Goal Setting: Decide what you want and then plan and accomplish measurable goals to reach your desired future.

Small Example: I want to get an "A" on my paper.  
Big Example: I want to earn an "A" in my English class.

Set Your Goals...
- Specific
- Measurable
- Achievable
- Relevant
- Time-Bound

Activity
1. In your notebook, write down your goal for a class, semester, or big dream.
3. What are the milestones to your goal?
4. Is your goal realistic with the tools you have? What tools or skills do you need?
5. Is your goal aligned with your values and future endeavors?
6. Create a deadline for your goal.

Platform Options:
- Written
  - Notebook
  - Planner/Calendar
  - To-do List
  - Vision Board
- Electronic
  - Google Calendar
  - Notion
  - Reminders
  - Google Docs