

CRANE CENTER SERVICES

11/2/2020

Sexual Health & Harm Reduction

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Overview

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- ☐ STD Facts

- ☐ Crane Center Services:

- ☐ HIV/STD Testing

- ☐ PrEP & PEP

- ☐ Partner Services

- ☐ Positive Connections Program

- ☐ Needle Exchange Program

- ☐ Tips for Safer Sex During COVID-19:

- ☐ How COVID-19 is Spread

- ☐ Safer Sex Techniques

- ☐ Tips for Safer Drug Use During COVID-19:

- ☐ Harm Reduction

- ☐ Planning & Preparation

- ☐ Q & A Opportunity

STD Facts - Did You Know . . . ?

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20 million new sexually transmitted infections occur in the United States each year . . .



. . . and young people make up $\frac{1}{2}$ those cases.



Still, fewer than **12%** of young people said they were tested for STDs in the past year!

STD Facts - Did You Know . . . ?

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MYTH:
YOU CAN
TELL IF
SOMEONE
HAS AN STD
BY LOOKING.

1 IN 2

MYTH:
I DON'T HAVE
SYMPTOMS,
SO I DON'T NEED
TO BE TESTED.

SEXUALLY ACTIVE YOUNG PEOPLE WILL GET AN
STD BEFORE THE AGE OF 25. MOST WILL NOT KNOW IT.

GET YOURSELF TALKING.

MYTH:
I'VE ONLY
HAD ONE
PARTNER
SO I DON'T
NEED TO GET
TESTED
FOR STDs.

GYT
WWW.CDC.GOV/GYT

MYTH:
IF I NEEDED
TO BE TESTED,
MY DOCTOR WOULD
AUTOMATICALLY
TEST ME.

Crane Center Services

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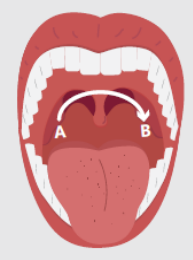
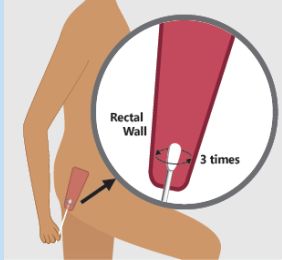






- ❑ Free HIV & Hep C Testing
- ❑ Low-cost STD Testing
- ❑ PrEP & PEP
- ❑ Partner Services
- ❑ Positive Connections Program
- ❑ Needle Exchange Program



- Crane Center services are available in *English, Spanish and Vietnamese*.
- Translation language services available for other languages.
- Program schedules are subject to change due to COVID-19.*

HIV & STD Testing Services


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What we test for:	What type of specimens are collected:
Chlamydia & Gonorrhea	<p>Self-Collected 3-Site Testing:</p> <div data-bbox="657 375 848 632">  </div> <p>Throat</p> <div data-bbox="988 375 1268 632">  </div> <p>Rectal</p> <div data-bbox="1434 361 1684 632">  </div> <p>Vaginal</p> <p>OR</p> <div data-bbox="1842 361 2071 632">  </div> <p>Urine</p>
Hep C	<p>Blood Test:</p> <div data-bbox="937 714 1179 856">  </div> <p>Rapid Test: Fingerstick</p>
HIV	<p>Blood Test:</p> <div data-bbox="937 946 1179 1089">  </div> <p>Preliminary Rapid Test: Fingerstick</p> <div data-bbox="1600 939 1778 1096">  </div> <p>Confirmatory Test: Blood Draw (if needed)</p>
Syphilis	<p>Blood Test:</p> <div data-bbox="963 1182 1128 1339">  </div> <p>Blood Draw only</p>

HIV & STD Testing Services

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Crane Center*	HIV & Hepatitis C Testing	STD Testing
Cost	Free	\$40 <i>(includes treatment)</i>
Appointment	Call for Appointment	Call for Appointment
Schedule	Mon.-Fri.	Wed.
Results Ready In . . .	20 Minutes	3-4 Days


 408-792-3720

 GetTestedSCC.org

HIV & STD Testing Services

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STD Clinic*	STD Testing
Cost	\$40 <i>(includes treatment)</i>
Appointment	Call for Appointment <i>(Symptomatic Patients Only)</i>
Schedule	Mon./Wed./Thurs.
Results Ready In . . .	3-4 days

 408-792-3720

 GetTestedSCC.org

PrEP (Pre-Exposure Prophylaxis) Services

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- ❑ PrEP is a single daily pill that may prevent you from getting HIV
- ❑ PrEP is taken by a HIV(-) person BEFORE a potential exposure to HIV occurs



📞 408-792-5036

🌐 PrepisLiberating.org

PEP (Post-Exposure Prophylaxis) Services

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- ❑ PEP is for a HIV(-) person AFTER a potential exposure to HIV and is not on PrEP
- ❑ PEP must be taken within the first 72 hours after a potential exposure to work
- ❑ PEP is a medical emergency and can be accessed via:
 - Urgent Care
 - Emergency Room
 - The Crane Center




Partner Services

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KEEP THE LINES OF COMMUNICATION OPEN AND
TALK TO YOUR PARTNER ABOUT STD/HIV PREVENTION.



- ❑ Partner Services helps to prevent the spread of STDs in the County
- ❑ If you live with HIV or an STD, we can help you notify your partners

 408-792-3739

 SCCPartnerServices.org

Positive Connections Program


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If you live with HIV, the Positive Connections Program can provide you with linkages to medical care and other services including:

- ☐ Primary health care
- ☐ Benefits counseling
- ☐ Mental health services
- ☐ Food assistance
- ☐ Housing assistance
- ☐ Drug and alcohol treatment



- ☐ Emergency financial assistance
- ☐ Dental care
- ☐ Legal services
- ☐ Case management
- ☐ *Vida y Salud*, a support group for Spanish-speaking clients

 408-792-5080

 SCCPositiveConnections.org

Needle Exchange (NEX) Program

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- ❑ Exchange used needles for new needles
- ❑ Opioid overdose prevention kits & training
- ❑ Fentanyl test strips
- ❑ Substance use referrals
- ❑ Safer sex supplies & hygiene kits
- ❑ STD/HIV/Hep C Testing

📞 408-792-5529

🌐 SCCNEX.org



Needle Exchange Sites

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☐ Monday

- Knox Ave site (1:30-3:30pm)

☐ Tuesday

- 2nd St & 280 Fwy site (1-3pm)
- Crane Center site (5-7pm)

☐ Friday

- Valley Health Center site (9:30-11:30am)
- Little Orchard site (2-4pm)



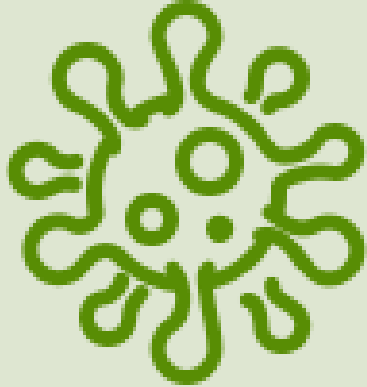
408-792-5529



SCCNEX.org

Tips for Safer Sex During COVID-19

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Know How COVID-19 Spreads

- You can get COVID-19 from a person who has it
- We still have a lot to learn about COVID-19 and sex



Have Sex with People Close to You

- You are your safest sex partner
- Communicate with partners virtually
- The next safest partner is someone you live with (i.e. roommates)
- Limit close contact, including sex, with anyone outside your household

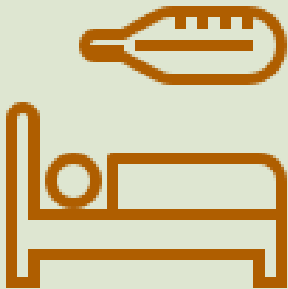
Tips for Safer Sex During COVID-19 [Cont.]

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Take Care During Sex

- Kissing can easily pass the virus
- Rimming (mouth on anus) might spread the virus
- Wear a face covering or mask
- Get creative
- Masturbate together
- Condoms and dental dams can reduce contact with saliva, semen or feces



Skip sex if you or your partner are not feeling well.

Tips for Safer Sex During COVID-19 [Cont.]

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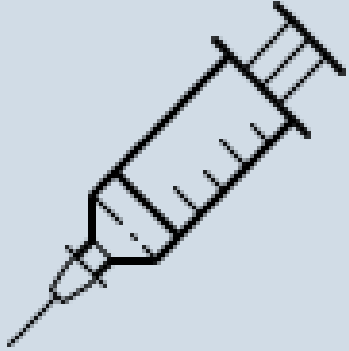


☐ Know Their Status

- Have they been diagnosed with COVID-19 using a nasal swab or saliva test?
- People who have recovered from COVID-19 at least 10 days from the day their symptoms started (or their positive test was taken) and who have not had fever for at least 24 hours are no longer likely able to spread the virus.
- If someone already had COVID-19, it does not mean they won't get it again.

Tips for Safer Drug Use During COVID-19

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☐ Minimize Need to Share Supplies

- Prepare your drugs yourself
- Do not share
- Dispose of works/equipment
- Contact NEX Program for supplies



☐ Minimize Contact

- If you are having sex or doing sex work, COVID-19 can be transmitted by close contact like coughing, kissing, or direct contact with bodily fluids. Ensure condom use.

Tips for Safer Drug Use During COVID-19 [Cont.]

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☐ **Plan & Prepare for Overdose (OD)**

- If you're alone start with a low dose and go slow
- If using with others, make a plan and stagger use
- Use fentanyl test strips
- Have naloxone on hand



☐ **Keep Clean & Practice Hygiene**

- Wash your hands with soap and water every time you are around other people, such as after using public transportation, after purchasing drug packages, etc.

Tips for Safer Drug Use During COVID-19 [Cont.]

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Prepare for a Drug Shortage

- Access to prescription meds may be limited
- Try to stock up on your drug of choice
- Consider buying over the counter medications
- Buprenorphine or methadone



Stay Clear if you are Sick

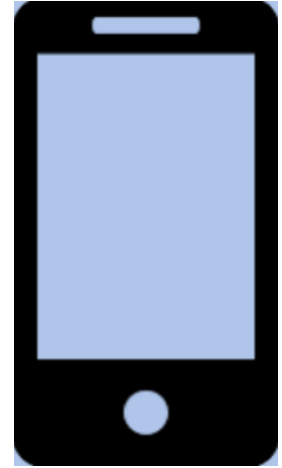
- Get checked out by a doctor
- Call NEX for delivery services
- Take your medications daily

Get More Information on COVID-19

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For the latest information on COVID-19, please visit:

- ☐ County of Santa Clara Health Department
webpage: www.sccphd.org/coronavirus
- ☐ Centers for Disease Control & Prevention
webpage: www.cdc.gov
- ☐ How to disinfect your home if someone is sick:
www.cdc.gov/coronavirus/2019-ncov/prepare/disinfecting-your-home.html



Crane Center – Accessing Services

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Website:

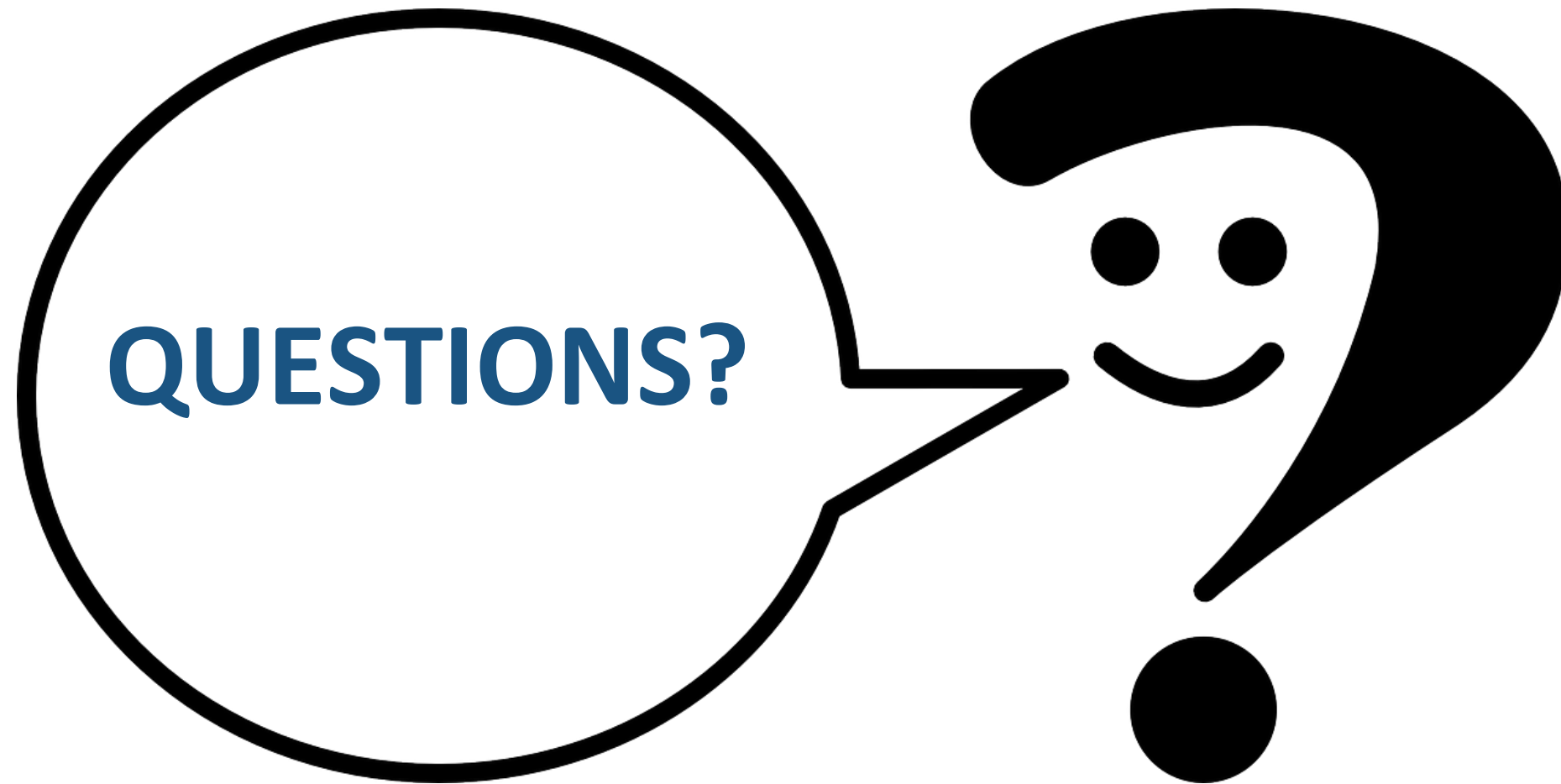
GetTestedSCC.org

Appointment Number:

408-792-3720

Address:

976 Lenzen Ave, Ste# 1800 San Jose, CA 95126



Thank you!

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Santa Clara County
PUBLIC
HEALTH

BETTER HEALTH FOR ALL