NONCREDIT PROGRAM

New Noncredit Program - This new program is open to all students and currently offers classes in basic literacy, short-term vocational and other classes of interest to the community as well as Staff Wellness and Older Adult courses.

Older Adults Program
This program offers special interest classes to adults 55 and older. All of our classes will take place at the older adult facilities to ensure positive enrollment and convenience for the students.

- Film Classics
- Music Encounters
- The Joy of Listening to Music
- The Theater Experience
- Body Dynamics and the Aging Process
- Music, Movement & Wellness
- Tai Chi for Arthritis and Other Illnesses
- Internet Literacy for Older Adults
- Creative Writing Workshop
- Finding Book Treasures

More Older Adult classes coming soon!
- Armchair Travels
- Arts and Crafts
- As Others See Americans
- Coping with Loss
- Journal Writing
- Topics for Seniors, Staying Well Informed
- Writing Your Autobiography

Staff Wellness Program
This program is geared toward meeting the needs of our Gavilan College family. All classes are free of charge and are open to all staff members as well as the community.

- Tai Chi for Health
- Mindful Stress Reduction

Staff Wellness Coming soon!
- Weight Control
- Workplace Fitness

Parenting Program
Parenting Advocacy

Basic Skills Program
Online Literacy

Basic Skills Coming Soon!
- Citizenship
- GED Preparation

All classes are free of charge. There are no tests, no quizzes and no letter grades. Registration will take place in the Admissions & Records Office or on the first day of class. Students should contact the Noncredit Office directly with any questions or for further information at (408) 848-4859.

GUADALUPE SANCHEZ:

Guadalupe “Lupe” Sanchez, has been an active member in the Gilroy community since first coming to Gilroy in 1936. Despite a busy life in the business world, Lupe was one of the first volunteers to register voters in 1952 and instrumental in getting many local Latino citizens to register to vote. She has served as a board of director to the Center for Employment Training, on the Santa Clara County Health and Welfare Commission and on the Gilroy Library and Culture Commissions. Through the years, she has volunteered her time and energy to her local parish, St. Mary’s Church, the Red Cross, the Gilroy Senior Nutrition Program, the Gilroy Planning Commission and the Gilroy Hispanic Chamber of Commerce. Currently, Lupe is enrolled in Gavilan College’s new “Living Through Learning” program for older adults. Throughout her life, Lupe has believed in lifelong learning as a way to remain active, informed and able to make our community a special place to live.
**ALLIED HEALTH**

**AH 740** Tai Chi for Arthritis and Other Related Illnesses
Transferable: No
This course is designed for the maintenance of the physical and mental well-being of an older adult with arthritis and other related illnesses. Instruction will focus on the postures and movements of Tai Chi, a Chinese exercise regimen that has a slow paced movement that improves balance, coordination, breathing and builds strength and stamina. Activities are included that promote self-care and health awareness.

<table>
<thead>
<tr>
<th>Course</th>
<th>Instructor</th>
<th>Start Date</th>
<th>End Date</th>
<th>Location</th>
<th>Days</th>
<th>Time</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>4050 LAB</td>
<td>HVME1 STAFF</td>
<td>01/12/06 - 05/11/06</td>
<td>Above class meets Off Campus</td>
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<tr>
<td>4051 LAB</td>
<td>WM1 STAFF</td>
<td>01/10/06 - 03/09/06</td>
<td>Above class meets Off Campus</td>
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<tr>
<td>4052 LAB</td>
<td>HOLCC STAFF</td>
<td>01/12/06 - 05/11/06</td>
<td>Above class meets Off Campus</td>
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<tr>
<td>4053 LAB</td>
<td>VG1 STAFF</td>
<td>01/12/06 - 05/11/06</td>
<td>Above class meets Off Campus</td>
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<tr>
<td>4054 LAB</td>
<td>GHR1 STAFF</td>
<td>01/09/06 - 03/08/06</td>
<td>Above class meets Off Campus</td>
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<tr>
<td>4055 LAB</td>
<td>GHR1 STAFF</td>
<td>03/20/06 - 05/24/06</td>
<td>Above class meets Off Campus</td>
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</tbody>
</table>

**AH 741** Body Dynamics and Aging
Transferable: No
This course is designed for the 55+ adult student to provide awareness and knowledge of physical fitness, stress management and nutrition to personal health. Discussions will focus on nutrition, sleep disorders, depression, leisure/social activities and chronic conditions that effect the body as aging occurs.

<table>
<thead>
<tr>
<th>Course</th>
<th>Instructor</th>
<th>Start Date</th>
<th>End Date</th>
<th>Location</th>
<th>Days</th>
<th>Time</th>
<th>Notes</th>
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</thead>
<tbody>
<tr>
<td>4056 LEC</td>
<td>WM1 STAFF</td>
<td>01/09/06 - 05/06/06</td>
<td>See Footnote: Above class meets Off Campus</td>
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</tbody>
</table>

**ENGLISH**

**ENGL 750** Creative Writing Workshop for Older Adults
Transferable: No
A class designed for older adults to develop their writing skills in a peer support group. They are guided in creative expression through prose and poetry. Older adults are encouraged to read their works in class and learn how to respond to writing, guided creative exercises and assignments, sentence and story structure.

<table>
<thead>
<tr>
<th>Course</th>
<th>Instructor</th>
<th>Start Date</th>
<th>End Date</th>
<th>Location</th>
<th>Days</th>
<th>Time</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>4535 LEC</td>
<td>SV002 STAFF</td>
<td>01/09/06 - 02/15/06</td>
<td>Above class meets Off Campus</td>
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<tr>
<td>4536 LEC</td>
<td>SV002 STAFF</td>
<td>03/07/06 - 04/13/06</td>
<td>Above class meets Off Campus</td>
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<tr>
<td>4537 LEC</td>
<td>SV002 STAFF</td>
<td>03/07/06 - 04/13/06</td>
<td>Above class meets at Morgan Hill Community site</td>
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<tr>
<td>4538 LEC</td>
<td>HOL3 STAFF</td>
<td>01/09/06 - 02/15/06</td>
<td>Above class meets at the Hollister Briggs site</td>
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<tr>
<td>4539 LEC</td>
<td>HOL3 STAFF</td>
<td>01/09/06 - 02/15/06</td>
<td>Above class meets at the Hollister Briggs site</td>
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</tbody>
</table>

**MUSIC**

**MUS 762** Joy of Listening to Music
Transferable: No
This class is designed to give older adults the opportunity to study eras, styles, composers and components of music. Listening to music with group discussion is an integral part of the class.

<table>
<thead>
<tr>
<th>Course</th>
<th>Instructor</th>
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<th>Time</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>4607 LEC</td>
<td>VG1 STAFF</td>
<td>01/10/06 - 02/25/06</td>
<td>See Footnote: Above class meets Off Campus</td>
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<tr>
<td>4608 LEC</td>
<td>SV002 STAFF</td>
<td>01/13/06 - 02/28/06</td>
<td>Above class meets at Morgan Hill Community site</td>
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</tbody>
</table>

**HUMANITIES**

**HUM 767** Film Classics
Transferable: No
This class is designed to study the facts, fantasy, history and trivia of classic and modern films. The background and history of each film and its performance will be compared and contrasted.

<table>
<thead>
<tr>
<th>Course</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>4457 LAB</td>
<td>HOLCC STAFF</td>
<td>01/10/06 - 01/11/06</td>
<td>Above class meets Off Campus</td>
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<tr>
<td>4458 LAB</td>
<td>WM1 STAFF</td>
<td>01/13/06 - 04/14/06</td>
<td>Above class meets Off Campus</td>
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</tbody>
</table>

**LIBRARY**

**LIB 730** Internet Literacy for Older Adults
Transferable: No
A class for older adults to learn email techniques, how to find information on their interests, news sources, and the skill of browsing online, as well as how best to use the local public library online services, online shopping, search strategies, and interactive games.

<table>
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<tr>
<th>Course</th>
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<tbody>
<tr>
<td>4534 LEC</td>
<td>SV002 STAFF</td>
<td>01/09/06 - 02/15/06</td>
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<td>SV002 STAFF</td>
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<tr>
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<td>Above class meets at the Hollister Briggs site</td>
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</tbody>
</table>

**LIB 731** Finding Book Treasures in Literature for Older Adults
Transferable: No
Older adults are guided in the reading of selected quality fiction and nonfiction to promote discussions of theme development, narrative techniques, social context and what makes good writing. Content varies from semester to semester and may include fiction, drama, poetry, essay, and biography. Readings selected may have particular relevance to older adults.

<table>
<thead>
<tr>
<th>Course</th>
<th>Instructor</th>
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<th>Time</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>4540 LEC</td>
<td>HVME1 STAFF</td>
<td>01/11/06 - 02/15/06</td>
<td>See Footnote: Above class meets Off Campus</td>
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</tbody>
</table>

**Off-Campus Buildings**

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>COGHR</td>
<td>City of Gilroy (main hall, 7371 Hanna St.)</td>
</tr>
<tr>
<td>COGMR</td>
<td>City of Gilroy (meeting room)</td>
</tr>
<tr>
<td>GHR1</td>
<td>Gilroy Health Care and Rehabilitation, 8170 Murray Ave.</td>
</tr>
<tr>
<td>HOL</td>
<td>Hollister Briggs Bldg.</td>
</tr>
<tr>
<td>HOLCC</td>
<td>Hollister Comm. Center (Jovenes de Antano), 300 West St., Hollister</td>
</tr>
<tr>
<td>HVME1</td>
<td>Hacienda Valley Mobile Estates, 275 Burnett Ave., Morgan Hill</td>
</tr>
<tr>
<td>LOADCS</td>
<td>Live Oak Adult Day Care Services, 651 W. 6th St., Gilroy</td>
</tr>
<tr>
<td>LOHS</td>
<td>Live Oak High School</td>
</tr>
<tr>
<td>MGH</td>
<td>Morgan Hill Community &amp; Cultural Center</td>
</tr>
<tr>
<td>SV001-004</td>
<td>South Valley</td>
</tr>
<tr>
<td>VET</td>
<td>Veterans’ Memorial Bldg., 649 San Benito St., Hollister</td>
</tr>
<tr>
<td>VG1</td>
<td>Village Green, 1520 Hecker Pass, Gilroy</td>
</tr>
<tr>
<td>WM</td>
<td>Wheeler Manor, 651 W. 6th St., Gilroy</td>
</tr>
<tr>
<td>WM1</td>
<td>Wm Wheeler Manor, 649 San Benito St., Hollister</td>
</tr>
<tr>
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<td>WM1</td>
<td>Wm Wheeler Manor, 649 San Benito St., Hollister</td>
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</tbody>
</table>

*classes continue on next page...*
FINAL EXAM SCHEDULE

Saturday - Friday, May 20-26, 2006

This schedule is designed to provide dates and two-hour blocks of time for Final Exams in credit courses. Final exams will begin Saturday, May 20, 2006. Classes meeting prior to 8 a.m. will take their exams during the same week, for a two-hour period beginning at the class starting hour.

All finals are to be given at the scheduled time, and in the room in which the class has regularly met during the semester. Exceptions can be granted only by the department chair and the area dean.

If a class appears not to have a time scheduled according to the chart below, please see the instructor, department chair or area dean. Instructors’ office hours will be changed to accommodate the final exam schedule. Please check at the instructor’s office for the revised schedule.

If your class meets on these days:

If your class meets on these days:

 starts at any time between: Your final exam will be:

08:00 - 08:55 Wed. May 24 08:00 - 10:00
09:00 - 09:55 Fri. May 26 08:00 - 10:00
10:00 - 10:55 Mon. May 22 08:00 - 10:00
11:00 - 11:55 Wed. May 24 10:30 - 12:30
12:00 - 12:55 Fri. May 26 10:30 - 12:30
01:00 - 01:55 Mon. May 22 10:30 - 12:30
02:00 - 02:55 Wed. May 24 01:00 - 03:00
03:00 - 03:55 Mon. May 22 03:30 - 05:30
04:00 - 04:55 Wed. May 24 03:30 - 05:30

If your class meets on Fri or Fri/Sat at ANY start time before 5:00 pm, the final exam will be: Friday, May 26 from 1:00-3:00 pm

Make-ups and Conflicts

Mon. May 22 01:00 - 03:00
Tues. May 23 03:30 - 05:30
Wed. May 24 03:30 - 05:30
Thur. May 25 03:30 - 05:30

Exams for classes held on Saturdays, Sundays & Evenings

All classes held on:

Saturday May 20
Sunday May 21
Monday evenings May 22
Tuesday evenings May 23
Wednesday evenings May 24
Thursday evenings May 25
Monday/Wednesday evenings May 22
Tuesday/Thursday evenings May 23
Friday evenings - to be arranged by the class

PHYSICAL EDUCATION: ADAPTED

PE 716 Music, Movement and Health
Transferable: No
This course is designed to assist older adults in improving overall health through movement, music and relaxation techniques. Rhythmic movement will be adjusted to suit individual students mobility needs.

4668 LAB GHR1 STAFF 1.00 .0 MTh 1000A-1100A
01/09/06 - 05/11/06 Above class meets Off Campus
4669 LAB HOLCC STAFF 2.00 .0 Tu 1000A-1200P
01/10/06 - 05/09/06 Above class meets Off Campus
4670 LAB HVME1 STAFF 2.00 .0 F 1000A-1200P
01/13/06 - 05/12/06 Above class meets Off Campus
4671 LAB VG1 STAFF 2.00 .0 F 1000A-1200P
01/13/06 - 05/12/06 Above class meets Off Campus

THEATER ARTS / DRAMA

THEA 764 The Theatre Experience
Transferable: No
This class is designed for older adults to compare, contrast and examine the aspects of live theatre including dramatic structure, theatre production, history and performance. Students will also attend and critique Gavilan theatre performances.

4749 LAB VG1 STAFF 3.00 .0 M 0100P-0400P
01/09/06 - 03/27/06 Above class meets Off Campus
4750 LAB MHG10 STAFF 3.00 .0 F 0100P-0400P
01/13/06 - 03/31/06 Above class meets at Morgan Hill Community site

Join us!
on the first Monday of every month for
First Mondays
FREE!!
Staged Readings of Scripts, Plays and Literature!
Presented by Gavilan Theatre Arts
6:30 p.m.
Gavilan College Theater
What is the Transfer Institute?
The Transfer Institute (TI) is a Gavilan College program that guides you through the transfer process in the most efficient and effective means possible. As a part of the Transfer Institute you will save time and money by completing your freshman and sophomore years at Gavilan. You will also meet and get to know other students who share your goals and ambition.

Who is eligible?
- Recent high school graduates who are academically prepared for college level work
- Students with placement in college level English & math

How do I apply for the Transfer Institute?
- Complete a Transfer Institute application in April prior to high school graduation.
- Take a Gavilan College assessment test
- Complete a Gavilan College admissions application
- Limited spaces are available - apply early!

Transfer Institute Services:
Your success is dependent on your attendance in enrolled classes, completion of course assignments and participation in Transfer Institute support services. The following are some of the many Transfer Institute services available that will ensure your academic and transfer success:
- Early connections with university admission representatives
- Assistance with completing your transfer applications
- Development of your personal TI agreement that identifies academic services, support services and activities essential to your transfer planning and success
- Development of an individual Educational Plan by trained and knowledgeable counseling faculty that charts courses needed for completion of general education and major preparation
- Documented evaluation of courses completed at other colleges that transfer to and satisfy university requirements
- Semester-by-semester feedback on transfer progress
- Transfer information updates and event announcements to keep you connected with and prepared for the university experience
- Assistance with finding sources of financial aid and educational financial planning
- Opportunities to participate in university field trips
- Workshops to assist with the transfer process
- Eligibility assistance with all participating TAA's (Transfer Admissions Agreements)

Transfer Institute Benefits:
Transfer Institute students receive:
- Early Registration
- A dedicated counselor to guide and monitor you through the transfer process
- Pre-transfer events and activities with four-year universities
- Access to activities designed to ensure your success at Gavilan College
- Assistance with the identification of and preparation for a college major
- A two-year agreement guaranteeing your transfer goals

Applications for the Fall 2006 Transfer Institute will be accepted beginning in April 2006.

For more information, call (408) 848-4723 or visit the website at www.gavilan.edu/transfer
Transfer Institute application: See center insert of this Schedule of Classes.
GavNOW will lead you through the process, step-by-step.

Before you begin......
* Returning and new students, be sure to have an application on file at least 48 hours before calling GavNOW.
* Select your classes and some alternate choices from this schedule or from our website.
* See a counselor if you need help selecting your classes.
* Have your social security number or Gavilan ID number handy.
* If you will be paying by credit card (MasterCard or Visa), have your card handy.
* If you are eligible for a fee waiver, apply at the Financial Aid Office at least 48 hours prior to registering on GavNOW.

Now, begin........
* GavNOW will ask you if you wish to:
  • register, add or drop a class (press 1)
  • opt for the cr/nc grading for a class (press 2)
  • review your grades from the previous semester (press 3)
  • review your class schedule (press 4)
  • find out if a class is open (press 6)
  • end the call press 9
* After you make your selection, GavNOW will ask you to select a semester:
  • for Fall, press 1
  • for Spring, press 3
  • for Summer, press 5
* When asked, enter your nine-digit social security number or Gavilan ID number and your six-digit birthdate (i.e., 06/26/77).
* TIP: If you are adding and dropping classes at the same time, process the drops first.

Finishing Up........
* Complete your transaction and don’t hang up until GavNOW says goodbye or your transaction will not be processed.
* If paying by check do NOT bring your payment to the Admissions and Records Office. You will not be billed. Mail your payment within 5 days to:
  Cashier
  Business Office
  Gavilan College
  5055 Santa Teresa Blvd
  Gilroy CA 95020

Need help or have a question?
Call 408 848-4733, Monday - Friday, 8 a.m. - 5 p.m.