

Gavilan Library Stress Relief Events!

Fall 2016

Fuel Up 4 Finals

Each morning the Library Staff and Faculty in partnership with the ASGC will provide coffee, juice and snacks. While supplies last.

Tue 12/13 10am-2pm

Use Bubbles to Blow Away Your Stress



Wed 12/14 10am-11:30

Pet a Puppy

Thanks to Furry Friends
and Gavilan Student Health

12/15 10am-1pm

Hand Massages

by Gavilan Cosmetology Students



Make Your Own Stress Balls and Coloring Station

Mon and Fri