Course Outline

COURSE: AH 280 DIVISION: 50 ALSO LISTED AS: AH 180
TERM EFFECTIVE: Spring 2018 CURRICULUM APPROVAL DATE: 10/23/2017

SHORT TITLE: FUND NRSG/CONVALES

LONG TITLE: Fundamentals of Nursing--Convalescent

<table>
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<tr>
<th>Units</th>
<th>Number of Weeks</th>
<th>Contact Hours/Week</th>
<th>Total Contact Hours</th>
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<td>8.5</td>
<td>18</td>
<td>Lecture: 6</td>
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<td>Lab: 8</td>
<td>Lab: 144</td>
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<td>Other: 0</td>
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COURSE DESCRIPTION:

A course to provide a basic introduction to patient care in the convalescent setting. Emphasizes principles, understanding and skills necessary to perform basic nursing procedures safely and effectively. Includes introduction to health care, planning, safety, infection control, personal care, basic procedures, rehabilitation, nutrition and clients’ rights and needs. At the completion of this course students will qualify for state certification as a nursing assistant. PREREQUISITE: Eligible for English 250 and English 260 and eligible for MATH 205 or MATH 430. Clearance from the Department of Health Services (Form HS283), fingerprint card, and health clearance required prior to clinical placement. Health and fingerprint clearance required prior to clinical placement. Uniform, shoes, watch, and stethoscope required. Clinical in Morgan Hill or Hollister, as assigned. This course was previously listed as AH 180.

PREREQUISITES:

(Completion of , as , with a grade of or better.
(Completion of ENGL 440, as UG, with a grade of C or better.
AND Completion of ENGL 420, as UG, with a grade of C or better.)
OR
(Completion of ENGL 440, as UG, with a grade of C or better.
AND Completion of ESL 562, as UG, with a grade of C or better.)
OR
(Completion of ESL 563, as UG, with a grade of C or better.
AND Completion of ENGL 420, as UG, with a grade of C or better.)
OR
(Completion of ESL 563, as UG, with a grade of C or better.
AND Completion of ESL 562, as UG, with a grade of C or better.)
OR
(Score of 15 on CTEP Writing
AND Completion of ENGL 420, as UG, with a grade of C or better.)
OR

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(Score of 15 on CTEP Writing
AND Completion of ESL 562, as UG, with a grade of C or better.)
OR
(Completion of ENGL 440, as UG, with a grade of C or better.
AND Score of 18 on CTEP Reading)
OR
(Completion of ESL 563, as UG, with a grade of C or better.
AND Score of 18 on CTEP Reading)
OR
(Score of 15 on CTEP Writing
AND Score of 18 on CTEP Reading)
OR
(Completion of ENGL 250, as UG, with a grade of C or better.
AND Completion of ENGL 260, as UG, with a grade of C or better.)
OR
(Completion of ENGL 250P, as UG, with a grade of C or better.
AND Completion of ENGL 260P, as UG, with a grade of C or better.)
OR
(Completion of SSCI 270A, as UG, with a grade of C or better.
AND Completion of ENGL 250, as UG, with a grade of C or better.)
OR
(Completion of SSCI 270B, as UG, with a grade of C or better.
AND Completion of ENGL 250, as UG, with a grade of C or better.)
OR
Completion of ENGL 1A, as UG, with a grade of C or better.
OR
Completion of ENGL 1B, as UG, with a grade of C or better.
OR
Completion of ENGL 1C, as UG, with a grade of C or better.
OR
(Score of 1300 on Accuplacer English Writing
AND Completion of ENGL 420, as UG, with a grade of C or better.)
OR
(Score of 3300 on Accuplacer English Reading
AND Completion of ENGL 440, as UG, with a grade of C or better.)
OR
(Score of 1300 on Accuplacer English Writing
AND Completion of ESL 562, as UG, with a grade of C or better.)
OR
(Score of 3300 on Accuplacer English Reading
AND Completion of ESL 563, as UG, with a grade of C or better.)
OR
(Score of 1300 on Accuplacer English Writing
AND Score of 3300 on Accuplacer English Reading)
Completion of , as , with a grade of or better.)
AND (Completion of MATH 402, as UG, with a grade of C or better.
OR
(Completion of MATH 404D, as UG, with a grade of C or better.)
AND Completion of MATH 404E, as UG, with a grade of C or better.
AND Completion of MATH 404F, as UG, with a grade of C or better.)
OR
Completion of MATH 411, as UG, with a grade of C or better.
OR
Completion of MATH 430, as UG, with a grade of C or better.
OR
Completion of MATH 205, as UG, with a grade of C or better.
OR
Completion of MATH 205A, as UG, with a grade of C or better.
OR
Completion of MATH 205B, as UG, with a grade of C or better.
OR
Completion of MATH 233, as UG, with a grade of C or better.
OR
Completion of MATH 233A, as UG, with a grade of C or better.
OR
Completion of MATH 233B, as UG, with a grade of C or better.
OR
Completion of MATH 235, as UG, with a grade of C or better.
OR
Completion of MATH 240, as UG, with a grade of C or better.
OR
Completion of MATH 242, as UG, with a grade of C or better.
OR
Completion of MATH 5, as UG, with a grade of C or better.
OR
Completion of MATH 6, as UG, with a grade of C or better.
OR
Completion of MATH 7, as UG, with a grade of C or better.
OR
Completion of MATH 8A, as UG, with a grade of C or better.
OR
Completion of MATH 12, as UG, with a grade of C or better.
OR
Completion of MATH 14, as UG, with a grade of C or better.
OR
Completion of MATH 1A, as UG, with a grade of C or better.
OR
Completion of MATH 1B, as UG, with a grade of C or better.
OR
Completion of MATH 1C, as UG, with a grade of C or better.
OR
Score of 18 on Algebra Readiness
OR
Score of 12 on Elementary Algebra
OR
Score of 15 on Intermediate Algebra
Score of 30 on Algebra Readiness - Revised
OR
Score of 2400 on Accuplacer Math
OR
(Score of 1500 on MM CCCApply English
AND Score of 2600 on MM CCCApply Math)
OR
(Score of 1500 on MM Placement Tool English
AND Score of 2600 on MM Placement Tool Math)

COREQUISITES:

CREDIT STATUS: D - Credit - Degree Applicable

GRADING MODES
   L - Standard Letter Grade

REPEATABILITY: N - Course may not be repeated

SCHEDULE TYPES:
   02 - Lecture and/or discussion
   03 - Lecture/Laboratory
   04 - Laboratory/Studio/Activity

STUDENT LEARNING OUTCOMES:
1. Students will analyze pre-written patient care plans and will implement the plan of care safely.
   Measure of assessment: Written care plans, Clinical evaluations
   Year assessed, or planned year of assessment: 2015
2. Student will use principles of college level mathematical concepts to correctly calculate a resident fluid intake and output, and using metric and apothecary systems to calculate height and weight.
   Measure of assessment: Clinical evaluations, Clinical calculation exams (required to pass the course)
   Year assessed, or planned year of assessment: 2015
3. Students will interact effectively with people of all ages, many cultures and ethnicities demonstrating awareness of the students' own values and opinions, as well as awareness and respect of the opinions and values of others.
   Measure of assessment: Clinical evaluations, Classroom participation in discussions regarding ethical dilemmas of patient care
   Year assessed, or planned year of assessment: 2015
4. Student will begin using nursing process to prioritize and organize nursing care and to problem solve. Nursing process includes: a. Assessment of objective and subjective patient data b. Analyzing the data and using the information to develop patient outcomes in planning patient care c. Listening and implementing nursing interventions which will accomplish the defined outcomes for a given patient d. Evaluating the interventions' effectiveness in meeting the outcomes e. Revising the plan of care as needed based on the information from the evaluation.
   Measure of assessment: Written care plans, Active care plans in clinical setting Case studies using actual patients
   Year assessed, or planned year of assessment: 2015
5. Student will use therapeutic nursing interventions which reflect the standard of nursing practice. This will be exhibited by the student's ability to use psychomotor and psychosocial interventions which promote
health; and prevent, minimize, or resolve problems as identified by the nurse and patient. Therapeutic interventions are independent actions grouped in theory-based research and experiences.

Measure of assessment: Clinical evaluations mid and end of semester. Interpretation of Patient Care plans and documentation of care provided to assigned patients each week. California state exam for certification

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Curriculum Approval Date: 10/23/2017

The Fundamentals of Nursing Course will prepare students to perform basic nursing skills and duties in the convalescent care setting. The course includes lecture and clinical practice in the nursing lab and at local convalescent hospitals. At the completion of this course, students who have maintained a grade of "C" and have complied with the attendance policies will be eligible to apply for certification from the State of California which will complete job entry requirements. Gavilan College students earn 8 college units for successful completion of this course.

Skills learned will include: promoting resident rights and independence, medical and surgical asepsis, body mechanics, rehabilitative/restorative care, emergency procedures and prevention of catastrophe, resident care skills, vital signs, weights and measures, resident care procedures, nutrition, observation and charting.

Course Objectives:
At the completion of this course, the student will be able to:
1. Demonstrate skill in performing selected nursing procedures required to meet a resident's basic needs.
2. Demonstrate skill in completing assigned resident care.
3. Work effectively with other nursing team members in order to provide optimum resident care.
4. Report observations and the effects of his/her care given to the assigned resident.
5. Demonstrate basic communication skill in establishing a rapport with resident and obtaining information from resident.
6. Recognize that each resident is a unique individual with varying needs.
7. Recognize ethical and legal implications of administering nursing care.
8. Assume responsibility for his/her own professional image.

Grading & Clinical Evaluation:
The grading system used in the nursing program is in accordance with that used by the campus as a whole which is as follows:

A = indicative of excellent performance.
B = indicative of good performance.
C = indicative of a satisfactory performance
D = less than satisfactory, not eligible for certification or licensure
F = failing
NC = no credit
I = incomplete

In the nursing programs, the following percentage values have been assigned to the letter grades as listed below:

A = 93-100%  
A- = 90-92%  
B+ = 87-89%  
C+ = 77-79%  
C = 70-76%  
D = 60-69%
B = 83-86%    F = 59% or less
B- = 80-82%

A ?C? grade is considered the lowest level that can be achieved in the program and still successfully pass a course.

1. Theory: 100% of grade will be from scores on tests, quizzes, lecture notes, assignments, handouts, workbook material. Clinical will be graded Pass/Fail.

Withdrawal: The Nursing Fundamentals program will follow college policy regarding withdrawal procedures and issuing of ?W? grades. The grade of ?W? is issued between Monday of the fifth week and the Friday of the fourteenth week of the semester. (During weeks 1 through 4, no record is shown).

Incomplete Grades: The nursing program will follow college policy in that a student will receive an incomplete if unable to complete final course requirements because of unforeseeable, emergency and justifiable reasons. The requirements necessary to complete the course must be fulfilled the next term of attendance (excluding summer) within the year. If the ?I? grade is not removed in this fashion it will revert to an ?F?.

A committee composed of nursing faculty will decide whether the student’s reasons are of a nature to be serious and compelling enough to warrant being offered the incomplete option. Student must be receiving a satisfactory grade in lecture, and passing in clinical (not on probation) in order to be eligible for consideration for receiving an incomplete grade.

In order to receive certification the student must receive a grade of ?C? or better in theory and a passing grade in clinical.

Students receiving a ?Fail? in clinical will automatically receive an ?F? for the entire course.

2. In addition, students must demonstrate competence in performing skills in the clinical setting.

3. You will be given a clinical checklist form at the beginning of the clinical. It is your responsibility to see to it that you are checked by the instructor on each skill as the semester progresses.

4. Students are required to take vital signs accurately by the end of the Nursing Fundamentals and Home Health Aide courses. The students must measure the vital signs within the following parameters:

   Pulse within 4 beats of the instructor’s reading
   Respirations within 2 breaths of the instructor’s reading
   Blood Pressure within 6 mm Hg of the instructor’s reading

Students must get 3 complete (pulse, respiration, and blood pressure) sets accurately by the end of the semester.

Students will also be required to read 3 thermometers accurately in the Nursing Fundamentals course.

5. Individual evaluation of clinical performance will be given at midterm and the end of the semester.

Quizzes, a midterm, and a final exam will be given. They will cover lecture notes, handouts, text, and workbook material.

Clinical evaluations will be completed during the semester. The first about the same time as midterm and the second at the end of the semester. These clinical evaluations will be based on your clinical performance.

Class Schedule:
The first three weeks of class will be held at Gavilan in the classroom/nursing lab. Beginning week 4, lecture will be held on Mondays and Tuesdays at Gavilan. Clinical will be at the designated convalescent hospitals on Wednesday, Thursday or Friday.

Attendance requirements and grading procedures are described in the Gavilan College/Regional Occupational Program Nursing Assistant Handbook. Please read the entire contents of this book carefully and clarify any questions you may have. You will be asked to sign a contract which states you understand and are willing to comply with the policies and procedures of this program.

Students requiring special services or arrangements because of hearing, visual, or other disability should contact their instructor, counselor, advisor, or the Disabled Students Services Office.

You are required to provide proof of a negative TB skin test or chest x-ray and a satisfactory Health Statement.

Student Honesty Policy Reference Statement:
?Students are expected to exercise academic honesty and integrity. Violations such as cheating and plagiarism will result in disciplinary action which may include recommendation for dismissal.?

ADA Accommodation Statement:
?Students requiring special services or arrangements because of hearing, visual, or other disability should contact their instructor, counselor, or the Disabled Student Services Office.?

Occupational/Vocational Statement:
?Occupational/Vocational Students -- Limited English language skills will not be a barrier to admittance to and participation in Vocational Education Programs.?

GAVILAN COLLEGE
AH 180 - Fundamentals of Nursing/Convalescent

COURSE OUTLINE

Students are expected to complete the workbook chapters that correspond with the text content every week. Bring the workbooks to class on ?Quiz Days.? I will not grade the entire workbook--only selected units or pages. So be sure to complete all of the units since you don't know which pages will be selected to be graded for credit.

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<th>HOURS</th>
<th>CONTENT</th>
<th>READING/ASSIGNMENT</th>
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<td>Mon</td>
<td>2 Hr.</td>
<td>Theory</td>
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<td>01/26</td>
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<td>Introduction to Course (DHS M 1)</td>
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<td>Role &amp; Responsibilities of CNA</td>
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<td>Title 22 Overview (DHS M 1)</td>
<td>Unit 1-4 WB Unit 1-4</td>
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<td>Professionalism</td>
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<td>Confidentiality</td>
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<td>Tues</td>
<td>2 Hr.</td>
<td>Theory</td>
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<td>01/27</td>
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<td>Patient/Resident Rights (DHS M 2)</td>
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<td>Title 22 (continued)</td>
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<td>Communication &amp; Interpersonal Skills (DHS M 3)</td>
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<td>Communications</td>
<td>Unit 7 WB Unit 7</td>
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<td>Defense Mechanisms</td>
<td>Unit 9 WB Unit 9</td>
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<td>Socio-cultural Factors</td>
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<td>Attitudes-Illness</td>
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11/8/2017
**Family Interactions**

Wed, Thurs, Fri  Clinical
01/28, 01/29, 01/30  Demonstration of clinical procedures/return demonstration  Internet Assignment 1

**Texts:** Hegner/Caldwell,

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<th>HOURS</th>
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<tr>
<td>Mon</td>
<td>2 Hr.</td>
<td>Medical &amp; Surgical Asepsis</td>
<td>Unit 12 &amp; 13 WB Unit 12 &amp; 13</td>
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<td>02/02</td>
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<td>Medical Asepsis</td>
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<td>(DHS M 6)</td>
<td>Micro-organisms Principles of Asepsis</td>
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<td>Standard Precautions</td>
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<td>Tues</td>
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<td>Basic Body Mechanics</td>
<td>Unit 14-17 &amp; 23 WB Unit 14-17 &amp; 23</td>
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<td>Basic Body Mechanics</td>
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<td>Transfer Techniques</td>
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<td>Bedmaking</td>
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<td>Wed, Thurs, Fri  Clinical</td>
<td>02/04, 02/05, 02/06</td>
<td>Demonstration of Clinical Procedures/Return Demonstration</td>
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<td>Mon</td>
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<td>Rehabilitative/Restorative Care</td>
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<td>(DHS M 14)</td>
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<td>Promoting Patient Potential</td>
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<td>02/10</td>
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<td>Emergency Procedures &amp; Preventions</td>
<td>Unit 51 WB Unit 51</td>
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<td>Emergency Procedures &amp; Preventions of Catastrophe (DHS M 4, 12)</td>
<td>Internet Assignment 2</td>
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<td>02/11, 02/12</td>
<td>Demonstration/Return</td>
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<td>Fri, Mon</td>
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Tues  2 Hr. Theory    Quiz #1 Workbook Due
02/17  Fire and Disaster Plans
(DHS M 4, 12)
(continued)  Unit 51 WB 51
S/S Distress
Immediate and Temporary Interventions
Emergency Codes  Handout
Internet Assignment 3
Health Statements including TB
    skin tests or chest x-ray reports
due to instructor. You will not be permitted to participate in
clinical without these written results.
Wed, Thurs, Fri Clinical/Orientation @ 8 AM
02/18, 02/19
& 02/20
Mon  2 Hr. Theory    Resident Care Skills (DHS M 8)
02/23  Bathing/Medical Baths    Unit 24 WB Unit 24
(Demonstration/Return Demonstration)
Tues  2 Hr. Theory    Resident Care Skills (DHS M 8)
(continued)
02/24  Bathing/Medical Baths    Unit 24 WB Unit 24
     Demonstration/Return Demonstration  Internet Assignment 4
Wed, Thurs, Fri Clinical
02/25, 02/26, 02/27

Mon  2 Hr.
Theory    Oral Hygiene  Unit 24 WB Unit 24
03/01  Shaving    Unit 25 WB Unit 25
Tues  3 Hr. Theory    Dressing    Unit 24 WB Unit 24
03/02  Demonstration/Return Demonstration    Unit 25 WB Unit
25
Wed, Thurs, Fri Clinical
03/03, 03/04, 03/05
THEORY
DAY HOURS CONTENT       READING/ASSIGNMENT
Mon  3 Hr. Theory    Resident Care Skills (DHS M 8) (continued)
03/08  Hair  Shampoo/Medicinal Shampoo
Care  Unit 25 WB Unit 25
     Demonstration/Return Demonstration
Tues  Quiz #2    Workbook due
03/09  Internet Assignment 5
Wed, Thurs, Fri Clinical
03/10,
03/11, 03/12

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Mon  2 Hr. Theory  Skin Care          Unit 24 WB Unit 24
03/15  Elimination Needs          Unit 25 WB Unit 25
Tues  2 Hr. Theory  Pericare        Unit 24 WB Unit 24
03/16  Demonstration/Return
Demonstration Unit 25 WB Unit 25

Wed, Thurs, Fri Clinical
03/17, 03/18, 03/19

Mon  2 Hr. Theory  Resident Care Skills (DHS M 8) (continued)
03/22  Bowel and Bladder Retraining Unit
17-20 WB Unit 17-20
Wed and Measure Resident
Tues  3 Hr. Theory  Vital Signs (DHS M 10)  Unit 18-21 WB Unit 18-21
03/23  Purpose/Factors Affecting V.S.  Videos: Temp/Pulse
Normal
Respiration
Methods of Measurement Blood Pressure
Blood Pressure
Abnormalities
Recording
Demonstration/Return Demonstration Internet Assignment 6

Wed, Thurs, Fri Clinical ? Vital Signs
03/24, 03/25, 03/26 Demonstration/Return Demonstration

THEORY

DAYS    HOURS    CONTENT
Mon 2 Hr. Theory  Weights and Measures (DHS M 10)  Unit 18-21 WB
03/29  Metric System
Weight, Length, Volume
Military Time
Tues 2 Hr. Theory  MIDTERM ? WORKBOOK DUE
03/30  Demonstration/Return Demonstration
Wed, Thurs, Fri Clinical
03/31, 04/01, 04/02
Mon 2 Hr Theory  Resident Care Procedures (DHS M 9)  Unit 50 WB Unit 50
04/05  Collection of Specimens
Care of Patient with Tubing ? Gastric Unit 38 WB Unit 38
Care of Patient with Tubing ? Oxygen Unit 14 WB Unit 14
Tues 1 Hr. Theory  Care of Patient with Tubing ? Urinary  Unit 44 WB Unit 44
04/06  Care of Patient with Tubing ? I.V. Unit 35 WB Unit

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<tr>
<td>Mon</td>
<td>3 Hr. Theory</td>
<td>Resident Care Procedures (DHS M 9) (continued)</td>
<td>Unit 22-25 WB Unit 22</td>
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<td>04/19</td>
<td>I &amp; O</td>
<td>Unit 25 WB Unit 25</td>
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<td>Cleansing Enemas</td>
<td>Unit 28 WN Unit 28</td>
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<td>Laxative Suppositories</td>
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<td>Admission, Transfer, Discharge</td>
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<td>Dressings/Bandages</td>
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<td>Application of Topical Ointment</td>
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<td>Video</td>
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<td>Tues</td>
<td>1 Hr. Theory</td>
<td>Resident Care Procedures Cont. (DHS M9)</td>
<td>Unit 26 WB Unit 26</td>
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<td>04/20</td>
<td>2 Hr. Theory</td>
<td>Nutrition (DHS M 11)</td>
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<td>Unit 37-45 WB Unit</td>
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<td>Anatomy and Physiology</td>
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<td>Physical &amp; Behavior Needs/Changes</td>
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**11/8/2017**
Needs of Persons - Alzheimer's, Dementia, Mentally Impaired

**THEORY**

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<th>DAY</th>
<th>HOURS</th>
<th>CONTENT</th>
<th>READING/ASSIGNMENT</th>
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**METHODS OF INSTRUCTION:**
Lecture, discussion, demonstration/return demonstration, supervised clinical practice, quizzes, exams, clinical performance exam.

**OUT OF CLASS ASSIGNMENTS:**
Required Outside Hours: 48
Assignment Description: Students complete homework assignment as directed by the instructor.

**METHODS OF EVALUATION:**
Writing assignments
Percent of total grade: 35.00%
Writing assignments: 35% - 45% Written Homework Other: quizzes, midterm & final exam If this is a degree applicable course, but substantial writing assignments are not appropriate, indicate reason: Course primarily involves skill demonstration or problem solving
Problem-solving assignments
Percent of total grade: 35.00 %
Problem-solving demonstrations: 35% - 45% Homework problems Quizzes Exams
Skill demonstrations
Percent of total grade: 0.00 %
Skill demonstrations: 0% Class performance exams
Objective examinations
Percent of total grade: 35.00 %
Objective examinations: 35% - 40% Multiple choice True/false Matching items Completion

REPRESENTATIVE TEXTBOOKS:
Required Representative Textbooks
Reading Level of Text, Grade: Reading level of text, Grade: 13+ Verified by: Verified by: Maria Machado

ARTICULATION and CERTIFICATE INFORMATION
Associate Degree:
CSU GE:
IGETC:
CSU TRANSFER:
  Not Transferable
UC TRANSFER:
  Not Transferable

SUPPLEMENTAL DATA:
Basic Skills: N
Classification: Y
Noncredit Category: Y
Cooperative Education:
Program Status: 1 Program Applicable
Special Class Status: N
CAN:
CAN Sequence:
CSU Crosswalk Course Department:
CSU Crosswalk Course Number:
Prior to College Level: Y
Non Credit Enhanced Funding: N
Funding Agency Code: Y
In-Service: N
Occupational Course: B
Maximum Hours:
Minimum Hours:
Course Control Number:
Sports/Physical Education Course: N
Taxonomy of Program: 123030

11/8/2017