On-Demand Student Success Workshops
Help When YOU Need It

These videos will teach you strategies to help you succeed in college. Access them 24/7 from your dorm room, classroom, office, or home.

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Workshops Available:

- 10 Habits Of Mind For College Success
- 10 Tips For Success In Your Online Course
- Academic Integrity: The Do's and Don’ts
- Achieving Well-Being, Balance & Success
- Creating Your College Bucket List
- Developing A Strong Thesis Statement
- Discover Your Learning Style *
- Drafting Introductions, Paragraphs, Conclusions
- Effectively Communicating Online
- Emotional Intelligence for Academic Success
- Exam Preparation Tips & Strategies
- Exploring Careers & Choosing A Major *
- Financial Literacy: Smart Money Skills
- How To Develop Your Cross-Cultural Skills
- How To Overcome Math Anxiety
- How To Proofread & Edit Your Writing
- How To Reduce Test Anxiety *
- How To Succeed In Math
- Improving Student-Faculty Relationships
- Information Literacy: Mastering College Research
- Leading As A Student-Athlete
- Learning Strategies Students Should Know
- Mastering The Job Interview *
- Maximizing Your College Experience
- Mental Health & Suicide: Help Yourself & Others
- Navigating The Financial Aid Process *
- Online Courses: Motivation & Discipline
- Overcoming Procrastination: Causes & Cures
- Pre-Writing Techniques
- Reading Comprehension Strategies
- Setting & Accomplishing Realistic Goals
- Stress Management Techniques
- Student Veterans: How To Succeed In College
- Study Tips & Note-Taking Strategies
- Success Strategies For First Generation Students
- Taking Tests Online: Strategies For Success
- The Difference Between High School & College
- Time Management: Strategies For Success
- Understanding & Avoiding Plagiarism
- What It Takes To Be A Successful Student *
- Writing Effective Resumes & Cover Letters

* Video Workshops available in Spanish