Summer 2009

Theatre Arts/TV/Drama

Summer Noncredit Classes

This program is open to all students and currently offers various classes of interest to the community.

Registration will take place in the Admissions & Records Office or in class on the first day of the course. Students should contact Debra Casella in the Noncredit Office directly with any questions at (408) 852-2824.

ALLIED HEALTH

AH 740 Tai Chi for Arthritis and Other Related Illnesses

Transferable: No

This course is designed for the maintenance of the physical and mental well-being of an older adult with arthritis and other related illnesses. Instruction will focus on the postures and movements of Tai Chi, a Chinese exercise regimen that has a slow paced movement that improves balance, coordination, breathing and builds strength and stamina. Activities are included that promote self-care and health awareness.

AH 741 Body Dynamics and Aging

Transferable: No

This course is designed for the 55+ adult student to provide awareness and knowledge of physical fitness, stress management and nutrition to personal health. Discussions will focus on nutrition, sleep disorders, depression, leisure/social activities and chronic conditions that effect the body as aging occurs.

Gavilan College  ■  www.gavilan.edu

Classroom Locations: Refer to “How to Use This Schedule” on page 5.
### ART

#### ART 760 Arts and Crafts I for Older Adults

**Transferable:** No

A general survey of arts and crafts with an emphasis on exercises and experiments with methods and materials, including: metal, leather, fibers, glass, wood, and paper crafts. The crafts are to be both decorative or utilitarian.

- **CRN:** 80030
  - **Lab WM1:** 3.0 M 0100-1200
  - **Barrett S**
  - **Class meets at Wheeler Manor 651 W. 6th Street, Gilroy.**
  - **There is a $25 materials fee for this course.**

- **CRN:** 80047
  - **Lab CRC1:** 3.0 R 0100-1200
  - **Gupta R**
  - **Class meets at Centennial Recreation Ctr., 171 W. Edmundson Ave., Morgan Hill.**
  - **Students will be required to pay for their own art supplies.**

#### ART 761 Arts and Crafts II for Older Adults

**Transferable:** No

A general survey of arts and crafts with an emphasis on exercises and experiments with methods and materials, including: metal, leather, fibers, glass, wood, and paper crafts. The crafts are to be both decorative or utilitarian.

- **CRN:** 80420
  - **Lab HVME1:** 3.0 F 0930-1230
  - **Dickerson P**
  - **Class meets at Hacienda Valley Mobile Estates, 275 Burnett Ave., Morgan Hill.**
  - **Students will be required to pay for their own materials.**

### COMPUTER SCIENCE & INFORMATION SYSTEMS

#### CSIS 728 Windows for the Older Adult

**Transferable:** No

This course is designed as an introductory course for the older adults to learn Windows operations, file management, and other Windows Fundamentals.

- **CRN:** 80148
  - **Lab HOL3:** 2.0 TR 0331-0430
  - **Staff**
  - **Class meets at the Hollister Briggs site.**

- **CRN:** 80158
  - **Lab CTC2:** 2.8 T 0900-1130
  - **Staff**
  - **Class meets at Gavilan Computer Technology Center, Rm 2, on Murray Ave., Gilroy.**

#### CSIS 729 Word Processing-MS Word for the Older Adult

**Transferable:** No

A course designed for older adults (55+) to develop word processing skills to write and edit simple documents, format text, use bullets, create tables, insert clipart and use other features of the toolbar.

- **CRN:** 80162
  - **Lec CTC2:** 2.8 R 0900-1130
  - **Staff**
  - **Class meets at Gavilan Computer Technology Center, Rm 2, on Murray Ave., Gilroy.**

### ENGLISH

#### ENGL 756 GED Preparation

This course is taught entirely in Spanish.

**Transferable:** No

This course is designed to prepare the student to pass the five General Education Development (GED) tests in Writing, Social Studies, Science, Literature and Mathematics. English grammar and usage, reading comprehension, writing, vocabulary and computational skills are emphasized. The course is designed for students who are 18 years of age or older and elect to take the High School Equivalency Examination.

- **CRN:** 80071
  - **Lab HOL3:** 4.0 S 0830-1230
  - **Holguin D**
  - **Class meets at the Hollister Briggs site. This class is taught entirely in Spanish.**

### Gavilan College off-site locations

- **HOL:** Hollister Briggs Bldg, 365 Fourth St, Hollister
- **MHG:** Morgan Hill Community Center, 17060 Monterey Rd., Morgan Hill

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All noncredit classes are open entry/exit and free of charge.
### ENGLISH AS A SECOND LANGUAGE

#### ESL 702A ESL Citizenship
**Transferable:** No

This course is designed for second language learners who want to prepare for the United States Citizenship test given by the Department of Immigration and U.S. Naturalization Services. The focus will be on communicative English skills and knowledge of American History and Government required for passing the test to become a citizen of the United States. Readings are at the high-beginning/low-intermediate ESL level and will focus on the historical period beginning in the 1600's on through to 1980.

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<tr>
<th>CRN</th>
<th>Type</th>
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<th>Hrs.</th>
<th>Units</th>
<th>Days</th>
<th>Begin-End</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>80453</td>
<td>Lec</td>
<td>MHG5</td>
<td>Yu-Costa E</td>
<td>5.6</td>
<td>5.6</td>
<td>MW</td>
<td>0900-1130</td>
<td>Class meets at Morgan Hill Community site.</td>
</tr>
<tr>
<td>80060</td>
<td>Lec</td>
<td>STF1</td>
<td>Stuker D</td>
<td>3.6</td>
<td>3.6</td>
<td>MR</td>
<td>0600-0730</td>
<td>Class meets at St. Frances, 7950 Church St., Gilroy.</td>
</tr>
<tr>
<td>80452</td>
<td>Lec</td>
<td>JDA1</td>
<td>Segovia M</td>
<td>5.6</td>
<td>5.6</td>
<td>TWR</td>
<td>0600-0900</td>
<td>06/02/09-07/09/09 Class meets at Hollister Recreation Center, Gabilian Room 375 5th St., Hollister.</td>
</tr>
</tbody>
</table>

#### ESL 704A ESL for the Workplace
**Transferable:** No

This is part A of a content-based integrated skills course for ESL students who want to prepare for immediate entry into the job force. Students expand their language skills within the realm of the work world and specific vocational career of interest while also developing the soft skills needed in the workplace. This course is a combination of lecture, lab, and self-paced instruction.

<table>
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<th>Days</th>
<th>Begin-End</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>80167</td>
<td>Lab</td>
<td>CTC1</td>
<td>Padilla M</td>
<td>6.0</td>
<td>6.0</td>
<td>TWR</td>
<td>0700-0900</td>
<td>Class meets at Gavilan Computer Technology Center, Rm. 1, on Murray Ave., Gilroy.</td>
</tr>
</tbody>
</table>

#### ESL 777 ESL Lifeskills 1
**Transferable:** No

This is the first course in a series of survival English classes for students with very little oral or written English competency. This course focuses on conversational English as used in daily life and American holidays and customs to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test.

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<tbody>
<tr>
<td>80251</td>
<td>Lec</td>
<td>SBCL</td>
<td>Kirchner V</td>
<td>6.0</td>
<td>6.0</td>
<td>TR</td>
<td>0900-1200</td>
<td>Class meets at San Benito County Library, 470 5th St., Hollister.</td>
</tr>
<tr>
<td>80309</td>
<td>Lec</td>
<td>MHG13</td>
<td>Yu-Costa E</td>
<td>5.6</td>
<td>5.6</td>
<td>TR</td>
<td>0600-0830</td>
<td>Class meets at Morgan Hill Community site.</td>
</tr>
</tbody>
</table>

#### ESL 778 ESL Lifeskills 2
**Transferable:** No

This is the second course in a series of classes in survival English for students with very little oral or written English competency. This course focuses on conversational English as used in daily life and American holidays and customs to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 777.

<table>
<thead>
<tr>
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<th>Room</th>
<th>Instructor</th>
<th>Hrs.</th>
<th>Units</th>
<th>Days</th>
<th>Begin-End</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>80398</td>
<td>Lec</td>
<td>MHG12</td>
<td>Yu-Costa E</td>
<td>5.6</td>
<td>5.6</td>
<td>TR</td>
<td>0900-1130</td>
<td>Class meets at Morgan Hill Community site.</td>
</tr>
</tbody>
</table>

### HUMANITIES

#### HUM 767 Film Classics
**Transferable:** No

This class is designed to study the facts, fantasy, history and trivia of classic and modern films. The background and history of each film and its performance will be compared and contrasted.

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<th>Begin-End</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>80268</td>
<td>Lab</td>
<td>JDA</td>
<td>Sendejas L</td>
<td>3.0</td>
<td>3.0</td>
<td>F</td>
<td>1000-1000</td>
<td>Class meets at Jovenes de Antaño, Calaveras Room in Hollister.</td>
</tr>
<tr>
<td>80057</td>
<td>Lab</td>
<td>WM2</td>
<td>Sendejas L</td>
<td>3.0</td>
<td>3.0</td>
<td>S</td>
<td>0430-0730</td>
<td>Class meets at Wheeler Manor, 651 W. 6th Street, Gilroy.</td>
</tr>
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### LIBRARY

#### LIB 730 Internet Literacy for Older Adults
**Transferable:** No

A class for older adults to learn email techniques, how to find and check out information on the Internet, an introduction to the local public library online services, online shopping, search strategies, and interactive games.

<table>
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<th>Days</th>
<th>Begin-End</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>80106</td>
<td>Lec</td>
<td>HOL3</td>
<td>Staff</td>
<td>2.0</td>
<td>2.0</td>
<td>TR</td>
<td>0231-0330</td>
<td>Class meets at the Hollister Briggs site.</td>
</tr>
</tbody>
</table>

### Summer Sports Camps for Kids!

See ad on page 34.
### PHYSICAL EDUCATION

**PE 701 Tai Chi for Wellness**  
Transferable: No  
This course will introduce the student to the thirty seven posture forms and movements of Tai Chi, an ancient Chinese practice that focuses on slow paced coordinated movements that improve balance, coordination, mobility and breathing. The students will also learn how to use this non-contact exercise program to reduce stress in their daily lives.

80266 Lab SJBC C Yinger K 1.0 W 0530-0630  
Class meets at San Juan Community Center, 10 San Jose St., San Juan Capistrano.

**PE 716 Music/Movement and Health**  
Transferable: No  
This course is designed to assist older adults in improving overall health through movement, music and relaxation techniques. Rhythmic movement will be adjusted to suit individual students mobility needs.

80136 Lab CRC C Mendonca B 4.0 TF 1000-1200  
Class meets at Centennial Recreation Ctr., 171 W. Edmondson Ave., Morgan Hill.

80138 Lab GSC C Mendonca B 4.0 W 0930-1130  
Class meets at Gilroy Senior Center 7371 Hanna Street, Gilroy.

80128 Lab JDA A Host M 1.0 T 1100-1200  
Class meets at Jovens de Antano 300 West St., Hollister.

80129 Lab V PRI Lee C 1.0 T 1030-1130  
Class meets at Valley Pines Retirement Inn, 545 E. Main Ave., Morgan Hill.

### Noncredit

**LIB 732 Introduction to Online Gavilan**  
Transferable: No  
Introduction to the online classes and student services at Gavilan College. This course will show students how to log into their online courses, find lectures, assignments and exams, take part in online class discussions, submit attachments, and view their grades. The course will also cover all the online student services available to the distant student, including counseling, library resources, records and grades, financial aid, and tutoring and technical support.

80263 ONLINE Parker J  
Log in at www.gavilan.edu/disted to access this class any time during the term. You must have an email account to take this course. Start your course by going to www.gavilan.edu/disted. For help, contact your instructor or email disted@gavilan.edu.

**LIB 733 Exploring the Web for Older Adults**  
Transferable: No  
Designed to address the interests of older adults, students will learn about the web's rich offering in graphics, sharing digital pictures, and downloading audio files and audiobooks after paying your bills online. Students will learn online techniques to take advantage of all the latest tools, such as wikis, blogs, search techniques and great travel destinations. ADVISORY: LIB 730, Internet Literacy for Older Adults.

90065 Lec HOL3 Staff 2.0 TR 0130-0230  
Class meets at the Hollister Briggs site.

**Gavilan College off-site locations**

HOL Hollister Briggs Bldg, 365 Fourth St. Hollister  
MHG Morgan Hill Community Center, 17060 Monterey Rd., Morgan Hill

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**FALL 2009**

Late Start/Short-Term Classes  
These courses are offered at Gavilan's main Gilroy campus and at the Morgan Hill & Hollister sites. Fall courses begin on page 65.

**Gilroy**

**Hollister**

**Morgan Hill**

**Online**

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**Noncredit**