Based on the *Publication manual of the American Psychological Association* (5th ed.)

Note: Reference citations are generally **double spaced** between the lines, but are single spaced here due to space considerations.

**GENERAL RULES FOR REFERENCES- Books:**
- The alphabetical list of works cited at the end of your paper is entitled "References"
- Invert all authors' names.
- Use initials instead of first names.
- For two or more authors, use an ampersand (&) rather than the word "and.” Separate the names with commas.
- Use all authors' names (up to six). If more than six, add *et al.* to represent the seventh, etc.
- Place the date of publication in parentheses immediately after the last author's name.
- Italicize titles and subtitles of books.
- Capitalize only the first word of the title and subtitle (and all proper nouns).

**Examples:**


GENERAL RULES FOR REFERENCES - Articles:

- Do not place titles of articles in quotation marks.
- Capitalize only the first word of the title and subtitle (and all proper nouns).
- Capitalize names of periodicals.
- Italicize the title and volume number of periodicals.
- Use "p." (or "pp." for plural) before page numbers of newspaper articles and works in anthologies, but do not use it before page numbers of articles appearing in magazines and scholarly journals.

Examples:


GENERAL RULES FOR IN-TEXT CITATIONS

- Example for when you are quoting and have an author, date and page number:
  She stated, "Students often had difficulty with APA style," (Williams, 2004, p. 22), but she declined to offer an explanation as to why.

- Example for when you are paraphrasing and have an author and date:
  According to a recent study on student research readiness, (Williams, 2004) two out of three students indicated that though they initially found APA format confusing, once they studied it, the patterns and conventions became easier to follow.

- Example for when there is no author or date:
  In a study of students and research decision-making, it was discovered that students were more successful with tutoring help ("Tutoring and APA," n.d.). **Note that within text references, quotation marks are placed around this chapter or article title. Italicize the title of a book, periodical, brochure or report instead of using quotation marks.**