928-5202 (Debbie Barn).

East Side Union High School District - For parenting students with children 6 weeks to 24 months.

SANTA CLARA COUNTY OFFICE OF EDUCATION ALTERNATIVE SCHOOLS DEPARTMENT  (408) 453-6999; (408) 453-6939 (Rebecca) http://www.sccoe.org/depts/alternative_education/

CALIFORNIA SAFE PROGRAM @ MT. MADONNA HIGH SCHOOL (GILROY) (408) 842-4313 EX 4979
www.california.schooltree.org/public/Mt-Madonna-High-Continuation-008132.html
Childcare available. Contact person: Suzy Law.

MOUNTAIN VIEW/LOS ALTOS ADULT SCHOOL - YOUNG PARENTS PROGRAM – (650) 967-7919

Pregnant? Parenting? Join others like you, who are teens or young adults, to finish your high school diploma or prepare for the G.E.D. test. While taking academic classes, you may take additional classes or credit; prenatal care, child development or parenting. Support groups meet weekly. On-site childcare for both infants and toddlers is offered to students attending the program. Open enrollment is available. For enrollment information, call Aimee Gutierrez. Instructor: Joh. Have to be living in Mt.View to be eligible.

YOUNG PARENTS CENTER @ WILSON HIGH SCHOOL  (408) 423 3600
http://www.wilsonhighschool.org/cms/page_view;jsessionid=1e2ad8sxbih8ejfx8j63usvxq?d=x&piid=&vpid=1281781558834

Provide parenting classes. Day care for infants up to 3-4 years of age. Mother must live in Santa Clara County School District.

SMOKING CESSATION

CALIFORNIA SMOKER’S HELPLINE 1-800-662-8887 or “1-800-No Butts”
www.californiasmokershelpline.org/
Free service to help people quit smoking through information, referrals and resources..

AMERICAN LUNG ASSOCIATION 1-800-586-4872 or 1800LUNGUSA
www.lung.org/

AMERICAN CANCER SOCIETY 1-800-227-2345
http://www.cancer.org/Healthy/StayAwayfromTobacco/GuidetoQuittingSmoking/index

Referrals to non-smoking information.

AMERICAN HEART ASSOCIATION 1-800-242-8721
www.americanheart.org/

To learn more about living a longer, healthier life.

BREATHE CALIFORNIA OF BAY AREA (408) 998-5865
1469 Park Avenue, San Jose, CA 95126
www.lungsrus.org/
Services: Smoking cessation programs
SMOKING CESSATION (cont.)

NICOTINE ANONYMOUS (408) 236-2196  
www.nicotine-anonymous.org/

Free service to assist people to stop smoking and/or chewingstaffed by volunteers of men/women. Leave a  
message with your name, area code, and phone number.

SANTA CLARA COUNTY TOBACCO PREVENTION AND EDUCATION PROGRAM (408) 793-2740  
www.sccphd.org/tobacco

VALLEY HEALTH PLAN – Health Education Department (408) 885-3490

New Smoking Cessation Class for Non-Hospitalized Patients
This two-class session is FREE to all Santa Clara Valley Medical Center (SCVMC), Valley Health Center  
patients, and Valley Health Plan members who have a primary care doctor. This class will be taught by  
Certified Instructors who will help patients learn about the benefits of quitting, different ways to quit,  
withdrawal symptoms, smoking “triggers”, helpful medicines and the importance of selecting a quit date.  
Each patient will create a personal quit plan and review coping techniques in a small group setting. After  
completing the classes, patients will receive a Certificate of Completion that will allow them to request  
medicines to help with withdrawal symptoms. The Health Education Department will be happy to send you  
a large quantity of this flyer to distribute to patients or post in your clinic exam rooms. For more  
information, please contact Health Education Department at 885-3490 or at  
vhphealtheducation@hhs.sccgov.org.

SOCIAL SECURITY ADMINISTRATION

For information and services or to schedule an appointment call 7 a.m. to 7 p.m. 1-800-772-1213  
English/Spanish. Web site: http://www.ssa.gov/  

SOCIAL SECURITY OFFICE LOCATIONS

CAMPBELL OFFICE 1-866-348-5832  
770 W. Hamilton Avenue Campbell, CA 95008  
Hours: 9: 00 a.m. to 3:30 p.m. M-F

SAN JOSE DOWNTOWN OFFICE 1-866-331-2235  
280 s. 1ST Street, Room 244 (Federal Building) San Jose, CA 95113  
Hours: 9:00 a.m. to 3:30 p.m. M-F

EAST SAN JOSE 1-866-931-4496  
2500 Fontaine Rd, San Jose, CA 95121  
Hours: 9:00 a.m. to 3:30p.m. M-F

SOUTH SAN JOSE  
6140 Cottle Road, San Jose, CA 95123  
Hours: 9:00 a.m. to 3:30 p.m. M –F

MOUNTAIN VIEW 1-877-319-0161  
700 E. El Camino Real Suite #350, Mt View, CA 94040  
Hours: 9:00 a.m. to 3:30 p.m. M-F  
Toll Free (877) 319-0161
**SOCIAL SERVICES AGENCIES**

**EMPLOYMENT AND BENEFIT SERVICES:** Job Training • Public Assistance • CalWorks • Medi-Cal • Food Stamps • General Assistance • JTPA • Refugee Services • Veterans Services.

APPLICATIONS: To apply for CalWorks, Food Stamps, or Medi-Cal contact the Assistance Application Center, L’Avenida or South County Office. To apply for General Assistance, contact the General Assistance or South County office.

### DISTRICT OFFICES

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<td>Intake &amp; Assistance Application Center</td>
<td>SCC Social Services Agency, 1919 Senter Rd., San Jose, CA 95112</td>
<td>(408) 758-3800</td>
</tr>
<tr>
<td>Continuing Benefits Services (after case is assigned)</td>
<td>SCC Social Services, 1870 Senter Rd., San Jose, CA 95112</td>
<td>(408) 758-3106</td>
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<tr>
<td>South County Social Services Office</td>
<td>379 Tomkins Court, Gilroy, CA. 95020</td>
<td>(408) 758-3440 (408) 758-3300</td>
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<tr>
<td>CalWORKS Employment and Benefit Services,</td>
<td>1879 Senter Rd., San Jose, CA, 95112 OR 1919 Senter Road, San Jose, CA 95112</td>
<td>(408) 793-1200</td>
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### OTHER OFFICES AND HELPLINES

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<td>Veterans One-Stop Center</td>
<td>68 N. Winchester Blvd. Santa Clara, CA, 95050</td>
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### FAMILY AND CHILDREN’S SERVICES: Child Protective Services • Children’s Shelter• Family Preservation • Foster Care Adoption

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<td>Santa Clara Child Abuse and Neglect Hotline</td>
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<td>• Centra County</td>
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<tr>
<td>Santa Clara Child Abuse and Neglect Hotline</td>
<td>(650) 493-1186</td>
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<tr>
<td>• North County</td>
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<tr>
<td>Santa Clara Child Abuse and Neglect Hotline</td>
<td>(408) 683-0601</td>
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<tr>
<td>• Gilroy/Morgan Hill Area</td>
<td></td>
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<tr>
<td>Connected by 25 (Post Foster Care System)</td>
<td>373 W. Julian St, CA, 95126</td>
<td>(408) 975-5814</td>
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<td>Services: Housing, employment &amp; career development; financial support; resources for college &amp; training</td>
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<tr>
<td>Children’s Receiving Center (Shelter)</td>
<td>4525 Union Ave., San Jose, CA, 95124</td>
<td>(408) 558-5400</td>
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<td>• Family Resource Center</td>
<td>591N. King Rd. San Jose, CA, 95133</td>
<td>(408) 793-8853</td>
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<td>• 379 Tomkins Court, Gilroy, CA 95020</td>
<td></td>
<td>(408) 758-3440</td>
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<tr>
<td>• Nuestra Casa Family Resource Center</td>
<td>591N. King Rd. San Jose, CA, 95133</td>
<td>(408) 729-2300</td>
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<td>• Ujirani, 591N. King Rd. San Jose, CA, 95133</td>
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<td>(408) 928-3750</td>
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<tr>
<td>• Gilroy Family Center (CPS), 7350 Rosanna St, Gilroy, CA, 95020</td>
<td>(408) 846-5000</td>
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<tr>
<td>Foster Care/ Adoption Parent Recruitment Line</td>
<td>(408) 299-5437</td>
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<tr>
<td>24-7 Youth Helpline. Student will call in if in trouble w/schools. 8-18 yrs old</td>
<td>1-888-247-7717</td>
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### AGING AND ADULT SERVICES:

**In Home Supportive Services • Senior Nutrition • Public Guardian**

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<td>Adult Protective Services/Reporting Center</td>
<td>333 West Julian St., San Jose, CA, 95110 - For over age 65.</td>
<td>(408) 975-4900 1-800-414-2002</td>
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<td>In-Home Supportive Services</td>
<td>333 West Julian St.,San Jose, CA, 95133</td>
<td>(408) 975-4899</td>
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<td>Public Guardian/Conservator/Public Administer</td>
<td>333 West Julian Avenue, San Jose, CA</td>
<td>(408) 577-2500</td>
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<tr>
<td>Senior Nutrition Program, Meals on Wheels Program</td>
<td>(408) 350-3246</td>
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<tr>
<td>2115 The Alameda, San Jose, CA 95126</td>
<td></td>
<td>(408) 975-4860 1-800-510-2020  (Counsel on Aging of Silicon Valley)</td>
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SOCIAL SERVICES AGENCIES (cont)

Description of services provided by the following programs:

GENERAL ASSISTANCE (GA) Program is a County funded program which provides cash assistance to eligible adult County residents.

CASH ASSISTANCE PROGRAM FOR IMMIGRANTS Legal non-citizens in financial need (who have little or no income) and who are not eligible for Supplemental Security Income (SSI) due to their immigration status may be eligible for monthly cash payments from the State of California.

FOOD STAMPS PROGRAM If your household is potentially Food Stamp eligible, you should apply at one of the Social Services Agency offices.

CALIFORNIA WORK OPPORTUNITY AND RESPONSIBILITY TO KIDS (CalWORKs) is a public assistance cash benefit program for low-income families with minor children.

MEDI-CAL PROGRAM provides health care coverage to low income individuals and families. What to bring to your Medi-Cal Appointment:
- Identification: photo ID, drivers license, birth certificate, or green card
- Proof of pregnancy: A note from a doctor or clinic that says you are pregnant
- Social Security Number: for you and each family member (social security card is not always needed)
- Proof of Property: Bank statements, tax statements
- Proof of Income: Pay stubs, employer letter, income tax forms

CHILDREN'S HEALTH INITIATIVE helps families in Santa Clara County with income at or below 300% of the Federal Poverty Level.

SUBSTANCE ABUSE & COMPULSIVE BEHAVIOR

GATEWAY CALL CENTER 1-800-488-9919

Referrals to Alcohol and Drug Adult Managed Care services in Santa Clara County.
www.sccgov.org/portal/site/dads/

SEQUOIA CENTER (Chemical Dependency Main Menu) 1-800-997-5504 www.sequoiacenter.com

Complete care, assessment, detoxification, dual diagnosis, morning and evening outpatient programs with an overnight option and one year of continuing care. Families included at all levels.

CITY TEAM MINISTRIES DISCIPLESHIP AND RECOVERY (408) 288-2185
580 Charles St., San Jose, CA 95112
www.cityteam.org
Christian phase recovery program for men, providing vocational training and bible studies.
Requirement: 12-step program, must speak English
Fee: none.

SALVATION ARMY ADULT REHABILITATION CENTER (408) 298-7600
702 W. Taylor St., San Jose, CA 95126
www.salvationarmy.org
In-House Program use this address: P.O. Box 1706, San Jose, CA 95109
http://www.satruck.org/rehabilitation-program

6-month recovery program for men with a spiritual emphasis. Requirement: attending a 12-step program.
Individual and group counseling. Not a dual diagnosis program. Fee: none
SUBSTANCE ABUSE & COMPULSIVE BEHAVIOR (cont.)

VICTORY OUTREACH SPECIAL SERVICES HOME FOR MEN (408) 578-0800
590 Shawnee, San Jose, CA 9512
www.victoryoutreach.org

Services for chemically and/or alcohol dependent men and women.

FREE AT LAST (650) 462-6999
1796 Bay Rd. East Palo Alto, CA 94303
www.freeatlast.org


TRANSPORTATION

VALLEY TRANSPORTATION AUTHORITY CUSTOMER SERVICE (408) 321-2300 1-800-894-9908
VTA route, bus information, light rail…
SANTA CLARA COUNTY VTA INFORMATION ON THE WEB http://www.vta.org

OUTREACH and ESCORT (408) 436-2865
www.Outreach1.org

Door to door service to frail, elderly and disabled persons who are unable to use a bus or light rail. Wheelchair access. Unlimited rides $4.00 per way. Requires advance reservation; call by 5 p.m. for a ride the next day. Application process required.

TUBERCULOSIS

SANTA CLARA COUNTY PUBLIC HEALTH DEPARTMENT-TUBERCULOSIS CLINIC
976 Lenzen Ave. (Suite 1500), San Jose, CA 95126 (located in basement floor)
(408) 792-5586

Clinical services to patients with tuberculosis infection and active disease on a sliding fee scale. Educational services

WIC PROGRAMS

Special Supplemental Nutrition Program for Women, Infants, and Children is a temporary assistance program for pregnant, postpartum and breastfeeding women and children under five years of age. The WIC Program provides nutrition counseling and education and monthly vouchers to purchase healthy foods from the local grocery store.

SANTA CLARA COUNTY WIC PROGRAM (408) 792-5101
(408) 847-0454 (Gilroy)
www.sccgov.org/sites/sccphd/en-us/Residents/Wic/Pages/default.aspx

GARDNER FAMILY HEALTH NETWORK (408) 294-1323
www.gardnerfamilyhealth.com/index.php?option=com_content&task=view&id=29

INDIAN HEALTH CENTER OF SANTA CLARA VALLEY (408) 445-3420 ext. 210
www.indianhealthcenter.org/wic.html
WOMEN’S HEALTH PROGRAMS

EVERY WOMAN COUNTS...EVERY YEAR! 1-800-511-2300
Women Cancer Detection Program
Free mammogram and breast exams and cervical exams for women over 40 years old with no health insurance. Call to see if you qualify for these services.

THE COMMUNITY HEALTH CLINICS BELOW DO A VARIETY OF OB, DENTAL, BREAST CANCER SCREENING, PRENATAL, PREGNANCY TESTING, VISION SERVICES, AND IMMUNIZATIONS. CALL EACH CLINIC FOR HOURS AND SERVICES AND FEES.

MARMONTE COMMUNITY CLINIC (408) 274-7100
2470 Alvin Avenue, Ste 80 San Jose, CA

GARDNER HEALTH CENTER (408) 918-5500
195 E. Virginia St. San Jose, CA

ST. JAMES HEALTH CENTER (408) 918-2600
55 E. Julian Street San Jose, CA

COMPRECARE HEALTH CENTER (408) 259-8400
3030 Alum Rock Avenue San Jose, CA

ALVISO HEALTH CENTER (408) 935-3900
1621 Gold Street Alviso, CA

FRANKLIN MCKINLEY SCHOOL CENTER (408) 283-6051
645 Wool Creek Dr. San Jose, CA; Open 8-4pm

INDIAN HEALTH CENTER (408) 445-3400
1333 Meridian Avenue San Jose, CA

MAYVIEW COMMUNITY HEALTH CENTER (PA) (650) 327-8717
270 Grant Avenue #102, Palo Alto, CA

MAYVIEW COMMUNITY HEALTH CENTER (MV) (650) 965-3323
900 Miramonte Ave, Mountain View, CA 94040

PLANNED PARENTHOOD MAR MONTE (Blossom Hill) (408) 281-9777
5440 Thornwood Dr. #G San Jose, CA

PLANNED PARENTHOOD MAR MONTE (MV) (650) 948-0807
225 San Antonio Road Mt. View, CA

CENTER FOR HEALTH & WEIGHT MANAGEMENT (408) 885-1330
455 O’Connor Drive, Suite 150, San Jose, CA 95128
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