NONCREDIT PROGRAM

This program is open to all students and currently offers various classes of interest to the community. All classes are free of charge.* There are no tests, no quizzes and no letter grades. Registration will take place in the Admissions & Records Office or on the first day of class. Students should contact Michelle Lopez in the Noncredit Office directly with any questions or for further information at (408) 848-4859.

* Some classes may require a materials fee.

Adults 55+
This program offers special interest classes to adults 55 and older. Our classes take place at various older adult facilities as well as Gavilan campuses to ensure positive enrollment and convenience for the students. Classes include:

- Arts and Crafts
- Body Dynamics and the Aging Process
- Coping with Loss
- Creative Writing Workshop
- Discover Your Family History
- Exploring the Web
- Film Classics
- Finding Book Treasures
- Internet Literacy I & II
- Journal Writing
- Legal Resources for Older Adults
- Microsoft Word
- Music Encounters
- Music, Movement & Wellness
- Tai Chi for Arthritis and Other Illnesses
- The Art of Storytelling
- The Joy of Listening to Music
- The Theater Experience
- Windows Fundamentals
- Writing Your Autobiography

Staff Wellness Program
This program is geared toward meeting the needs of working adults and others interested in maintaining a healthy lifestyle. All classes are free of charge and are open to all staff members as well as the community.

- Tai Chi for Health
- Mindful Stress Reduction

Parenting Program
Parent Advocacy

Basic Skills Program
This program assists adult learners with their educational needs in areas of learning English, preparing for citizenship, and improving their basic skills in reading, writing and Math.

- ESL Citizenship
- GED Preparation
- Introduction to Online Gavilan
- Personal and Career Development
- Vocational ESL (Workplace Communications)
- CAHSEE Preparation (High School Exit Exam)
- ESL Life Skills
- Writers’ Workshop
# Noncredit Classes

## FALL NONCREDIT CLASSES

### ALLIED HEALTH

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Room</th>
<th>Instructor</th>
<th>Hrs.</th>
<th>Units</th>
<th>Days</th>
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### COMPUTER SCIENCE & INFORMATION SYSTEMS

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</table>

All noncredit classes are open entry/exit and free of charge.
## ENGLISH AS A SECOND LANGUAGE

### ESL 702A  ESL Citizenship

**Transferable:** No  
This course is designed for second language learners that want to prepare for the United States Citizenship test given by the Department of Immigration and U.S. Naturalization Services. The focus will be on communicative English skills and knowledge of American History and Government required for passing the test to become a citizen of the United States. Readings are at the high-beginning/low-intermediate ESL level and will focus on the historical period beginning in the 1600's on through to 1980.

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<tr>
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### ESL 704A  ESL for the Workplace

**Transferable:** No  
This is part A of a content-based integrated skills course for ESL students who want to prepare for immediate entry into the job force. Students expand their language skills within the realm of the work world and specific vocational career of interest while also developing the soft skills needed in the workplace. This course is a combination of lecture, lab, and self-paced instruction.

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### ESL 777  ESL Lifeskills 1

**Transferable:** No  
This is the first course in a series of survival English classes for students with very little oral or written English competency. It will give students basic vocabulary and familiarity in life skill areas such as the family, food, health, and occupations to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test.

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</table>

### ESL 778  ESL Lifeskills 2

**Transferable:** No  
This is the second course in a series of classes in survival English for students with very little oral or written English competency. It will give students basic vocabulary and familiarity in life skill areas such as the family, food, health, and occupations to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 777.

<table>
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### ESL 779  ESL Lifeskills 3

**Transferable:** No  
This is the third in a series of classes in survival English for students with little oral or written English competency. It will give students expanded basic vocabulary and familiarity in life skill areas such as the weather, transportation, employment, and American holidays and customs to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 778.

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<th>CRN</th>
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</table>

### ESL 780  ESL Lifeskills 4

**Transferable:** No  
This is the fourth course in a series of survival English for students with little oral or written English competency. It will give students expanded basic vocabulary and familiarity in life skill areas such as the weather, transportation, employment, and American holidays and customs to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 779.

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<th>CRN</th>
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<th>Room</th>
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### ESL 781  ESL Lifeskills 5

**Transferable:** No  
This is the fifth course in a series of survival English for students with beginning oral or written English competency. It will reinforce basic skills learned and continue to develop vocabulary and ease of communication in life skill areas such as the family, the larger community, health, employment, and leisure activities to manage in the real world. The course emphasizes oral communication and integrates listening, speaking, reading, and writing. ADVISORY: Placement into ESL Lifeskills by the CASAS placement test and successful completion of ESL 780.

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<tr>
<th>CRN</th>
<th>Type</th>
<th>Room</th>
<th>Instructor</th>
<th>Hrs.</th>
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Fall 2008 Schedule

Noncredit Classes

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<th>CRN</th>
<th>Type</th>
<th>Room</th>
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**HUMANITIES**

**HUM 767** Film Classics
Transferable: No
This class is designed to study the facts, fantasy, history and trivia of classic and modern films. The background and history of each film and its performance will be compared and contrasted.

10267 Lab HOLREC1 Sendejas L 2.80 F 1000A-1230P Above class meets at Hollister Recreation Center Dunne Park Bldg, 375 5th St., Hollister.

11000 Lab PLY Richards G 3.00 W 0200P-0500P Above class meets at Morgan Hill Playhouse 17000 Monterey Rd.

10273 Lab WM1 Sendejas L 3.00 S 0430P-0730P Above class meets at Wheeler Manor 651 W. 6th Street, Gilroy.

**LIB 730** Internet Literacy for Older Adults
Transferable: No
A class for older adults to learn email techniques, how to find information on their interests, news sources, and the skill of browsing online, as well as how best to use the local public library online services, online shopping, search strategies, and interactive games.

10302 Lec HOL3 Mendez F 2.00 MW 0300P-0400P Above class meets at the Hollister Briggs site.

**LIB 732** Introduction to Online Gavilan
Transferable: No
Introduction to the online classes and student services at Gavilan College. This course will show students how to log into their online courses, find lectures, assignments and exams, take part in online class discussions, submit attachments, and view their grades. The course will also cover all the online student services available to the distant student, including counseling, library resources, records and grades, financial aid, tutoring and technical support.

10306 Online N/A Parker J 08/18/08 - 12/20/08 This online class will be delivered entirely over the Internet. Log in at www.gavilan.edu/disted to access the class any time during the semester.

**LIB 733** Exploring the Web for Older Adults
Transferable: No
Designed to address the interests of older adults, students will learn about the web’s rich offering in graphics, sharing digital pictures, and downloading audio files and audiobooks after paying your bills online. Students will learn online techniques to take advantage of all the latest tools, such as wikis, blogs, search techniques and great travel destinations. ADVISORY: LIB 730, Internet Literacy for Older Adults.

10264 Lec MHG5 Curtis G 2.00 R 0930A-1130A Above class meets at Morgan Hill Community site.

10266 Lec HOL3 Mendez F 3.60 MW 0130P-0300P Above class meets at the Hollister Briggs site.

**LIBRARY**

**LIB 734** Legal Resources for Older Adults
Transferable: No
Older Americans face a gamut of legal issues in planning their future and must be aware of their rights in order to stay in charge of their lives. Finding the way through the maze of legal resources is a learned process. This course touches on basic legal issues including elder law, consumer and small claims, wills and estate planning, power of attorney and health care directives. ADVISORY: LIB 730, Internet Literacy for Older Adults.

10962 Lec MHG12 Hayes C 3.00 W 0230P-0530P Above class meets at Morgan Hill Community site.

10963 Lec BU119 Hayes C 3.00 W 0600P-0900P Above class meets at Morgan Hill Community site.

**MUSIC**

**MUS 763** Music Encounters
Transferable: No
A class for older adults that provides musical activities to stimulate and sustain their auditory function, discernment of sounds and manual dexterity. Students will enjoy music, new and old, by listening, singing, playing and creating music in a group setting.

10314 Lec VPRI1 Yinger K 1.00 T 0100P-0200P Above class meets at Valley Pines Retirement Inn 545 E. Main Ave., Morgan Hill.

11013 Lec GHS Robb P 3.30 T 0600P-0900P Above class meets at Gilroy High School, 750 West Tenth St., Gilroy.

11014 L/L PB5 Quartuccio A 3.30 W 0600P-0900P

**PHYSICAL EDUCATION**

**PE 701** Tai Chi for Wellness
Transferable: No
This course will introduce the student to the thirty seven posture forms and movements of Tai Chi, an ancient Chinese practice that focuses on slow paced coordinated movements that improve balance, coordination, mobility and breathing. The students will also learn how to use this non-contact exercise program to reduce stress in their daily lives.

10425 Lab APE101 Yinger K 1.00 T 0530P-0630P

**PE 716** Music/Movement and Health
Transferable: No
This course is designed to assist older adults in improving overall health through movement, music and relaxation techniques. Rhythmic movement will be adjusted to suit individual students mobility needs.

10315 Lab JDA1 Host M 2.00 T 1000A-1200P Above class meets at Jovenes de Antano 300 West St., Hollister.

10318 Lab CRC1 Mendonca B 2.00 TF 1000A-1100A Above class meets at Centennial Recreation Center 171 W. Edmundson Ave., Morgan Hill.

10414 Lab GSC1 Mendonca B 1.00 W 1000A-1100A Above class meets at Gilroy Senior Center 7371 Hanna St., Gilroy.

10412 Lab CRC1 Mendonca B 2.00 TF 1100A-1200P Above class meets at Centennial Recreation Center 171 W. Edmundson Ave., Morgan Hill.