Course Outline

**COURSE: PE 66**

**DIVISION: 40**

**ALSO LISTED AS: KIN 66**

**TERM EFFECTIVE: Fall 2011**

**SHORT TITLE: DANCE FUND**

**LONG TITLE: Dance Fundamentals**

<table>
<thead>
<tr>
<th>Units</th>
<th>Number of Weeks</th>
<th>Type</th>
<th>Contact Hours/Week</th>
<th>Total Contact Hours</th>
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<td>.5 OR 1</td>
<td>18</td>
<td>Lecture: 0</td>
<td>0</td>
<td>0</td>
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<tr>
<td></td>
<td></td>
<td>Lab: 1.5 OR 3</td>
<td>27 OR 54</td>
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<td>Other: 0</td>
<td>0</td>
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</tr>
<tr>
<td></td>
<td></td>
<td>Total: 1.5 OR 3</td>
<td>27 OR 54</td>
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</table>

**COURSE DESCRIPTION:**

Designed to introduce and develop movement principles and skills necessary to perform modern dance and ballet. May also include jazz and/or tap dance. Emphasizes enjoyment of dance as a form of exercise and will include some conditioning. Basic choreography skills will be included. May be repeated three times for credit. This course has the option of a letter grade or pass/no pass. This course is now listed as Kinesiology 66, effective Fall 2011.

**PREREQUISITES:**

**COREQUISITES:**

**CREDIT STATUS: D - Credit - Degree Applicable**

**GRADING MODES**

- L - Standard Letter Grade
- P - Pass/No Pass

**REPEATABILITY: R - Course may be repeated**

Maximum of 3 times

**SCHEDULE TYPES:**

- 04 - Laboratory/Studio/Activity

**STUDENT LEARNING OUTCOMES:**

1. The student will apply each dance form by demonstrating the basic skills in regard to positions and body awareness.
2. The student will demonstrate each dance forms locomotor patterns as well as the level changes and spatial awareness as it relates to each dance form.

Measure: performance, skill test  
ILO: 7, 2, 5  
GE-LO: E1, A1

3. The student will apply each dance form by demonstrating the basic skills in regard to musicality (rhythm and timing).

Measure: demonstration  
ILO: 7, 6, 4, 5  
GE-LO: E1, A1

4. The student will express an appreciation of their own unique body and its ability to perform dance as an expressive art form.

Measure: discussion, performance  
ILO: 1, 5, 7, 4  
GE-LO: E1, A1

CONTENT, STUDENT PERFORMANCE OBJECTIVES, OUT-OF-CLASS ASSIGNMENTS

Inactive Course: 11/08/2010
This course is now listed as Kinesiology 66, effective Fall 2011.
Curriculum Approval Date: 09/27/2010

4.5 - 9 Hours
CONTENT: Orientation. Emphasis will be on gross motor skill development. Class will work on conditioning through movement and music.

STUDENT PERFORMANCE OBJECTIVES (SPO): Students will demonstrate, with the use of music, their ability to move across space.

OUT-OF-CLASS ASSIGNMENTS:

6 - 12 Hours
CONTENT: Introduce ballet, as it is the foundation for the other forms of dance. This section will introduce the student to the fundamentals and application of ballet theroy and technique through barre and center work. Material covered: basic vocabulary, strength, coordination, flexibility, agility, endurance, control, and grace.

SPO: The student will be able to apply elementary ballet vocabulary, including positions, steps, turns, jumps and poses, in both classical French terminolgy and in movement.

OUT-OF-CLASS ASSIGNMENTS:

1.5 - 3 Hours
CONTENT: Midterm performance.
SPO: Students will be able to demonstrate the skills learned.

OUT-OF-CLASS ASSIGNMENTS:
6 - 12 Hours
CONTENT: Introduce modern dance. Students will learn basic positions, gestures, traveling and jumping steps, turns, and level changes. The student will learn the fundamentals of spatial orientation and will gain an awareness and appreciation of his/her own unique body in relation to dance as an expressive art form.
SPO: Students will be able to apply their sense of form, alignment and technique from ballet. They will be able to apply fundamentals of motion and space through technical exercises and dance combinations of varying dynamic and expressive content.
OUT-OF-CLASS ASSIGNMENTS:

3 - 6 Hours
CONTENT: Discussion and presentation on choreography skills. Students will learn a variety of ways to manipulate movement material. The opportunity to utilize these skills will be provided.
SPO: The students will demonstrate their choreography skills through small group performances.
OUT-OF-CLASS ASSIGNMENTS:

3 - 6 Hours
CONTENT: Introduce jazz and/or tap if the instructor has expertise in this form of dance. For jazz, the students will learn basic positions, isolations, locomotor movements and full body actions. Exploration of movement qualities and styles will be included as well as basic rhythms, patterns, and phrasing. The student will gain an awareness and appreciation of their own unique movement styles as it relates to jazz and/or tap dance as a dynamic art form.
SPO: The student will be able to demonstrate basic positions and the locomotor movements of jazz and/or tap dance. The student will be able to apply isolations and full body actions as it relates to jazz dance.
OUT-OF-CLASS ASSIGNMENTS:

1.5 - 3 Hours
CONTENT: Prepare for final. In small groups students will choreograph a dance using the dance form of their choice.
SPO: Students will be able to compose a dance performance utilizing the skills learned throughout the class.
OUT-OF-CLASS ASSIGNMENTS:

NOTE: This is a skill building class. The students skills or proficiencies will be enhanced by supervised repetition and practice in class.
2 Hours Final

METHODS OF INSTRUCTION:
Demonstration. Small group participation. Discussion.

METHODS OF EVALUATION:
CATEGORY 1 - The types of writing assignments required:
Percent range of total grade: 0 % to %

If this is a degree applicable course, but substantial writing assignments are not appropriate, indicate reason:

11/7/2012
Course primarily involves skill demonstration or problem solving

CATEGORY 2 - The problem-solving assignments required:
Percent range of total grade: 0% to %

CATEGORY 3 - The types of skill demonstrations required:
Percent range of total grade: 30% to 50
Performance Exams

CATEGORY 4 - The types of objective examinations used in the course:
Percent range of total grade: 0% to %

CATEGORY 5 - Any other methods of evaluation:
Percent range of total grade: 50% to 70%

Requires student participation.

REPRESENTATIVE TEXTBOOKS:

ARTICULATION and CERTIFICATE INFORMATION
Associate Degree:
  GAV E1, effective 200670
CSU GE:
  CSU E1, effective 200670
IGETC:
CSU TRANSFER:
  Transferable CSU, effective 200670
UC TRANSFER:
  Transferable UC, effective 200670

SUPPLEMENTAL DATA:
Basic Skills: N
Classification: A
Noncredit Category: Y
Cooperative Education:
Program Status: 1 Program Applicable
Special Class Status: N
CAN:
CAN Sequence:
CSU Crosswalk Course Department: PE
CSU Crosswalk Course Number: 66
Prior to College Level: Y
Non Credit Enhanced Funding: N
Funding Agency Code: Y
In-Service: N
Occupational Course: E
Maximum Hours: 
Minimum Hours: 

11/7/2012 4
Course Control Number: CCC000355222
Sports/Physical Education Course: Y
Taxonomy of Program: 083500