GECA GLOBE



Photo courtesy of http://news.bbc.co.uk/sport2/hi/olympics

History of Olympics Jelleny Altamirano

It has been said that the Olympics started in 776 BC in Olympia. Centuries ago Olympia used to be a cult site for people to go worship Zeus. The Olympic games were a good way for men to get fit.

The first modern Olympic Games were held in Athens, Greece in 1896. The Greek government couldn't construct the stadium where the Olympics would be held so a Greek architect donated 100,000 dollars to help restore the Panathenaic Stadium. The athletes for the games went individually. Some were even tourists. The Olympics included swimming, tennis, and gymnastics. About tree hundred athletes participated i the games, representing thirteen countries

Opening Ceremony Nitisha Patel

On August 8th the 2008 Summer Olympics began in the Beijing. The ceremony started at 8:00 P.M. in Beijing National Stadium, also known as the bird's nest. The ceremony started off with a contemporary drum sequence with aback drop of a paper scroll, one of China's greatest inventions. Following the drum sequence, was a fireworks display. From there the Olympic rings were raised while "fairies" were suspended in midair. The attention turned to 59 children dressed in traditional Chinese costumes. China then displayed their artistic side by depicting the Chinese history in the form of dancers and singers. Following the history was the parade of the nations. As is tradition the national team of Greece entered first and the host nation last. The countries usually enter in alphabetical order, but China does not have an alphabet so the nations entered in stoke order. Stroke order in China is how many strokes it takes to make a character. Announcers said the name of the nation in French, English, and simple Mandarin. After the parade of the nations speeches were given by the presidents of the Olympic Games Organizing Committee and the president of the International Olympic Committee. The Olympic flag was then carried in by eight of China's former athletes. The Olympic torch was then brought in and run around the stadium by seven athletes before being handed to the 8th athlete who guided eyes to the Olympic Cauldron and then to the top of the stadium where the Olympic torch was lit. At this point, flurry of fireworks of all different shapes, sizes, and colors were launched and concluding the ceremony.

China – Special Problem

By Nitisha Patel

China is one of the oldest civilizations in the world and has gone through nine dynasties with a new ruler and a new way of life. Nineteen years ago China "put a lock on their gates." China was originally a traditional Communist country, but they have opened up to the world quite a bit. China has wanted for a long time to display how perfect their country really is, but they had no way of showing this to the world. The Chinese used the Olympics to open their gate; however, not everything went as planned.

One example is that of a little girl in the red dress, who sang during the opening ceremony. Lin Miaoke. Lin Miaoke sang "Ode the Motherhood," was actually lip synching. The little girl who really did sing is Yang Peiyi. The girl was not chosen because of her crooked teeth. China wanted to present the best possible image to a curious world. Therefore, Yang Peiyi was deemed not "pretty enough" for the opening ceremony. Director of the opening ceremony, Zhang Yimou, chose Lin to represent China for her looks while Yang's recordings were chosen to be played.

Another example of this concept is the Chinese Olympic gymnastic team. There is said to be at least two members, of the gymnastic team, that are under the age limit, which happens to be sixteen. When questions were raised China produced passports that stated the girls were at least sixteen. However, when the IOC, International Olympic Committee, did further investigation they came to find the girls were actually under the age limit. The agency said the story was true, but they would not issue a correction, due to lack of evidence.

The Chinese goal is to show the rest of the world that the Chinese Communist government is working for them and their people. China wants other countries to know that China is a place where people are happy and prosperous.

Judging Conspiracy?

Breanna (Breezy) Martin

Throughout the many years of the Olympics, there have been many claims of biased judging, judging mistakes, and false claims. The "main" cases occurred during the following Olympics: (1.) the 1988 Seoul Olympics during a boxing match, (2.) a specific skating routine (2002), (3.) a gymnastic routine (2004), (4.) this year in the summer 2008 Olympics games, held in Beijing.

The first major claim was during a 1988 boxing match. This decision in judging "deprived" Roy Jones, Jr. of a gold medal and instead "awarded" the gold medal to Korean fighter, Park Si-Hun. In this game, the five judges scored 3-2 in Park's favor. This seemed a little suspicious to most people considering Jones's track record was 121-13 (his favor). Mistakes were made, and judges were suspended. Later, in 1997 that three of the judges were spending a lot of time with Korean officials, but the International Olympic Committee (IOC) stands by its decision that Park Si-Hun should stay winner of the match.

The next case was considered the most controversial, and changed the judging systems for ALL events. During the 2002 Winter Olympics, the original ranks of the figure skaters were: Gold- Sarah Hughes (USA), Silver- Irina Slutskaya (RUS), and Bronze-Michelle Kwan (USA). After the ranks were decided, Russian officials made a formal protest again the judges saying that Slutskaya should get her own gold medal because of biased judging. These claims seemed to be without merit because in figure skating, judging has been based primarily on opinion, but they do have strict guidelines. Basically, two thirds of the skater's score comes from their long program, while the first third comes from their short program. After both programs (long and short), Hughes and Slutskaya were tied but more weight is given to the long program which Hughes had done better at, so Hughes won the tiebreaker.

Yet another instance of "poor judging" was during the 2004 Summer Olympics in Athens. American gymnast Paul Hamm "stole" the gold, after the judges incorrectly scored Yang Tae-Young's parallel bars routine. They failed to award him the proper point value based on the degree of difficulty. Yang ended up with the bronze and so the IOC requested an appeal. Later, the International Federation suspended three judges who made this error.

As a result, there have been major changes to the judging system in the 2008 Summer Olympics in Beijing. It is now close to impossible to get a Perfect Ten score in gymnastics. Before this change, athletes were given "start values" which measured the degree of difficulty and from this core, deductions were made. In the 1990's, it became even harder because most of the gymnasts' "start values" weren't at a level ten, and even if they were unless they executed their routines perfectly, they wouldn't receive a ten. Now in the 2000's, you are awarded two different scores, one for the degree of difficulty and another score for the execution. So, the "perfect" scale is now a twenty rather than a ten. Two separate panels of judges evaluate these two requirements, and then they're added together. For example, a gymnast who scored 8.4 for difficulty and a 7.3 for execution would receive a total score of 15.7.

Events in the Olympics

Kayley Schmidt

The Olympic Games presented 28 summer sports that are included in the Olympic Program. There are many games that are more known or more publicized. They include Beach Volleyball, Boxing, Canoeing, Diving, Gymnastics, Hockey, Rowing, Swimming, Synchronized Swimming, Tennis, Triathlon, Water Polo, Wrestling, and Football (Soccer). Many people know these sports because of the people who compete in them. For example, a well-known athlete is Michael Phelps for swimming, certain "special" track stars, and Beach Volleyball teams. But what about the lesser known sports that don't get all the publicity?

The more known sports only cover 15 out of the 28 games. The other 13 events include: Archery, Badminton, Baseball, Basketball, BMX, Equestrian (horse-back riding), Fencing, Sailing, Trampoline, Handball, Judo, Shooting, Softball, Table Tennis, and Teakwood. Of course there are people out there who watch the games listed above, but the teenage generation may not know that Judo and Handball are Olympic Sports. Teens tend to only hear about the popular competitors and they generally watch the ones that get publicity.

The Summer Olympic Games come around every 4 years and the public should be informed about all the games and all the competitors, not just the popular ones. Now that you have been informed that there are other sports besides the popular swimming section, try out the ones you haven't seen.

Heroes and Villians

Shawna Newton

The 2008 Summer Olympics has been considered an "honor able event" to most with a few mistakes a long the side. Starting with the 8 gold medalis, Olympic winner, 23- year- old, Michael Phelp. Phelps may have left many people in "aww" just by the sheer amount of medals he had won, in a mere season. Then we have Jason Lezak. Lezak went home with a bronze medal in the 100-meter. Following Lazak is Ronda Rousey. Rousey won a bronze medal in Judo, which made her the first person to win a bronze medal in Judo for the United States.

The heroic moments, some say, can be endless, honoring, and inspiring, but there were, like most events the 08' Olympic "mishaps". Three of China 's gymnasts, Jiang Yuyuan, Yang Yilin and He Kexin, were caught as being under age for the Olympics. One of the three girls, Kexin, at age 13, just like the other two girls, had won a gold medal. China was not the only one who had "disappointments" in gymnastics, so did the United States.

Alicia Sacromone had fallen off her balance beam because she had to stay on longer then was intended. They made Sacrome stay on the beam longer because of "technical difficulties". Sacrome's foot had fallen off the beam causing her to be disqualified. Sacrome's trainer had reported to the USA TODAY that she was "very disappointed in the girls and they should have won a medal because of all the extensive training she had put them through." [Paraphrased]

China's big track star Tyson Gay had injured his left hamstring during the 200 meter dash. Since then Gay has not been running with the Olympics, he did, however, attend a practice meeting with the Olympic Track runners this 08' year.

Greece had eleven weightlifters for the Olympics who all failed a steroid drug test. For the eleven weightlifters the verdict was being banned from the Olympics for two years. On the plus side, Greece can still have four weightlifters; three men and one woman. Archery, had their problems with drugs as well. Milan Andreas had tested positive for Marijuana, which might cause her from being dropped from the archery team.

The Australian track and field team did not attend the opening ceremony due to problems with smog. The athletes were in fear that they would get harmed by the noticeable pollution.

Israeli sailor Udi Gal had tested positive for using a drug that prevents hair loss. The drug has a steroid in it, so concerns were made about it.

The 2008 Olympics had a lot of moments to honor and a fair share of disappointments. From drugs, to medals, to being underage, everyone in the end was there for a purpose to win the gold.

Future Olympics

Jennifer Velasquez

For those of you who are sorry to see the Olympics end, here are a couple of events to cheer you up. In 2010 the Winter Olympic and Paralympic Games will be hosted in Vancouver, Canada in 2010. The Summer Olympics will be held in London, United Kingdom in 2012.

The Winter Games will be held from February twelfth to the twenty-eight. The Paralympics will be held from March twelfth to the twenty- first. The Winter Olympics will have an estimated 5,500 athletes and officials projected to attend throughout a span of 17 days. The Paralympic games will last for a total of 10 days with 1,350 athletes and officials projected to attend. The Paralympics are held every time regular Olympics are held and consist of athletes with physical disabilities. The venues for these games will cover a 120-kilometre zone from Richmond 's shore through downtown Vancouver to the Whistler Mountain Resort. The Winter Olympics and the Paralympic Games will have a total of twenty events. The Paralympic Games include wheelchair curling, cross-country skiing, alpine skiing, and a biathlon. The Winter Olympic Games include alpine skiing, biathlon, bobsleigh, figure skating, ice hockey, luge, short track speed skating, ski jumping, speed skating, cross-country skiing, curling, freestyle skiing, ice sledge hockey, Nordic combined, skeleton, and snowboarding. More than eighty countries will be competing in the Winter Games and more than forty countries will be competing in the Paralympic Games.

The other games that are coming are the 2012 Olympic Games in London, United Kingdom. The opening games in London are going to start on the twenty-seventh of July and end on the twelfth of August. On the Olympic Program there will be a total of three hundred events in twentysix sports The Olympic Committee has voted to drop baseball and softball from the program and is reconsidering adding woman's boxing to the Program. The reasons for baseball being dropped include the fact that Major League Baseball association would not suspend the season to allow the players to play an there seeming to be alack of fan support at the games. Softball was removed because it seemed to be overly dominated by American women. A member of the London Assembly is also pushing for Twenty20 cricket to be added. There is an estimated projection of 240 countries attending these games with 10,500 athletes participating. The Olympic Zone will hold all of the Olympic facilities within the 500 acre Olympic Park in Stratford, East London. The Olympic Stadium in London will be the most expensive Olympic stadium ever built and will seat up to 80,000 people.. Many of the venues being built for these games are also intended for long-term use.

I hope that you are looking forward to these games because they will be arriving in no time. Tickets for the Winter Games will go on sale in October of 2008.

Future Stars

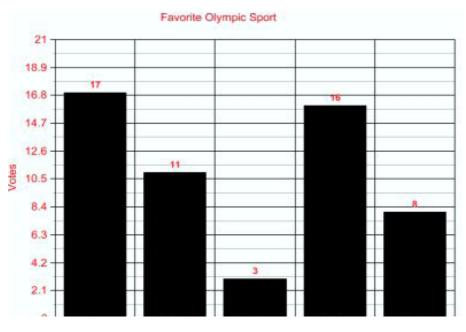
Lorena Castilo

There it is the opening ceremony. You wonder, "Who is going to be a legend because of these Olympics?" Athletes from all over the globe have gathered for this event that they have been training for to receive a chance in bringing home gold.

Though these stars become famous and endless reports are made about them during the Olympic season, what happens to them after the Olympics? Do they stay famous or die out? Current star, Michael Phelps is one example. He has set the record of winning 16 medals (14 gold). He holds seven records in swimming, and he makes millions a year just for sponsorship.

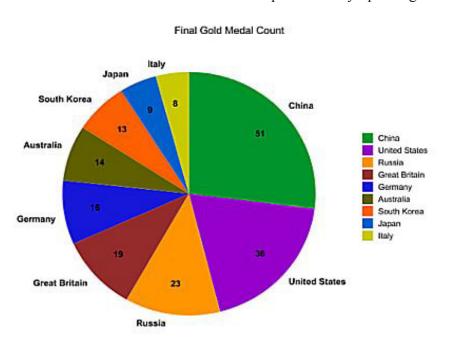
More people, unfortunately, win fame through negative acts. Example, the martial artist who kicked the referee in the face for disqualifying him. The man got endless reports about it.

Whatever happens, we can just count on the fact that if something awes the audience, there will be too many reports on it.



Closing Ceremony By Nitisha Patel

The 2008 Olympics ended on August 24th in the Bird's Nest. Once again it began at 8:00 P.M China Standard time. The ceremony included several musical talents and dancers. The athletes who participated walked into the room and celebrated. The Olympic flag was lowered to the Olympic Anthem. The flag was then handed to the mayor of London from the mayor of Beijing. Immediately after the flag was handed over fireworks in the shape of the Olympic rings were shot off. Then London had an eight-



minute presentation displaying modern British cultural. Several artists sang songs and a final performance was given by the people of China. To end the Olympics the Chinese set off many more fireworks of all shapes, sizes, and colors. Following the fireworks were ethnic dancers and pyrotechnics. The entire Olympic event ended in farewells and the prospect of the 2010 winter games and the 2012 summer games. To the left, there is a chart of the final Gold medal count of the top 9 countries.

Geca News

GECA Fundraising Shawna Newton

Gilroy Early College Academy (GECA) has many events that require money, which is where fundraising comes in.

Fundraising is done where one sells from one organization, or many, and gets the profit from what one sold, which will go to the school.

On September 16,2008, the first board meeting with the fundraising community with GECA was held. In this board meeting, they met new members and also discussed what was coming next.

"We have a Board Meeting and PTSA meeting every third tuesday of the month- Board members meet from 6PM-7PM and the PTSA meeting is from 7PM-8:30PM. Some ideas that we have for fundraisers are things like: Santa Clara County Fundraising Books- coupon books for various restraunts, fast food, ice creams, etc.,park clean ups, Garlic Festival for 2009, e-scrip, car washes, flea market, bake sale, and a whole lot more," said Denise Caban, an active parent at GECA that helps with the fundraising.

Caban thinks the coupon book will be a good idea for GECA but, it must be apporved in order to be active.

"All financial transactions must be pre-approved by the GECA PTSA Board and we have to vote whether or not they want to spend the money on "this fundraiser". We have to make sure that the team. as a whole, agrees that it is a good one and that it will be worth the work, time, money,etc." said Caban.

Gilroy Early College Academy will not have a definite answer as to what will be used as a fundraiser until October 13,2008 at their next meeting.

The GECA Globe needs a new illustration for the front page. We would like "GECA Globe" to be in a box-letter form or bubble-letter form with either a globe or a griffin in the backround. Contribute your art in the book and yours just might get chosen.

GECA Activites

Shawna Newton

Gilroy Early College Academy (GECA) has many new activities waiting to be celebrat.e Two students of GECA, Jeannine Gonzalez and Maegan Lawrence are in charge of the student activities for GECA the student activities for GECA this school year.

"Dances are of course [being planned] and movie nights, if everything goes well. Starting next month spirit days, dress up days and [we] might possibly have a St. Patrick's Day music show. [We may have] a culture festival and a Thanksgiving feast and some sick fundraisers." said Lawrence.

Like all events, some of these events are costly but not a lot. "If you [had purchased] the ASB card, you would only have to pay half, like five dollars for dances at the door and three dollars if not at the door," said Lawrence.

Each activity for GECA will be celebrated on a certain day of the year; Lawrence and Gonzalez will be planning each event and what day the event will take place.

F.Y.I.: For Your Information

Teen Sucide Jennifer Velasquez

All over the United States the rates for teen suicide have fallen but the number is still shockingly high. In 2004 the number of teen suicides had gone up by eighteen percent alarming many experts and the public. In 2005 the suicide rate for teens was 4.5 for every 100,000. This relieved a few of the experts who had been studying the numbers.

The experts had been sincerely alarmed by the 2004 numbers because suicide had been going down since 1996 among ten to nineteen-year-olds. This upward trend seems to be a direct correlation with the decline in teens using antidepressants. The decline in usage comes from the 2004 warning by the FDA stating that the drugs may in fact cause an increase in the suicidal tendencies. Some of the psychiatrics still think that the antidepressants benefits outnumber the risks in taking them.

The rate of suicides had dropped by an estimated five percent in 2005. In the year 2004 there had been 1,983 suicides compared to the 1,183 in 2005. This decline, though, was not as pleasing as it should be. If the number had followed the trend then there would have been 600 less suicides that year.

Many researchers, psychiatrists, and experts stress the necessity of tracking the number of teen suicides in order to ensure that the numbers go down instead of steadily increasing. Teen suicide is the leading cause of teen deaths in the United States and is a huge public issue. September 11, 2001 Jelleny Altamirno

On September 11, 2001 four airplanes were taken control by nineteen hijackers. The airplanes were scheduled to land in Los Angeles and Boston . The first two airplanes hit the Twin Towers at 8:36 am. American Airlines Flight 77 hit The Pentagon at 9:37 am. The last airplane, United Airlines Flight 93, was potentially meant to hit the White House or The United States Capitol, but instead it crashed near Shanks Ville, Pennsylvania at 10:03 am. Passengers on the airplanes were able to make phone calls and reported their planes had been hijacked.

The death toll for the tragedy was 2,975, and the amount of people that died in New York City was 2,751. Those casualties were from the towers, people on the ground, and passengers on the plane excluding the hijackers. At the Pentagon, 125 lives were lost. As of today there are still 25 people that are listed as missing.

The mayor of New York City, Rudy Giuliani, said, "We will rebuild. We're going to come out of this stronger than before, politically stronger. The skyline will be made whole again." It is planned that between 2007 and 2012 three towers will be built where the Twin Towers originally stood.

There have been many memorials of the September 11 incident. One of them was called, The Tribute of Light. Currently under construction is the Freedom Tower . It will be 1,776 feet tall. When completed, it will become one of the biggest buildings in North America . Just recently at the Pentagon, they opened a memorial to the public. Many people go and honor the victims who lost their lives.

Brain Foods

Nitisha Patel

Our brains are mostly made of fats and require glucose as a source of energy. It is one of the most important organs (if not the most important). People don't always eat the right kind of sugars and fats. Some foods are healthier for your brain while other will damage it.

Dark leafy greens are helpful to your brain. They contain folic acid which helps your brain break down homocysteines. Homocysteines are linked to problems such as Dementia and Alzheimer's. For example Swiss chard, kale, and spinach all can help your brain keep mental dexterity.

Another helpful food is eggs. Eggs are able to help you brain develop and help your brain's memory functions because they are high in choline. Choline is a chemical similar to the vitamin B family. It is often grouped with the vitamin B but is not officially a B-vitamin. In addition, eggs are high in protein, minerals, and vitamins which are essential for developing proper brain functions

Berries are helpful in improving brain power. Berries, such as blueberries and strawberries, supply your brain with much needed antioxidants to help protect your brain against free radical damage. Free radicals are chemically unstable molecules created when your body burns oxygen to produce energy. Berries also improve your short—term memory and provide a natural glucose, unlike refined sugar. A different food that can help you is fish. Fish can provide a brilliant brain boost. Herring, sardines, and salmon are filled with a fat called Omega-3 which keeps the cells in your central nervous system running smoothly. This fat also reduces inflammation which is a key factor in causing most brain diseases.

Brain foods are essential to keep your brain up and running. Greens, eggs, berries, and fish provide the vitamins and minerals needed to help you succeed.

COMMUNITY EVENTS

Morgan HIll

Marina Moro

On September 27th and 28th, the event known as the Taste of Morgan Hill took place in downtown Morgan Hill. Throughout the two days, antique cars, rides, food, and many booths offering information were set up for all the event's attendants. Live music was also played continuously, and had the over forty crowd dancing in the hot sun. In spite of the various activities, many participants in the event expressed disappointment. "Usually at these things there's stuff that's actually worth waiting for," a local resident complained. In spite of some complaints, there was a large turnout. Morgan Hill plans to continue the annual event.

Gilroy High School articles coming soon!

Gavilian College articles coming soon!

Hollister

Breanna

An event is coming to Casa de Fruta that may be considered an "unknown". Every year a "different" sort of event emerges around September through early October. Did you ever learn about the time period known as the Renaissance? If you haven't a short overview is that it was a cultural movement that hugely impacted European intellectual life. It began in Italy and eventually spread through the rest of Europe by the 16th century. It influenced literature, philosophy, art, politics, science, religion, and other main parts of a person's life. Scholars used a humanist method in their study and search for realism the human emotion in art.

Casa de Fruta truly brings this time period from a blast in the past into present day time. On their website they describe it with these three words: "Pageantry, Revelry and Romance".

It is a time to dress up and get caught up in the past. On their website they describe this event, "Our talented cast of diverse characters will come alive to delight our patrons once more, along with exciting new acts. Gossiping washerwomen, bellowing town criers, mischievous fools and swashbuckling sword fighters fill the street with color and merriment bringing our magical Renaissance village to life."

You should really check it out. Here are some of the details:

Date: September 6th- October 12th

Where: Casa de Fruta located at 10031 Pacheco Pass Hwy, Hollister, CA

Cost: Adult Tickets: \$25.00, Children Tickets (5-12): \$10.00, Children under 5: FREE! (Tickets are also available online.)

Website: http://www.norcalrenfaire.com

Twilight Saga

Jennifer Velasquez

"I absolutely love these books. It's like falling into a dream. And it's TEAM EDWARD all the way!" Angela Mannino says. The book series that most teens are talking about right now are the Twilight books written by Stephanie Meyer. The first book alone has had 50 million copies sold and has been translated into twenty different languages.

The Twilight Saga consists of four books Twilight, New Moon, Eclipse, and Breaking Dawn. The books chronicle the life of the leading character, Bella Swan, after her arrival in Forks, Washington . Bella falls in love with a vampire who resides in Forks and the rest of the books continue on about their struggles and triumphs.

"The books are pleasing mostly to teen girls, but I think anyone would like them." fourteen year old Kate Morley said. "Teens love the combination of romance and action and who doesn't like mythological creatures?"

Some critics have stated that the Twilight Saga might be the next big teen series. "Some people think that it might be the American Harry Potter." Olivia Colombo says.

Many of the Twilight fans are also excited because the Twilight movie is coming out in November. Based on the trailers the movie has stuck to the plot of the book. The only thing that has a few fans disgruntled is that the actors portraying their favorite characters don't match up to what they had imagined them to look like. "Bella is okay, but I don't like who is playing Edward." Morley says.

Midnight Sun is a book that will be written from Edward's point of view about what happened in the first book. A manuscript revealing the twelve first chapters has appeared on the internet and has upset the author. Apparently, she had given a friend a copy to read it and that person published it on the internet. Meyer has posted the script on the website but she states that she is too upset to continue writing at the moment.

Morley says that "once you start you can't put it down!"

Debate

PRO	CON

There will be many debates presented in our newspaper. The journalism staff wants you to provide opinions on both sides of each controersy. We will provide a topic that is related to the "World News" section in the newspaper. There will be a paragraph explaining some background information on the topic. Be prepared to be asked of your opinions by the journalism staff!

Editing Rules

Before you make a complaint about the newspaper or it's system, educate yourself on your rights and ours.

- 1. We will edit foul language.
- 2. We will edit noticable grammar mistakes.
- 3. We may rephrase your contributions. . We reserve the right to reject your constributions.

School Advice

College vs. High School Lorena Castillo

You [the reader] are picking up this newspaper and you are probably 14 or 15, yet, you are in a college campus, taking college classes, and doing double (or triple) the work than the average high school. You take high school classes, but you're also

get college credits. You are in an early college, this you know, is the place you belong.

Here in Gilroy, California there is the well known Gilroy High School that is a combination of all middle schools. There are over 2500 students, and the campus is quite huge. There is also the brand new, Dr. TJ Owens Gilroy Early College Academy. We have less than 200 students, and the campus (in which you will be reminded that it's in a COLLEGE campus) is way bigger than what we need. What makes this school better? Let's see...:

First off, there's the fact that people in GECA are here for a reason, to seek great academic excellence. Think about it, freshmen in GHS are there because the law says you have to be there. You are here because you want to be. You chose to be here.

The work varies tremendously. Here in GECA, you are treated as an adult, and your work is expected to be handled in an adult manner. You have double the homework, double the classes, but double the opportunities. Every high school has that, but here in GECA, we take it into a much deeper level.

Your expectations are not only set high academically here in GECA, but also high personally. You are expected to go to a university that goes farther than imagined, and you know you must create your path towards that goal. Unfortunately, there are people in GHS who care very little for their education.

The parents strongly support the area you are learning! Every parent of each student is utterly satisfied and excited with what education their son/daughter is receiving. Part of why most parents wanted their kids to get enrolled into GECA was because they were very frightened of GHS. Plus, many parents just want a guaranteed success, and they want to know that they are safe. They want to know that their child is receiving the best education possible!

GHS may have more electives than us, but remember GECA is still growing! Let us see GECA again in the next four years, and see if it has increased in opportunities.

Quick Tips on How to Get an

Breezy Martin
This issue will be focused around something everyone could use a little help with, STUDYING. Tips:

- 1. If you are using your computer for writing a report and you don't need the internet just unplug it. The internet is a distraction from your work so just avoid it.
- 2. Find a study area and make sure it's away from the TV (not in hearing distance either).
- 3. Form a small study group of around three people. It can be a huge help because when you stay on task, you can get the work done fast and you can have separate ideas/thoughts.
- 4. Plan a schedule to keep yourself on track.
- 5. Take notes in a spiral notebook so that they are all together and easy to find
- 6. Keep the notes you take in sequential order so that it's easier to remember how the topics piled on top of each other.
- 7. Do not cram! Review your notes everyday for at least 30 minutes. Research has showed if you review the information within 24 hours it will increase your retention to 60%!
- 8. Remember not to study word for word. You're trying to remember ideas, not words.
- 9. Save everything because you never know when you might need

Organizational Tips Kayley Schmidt

One main reason students aren't successful is because they aren't organized. Being organized is a skill, and like all skills, it needs to be practiced. Here are some tips you can follow to help yourself stay organized.

- 1. Write ALL your homework down in the same place so you won't loose anything.
- 2. Write important dates on a month calendar.
- 3. DON'T PROCRASTI-NATE!!!
- 4. Take notes for every class. Then go back to review them and complete the QUE and summary sections of your Cornell Notes.
- 5. Get into a "homework pattern" that you do every day. For example: Come home, get a small snack, get started on your homework, take short 10 minute breaks, complete homework that's due the next day, then relax and do whatever you would like to spend your time on.

Student Stuff

How to Submit Motivational Quotes Marina Moro

Motivational quotes are sayings that inspire, comfort, or make you think. If you know one and would like others to read it, put your suggestions in your class box. They can be original or by another person.

Comic Info Jennifer Velasquez

Are you interested in drawing and doing comics? Would you like to see them published in our own GECA Globe? Then submit your artwork into designated boxes that will be placed in your AVID class. Every newspaper issue will have a number of comics published from the student body.

The only thing that we ask of you is that you do your artwork and comics in dark inks, like black or blue, so it will be easier to publish them. If you wish to remain anonymous then please say so. If you would like to be anonymous, please put your name on the rough draft anyway. This is so the journalism team can contact you if we have any questions and/or suggestions. We, at the newspaper, look forward to seeing your artwork!

Shout Outs

Marina Moro

Do you have a birthday, award, or party you want to be announced to the student body in the GECA Globe? If so, write your name along with your contribution on a peice of paper and put it in one of the boxes your Avid representatives have told you about.