Darkness enfolds itself around me,
Holding me within its cool embrace.
Silence rings in my ears.

Speckles of light cloud my blinded vision,
Warming away the darkened corners.

Wind caresses my ears,
Whispering its secrets through the veil over me.
It runs its hands through my hair,
Arousing a carefree air to my frayed edges.

Grass wiggles itself between my toes,
Recollecting childhood memories past.

Musical laughter,
Encouraging words,
Love.
These things, small and fleeting, are unique and inspiring.

Breathe.
Open your eyes.